

CentraCare Health

## DigitalCommons@CentraCare Health

---

Little Beacon

CentraCare Health Publications (Newsletters,  
Annual Reports, Etc.)

---

4-15-1973

### Little Beacon: April 15, 1973

St. Cloud Hospital

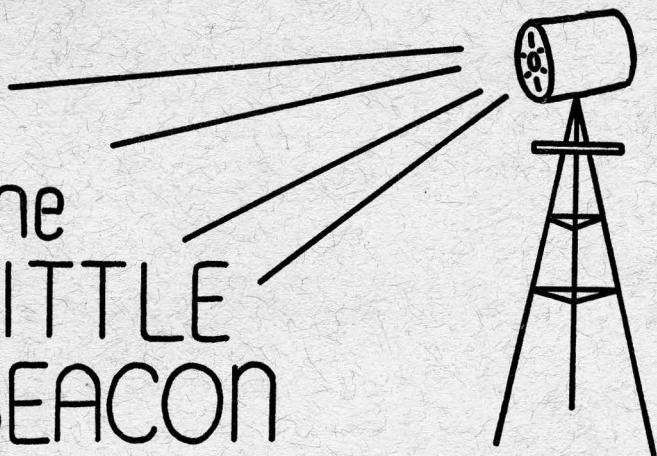
Follow this and additional works at: [https://digitalcommons.centracare.com/little\\_beacon](https://digitalcommons.centracare.com/little_beacon)



Part of the [Organizational Communication Commons](#)

---

# the LITTLE BEACON



---

Vol. VIII No. 28 ST. CLOUD HOSPITAL March 26, 1961

---

## THE LAST SUPPER

The Lord Jesus, the same night in which He was betrayed, took bread, and giving thanks, broke and said: Take ye and eat: this is My body, which shall be delivered for you. This do for the commemoration of Me. In like manner also the chalice, after He had supped, saying: This chalice is the new testament in My blood. This do ye, as often as you shall drink, for the commemoration of Me. For as often as you shall eat this bread and drink the chalice, you shall show the death of the Lord, until He come.

--Corinthians  
11.20-32



## YOUR HOSPITAL LAUNDRY - -

The Laundry Department plays a key role in the operation of the hospital. All areas depend on it for clean linens. Although a patient might never see a laundry



employee, we have three full-time and one part-time men in the laundry and 15 girls and women, one of whom is part-time. The low turnover of personnel is a reflection of the good work done in the department.

Soiled linens from each floor are collected from the laundry chutes and sorted as to type of article, degree of soil--heavy or light, etc. A constant watch is maintained for blood stains which require special treatment or formula for removal.

---

It would be a housewife's dream to see the hospital laundry in operation. It takes about 10 minutes to press a sheet at home--in the hospital laundry, two girls can fold eight sheets a minute. Some days 500-600 sheets are washed, folded and ironed. In the home washer you load seven to ten pounds per load--the hospital washers can wash 750 pounds at one time in the three washers which have capacities of 350, 300 and 100 pounds. Two extractors or "spin driers" take care of 230 pounds at a time and two driers handle another 210 pounds.

There is a six-roll flat-work ironer, two press units for uniforms, habits, aprons, etc. and a dry cleaning press for wools, serges, etc. One girl can press 25 uniforms an hour or fold eight gowns a minute!

Each patient in the hospital requires 12 to 14 pounds of linen every day. This would indicate that the laundry in our hospital does an average of 4,000 pounds of wash pe

day.

After the laundry is washed, folded and ironed--and torn pieces mended--it is taken to the linen rooms. From here a cart makes daily rounds to nursing stations and departments to fill their requirements. Work is rotated and coordinated so team members are kept busy and flow of linens is distributed according to need.

Financially, too, the laundry is important. Thousands of dollars are invested in the linen inventory and replacement is expensive. The laundry must maintain close control over its inventory to insure sufficient supplies for the hospital--yet have enough reserve for emergencies.

Below are some statistics which may help you realize the magnitude of the laundry operation:

	1960	
	<u>Count per Year</u>	<u>Count per Week</u>
Uniforms	36,117	695
Large Sheets	144,378	2,777
Draw Sheets	121,287	2,333
Pillow Slips	143,012	2,750
Spreads	18,874	366
Bath & Face Towels	263,351	5,064

The above is really a "microscopic" picture of some of the nursing service items. Besides these we find caps, trousers, shirts, blouses, jackets, coats, smocks, bath blankets, aprons, pajamas, bed blankets, gowns, binders, diapers, hot water bottle covers, laundry bags, bath robes, dresser scarves, tray cloths, napkins, drapes, slip covers, and on, and on, and on!

All this is included in your room and care charge!

---



## THOUGHTS FOR HOLY WEEK:

Christ said "Take up your cross and follow Me", not, "go ahead of Me." He understands suffering, for He Himself walked the road of pain. His death was not easy or quick; it was preceded and accompanied by long and intense pain.

Perhaps you are suffering now--throbbing head, burning throat, broken bones. Look at the crucifix, and see His physical sufferings--scourged body, head pierced by thorns; no one may soothe his wounds, moisten His parched lips, wipe His face with a cool cloth or give pain-killing sedatives.

Perhaps you are restless and lonely, even feel that relatives and friends hurt or forsake you in your troubles. Look at the crucifix and see His mental sufferings. His own apostles ran away when trouble came; one betrayed Him with a kiss, another denied Him with a curse. Then even His own Father abandoned Him and He had no consolation left.

Here is the mystery of all that suffering: Christ wanted it that way--so that He could atone for all who insult or abandon Him so that all men could see His great love and then would trust Him above all else--relatives, friends, possessions, health, even life!



**THE LITTLE BEACON** is a weekly publication  
for patients in the St. Cloud Hospital, St. Cloud,  
Minnesota