

1-11-2017

## Daily Dose: January 11, 2017

CentraCare Health

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# Daily Dose

OUR BEST  
BEGINS WITH **ME**



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Jan. 11, 2017

Submit items to [communications@centracare.com](mailto:communications@centracare.com) by noon the day prior to publication.

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## CentraCare Health

## Events

[centracare.com](http://centracare.com)

### Schedule a checkup for your car seats

Protect your children and grandchildren by having car seats checked for correct installation and fit. The next car seat check is from 3-6 p.m. **Jan. 18** inside the warm Gold Cross Ambulance garage, 2800 7th St. N., St. Cloud. Encouraged for those with children ages 12 and younger, **including those in booster seats. FREE.**

[Find](#) additional dates and times in St. Cloud, Monticello and Paynesville. Call 320-656-7021

## Flexible Spending Account reminders

### 2017 Flexible Spending Accounts

- **Health Partners is the new claim administrator for 2017 Flexible Spending Accounts (FSA).**
- 2017 FSA can be viewed on the Health Partners website at [healthpartners.com/centracare](http://healthpartners.com/centracare). If you don't currently have a Health Partners account, you will need to set one up.
- **\*\*All 2017 claims** need to be submitted directly to Health Partners. See the FSA User Guide found on [CentraNet](#)/Employee Resources/Benefits/FSA tab.
- **\*\*\*If you received a "Benny Card" in the mail, it is to be used to purchase prescriptions only.**

### 2016 Flexible Spending Accounts

- Employees have until **March 15** to turn in claims for any balance remaining from 2016. **All 2016 claims will continue to be submitted to Human Resources for processing** until the March 15 deadline. Remember that the dates of service must be from 2016.
- Balances for 2016 can be viewed in Employee Self Service on CentraNet. Visit [CentraNet](#)/Employee Resources/Benefits/FSA tab for instructions.
- **2016 Medical Expense Rollover:** An accumulative total of up to \$500 of unused 2016 medical expense will roll over into an account at the end of March 2017 and be transferred to a Roll Over account with Health Partners on April 1, 2017. Information regarding 2016 Roll Over accounts can be viewed on [CentraNet](#)/Employee Resources/Benefits/FSA tab for 2016 Roll Over.

## Interruption of service for employee ID badges

with questions.

### Healthcare Reform Quarterly Update

Attend the Healthcare Reform Quarterly Update from 2-2:50 p.m. **Jan. 19** in St. Cloud Hospital Hoppe Auditorium. David Borgert, director of CentraCare Health Government Relations, will present information about the:

- Affordable Health Care Act
- Impact on St. Cloud Hospital patients
- Rehab & Post Acute
- General overview of health care
- Current legislation to health care

[See more details.](#)

Hosted by the Inpatient Rehabilitation Unit

### New Urgency Center hours

No CentraCare Health employee ID badges will be issued until noon **today** due to new carpet installation. We are sorry for any inconvenience this may cause.

## South Point transitions continue

The transition to South Point will continue this week with the following departments moving throughout the week:

- Human Resources (80+ staff)
- Legal (3 staff)
- Medical Alert Service

The following departments have already made the move to South Point:

- Contracting & Procurement
- Strategy & Network Development
- Education
- Performance Excellence
- Volunteer Services
- Finance
- CentraCare Health Foundation (BLEND and Wellness)

### Details about HR move

The current St. Cloud campus Human Resources (HR) office will remain open Monday – Thursday this week. **On Friday, Jan. 13, the office will be closed and will reopen Monday, Jan. 16 at their new South Point location.**

All HR forms, including benefits, biometric screening and FMLA, can be found on CentraNet. Forms can be scanned and emailed, sent via interoffice mail or faxed to 320-656-7022.

An additional Employee Health Services location will open at South Point for the onboarding of new hires (both volunteers and employees). There will continue to

CentraCare Urgency Center's new hours are:

- 9 a.m. to 9 p.m.
- 365 days a year  
(including holidays)

[Visit our webpage](#) to view wait times or learn more.

## New Pharmacy hours at Health Plaza

CentraCare Pharmacy Health Plaza's new hours are:

- Monday – Friday: 8 a.m. to 9 p.m.
- Saturday, Sunday & Holidays: 10 a.m. to 9 p.m.

## Continuing education for health care professionals

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[Vascular Access Conference](#)

**Feb. 8**

be an Employee Health Services location at St. Cloud Hospital for employees.

**Reminder:** Phone numbers and extensions will remain the same for those who are moving. Interoffice mail also will be delivered to and from South Point.

Please contact HR at [hadmin@centracare.com](mailto:hadmin@centracare.com) or ext. 55650 (320-255-5650) with any questions.

## Interested in faith community nursing?

Being a faith community nurse (FCN) can provide support to your faith community with home and hospital visits, education and support to parishioners.

Scholarships are available for the five-day Foundation of Parish Nurse class which can be taken in St. Paul or online. [Click here](#) for more information about FCN and classes. Questions? Contact [Annette Jesh](#), Parish Health Ministry Program, 320-249-0280.

FCNN of the Greater Twin Cities offers the International Parish Nurse Resource Center (IPNRC) certified course in a 36-CEU format taught by professional nursing faculty. The course is a pre-requisite for RNs who want to enter FCNN practice. For more information or questions, contact FCNN at 651-204-0904 or [contact@fcnntc.org](mailto:contact@fcnntc.org) for class starting **April 3 – 7**.

Foundations of Faith Community Nursing Grow2Serve online course, **Jan. 18 – April 11**. For more information, [click here](#), call 281-532-3060 or email [paula.lilja2@verizon.net](mailto:paula.lilja2@verizon.net).

Foundations of Faith Community Nursing through Augustana University of Sioux Falls, SD, online course, **Feb. 6 – March 27**. For more information, [click here](#) or email [Paula Lubeck](#).

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## CentraCare Health – Monticello

Participants of this conference will learn to provide safe, comprehensive, quality vascular access care with optimal patient outcomes.

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### [18th Annual Cardiology Seminar](#)

**Feb. 9**

The purpose of this program is to provide education, information and updates for staff working with cardiac patients.

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### [Medical Nursing Conference](#)

**Feb 21**

This program is designed for nurses and other health care professionals who care for medical patients within all health care settings.

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### [Compassion Fatigue Educator Certification Preparation](#)

## Monticello welcomes first baby of 2017

CentraCare Health – Monticello celebrated the birth of Truett Geisler, the first baby born at the hospital in 2017. Born at 2:45 p.m. Jan. 2, Truett was welcomed into the world by his parents Ben and Aminta Geisler and his siblings Alivia, Ty and Zeke from New Brighton. Truett weighed 8 pounds, 15 ounces and measured 21 1/2 inches long. As the first baby of the new year, Truett and his parents received a gift basket donated by CentraCare Health – Monticello’s Auxiliary.



Elsie Maser, CentraCare Health – Monticello auxiliary volunteer; Truett Geisler, first baby born at CentraCare Health – Monticello in 2017 and his parents Ben and Aminta Geisler of New Brighton

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## St. Cloud Hospital

### Linen cart update

Laundry staff are working on standardizing linen cart size in the new year. Linen amounts will remain unchanged, only the size of the cart will differ. If you have any questions, feel free to contact Amy Berscheid, Laundry coordinator, at ext. 54014.

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## [Course](#)

**Feb. 22**

This program is designed for nurses interested in becoming certified as a Compassion Fatigue educator or therapist.

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### [Compassion Fatigue Therapist Certification Preparation Course](#)

**March 1**

This course is designed for nurses interested in becoming certified as a Compassion Fatigue therapist.

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### [Ambulatory Care Nursing Certification Preparation Course](#)

**April 5**

This course provides an overview of the potential content that may be tested on the

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ambulatory care nursing  
certification exam.

[Click here](#) for the entire list of  
classes offered to health care  
professionals.

[Click here](#) to see health and  
wellness classes, events,  
screenings and support groups  
that are offered throughout the  
region.

**Contact:** [CentraCare Health  
Education Department](#) at 320-  
255-5642.

CentraCare Health Communications, 320-229-4980

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