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Annual Report: 2010

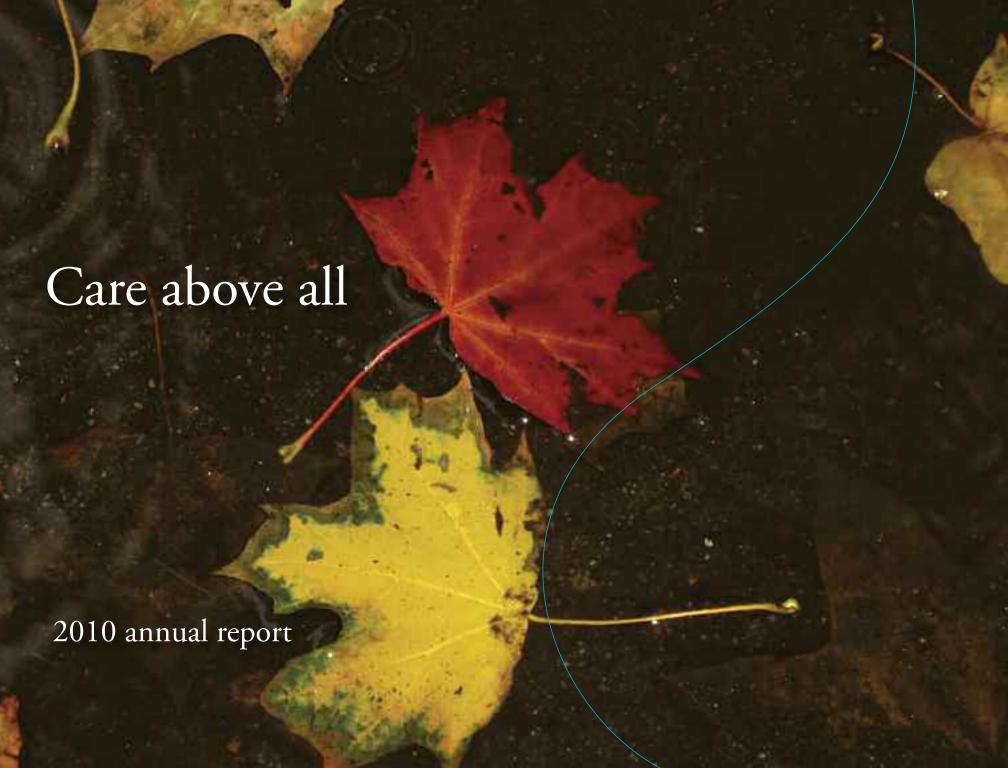
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CentraCare Health System

Mission Statement

CentraCare Health System works to improve the health of every patient, every day.

Vision

CentraCare Health System will be the leader in Minnesota for quality, safety, service and value.

Core Values:

Patient Centered Integrity Collaboration Compassion Stewardship

CENTRACARE Health System



dear friends

What a year this has been!

We at CentraCare Health System have adopted a new vision statement to inspire us to better serve our community:

"CentraCare Health System will be the leader in Minnesota for quality, safety, service and value."

We have many initiatives under way as we move in that direction.

We are working to improve patient safety and patient satisfaction. We have developed a system-wide quality scorecard to help us track our progress toward that elusive goal of perfection. Here are results of just a few initiatives, from across our health system:

- CentraCare Clinic ranked in the top 10 percent of all Minnesota medical groups for diabetes care and in the top 15 percent for vascular care;
- St. Benedict's Senior Community successfully reduced the occurrence of falls, from 20.2 percent of residents to 16.6 percent;
- CentraCare Health System Long Prairie's efforts with the Surgical Care Improvement Project resulted in 100 percent performance in all categories for the fourth quarter of calendar year 2009;
- CentraCare Health System Melrose exceeded its goal for inpatient satisfaction, ranking in the 99th percentile in a national database and the nursing home in Melrose performed at or better than state averages on all of its performance goals;
- St. Cloud Hospital continues its efforts to improve compliance with national core measures. For instance, the hospital's compliance on four measures related to treatment of heart failure improved from 80 percent in 2009 to 90 percent in 2010.

We have collaborated with local, state and national partners on initiatives such as TakeHeart, which is successfully increasing the survival rate from sudden cardiac arrest. We have launched new programs such as pediatric walk-in care and expanded others.

We added 78 full-time equivalents to our employment roster during the past fiscal year, bringing our total number of employees as of June 30 to 6,523. We have recruited 28 physicians this calendar year, for a net gain of 17 doctors in the communities we serve.

We continue to assess the impact that health care reform will have on our patients and our health system. We are committed to caring for the people of our region, regardless of the challenges that legislative change presents.

CentraCare provides exceptional quality care with compassion. Thank you for your interest in and support of CentraCare Health System.

Sincerely,

Terry Pladson, MD

President

CentraCare Health System

Linancials

CentraCare Health System Statement of Operations	Fiscal Year Ended 30-Jun-10	Fiscal Year Ended 30-Jun-09
Revenue	\$792,673,672	\$756,142,074
Expenses	749,549,556	704,007,845
Operating Income (Loss)	\$43,124,116	\$52,134,229
Operating Margin	5.44%	6.89%
Annual Capital Expenditures	\$66,165,747	\$60,504,645
CentraCare Health System Balance Sheet	30-Jun-10	30-Jun-09
Current Assets	\$178,878,601	\$210,512,572
Restricted Investments	408,446,862	360,634,408
Property and Equipment, net	397,573,607	366,929,598
Other Assets	24,847,504	32,936,612
Total Assets	\$1,009,746,574	\$971,013,190
Current Liabiliti <mark>es</mark>	\$127,106,580	\$135,483,557
Long-Term Debt	405,789,267	406,333,760
Other Liabilities	59,730,362	48,658,523
Net Assets	417,120,365	380,537,350
Total Liabilities & Net Assets	\$1,009,746,574	\$971,013,190

community benefit

Being a community health care leader means more than providing state-of-the-art health care. It means striving to make a difference and working to actively address vital community health care needs. We continue to focus on reinvesting in the community by offering free health care events, screenings and education to ensure the good health of the people of Central Minnesota.

Women & Family Health Education

St. Cloud Hospital Women & Children's Center offers a variety of educational opportunities to health care professionals, women and families. We belong to Spirit of Women®, an elite coalition of American hospitals that ascribe to high standards of excellence in women's health, education and community outreach. St. Cloud Hospital is the only Spirit of Women® hospital in Minnesota. As part of the Spirit of Women® network, we find the very best in women's health programming from across the country and bring it to Central Minnesota.

Spirit of Women® Day of Dance

Nearly 450 men, women and children attended the second annual Day of Dance Feb. 25, which offered heart-healthy food and health information, and taught new dance moves to a variety of dance styles. More than 100 people took advantage of the health screenings.

Long Prairie

Approximately 250 people attended the Long Prairie Health Fair, which offered free screenings and 35 health information booths. Business health fairs and screenings also were offered in various businesses in Long Prairie throughout the year. Cardiopulmonary resuscitation (CPR) and first aid classes were taught and an eight-week Health Care Careers Class was offered to high school students in Long Prairie.

Melrose

CentraCare Health System – Melrose offered free certified nurses assistant, diabetes and childbirth classes, along with rehabilitation services to high school students for sports safety.

Two little dancers work on their new moves at Day of Dance.





Local women participate in video otoscope evaluation of the ears at Women's Health 101.

Women's Health 101

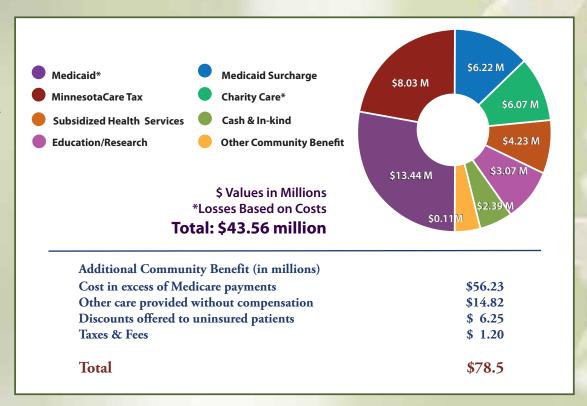
Sponsored by CentraCare Health System, this event includes educational booths, free screenings and presentations on more than 20 health-related topics. The event drew 448 registered participants, 22 speakers, 47 booths and 25 volunteers.

St. Benedict's Senior Community

St. Benedict's Senior Community helped sponsor the Expo for Seniors, the Memory Walk, the Jake and Mary Essen Alzheimer's Education Fund and Whitney WithOut Walls, an outreach activity of the Whitney Senior Center which offers a variety of topics including entertainment, education and exercise programs.

The **BLEND** (Better Living: Exercise & Nutrition Daily) initiative, supported by the CentraCare Health Foundation, is a community collaborative designed to improve the health of area children by addressing the problem of childhood obesity. BLEND's goal is to see a Body Mass Index reduction of 10 percent in area children by 2016.

With the help of community partners, BLEND works with schools, youth-serving organizations, local government and the medical community to increase awareness of the importance of daily physical activity and good nutritional choices for kids and families. BLEND has engaged more than 10,000 individuals and families through annual community events.



family of services

CentraCare Health System

St. Cloud Hospital

- · St. Cloud Hospital
- Behavioral Health Services
- Bone & Joint Center
- Breast Center
- Center for Surgical Care - CentraCare Diabetes Center
- CentraCare Digestive Center
- CentraCare Kidney Program
- CentraCare Wound Center
- Central Minnesota Heart Center
- Coborn Cancer Center
- Emergency Trauma Center
- Home Care & Hospice
- Imaging Services
- Intensive Care Unit
- Internal Medicine
- Neuroscience & Spine Center
- Rehabilitation Center
- Sleep Center
- Spiritual Care
- Stroke Center
- Women & Children's Center
- · Mid-Minnesota Family Medicine Center
- University of Minnesota/St. Cloud Hospital Family Medicine Residency
- · St. Benedict's Senior Community
- Assisted Living
- (Monticello & St. Cloud)
- Home Care
- (Monticello & St. Cloud)
- Memory Care
- (Monticello & St. Cloud)
- Nursing Home (St. Cloud)
- Respite Care
- (St. Cloud)
- Retirement Apartments
- (Monticello & St. Cloud)
- Short Stay Care (St. Cloud)

CentraCare Health System -**Long Prairie**

- · Long Prairie Clinic
- · Long Prairie Hospital
- Ambulance
- Cardiac Rehabilitation
- Chemotherapy
- Emergency Services
- Imaging
- Laboratory
- Obstetrics
- Rehabilitation
- Sleep Studies Program
- Surgical Services
- Visiting Specialists
- · Nursing Home
- · Eagle Valley Clinic, Eagle Bendjoint venture between CentraCare Health System - Long Prairie & Lakewood Health System

CentraCare Health System -

- · Melrose Clinic
- · Melrose Hospital
- Chemotherapy
- Emergency Services
- Imaging
- Laboratory
- Obstetrics
- Rehabilitation
- Surgical Services
- Visiting Specialists CentraCare Radiation Oncology (Alexandria)
- · Park View Center
- · Pine Villa Care Center
 - Alzheimer's Unit

CentraCare Clinic

- Becker
- · Health Plaza (St. Cloud)
- Heartland (St. Cloud)
- · River Campus
- (St. Cloud) · St. Joseph
- Women & Children (St. Cloud)
- · Big Lake Clinic joint venture between CentraCare Health System & New River Medical Center in Monticello

CentraCare Health Services

- · CentraCare Laboratory Services
- · CentraCare Pharmacy (Becker, Heartland, Health Plaza & St. Cloud Hospital)
- · CentraCare Surgery Center (Health Plaza)

Health Care

· Monticello Cancer Center ioint venture of CentraCare Health System, New River Medical Center & North Memorial

CentraCare Health Foundation

- St. Cloud Hospital programs supported:
 - Behavioral Health
 - Breast Center
 - CentraCare Diabetes Center
 - CentraCare Kidney Program
 - Central Minnesota Heart Center
 - Clara's House
 - Clinical Research: cancer and heart
 - Coborn Cancer Center
 - Gorecki Guest House

 - Mid-Minnesota Family Medicine Center
 - Women & Children's Center
- · St. Benedict's Senior Community
- programs supported:
- Greatest Needs - Spiritual Care
- Alzheimer's Care
- · CentraCare Health System Long Prairie
- · CentraCare Health System Melrose

awards and recognition



CentraCare Health System was named the #1 Best Place to Work in Minnesota in the large company category by the Minneapolis/

St. Paul Business Journal. The recognition is based entirely on employees' responses to an online survey conducted this spring. The Best Places to Work award indicates that CentraCare employees find their work interesting, challenging and rewarding. This is important because engaged employees provide better care and support to patients and their families.



St. Cloud Hospital received the Thomson Reuters Top 100 Hospital award for the fifth consecutive year

and is an eight-time award winner. (Only 13 hospitals in the nation have won this award more times than St. Cloud Hospital). The hospital also was honored for the second time with the Everest Award for National Benchmarks (Only eight other hospitals in the nation have won this award two straight years).

St. Cloud Hospital was verified as a Level II Trauma Center and CentraCare Health System - Long Prairie and Melrose were verified as Level IV Trauma Centers by the Verification Review Committee, an ad hoc committee of the Committee on Trauma of the American College of Surgeons. The program provides confirmation that a hospital has demonstrated its commitment to providing the highest quality trauma care.

The Intensive Care Unit (ICU) at St. Cloud Hospital was a recipient of the 2009 Beacon Award for Critical Care Excellence. This is the second time the ICU has received the Beacon Award given by the American Association of Critical Care Nurses.

St. Cloud Hospital received the Consumer Choice award given by the National Research Corporation and was recognized in Modern Healthcare magazine. Consumers in St. Cloud ranked St. Cloud Hospital at the top of the list based on: best overall quality; best image and reputation; best doctors and best nurses.



Women The Spirit of Women Health Network selected St. Cloud Hospital as a Spirit of Women® Premier Hospital, based

on an evaluation using the National Standards of Excellence in Women's Health. The standards measure clinical excellence in women's health care and community outreach.



DONATE St. Cloud Hospital received the bronze medal of honor for achieving a 75 percent conversion rate for organ donation this past year. The conversion rate is the

percent of actual organ donors out of the potential number possible. The award was presented on behalf of the United States Department of Health and Human Services and LifeSource Organ & Tissue Donation.

St. Cloud Hospital earned four Minnesota Hospital Association Patient Safety Excellence Awards, the Safe Site initiative that acknowledges the hard work being done to tackle wrong-site surgery, the Safe Count initiative that aims to prevent objects from being retained after a patient gives birth, the Safe from Falls initiative which aims to prevent people from falling during a hospital stay and Safe Skin which aims at preventing pressure ulcers. These awards indicate that St. Cloud Hospital has implemented more than 90 percent of the suggested best practices.

Several CentraCare Clinic sites received achievement and improvement awards in diabetes and vascular care from the Buyers-Health Care Action Group Minnesota Bridges to Excellence program. CentraCare Clinic -Becker was recognized for achievement in diabetes and vascular care; Health Plaza - Internal Medicine in vascular care; River Campus - Internal Medicine in diabetes care and Melrose in diabetes care. CentraCare Clinic - Heartland qualified in the improvement category for diabetes and vascular care; Health Plaza - Family Medicine for vascular care; and Central Minnesota Heart Center for vascular care.

CentraCare Health System - Long Prairie earned two Minnesota Hospital Association Patient Safety Excellence Awards for its work on preventing adverse surgical events through the Safe Site initiative and for preventing retained objects in the operating room through the Safe Account initiative. Long Prairie also was recognized with the Recognition of Parentage award, which recognizes hospitals for providing timely, accurate birth record data to the Department of Human Services. Thirteen hospitals in the state were recognized.

St. Benedict's Senior Community (SBSC) was one of the 2009 recipients of the Step I National Quality Award presented by the American Health Care Association and National Center for Assisted Living, which recognizes providers that have developed a foundation to begin a journey of continuous quality improvement. SBSC also received the Care Providers of Minnesota's Quality Improvement Team Award, which acknowledges the use of a continuous quality improvement-based approach to enhance the quality of care for residents. SBSC's Gorecki Care Center earned this award for the Falls Reduction and Prevention Plan created by nursing leadership.

quality, care continues

New Technology

St. Cloud Hospital upgrades to 320-slice scanner

Imaging Services at St. Cloud Hospital is the first in Minnesota to upgrade to the Aquilion One 320-slice scanner from Toshiba. Patients in Central Minnesota now have the most advanced imaging technology possible. The new scanner has the ability to scan an entire organ in a single rotation, which is a huge advantage in computed tomography (CT) imaging.

CentraCare Clinic offers MyChart

CentraCare Clinic patients now have access to MyChart, which gives them the ability to view their (or their children's) medical records and test results, as well as receive medical advice from their providers online.

CentraCare offers monthly e-newsletter

My Healthy News, a free, monthly e-newsletter from CentraCare Health System, is available to the public to choose the topics and services that matter to them. Then we send up-to-date information from national health resources that are personalized to their needs and interests.



New accelerator comes to CentraCare Radiation Oncology

CentraCare Radiation Oncology at Douglas County Hospital in Alexandria, operated by CentraCare Health System – Melrose, updated its technology by installing the Varian IX linear accelerator. CentraCare Radiation Oncology has served the Alexandria area for more than 10 years.

Expanded services

DIAMOND program expands

Thanks to the success of the DIAMOND (Depression Improvement Across Minnesota, Offering a New Direction) program in Melrose, it has expanded to other CentraCare Clinic primary care sites. Patients diagnosed with depression are assigned a care manager who is trained to monitor progress through follow-up care and consult with the primary care provider or psychiatrist as needed.

Pediatric walk-in care offered

Pediatric providers at CentraCare Clinic - Women & Children began seeing sick children (without an appointment) between 8 a.m. and 4 p.m. Monday through Friday. Providers cared for 7,855 patients in the program's first seven months. Walk-in care is designed for children with acute/urgent care needs.

Extended CentraCare Clinic hours

CentraCare Clinic sites in St. Joseph and Long Prairie extended their clinic hours to better serve their patients. These extended hours are available to all CentraCare Clinic Family Medicine patients.

Orthopedic service expands in Melrose

CentraCare Health System – Melrose expanded its minimally invasive surgery services with St. Cloud Orthopedic Associates, with orthopedists visiting weekly.

Construction continues at St. Cloud Hospital

Day after day, week after week, month after month, crews have been placing girders, hoisting beams and pouring concrete for a \$225-million addition to St. Cloud Hospital.

Expected to open in Spring 2012, the 360,000-square-foot wing on the hospital's southeast side is designed to:

- Add state-of-the-art surgical suites;
- Increase the number of private rooms;
- Increase the size of the Neonatal Intensive Care Unit, providing private rooms for fragile infants and their parents;
- Replace the cramped, 25-year-old Intensive Care Unit. Since completion of Target Field, the St. Cloud Hospital expansion has been the largest construction project in the state of Minnesota, with an average of 150 people working on-site on any given day.

As part of the overall investment, CentraCare Health Foundation has set a goal of raising \$21.7 million to support pieces of the project that wouldn't be possible without the generosity of the community.





Future look of St. Cloud Hospital from riverside

Architectual drawing: Perkins + Will

Construction in Melrose is complete

Construction on the CentraCare Health System – Melrose Clinic was completed in December 2009. The new two-story clinic includes 27 exam and procedure rooms, a retail pharmacy, a new larger laboratory, a children's play area and a beautiful waiting area with a fireplace, television and computer. The second level includes a large conference room and space for future expansion.

CentraCare Health System – Melrose Hospital opened a new main entrance to the west (the old clinic entrance), making the care process and patient flow through the hospital more user-friendly. The move enables patients and visitors to have access to ample parking. The old clinic space was remodeled and became part of the hospital's outpatient service area where visiting specialists treat patients. Admitting and the Business Office also are located there. A new rehabilitation department was added to the hospital.



healing close to home



Sam and Jane Salzl of Melrose

Southwest of Melrose, Sam Salzl's farm is home to dozens of chickens, 100 cows and his family — Sam's wife, Jane, a daughter and four sons. Since the Salzls started farming in 1984, they've milked cows and raised hundreds of acres of corn, wheat and alfalfa. But for Sam, the hardest chore of his life was surviving and rehabilitating from two tragic accidents.

In spring 2006, Sam suffered severe injuries while pulling a car from a ditch. He was taken to the Level IV Trauma Center at CentraCare Health System - Melrose, where he was stabilized and airlifted by a Life Link III helicopter to St. Cloud Hospital. Suffering from a traumatic brain injury, Sam laid in a coma for three weeks in the Intensive Care Unit. He received inpatient rehabilitation and then returned to Melrose for his outpatient therapy.

On Aug. 6, 2009, Sam and his son were hauling hay, when they were hit by a car from behind. Sam's son walked away from the accident, but Sam was pinned by the tractor. He again was transported by Life Link to St. Cloud Hospital, diagnosed with multiple breaks in his pelvis and airlifted to Hennepin County Medical Center (HCMC) for surgery.

The next day, Patrick Heller, MD, Sam's primary physician in Melrose, happened to be in Minneapolis and traveled to HCMC to see him. "That's something special when your doctor visits you while you are at HCMC the morning after a traumatic accident," Sam said.

After 10 days, Sam asked to be transferred to the hospital in Melrose, where he spent a month. "I like being close to home," he said. Jane agreed. "The times we had to travel to the Cities for doctor's appointments were very difficult for Sam, who had to lay on a stretcher in the care van."

For the next four months of his recovery, Sam stayed at Pine Villa Care Center in Melrose. "It was so important to have Sam close to home," Jane said. "We couldn't overlook our farm responsibilities and Sam wanted to see his family often. The doctors in Melrose were so compassionate and personable — and it was great that some of our friends were Sam's caregivers during the therapy process. With Sam's brain injury, therapy is an ongoing process so we were grateful he could receive therapy in Melrose instead of having to travel.

"The physical therapists were clear and honest with Sam," Jane said. "While he might have wanted to do 100 reps, they reminded him that he should only do 15. They gave him boundaries."

The Salzls are extremely grateful for the local services Sam received following both accidents.

"When you are receiving medical care, it's so nice that you don't have to be apart from your family, friends and the community — instead you are constantly reminded that you are a part of them," Jane said. "We know we got the best quality of care and could receive it right here in Melrose."

When H1N1 novel influenza swept the region this past winter, CentraCare immunized those who were healthy and cared for those who were not. A detailed plan also was developed to care for patients while ensuring a safe work environment for staff.

When attendees at the Great Minnesota Air Show needed medical attention in June, St. Cloud Hospital staff members, part of a mobile medical team, treated them on the spot for sprains, lacerations, diabetic reactions, asthma and heat-related illnesses.

Our physicians and staff are actively engaged in communities throughout the region. Some serve as medical directors, health officers or team doctors for community organizations and events. Many of our health care providers also participate in Project H.E.A.L., an outreach program that offers free health screenings and basic care at six Central Minnesota locations for those who have little or no insurance.

CentraCare Health System is a trusted health care resource for our region. In fact, we support all health care facilities in 14 Minnesota counties in preparing for and responding to community-or region-wide events. We also work closely with local and state public health agencies and city/county emergency management officials to ensure we are ready to respond to disasters.

CentraCare is a member of the Life Link III consortium that provides helicopter transport for critically ill or injured people. The flight team consists of a registered nurse, a paramedic and a pilot, all of whom have extensive training and experience. Three-person crews are on duty around the clock.

And when patients' needs are more routine than critical — back-to-school physicals, screening exams — we meet those needs. Our mission is to work to improve the health of every patient, every day. We are committed to providing care above all.



Photo courtesy of St. Cloud Times

we re here when you need us

caring for generations



Mark Larkin



Barb Caspers

CentraCare Health Foundation is grateful to the 5,083 benefactors who invested more than \$8.2 million in CentraCare Health System during the past year to improve health and health care — enabling life victories every day.

With the recent launch of our "Caring for Generations" capital campaign, we will continue to build our organization from the inside out — not to get bigger, but to get better — to enhance the delivery of medicine in this region and to care for generations to come.

Sincerely,

Mark Larkin, CFRE **Executive Director** CentraCare Health Foundation

Back Carpers

Barb Caspers Chair, Board of Directors CentraCare Health Foundation

CentraCare Health Foundation Board of Directors - Executive Committee



Terry Pladson, MD



Nancy Ferche



Marilyn Obermiller



John Schmitz, MD



Chris Shorba



Loren Viere

CentraCare Health Foundation

Summary of Operations	FY 2010
Revenue & Support (in thousands)	
*Contributions, net	\$6,341
Investment Income, net	\$2,420
Special Events	\$972
**Planned Giving Expectations	\$875
	11
Total Revenue	\$10,608
	1 8
Expenses (in thousands)	
Grants and Programs	\$2,546
Special Events	\$381
Administrative	\$738
Fund Raising/Capital Campaign	\$876
Total Expenses	\$4,541
The second secon	
Net Assets at the end of the year	\$33,582

^{*} St. Cloud Hospital and St. Benedict's Senior Community covered a portion of the Foundation's administrative expenses.

The number is reflected in the contribution line.

^{**} Some planned gifts are revokable and may not materialize.

gifts of generosity, make all the difference

Generous gifts from the community make all the difference to the construction project at St. Cloud Hospital. Bob and Linda Feuling, owners of Westside Liquor stores, got the ball rolling in March 2009 by contributing \$1 million to the CentraCare Health Foundation to update and expand the Women & Children's Center. Two local business leaders since have joined them with significant gifts. John McDowall, president/CEO of McDowall Company, and his wife, Cherie, and Jim Christensen, CEO of J.C. Christensen and Associates, a business unit of Array Services Group, have contributed.

These business owners recognize the importance of offering the best care and the most advanced technology possible to the people in Central Minnesota.

"We know that our children and grandchildren as well as our employees will need the services at St. Cloud Hospital," Linda Feuling said. "We want the best services available right here in St. Cloud."

The McDowalls and Jim Christensen agree.

"It's amazing how St. Cloud Hospital has grown into this regional health care facility that is second to none," said John McDowall, a St. Cloud native. "Since the 1850s when the Benedictine nuns first arrived in St. Cloud, there has been a profound

devotion and unwavering faith to provide top-notch health care in Central Minnesota. I am proud to be a part of that heritage by helping to make St. Cloud Hospital a leading hospital in the state and in the nation."

"We depend on our employees and want them to be healthy and stay in the St. Cloud area," Christensen said. "Offering top-quality health care here gives them an incentive to stay."



The St. Cloud Hospital Women & Children's Center addition will:

- Double its size and increase capacity by adding 50,000 square feet;
- Provide larger private patient rooms with private baths in the Family Birthing Center;
- Provide single-family rooms in the Neonatal Intensive Care Unit (NICU);
- Provide a Respite Room for parents of NICU patients, giving parents an opportunity to stay with their babies, and to network and support each other.

The addition and renovation will be complete in 2013.

In 2009, the St. Cloud Hospital Women & Children's Center provided pediatric care for 1,986 children. There were 2,833 babies born in the Family Birthing Center, including 48 sets of twins and two sets of triplets. The NICU provided care for 340 infants.

Generous supporters Cherie and John McDowall, Jim Christensen and Linda and Bob Feuling.

leaving a lasting legacy,

From the Boys & Girls Club of Central Minnesota to Clara's House to St. Cloud State University, George and Shirley Torrey of Cold Spring are well-known philanthropists. One common thread among most of the donations from the Torreys is that their gifts benefit children and young people. They care about the future of our community and leaving a legacy for children.

"Children, education and the needy are the biggest areas that we seem to give to," George said. "Children are the most important asset in our life. Education for children gets more important every day. And helping people less fortunate than ourselves is something we all should do."

Another way the Torreys chose to impact the future of our community is to include CentraCare Health Foundation in their will through the Beacon Society. "This is a great option for people who want to continue to help make a difference for future generations," George said. "You think about what you want to have your estate do after you die."

The Torreys decided to have part of their estate benefit four funds within the CentraCare Health System: Central Minnesota Heart Center, Coborn Cancer Center, Clara's House and CentraCare Diabetes Center.

"We're so fortunate to have a health organization such as CentraCare Health System in our area," George said. "We feel it's important to direct our estate giving to charity."



George and Shirley Torrey of Cold Spring

life is about giving back



Peggy Carlson and husband Chuck Nielsen of Lake Shore

CentraCare Health Foundation engages the philanthropic community in partnership to improve health and health care.

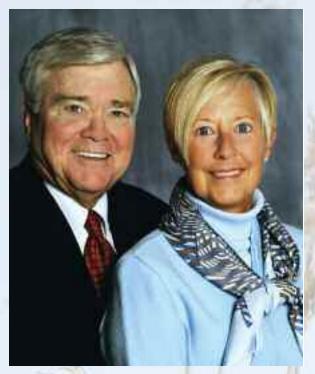
If you are interested in making a gift to CentraCare Health Foundation, please call (320) 240-2810, e-mail foundation@centracare.com or visit www.centracare.com.

Peggy Carlson can't tell her life's story without mentioning CentraCare. From being a frequent patient at St. Cloud Hospital as a child, to a teenager volunteering as a Candy Striper, from having children and grandchildren born at St. Cloud Hospital, to both her parents receiving care at the Central Minnesota Heart Center and now with her mother living at St. Benedict's Senior Community, every chapter of her life has been touched by CentraCare Health System. That is why Peggy is so passionate about giving back to the place that has been such an integral part of her life.

"Service in our family is like brushing your teeth, it's just a part of who we are," Peggy said. "My dad always said if you see a need and are able to meet it through a God-given gift — you step up and meet that need."

Peggy and husband, Chuck Nielsen, sponsored the children's playroom at the new Gorecki Guest House in honor of Chuck's mother, Cornelia Heile Nielsen, and aunt, Helen Heile Raymond. They also sponsored the porch in honor of Peggy's mother, Blanche Carlson. But nothing is more important to them than tending to the hearts and lives of children. That is why they are actively involved with Clara's House "Clara's House gives kids the skills needed to cope with their unique issues," Peggy said.

By living through example, Peggy and Chuck strive to be role models for their grandkids. This includes continuing the legacy of service through philanthropy by naming CentraCare Health Foundation as a beneficiary in their estate. "We want our estate plan to reflect the way we live," Peggy said. "We want it to be about hope."



Gary and Jane Marsden of St. Cloud

Through the years, Gary and Jane Marsden have been connected to CentraCare Health System in many ways. As a past board member for St. Cloud Hospital and CentraCare Clinic and current board member for CentraCare Health System, Gary has been involved for 15 years in many of the behind-the-scenes decisions which helped to shape the significant growth, change and specialization in the area's health care.

Jane also has been very involved as a long-time volunteer for CentraCare Clinic – River Campus, Hospice and Holly Ball. More recently, however, her health care experience has been a very personal one with a breast cancer diagnosis in 2007 and a heart condition in 2008.

"Being on the receiving side of health care, I was so impressed with the quality of care provided by CentraCare in both instances," Jane said. "My health care experiences have been very positive."

The Marsdens recognize this first-class health care as an integral part of the community and realize that additional dollars are needed for CentraCare to continue to meet the area's growing health care needs. That is why they have chosen the CentraCare Health Foundation as a partial beneficiary of their estate.

"We believe that preventive health care is the future of medicine, and we support CentraCare's ongoing efforts to serve the region's health care needs," Gary said. "We would love to see Central Minnesota recognized as the healthiest area in the United States, but it will take more community support to make it happen."

preventive health care is the future

CUMULATIVE BENEFACTORS

The persons, foundations and corporations listed here have achieved a lifetime giving level of \$10,000 or more. We are truly grateful to our benefactors and make every effort to list them as they prefer. Please call (320) 240-2810 to correct any errors or discrepancies that may appear in the following lists. (Donors listed as of Aug. 25, 2010)

\$2,500,000+

The Coborn Family Benedict F. & Dorothy J. Gorecki St. Cloud Hospital

\$1,000,000+

Central Minnesota Community
Foundation Donor
Advised Funds
Clearway MN
Ms. Mae Ellingson-Skalicky
Robert J. & Linda D. Feuling
Grocers On the Green
St. Cloud Hospital Auxiliary
United Way
of Central Minnesota
John & Mary Weitzel

\$500,000+

Darwin

& Rose Mary[†] Bonn
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Cindy Jensen Melloy, MD CentraCare Clinic -Women & Children

"St. Cloud Hospital is a thriving regional medical center that touches so many lives in Central Minnesota," said Cindy Jensen Melloy, MD, a pediatrician at CentraCare

Clinic – Women & Children. "Financial support of any kind can make all the difference to ensure that those services are sustained and continue to improve and expand."

Dr. Melloy began practice at CentraCare Clinic - Women & Children 22 years ago. She knows the difficulties associated with receiving specialized medical care when it isn't offered in the community. Twenty years ago, her son was diagnosed with leukemia.

"We received excellent care in St. Cloud," she said. "However, my son needed pediatric oncology services which weren't offered in St. Cloud at that time. We traveled to the Cities three times a week for his care and learned firsthand how important it is to have quality medical care close to home."

Dr. Melloy's son was able to beat cancer and today lives a healthy life.

Because of Dr. Melloy's motivation to provide superior patient care close to home, she started a pediatric oncology program. "With the generosity of the community and support from CentraCare Health System, we are able to provide a specialized service," she said. "The Grocers on the Green golf fundraiser has raised more than \$1 million since 2002 for the Pediatric Oncology Program. It is great that the community has been so generous."

Dr. Melloy is excited about the future well baby nursery in the Family Birthing Center included in the hospital expansion project. "All pediatricians in the community made donations to make the nursery possible," she said. "It will touch the entire community and that's invaluable." Jean Kershner Lung Cancer Fund John & Delphine Undersander Fund John & Nancy Frobenius Breast Cancer Fund Joseph J. & Susan M. Kuhl Heart Center Fund Karla & Mark Donlin Fund Kay Pattison Fund Kidney Klimb Fund Knevel Family Fund Kristine Cunningham Rose Memorial Fund Lee & Mary Torborg Spiritual Care Fund Leonard & Catherine Horn Fund Liepert Family Fund Lillian's Garden Fund Louise E. Theisen Fund Madigan/Mosford Family Fund Marco Health Fund Mark D. Holm & Susie Osaki Holm Research Fund McDowall Company, John & Cherie McDowall Fund Michael & Bobbi Dorle Fund Mike & Joni Karl Family Fund Nemeth Family Fund Nicolas & Terese Houle Fund Pat Opatz Cancer Research Paul & Joanne Dorsher Fund Paul T. & Nancy E.

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These CentraCare Health System employees participated in the 2010 Employee Campaign, listed alphabetically by giving level.

EMPLOYEE CAMPAIGN

90-Minute LEADERS Employees committed to 90-minutes per pay period

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Dave Larson Facility Management director

Dave Larson was born at St. Cloud Hospital but hadn't been back until he was hired two years ago as the hospital's facility management director who, as one of his duties, oversees the construction project.

How ironic that the very place he was born is the place that he is now helping to expand.

Dave was immediately impressed by St. Cloud Hospital when, as a new employee, he participated in the required orientation program. "I have never worked at a place that teaches its new employees so much about the organization," he said. "Not only did I learn about the organization and what it does, but I also learned about the history and mission of St. Cloud Hospital. I liked what I heard and walked out of there proud to be a part of this great organization."

Today, Dave is still a proud St. Cloud Hospital employee — so proud that he increased his support to the CentraCare Health Foundation's Employee Campaign. "I enjoy the opportunities that I have been given working here," he said. "It's a good way for me to give back to an organization that makes me feel valued and respected. I have never been more proud to work for an organization. And because I am so involved in the expansion project, I get to see right before my eyes every day what my dollars are doing to make this expansion a reality."

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Sue Malone CentraCare Clinic – Women & Children

"I am a reader and believe everyone should be," said Sue Malone, a pediatric hearing and vision technician for

CentraCare Clinic - Women & Children. "It makes a difference when children begin to love books at a younger age."

Sue chose to give to the Employee Campaign because of her passion for the Reach Out and Read Program. The program donates a new or gently used book to patients 6 months to kindergarten age during their well-child check-ups. "It is just one more thing we do to put our patients first," she said. Sue also contributes to the program through other ways, such as fundraising, writing grants and ordering books.

Sue knows CentraCare has always promoted reading. "I remember bringing my son to the doctor at CentraCare Clinic – Women & Children in 1995, and they always had books in the waiting and exam rooms," she said. "My son and I would enjoy the books so much it was almost disappointing when the doctor would come in. Until, of course, I remembered the exceptional care my son receives.

"In the current recession, many parents don't have money to buy extra things, like books," Sue said. "No child should be denied a book. It's great to know where my money is going. I am putting it back into the place where I work so I know it is used constructively."

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Lisa Lahr

CentraCare Health System -Long Prairie

To get to work, Lisa Lahr, from Sauk Centre, doesn't walk through the doors of St. Cloud Hospital; she walks through the doors of CentraCare Health System - Long Prairie. However, Lisa, a physical therapist in Long Prairie, chose to support the CentraCare



Health Foundation's Employee Campaign because of the positive experiences she's had at St. Cloud Hospital.

Lisa's first introduction to St. Cloud Hospital was in 2001 when her husband, Aaron, was involved in a car accident. Aaron spent six weeks in the hospital with a pelvic fracture. "We were so fortunate to be able to receive his care at St. Cloud Hospital," she said. "It's nice to have access to such excellent care so close to home."

In 2007, Aaron and Lisa were once again through the doors of St. Cloud Hospital when their son, Jacob, was born six weeks premature. Jacob spent one week in the Neonatal Intensive Care Unit. "The unknown experience of having your first baby is already frightening," Lisa said. "But when you learn it will be a preemie, it's overwhelming. The nursing staff was so helpful and calming. I couldn't have asked for a better experience."

Lisa and her family feel especially passionate about the Gorecki Guest House. When both Aaron and Jacob were hospital patients, the guest house's predecessor, River Oaks Hospitality House, was full. "I was lucky enough when Jacob was born to be able to stay down the hall from him in a patient room," she said.

"It's important to be close to your loved one when they are sick," Lisa said. "That's impossible if you have to drive back and forth to Sauk Centre. Now, with the Gorecki Guest House that can accommodate more guests, people won't have to worry about finding a place to stay near the hospital when they have a loved one who is a patient there.

"We are so fortunate to have CentraCare Health System in our community that is capable of providing such a wide variety of services. I want to make sure that continues."



Trish Roehrl CentraCare Health System -Melrose

Growing up south of Melrose, Trish Roehrl knows the importance of having high-quality health care in rural

communities. Trish is the lab manager at CentraCare Health System – Melrose. "Being in the medical field, I have the advantage of knowing a bit more about what is out there and where to go if I need health care services," she said. "My family, however, must trust that the medical team here is providing the best, most current care they can. I support the Employee Campaign to make sure that happens.

"With budget constraints, it is difficult for medical facilities to update everything," Trish said. "My financial support helps the hospital extend its services and allows equipment and facilities to be updated more often. It's great that our local services can provide care for newborns to senior citizens so we can remain close to our family and community."

The Roehrl family is excited that their donation will go toward the Wellness Room being built at CentraCare Health System – Melrose.

"It will be an expansion of our nursing home facility and services," Trish said. "It will be a room for our residents to stay active with a variety of exercise equipment and a Wii game system. This will give them a place to go to be physically and mentally active with their families."

No one in Trish's immediate family currently will use the Wellness Room; however, she thinks it will be great to have it available to those who will benefit from it in the Melrose community.

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