

3-2008

## Prescribed Reading: March 2008

CentraCare Clinic

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## March 2008

### **CPOE enhances patient safety**

CentraCare Health System hospitals (St. Cloud, Long Prairie & Melrose) are moving to Computerized Physician Order Entry, or CPOE, to increase patient safety. Physicians are training in CPOE one to two weeks before their departments go live. The training, which takes four hours or less, is specialty specific. All physicians are encouraged to view a CPOE video on CentraNet, under the EMR/Epic tab. Nursing staff and others are welcome to view it.

### **Kudos!**

- CentraCare Clinic president **Allen Horn, M.D.**, presented “Universal Coverage: Why and How” at the annual Minnesota Rural Health Cooperative CME conference Jan. 18 and at the University of North Dakota Medical School Grand Rounds Feb. 6. He also presented on childhood obesity at the March 6 Initiative Foundation meeting at the St. Cloud Civic Center.

- **Aaron Holmgren, M.D.**, River Campus, recently presented on the causes, symptoms and treatments for arthritis at the CentraCare Health Plaza. Nearly 60 people attended.

- An article and poem titled “Still a Midwife” written by **Jen Meyers, C.N.M.**, Women & Children, was published in the September/October issue of *Frontier School of Midwifery and Family Nursing* alumni newsletter. **Diane Larson, C.N.M.**, Women & Children, also was included in the article.

- **Marilyn Peitso, M.D.**, and several Women & Children staff have been invited to participate in the National Institute for Health Care Quality conference in Florida March 19-21. They will share their Medical Home success with other health care providers.

### **Correction:**

In the March/April 2008 *Spotlight on Health* publication, **Dr. Rachel Schuneman's** name was inadvertently omitted from the list of board-certified dermatologists included in a story about skin cancer. We extend our sincere apologies to Dr. Schuneman.

### **Welcome to these new employees**

**Yesenia Acevedo**, Business Center  
**Sandra Gruber**, Business Center  
**Robert Rovnak**, Medical Records, River Campus  
**Diane Stuckel**, Nursing, Melrose  
**Jeanne Viere**, Business Center  
**Marcia Vejtruba**, Radiology, River Campus  
**Stacy Witlock**, Nursing, Plaza – Dermatology  
**Rebecca Zinken**, Nursing, Heartland

### **Recognition for Years of Service**

20 Years: **Janet Schlangen**, Business Center  
10 Years: **Carolyn Doucette**, River Campus  
5 Years: **Denise Borgen**, Business Center;  
**Mitch Chitaley, M.D.**, Hematology/Oncology;  
**Cecilia Tylutki**, Women & Children

### **Employees rewarded for cost-saving suggestion**

Business Center employees **Rosie Maidl** and **Julie Beierman** were rewarded for their suggestion to save business office documents electronically rather than paying for off-site storage of the actual documents. Thank you, Rosie and Julie, for your great suggestion which has been implemented.

### **Condolences to...**

**Amanda Colbert**, Plaza – Family Medicine, on the loss of her daughter; **Heather Long**, Heart Center, on the loss of her grandfather; **Abby Bartlett**, Women & Children, on the loss of her grandmother; **Maura Szydowski**, River Campus, on the loss of her mother-in-law; **Clara Nathe**, Melrose, on the loss of her mother, and **Doreen Frericks**, Melrose, on the loss of her mother.

### **Diabetes Health Professional Update**

The Annual Diabetes Health Professional Update is April 22 in the CentraCare Diabetes Center. To register, call ext. 55642.

## **National Patient Safety Awareness Week**

National Patient Safety Awareness Week was March 2-8. Thank you to all clinic employees for working to provide safe care for patients. Current safety initiatives include test result notification, medication/incident reporting and health literacy.

Please see the March QI board for more information on patient safety or contact your QI representative with questions. Patient safety is everyone's job!

## **Women's Health 101 - Take a day for yourself!**

CentraCare Health System presents the seventh annual Women's Health 101 from 8 a.m. to 2:30 p.m. Saturday, April 5, at the CentraCare Health Plaza. (Registration in River entrance.) No pre-registration necessary.

Participants can receive free health screenings, attend presentations, visit educational booths, tour designated areas and receive free CPR training. Participants are encouraged to give a \$5 donation for Women's Health education. Participants can come and go as they please. Breakfast/lunch is available from the Health Plaza café. For more information, check out [www.centracare.com](http://www.centracare.com) or call (320) 229-4980.

### **Schedule of Events**

8 a.m. Registration begins

8 a.m. Free health screenings (glucose\*, cholesterol\*, blood pressure, hemoglobin) \*Limited to first 275 people

8 a.m. to 1 p.m. Educational booths & free screenings

8 a.m. to 1 p.m. Cardiac risk assessment and blood pressure checks

9 a.m. to 2:30 p.m. Tours of various women's health services

9 a.m. to 2 p.m. Presentations on a variety of health-related topics of interest to women. (Multiple presentation options each hour!)

## **A.W.A.K.E. support group**

A.W.A.K.E., a health awareness group for people with sleep disorders, meets the third Tuesday in Jan., March, May, July, Sept. and Nov. The focus of the program is to increase awareness of sleep issues and other related health concerns. "Sleepy on CPAP" presented by Douglas Liepert, M.D., from St. Cloud Ear, Nose & Throat-Head & Neck Clinic, P.A., will be from 6:30-8 p.m. March 18 in the Windfeldt Room at CentraCare Health Plaza. For more information, call (320) 251-0726 or visit [www.centracare.com](http://www.centracare.com).

*Prescribed Reading is a monthly publication for CentraCare Clinic employees. If you have any employee news or clinic-related information you would like to share, please e-mail it to [pauld@centracare.com](mailto:pauld@centracare.com) or send to Deb Paul, Communications department.*

## **Radiation department receives accreditation**

The Coborn Cancer Center Radiation Department is only the second radiation department in Minnesota to achieve a voluntary three-year accreditation from the American College of Radiology (ACR). This national accrediting organization focuses on the practice of radiation oncology and the delivery of comprehensive health services. ACR evaluations are conducted by board-certified physicians and medical physicists. They assess qualifications of the personnel and adequacy of facility equipment.

## **2008 Arthritis Foundation Walk**

The Arthritis Walk, featuring a three-mile and one-mile course is Saturday, May 3, at the CentraCare Health Plaza. Registration begins at 8 a.m. and the walk starts at 9 a.m. For more information, contact the Arthritis Foundation at (800) 333-1380 or go to [www.arthritis.org](http://www.arthritis.org) to register. Sponsored in part by CentraCare Clinic.

## **March of Dimes Walk for Babies, April 26**

Join the CentraCare team and join the fight to save babies Saturday, April 26! This year, the St. Cloud March for Babies' Ambassador is the Brad and Tricia Heitzman Family. Tricia, a Women & Children employee, delivered her twin boys, Noah and Alex, at 32 weeks gestation. To learn more about the walk or to join our team, contact Sara Tylutki at ext. 73624, [tylutkis@centracare.com](mailto:tylutkis@centracare.com), visit our team web page at <http://www.marchforbabies.org/450890> or stop by the Lower Level Administration Conference Room at CentraCare Health Plaza between 11:30 a.m. to 1:30 p.m. March 18.

## **Pre-diabetes classes offered**

Two-part pre-diabetes classes will be scheduled as needed at the CentraCare Diabetes Center. A registered dietitian will teach participants about carb counting, meal plans, glucose monitoring and testing. For more information, call 202-7759.

## **Save a life with CPR**

Free CPR training for all heart disease patients, family members and friends is scheduled for 2-3 p.m. Mondays and 5-6 p.m. Thursdays in the Telemetry Unit Family Lounge at St. Cloud Hospital. This training, sponsored by *Take Heart St. Cloud*, uses the American Heart Association Friends and Family CPR Anytime curriculum. Following the program, attendees may purchase a \$20 training kit to take home. This training does not qualify for CPR certification. Information about CPR certification courses in the St. Cloud area will be provided at each session. For more information, call 251-2700, ext. 54174.