2014

Nursing Skin Integrity Guidelines: A New Approach to Skin Care

Kim Schuster  
*CentraCare Health, schusterk@centracare.com*

Amy Gorecki  
*CentraCare Health, goreckia@centracare.com*

Jennifer Burris  
*CentraCare Health, burrisj@centracare.com*

Follow this and additional works at: [http://digitalcommons.centracare.com/nursing_posters](http://digitalcommons.centracare.com/nursing_posters)

Part of the *Other Nursing Commons*

Recommended Citation

Schuster, Kim; Gorecki, Amy; and Burris, Jennifer, "Nursing Skin Integrity Guidelines: A New Approach to Skin Care" (2014). Nursing Posters, 29.  

This Book is brought to you for free and open access by the Posters and Scholarly Works at DigitalCommons@CentraCare Health. It has been accepted for inclusion in Nursing Posters by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact schlepers@centracare.com.
**Nursing Skin Integrity Guidelines:**
*Coming May 2014*

Kim Schuster RN CWOCN, Amy Gorecki RN CWOCN, Jennifer Burris RN CNS

### What is Nursing Skin Integrity Guidelines?
- **A nursing driven order to provide evidence based skin integrity interventions.**
- **Provides a streamlined process for immediate application of best practice interventions for identified skin impairments.**
- **The interventions can be implemented based on assessment findings and clinical judgment.**
- **Provides a guideline for consulting the WOC Nurse including: when wounds are not healing, all pressure ulcers, and ostomy needs.**

### Pressure Points = Pressure Ulcers

### Remember: Redistribute Pressure
- Turn every two hours
- Elevate heels
- Consider a Mattress Overlay
- Remove all tubes and lines from under the patient

### Which Guideline Do I Choose?

<table>
<thead>
<tr>
<th>Condition</th>
<th>Guideline</th>
<th>Suggested Interventions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incontinence</td>
<td>Select the Incontinence Guidelines</td>
<td>Suggested Interventions:</td>
</tr>
<tr>
<td>Reddened Folds</td>
<td>Select the Skin Folds Guidelines</td>
<td>Suggested Interventions:</td>
</tr>
<tr>
<td>Deep Tissue Injury or Stage 1</td>
<td>Select the Stage 1/Deep Tissue Injury Guideline</td>
<td>Suggested Interventions:</td>
</tr>
<tr>
<td>Stage 2</td>
<td>Select the Stage 2 or Abrasion Guideline</td>
<td>Suggested Interventions:</td>
</tr>
<tr>
<td>Stage 3, 4 or Unstageable</td>
<td>Select the Stage 3, 4, or Unstageable Guideline</td>
<td>Suggested Interventions:</td>
</tr>
<tr>
<td>Skin Tears</td>
<td>Select the Skin Tear Guideline</td>
<td>Suggested Interventions:</td>
</tr>
</tbody>
</table>

### How to Place the Order?

1. Select Manage Orders and Order Sets
2. Search Nursing Skin Integrity
3. Select the appropriate guideline
4. Sign the Nursing Order

### Where to Find the Interventions?
Each shift review Skin Integrity Orders that are listed within the Shift Report:

**Photos obtained from www.bing.com/images**