

CentraCare Health

DigitalCommons@CentraCare Health

---

Center Scan

---

4-1991

## Center Scan: April 1991

St. Cloud Hospital

Follow this and additional works at: <https://digitalcommons.centracare.com/center-scan>



Part of the [Organizational Communication Commons](#)

---

### Recommended Citation

St. Cloud Hospital, "Center Scan: April 1991" (1991). *Center Scan*. 21.  
<https://digitalcommons.centracare.com/center-scan/21>

This Newsletter is brought to you for free and open access by DigitalCommons@CentraCare Health. It has been accepted for inclusion in Center Scan by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact [schlepers@centracare.com](mailto:schlepers@centracare.com).

INSIDE THIS ISSUE:

|                                   |   |
|-----------------------------------|---|
| Krueger's Last Variety Night..... | 2 |
| Bicycle Helmets.....              | 2 |
| Recycling Awareness Mugs .....    | 2 |
| Stroke Rehabilitation.....        | 3 |
| EAP & Nutrition Clinic Moves..... | 3 |
| Thank You, Volunteers!.....       | 3 |
| Benefit WISE.....                 | 4 |
| New Management.....               | 4 |
| Promotions .....                  | 4 |

Published for the employees, medical staff and volunteers of Saint Cloud Hospital.

# center scan

## Benedictines Celebrate



Sister Loraine Bischof and Sister Victorine Houde handed out the popcorn as employees celebrated the Feast of St. Benedict with hospital Benedictines.

On March 21 Benedictines associated with the hospital invited employees to join them for popcorn, pop and a little socializing in the Riverfront Dining Room. March 21 marked the Feast of St. Benedict, so the occasion was fitting.

Table tents printed for the day provided the following list of Benedictines who work with SCH: S. Adelyne Imperatore, board of directors; S. Anrico Stang, volunteer; S. Beatrice Eiyneck, LPN, 3NW; S. Dolores Super, board of directors; S. Germaine Gagnon, R.N., hospice; S. Harvette Hockert, volunteer; S. Joyce Iten, chaplain, spiritual care & hospice; S. Kara Hennes, V.P., nursing & patient care; S. Linda Dusek, jr. accountant; S. Loraine Bischof, LPN, 6 South; S. Mary Ellen Machtemes, director, surgery/anesthesia; S. Mary Jude Meyer, volunteer; S. Miriam Ardolf, board of directors; S. Rita Budig, executive director, Saint Benedict's Center; S. Suzanne Helmin, volunteer; S. Victorine Houde, health data entry clerk, Father Roger Botz, manager, spiritual care.

"Through a corporate board, the Sisters of the Order

of St. Benedict oversee the hospital's direction, ensuring that the hospital continues its original mission and philosophy.

This guidance, which the Sisters share with the Diocese of St. Cloud, is known as sponsorship."

"Before all things and above all things, care must be taken of the sick, so that they will be served as if they were Christ in person: For he himself said, 'I was sick, and you visited me,' and 'what you did for one of these least ones, you did for me'."

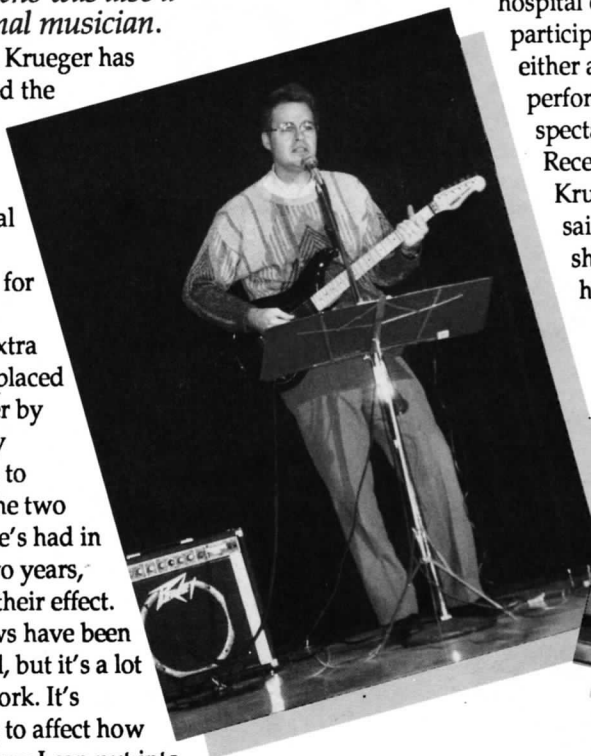
(Rule of Saint Benedict, Ch. 36.)

# Variety Puts Too Much In Coordinator's Life

**F**riday evening *Variety Nights* began in the mid 1970s, started by a patient who was also a professional musician.

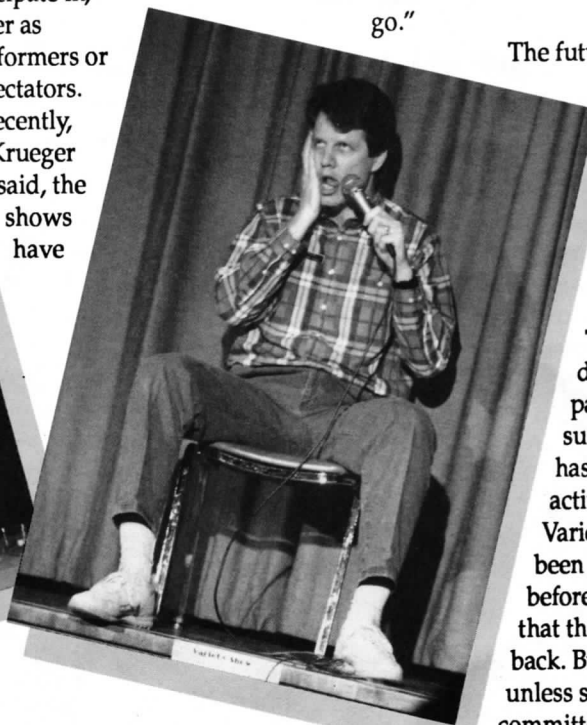
Kevin Krueger has coordinated the shows for the last five years, but his final show is scheduled for April 19.

The extra demands placed on Krueger by the Variety Night, not to mention the two children he's had in the last two years, have had their effect. "The shows have been going well, but it's a lot of extra work. It's beginning to affect how much energy I can put into my work with patients, and that has to be the priority," Krueger said.



Krueger is a recreation therapist. The Variety Nights were originally intended as something that recreation therapy patients as well as other people in the hospital community could participate in, either as performers or spectators. Recently, Krueger said, the shows have

become bigger because they have been promoted outside the hospital. "We've had nights with a lot of people in the audience, and some excellent performers on stage. We've even had talent from the Twin Cities. It's kind of a shame to let it go."



At one of the last Variety Nights planned by Kevin Krueger, the impresario himself performed a comedy routine based on Bill Cosby's dentist visit skit. Dr. Kirke Wheeler also performed, showing that his surgeon's hands have a light touch on the fret board.

The future of the shows remains uncertain, according to Dan Baumgartner, recreation department coordinator. The department's patient load is such that nobody has time for extra activities. "The Variety Nights have been through cycles before, so we hope that they can come back. But right now, unless some kind of committee comes forward to take it over, they have to end."

## Hospital Employees Play Safe

Following an enthusiastic response to the offer of low cost bicycle helmets, the hospital has decided to make extra purchases to satisfy employee demand.

Originally, the hospital and co-sponsor Minnesota Head Injury Association (MHIA) intended to make helmets available to K-4 students at Madison and Sts. Peter, Paul and Michael elementary schools. A purchase of 500 children's helmets and 100 adult helmets was planned, a quantity thought sufficient to satisfy demand at the two schools with a remaining supply for the hospital.

However, demand among employees was so high that additional quantities were purchased. At time of writing, it wasn't known if the additional purchase would be adequate, but Roger Oberg, vice president for marketing and planning, stated that if it wasn't, the hospital would buy more. "The bottom line on this whole deal is that we want our employees and their children to wear helmets, so we'll buy as many as we need to," he said.

## Get With The Program!

The week of April 22-26 look for the waste management and recycling booth in the Riverfront Dining Room.

Members of the waste management task team will staff the booth between 11 a.m. and 1 p.m. to provide information about the hospital's waste management and recycling programs. At other times printed material will be available.

On sale at the booth for \$1.50 each will be 12 oz. thermal, lidded mugs. These high quality mugs were manufactured in an environmentally responsible manner, without the use of chlorofluorocarbons, incorporating some recycled plastics.

Bring yours to Riverfront again and again to regain the initial cost of the mug through a nickel discount on your cup of coffee. Make a statement: get with the program, buy your mug on April 22!

# Approaches To Stroke Rehabilitation



**T**he St. Cloud Stroke Support Group held its 3rd annual spring conference in the hospital's Hoppe Auditorium, March 21.

The conference, which was sponsored by the rehabilitation center, attracted approximately 50 people. Speakers at the conference were, from left: Mae Goede, president; Virginia Stein, caregiver; Mary Kay Herzing, sufferer of head injury; Maureen

Beuning, group founder; Dr. Ken Ames, stroke survivor; Marilyn Ames, caregiver.

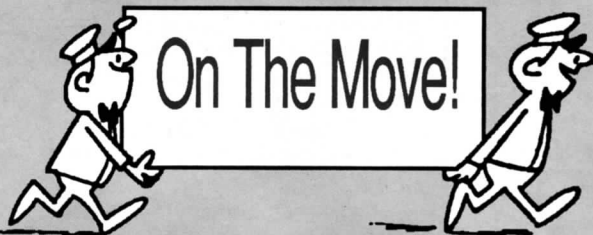
Membership in the group is composed mainly of stroke survivors and their family members. The primary goal of the group, Beuning said, is to help families through the lengthy, at-home recovery and rehabilitation that takes place after a stroke. When Beuning founded the group in 1976, it was only the second one of its kind in the state.

## EAP Moves To Counseling Center

As of April 3rd (if the move goes as planned) the Employee Assistance Program (EAP) will be located on the second floor in the Counseling Center. The EAP phone number will remain 255-5705.

The EAP is a confidential service, available free of charge to employees and their family members.

Matters of concern most often dealt with through the EAP include: family, marriage, concerns about children, alcohol or drugs, financial difficulties, work stress, emotional problems, and legal issues.



## Nutrition Clinic Move

The nutrition clinic (outpatient nutrition services) and its programs are moving to the Memorial Medical Building on 29th Avenue, which also houses the Mid-Minnesota Health Clinic.

Programs involved in the move include outpatient nutrition counseling, Optifast, and diabetes education services. Nutrition clinic clients will be seen at the new location starting on Tuesday, April 9. The new telephone number for the nutrition clinic will be 654-0826, effective April 8.

# Thank you, Volunteers!

This year Saint Cloud Hospital and countless other organizations celebrate National Volunteer Week April 22 - 28. The volunteer services department has adopted "Volunteers: One of Our Greatest Resources" as its theme.

As the celebration approaches, let's look back on a few of the many contributions volunteers made to the hospital during 1990:

- Volunteers provided service to 10,210 family members in the surgery lounge.
  - They brightened many patients' days by delivering 13,279 plants and floral arrangements.
  - Volunteer patient representatives made 5,779 visits to patients.
  - 1,040 babies enjoyed safe car-riding comfort thanks to the car seat rentals made available by the volunteers.
  - The volunteer telephone pioneers installed 95 Lifeline units.
  - And the nimble fingers of volunteers assembled and mailed a whopping 100 special projects for 18 different departments.
- In addition, several new programs were undertaken by volunteers including
- Friends of the Family where volunteers are available in the evenings to families of critical care, NICU, emergency and surgery patients.
  - Mended Hearts where volunteers provide support to cardiac surgery patients.

"Often times, the volunteers become an important link between the hospital staff, and patients and their families," said Barbara Brown, manager of volunteer services. "Volunteers provide extra services which reinforce our goal of making our patients' stay a positive one."

Last year, adult, junior, senior helping hands and hospice volunteers contributed an impressive 54,731 hours to Saint Cloud Hospital. *Thanks volunteers — you're truly "One of Our Greatest Resources!"*



# BENEFIT WISE

## Tax-Sheltered Annuity Programs

Saving for retirement and at the same time reducing taxes are two things that normally don't occur simultaneously.

However, based on current IRS regulations, Saint Cloud Hospital is able to offer a variety of tax-sheltered annuity (TSA) plans to employees which provide them with an opportunity to save money on a pre-tax basis (federal and state).

Other attractive features of the tax-sheltered annuity plan include:

- flexibility - employees can transfer invested monies between funds or redirect future deposits at any time at no cost

- liquidity - employees may borrow part of the money at any time without penalty to the IRS

- no front-end fees - 100 percent of deposits are invested at all times

An employee can contribute from 1 percent to, in some cases, 20 percent of pre-tax pay to a variety of investment funds which are selected by the employee based on his/her

current and desired financial position at retirement. All full-time and part-time employees are eligible to participate in the program.

Through association with H.C. Copeland and Associates, employees receive the necessary administrative services to assist them to develop a financial plan for the future and select the most appropriate investment vehicle. By using a specially designed computer program, Copeland can show employees the impact of their tax-deferred savings in a variety of different financial situations before the employee actually selects an investment amount.

Alan Cornelius, the Copeland representative for Saint Cloud Hospital, is available to meet with employees each Tuesday and Thursday from 9 a.m. to 4 p.m. in the Benefit Resource Center (5th floor), ext. 3625.

Appointments are recommended and employees should allot at least one half-hour to discuss their participation in the TSA program.

Any other questions about the TSA can be directed to Lola Brysz, ext. 3626, in employee benefits.

## New Management



**Charles (Chuck) Dooley**, has been promoted to manager of information services. Previously, Dooley was systems & program supervisor, information services.

## PROMOTIONS

**Gail Buermann**, food service aide, nutrition services, to cook.

**Janice Calvert**, sr. family counselor, Recovery Plus, to Recovery Plus family therapist.

**Sarah Christman**, medical technologist I, laboratory, to medical technologist II.

**Victor Dingmann**, lead storeroom clerk, stores & receiving, to buyer.

**Angela Huseth**, P.T. assistant, physical therapy, to sr. physical therapy assistant.

**Jacqueline Johnson**, Rec. Plus counselor, Recovery Plus, to Recovery Plus sr. counselor.

**Marlyss Keller**, Recovery Plus sr. counselor, Recovery Plus, to R.N. level II, 5 South.

**Janet Kramin**, food service aide, nutrition services, to baker.

**Cynthia Nikko**, radiology film coordinator, radiology, to sr. radiology film coordinator.

**Brenda O'Leary**, housekeeping aide, environmental services, to transcriber (trn) KDU.

**Lyn Oster**, graduate pharmacist, pharmacy, to staff pharmacist.

**Deanna Paulzine**, resp. therapist (non-reg.), resp., to registered respiratory therapist.

**Michael Rendle**, nursing assistant, float pool, to orderly, nursing support.

**Susan Seep**, Rec. Plus counselor, Recovery Plus, to Rec. Plus sr. counselor.

**Christine Sigler**, hospitality guide, admitting, to admitting clerk (trainee).

**Donna Terres**, escort/shuttle service, security & safety, to hospitality guide, admitting.

# center scan

April 1991 Volume 4, Number 4

*Center Scan* is published monthly by the public relations and development department. Any comments or questions should be addressed to the editor.

**VHA** Member of Voluntary Hospitals of America, Inc.

© 1991 Saint Cloud Hospital

PRINTED ON A RECYCLABLE PAPER

EDITOR: John L. Pepper

CONTRIBUTING WRITER:  
Lori Tiffany

DESIGN: Marla Elness

PHOTOGRAPHY:  
Joel Butkowski, P.R. staff

### PUBLICATIONS COMMITTEE MEMBERS:

Linda Abel, Home Care  
Jerry Carlson, Speech Pathology  
Paulette Como, Endoscopy Services  
Rosie Feneis, Information Services  
Lou Ann Garner, Volunteer Services  
Bernie Hylla, Nutrition Services  
Bev Moog, Laboratory  
Roger Oberg, Administration  
Marcia O'Konek, Surgery  
John Pepper, Public Relations  
Donna Perez, Social Services  
Barb Scheiber, Nursing  
Lori Tiffany, Public Relations  
Karen Trobec, Safety & Security