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Patient Care News

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### Patient Care News: March 2012

St. Cloud Hospital

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# Patient Care News

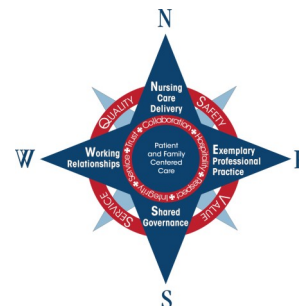
Volume 33, Issue 3  
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## Scholarship Applications

*Communications Department*

Scholarship application forms for high school seniors, St. Cloud Hospital employees and volunteers are now available on CentraNet under the Education Tab, in the brochure racks in the Education Department and by Riverfront Dining.

The application deadline for scholarships is to be postmarked by March 16, 2012. For further information please call Gail in the Education Department at ext 54684.



## Prisoner/Inmate: Plan for Care of Patients

*Submitted by: Bill Becker*

It is the responsibility of all hospital departments to notify hospital security personnel and administrative nursing supervisor when a patient under correctional authority is admitted or receiving care.

Correctional staff members with no clinical training or experience may become involved in activities that could support or hinder therapeutic goals for the patient. The hospital security officer orients and educates correctional officers on all shifts in the following areas:

- a. Standard precautions
- b. Procedures for responding to unusual clinical events and incidents.
- c. The hospital's channels for clinical and security communication; and
- d. The distinctions between correctional and clinical seclusion and restraint.
- e. This information is contained in the "Law Enforcement Intervention Guide" and presented to the correctional
- f. officer.

It is the responsibility of the attending correctional officer to notify hospital security personnel and hospital staff if there is any potential for violence (as known or anticipated by them). Please refer to the "Prisoner/Inmate" plan for care located on the CentraNet in the Safety Policy Manual.

## Upcoming Education & Professional Development

### March:

- |       |   |       |  |
|-------|---|-------|--|
| 1     | Basic Life Support Instructor Initial Course, 8:30am- 5:00pm, Skyview         | 23    | Cardiac Vascular Blended Nursing Certification Review, 7:45am-5:00pm, Windfeldt, Plaza |
| 6/7   | CCRN/PCCN Certification Review Course, 7:30am- 4:30 pm, Hughes Mathews, Plaza | 26/27 | CRRN Certification Review Course, 7:45am-4:45pm, Hughes Mathews, Plaza                 |
| 7     | NRP Course, 8:00am-12:00 pm, Oak Room   | 29/30 | OCN Oncology Certification Review Course, 7:30am-4:15pm, Hughes Mathews, Plaza         |
| 7     | Peds Conference, 7:30-4:30pm, Windfeldt, Plaza                                | 30    | PEARS Course, 8:30am-3:30pm, Skyview   |
| 5     | ACLS Initial Course, 7:30am-8:30pm, Windfeldt, Plaza                          | 30/31 | Healing Touch Program Certificate Level 1, 8:30am-                                     |
| 8     | NCI Initial Course, 11:30am-8:00pm, Spruce                                    |       |  |
| 13    | NCI Refresher Course, 8:30am-12:30pm or 1:00pm-5:00pm, Aspen                  |       |  |
| 14    | NRP Course, 10:00am-2:00pm, Birch Room  |       |  |
| 22/23 | Basic ECG, 8:00am-4:00pm, Orientation Classroom A                             |       |  |
| 23    | ACLS Refresher Course, 8:30am-5:00pm, Spruce                                  |       |  |

## Get Your Plate in Shape!

CentraCare Dietitians

March, National Nutrition Month,<sup>®</sup> is a time when the Academy of Nutrition and Dietetics (formerly the American Dietetic Association) reinforces the importance of making informed food choices and developing sound eating and physical activity habits. The theme for 2012, "Get Your Plate in Shape," supports the United States Department of Agriculture's *2010 Dietary Guidelines for Americans* and its new food icon, MyPlate, which reminds people to be more mindful of the foods they eat.

All 35 CentraCare Health System dietitians assess, counsel, educate and promote health and nutrition. Dietitians are located on every unit of our hospitals in St. Cloud, Melrose and Long Prairie as well as in CentraCare Clinic. Each dietitian is trained specifically for that specialty area.

- **CentraCare Diabetes Center/Nutrition Clinic (202-7759):** Provides American Diabetes Association standards related to diabetes self-management education for patients with type 1 and type 2 diabetes, gestational diabetes and pre-diabetes. Offers counseling to adult patients for various nutritional needs, including adult weight management, calorimeter testing, celiac disease, gastrointestinal conditions, hypoglycemia and nutrition support.
- **CentraCare Heart & Vascular Center (ext. 55706):** Promotes nutrition and lifestyle changes to improve heart health.
- **CentraCare Kidney Program:** Provides renal diet education to improve quality of life.
- **CentraCare Weight Management Center (240-2828):** Supports people with surgical and medical weight management options.
- **Coborn Cancer Center (ext. 71734):** Assists patients with nutrition therapy by providing education and counseling, preventing and correcting malnutrition and reducing nutrition-related side effects related to cancer treatment.
- **St. Cloud Hospital Behavioral Health Services (229-4918):** Offers nutrition counseling to help patients understand food function, manage symptoms, restore metabolism and normalize hunger and fullness feelings.
- **St. Cloud Hospital Child & Adolescent Specialty Center (654-3650 or ext. 71340):** Offers counseling to pediatric patients and their caregivers for various nutritional needs, including childhood obesity, food allergies, failure to thrive, nutrition support and general pediatric nutrition education.
- **CentraCare Dietitian Administrative Phone Line (ext. 52444):** Provides health system leadership with dietitian perspective on system projects and programs.



Registered dietitians...your resource for expert food and nutrition information.

# Clinical Ladder

Congratulations to the following for achieving and/or maintaining their Level IV and Level III Clinical Ladder

## LEVEL IV:

Maria Voigt, RN, MS Surgical Care  
 PI/ANPC Committee: Skin Audit  
 Epic & BCMA Super User  
 Ed Day Station: Chest Tube  
 Preceptor

## LEVEL III:

Sarah Teich, RN Surgical Care  
 Epic Super User Committee, Co-Chair  
 Presenter: Abdominal Surgeries  
 ROE Committee

Nova Schmitz, RN Surgical Care  
 Epic & BCMA Super User  
 Presenter: Neck Surgery Patient  
 Preceptor

Amy Junes, RN, MSN Family Birthing  
 Simulation of Hourly Rounding  
 Primary Preceptor  
 Clinical Nurse Practice

Desiree Fuecker, RN Perioperative Services  
 CNOR  
 Epic & BCMA Super User  
 PI Committee & Audit for Skin Integrity

Stella Scholl, RN PCS Float Pool  
 Primary Preceptor  
 Poster Presenter: Stroke Education  
 Ed Day Station: EKG Rhythm Station

Carol Steil, RN Intensive Care  
 CCRN  
 Evidence Based Practice Committee: Gastric Residuals  
 CEG: ICU Transition - Pisces/Epic

Naomi Kiscaden, RN Pediatrics  
 Pediatric & Neonatal Certified  
 Co-creator: Discharge Writer  
 Patient Satisfaction Committee

Lisa Nelson, RN Dialysis (Plaza)  
 Primary Preceptor  
 Poster Presenter: Fistulograms  
 ASCEND Lab - Super User

## LEVEL III (cont'd):

Jeanie Olson, RN Family Birthing Center  
 Epic Super User  
 VHA Boards: Non-Verbal Baby & Pulse Survey  
 TCAB: PACU Patient Flow

Terri Nicoski, RN Family Birthing Center  
 NCMN Certified  
 TCAB: The Wait is Over  
 Preceptor

Michelle Shaw, RN Perioperative Services  
 PI Audits: Infection Control and Defibrillator  
 Poster: EMTALA  
 Presenter: Surgical Site Classification

Janet Bearden, RN NICU/Pediatrics  
 PICU & CCRN Certified  
 Clinical Ladder Representative  
 Presenter: Staff Hourly Rounding

Emily Zempel, RN Medical 2  
 Med-Surg Certified  
 Co-presenter: Care of Cardiac Patient  
 Preceptor

Brenda Eveslage, RN Coborn Cancer Center  
 OCN  
 Preceptor  
 CBT: Implanted Port