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## Beacon Light: March 1959

St. Cloud Hospital

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# BEACON LIGHT

Volume X Number 7

SAINT CLOUD HOSPITAL

March, 1959



❖ CARE must  
be taken of  
the sick, that  
they be served  
in very truth  
as CHRIST  
is served ❖

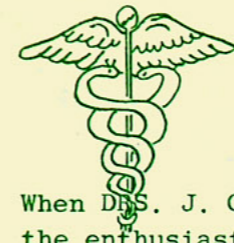
Chapter 36  
Holy Rule of  
St. Benedict

## SAINT BENEDICT

On the cover of the BEACON LIGHT this month we picture Saint Benedict whose feast day we celebrate on March 21. He is the "special" saint for all members of the Order of St. Benedict -- the religious order of the Sisters of the Saint Cloud Hospital. We also quote part of his Holy Rule, Chapter 36, "Care must be taken of the sick....." which Rule is one of the objectives of this hospital.

It is also a great feast day for the employees of the hospital because we are a part of the Benedictine Family. The "family spirit" is a marked characteristic of the Rule of St. Benedict. Another motto of St. Benedict is "Pray and Work" -- a fitting motto for all of us, no matter what our walk in life may be.

Let us pray to St. Benedict to continue his influence on the world as he has done over the past 1400 years. Let us thank him for the blessings he has bestowed on the hospital and the Sisters -- but let us also ask God to keep an ever-watchful eye on us so that together, Sisters, employees and students, we will exemplify the true family spirit that is laid down in the Rule of St. Benedict!



## MEDICAL STAFF

When DRS. J. O'KEEFE AND R. CESNIK heard the enthusiastic reports on the course in medical hypnosis that DRS. C. LUCKEMEYER, L. EVANS, and S. RAETZ attended at Marquette University in Milwaukee, they decided to "see for themselves" and spent a fascinating weekend in Kansas City doing just that.

DR. C. DONALDSON had an extra reason for attending the continuation course in Otolaryngology at the University in early January. His son, James, a resident in E.N.T., gave one of the papers.

Wherever there was sun--or almost, anywhere--one or other of our doctors was studying or resting. DR. and MRS. N. E. FIDELMAN found it in California. DR. and MRS. LOES attended the meeting of the California Medical Association in San Francisco and went on to Hawaii. DR. and MRS. RAETZ also enjoyed a vacation in the Hawaiian Islands.

Although the REIFS courted difficulty all along the way because of an airline strike, they had a pleasant vacation and doctor's deep tan is proof that the Mexican sun shone brightly. No doubt DR. and MRS. C. THURINGER will bring back further evidence of the same thing.

"The best meeting I ever attended," was DR. DAVIS' comment on the postgraduate course in endocrine-producing tumors that he and Mrs. Davis attended in New Orleans. The course was sponsored by the Louisiana Medical Society.

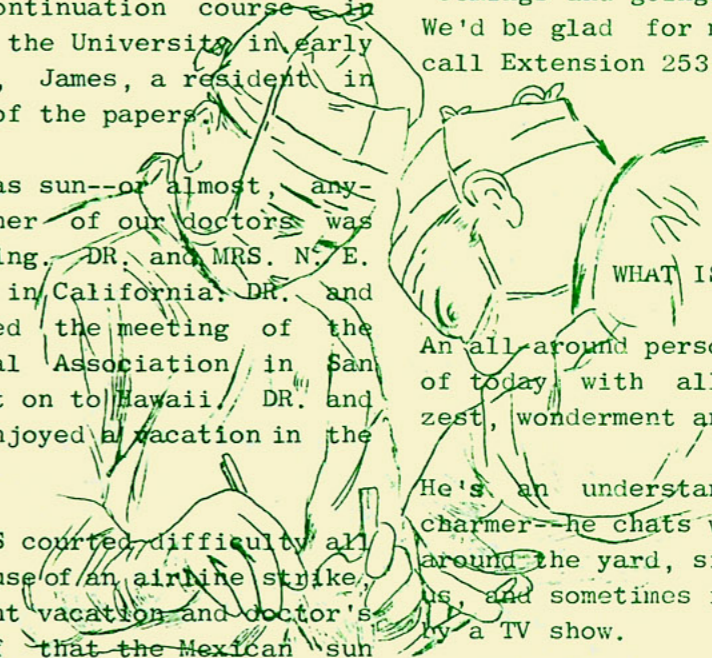
DR. and MRS. E. MILHAUPT journeyed to California where doctor attended a course in nasal plastic surgery -- a very strenuous course that left little time for sight-seeing.

DR. and MRS. L. EVANS are attending

Minnesota Mediclinics in Fort Lauderdale, Florida.

DR. F. BAUMGARTNER spent some time at the University of Minnesota attending a post-graduate course in the newest chemotherapy. DR. R. SALK plans to go there soon for lectures on "Trauma of the Hand". DR. H. BROKER is happily anticipating a trip to St. Louis for the national meeting of the American College of Surgeons.

We (the reporters) are quite sure that in three months there must have been more "comings and goings" than are given here. We'd be glad for more information. Just call Extension 253!



WHAT IS A DOCTOR?

An all-around person living in the world of today with all its speed, tensions, zest, wonderment and change.

He's an understanding husband, a baby charmer--he chats with neighbors, putters around the yard, sings in the men's chorus, and sometimes is lulled into lethargy by a TV show.

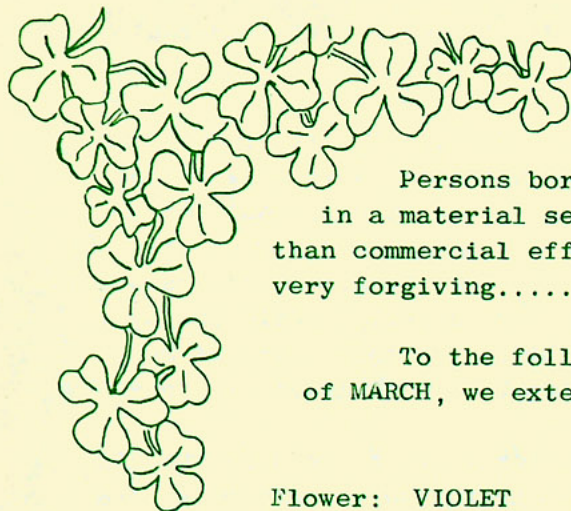
.....but from hour to hour of any day or night he may enter your life. Backing him up as a silent partner are all the facilities, services and technical skills of your hospital available on moment's notice.

--Reprinted

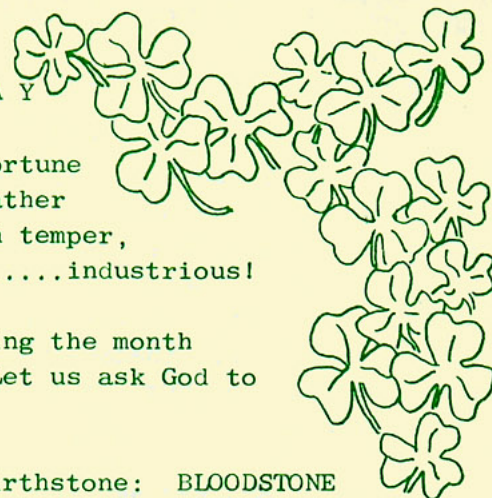
WE QUOTE:

KNOWLEDGE is what a person acquires AFTER he or she knows it all!

REMEMBER THAT "it is not so much the size of the dog in the fight that counts, but the size of the fight in the dog."



H A P P Y  
B I R T H D A Y



Persons born in March may acquire fortune  
in a material sense, but by creative, rather  
than commercial effort.....They are quick in temper,  
very forgiving.....prudent.....courageous.....industrious!

To the following employees born during the month  
of MARCH, we extend BIRTHDAY GREETINGS! Let us ask God to  
bless them!

Flower: VIOLET

Birthstone: BLOODSTONE

Janet Brinkman	Medical Secretary	Laboratory
Sharon Buckman	Nurse Aide	2 North
Sandra Juliar	Practical Nurse	2 South
Mary Terese Schweighofer	Nurse Aide	Float
Mrs. Delores Isaacson	LPN	4 South
Mrs. Alice Theisen	Dietary Aide	Bakery
Lucille Cielinski	Housekeeping Aide	2 North
Mrs. Regina Munsinger	Staff Nurse	4 North
Paul Becker	Elevator Operator	Maintenance Department
Arthur Hoffarth	Storeroom Manager	Purchasing Department
Mrs. Margaret Kiekow	Nurse Aide	4 North
Harry Knevel	Administrative Assistant	Purchasing Department
Anna Mae Christinsen	Dietary Aide	Main Kitchen
Mrs. Frances Schultenover	Nurse Supervisor	House
Betty Lou Dickhaus	Housekeeping Aide	4 North
Mrs. Janna Warren	Nurse Aide	Float
Mrs. Mary Schwartz	O. B. Technician	Delivery Room
Joan Schreiner	Housekeeping Aide	5 South
Eileen Stafford	Staff Nurse	5 North
Arlene Freecheck	LPN	Float
Marlene Reiter	X-Ray Technician	X-Ray Department
Val Hlebain	1st Class Engineer	Engineering Department
Patricia Deslauriers	Staff Nurse	Delivery Room
Kathleen Hageman	Department Aide	Operating Room
Leona Worm	Dietary Aide	Cafeteria
Mrs. Corrine Shay	Housekeeping Aide	2 South
Joan Grams	Dietary Aide	Main Kitchen
Mrs. Pauline Dingman	Relief Clerk	Business Office
Mrs. Carol Partch	Staff Nurse	2 South
Anton Ruf	Elevator Operator	Maintenance Department
Marjorie Knettel	Housekeeping Aide	1 South
Clara Brunner	Department Aide	Laundry
Rita Weihs	Head Nurse	4 North
Mrs. Marie Erkens	Department Aide	Laundry
Mrs. Regina Jordan	Housekeeping Aide	4 South
Rita Phillips	Dietary Aide	Cafeteria
Rosemary Nahan	LPN	5 North
Denis Schneider	Apprentice Engineer	Engineering Department



BIRTHDAYS (continued)

Joan Heider	Housekeeping Aide	Chaplains' Department
Marie Valerius	Clerical Aide	X-Ray Department
Mrs. Berta Hoeschen	Nurse Aide	5 South
Mrs. Mary Ann Athmann	Department Aide	Laundry
Mrs. Harriet Struzyk	Staff Nurse	2 North
Bernadette Eich	Housekeeping Aide	3 North
Louise Lucker	Housekeeping Aide	4th Floor
Mrs. Violet Wainright	Staff Nurse	4 North
Mrs. Evelyn Raiche	Staff Nurse	1 South

WELCOME

Heartfelt Sympathy

Mrs. Alexandra Strand  
Mrs. Rita Johnson  
Mrs. Rosemary Cook  
Kathleen Sauer  
Jeanette Schweighofer  
Mrs. Phyllis Dishaw  
Mrs. Mary Jane Lauerman  
Mrs. Yvonne Kremers  
Mrs. Margaret Vogelgesang  
Genevieve Maier  
Mildred Nordmann  
Melvin Midas  
Mrs. Henrietta Bach  
Janice Henkemeyer  
Mary Hill  
Jacob Maehren  
Rose Mary Kammers  
Mrs. Kathryn Boden  
Mrs. Janice Thelen  
Mrs. Ruth Roeder  
Judith Hilsgen  
Mary Ann Schramel  
Louise Lucken  
Sandra Juliar  
Janice Stelten  
Mrs. Marilyn Olmscheid  
Mrs. Verna Burns

Heartfelt sympathy is yours  
Today and each tomorrow --  
May it help to know that friendly  
thoughts  
Are with you in your sorrow:

MRS. PRISCILLA MOOSBRUGGER on the death  
of her husband, Ray Moosbrugger.....  
MRS. LIDWINA KRAY on the death of her  
mother, Mrs. Mary Hennen.....  
SISTER ANGELA on the death of her father,  
John Henry Dingman.



IF

If you were busy being kind  
Before you knew it, you would find  
You'd soon forget to think 'twas true  
That someone was unkind to you.

If you were being busy and glad,  
And cheering people who are sad,  
Although your heart might ache a bit,  
You'd soon forget to notice it.

began employment at our hospital during  
the month of February. We hope that they  
will spend many happy days with us!



LOST?

STRAYED?

TAKEN?

LOST? Maybe!

STRAYED? Hardly!

TAKEN? Most likely!

Yes, our emergency flashlights have a way of disappearing. Why? Only you can answer that question.

Flashlights have a purpose. We have them for you to use in an emergency. One individual taking a flashlight without returning it is jeopardizing the lives of his fellow employees, patients and visitors. Think! Which

is of more value? The flashlight for your own personal use or the life of every person within these hospital walls!

## SAFETY

To be SAFETY CONSCIOUS is the DUTY of EVERY person working in this hospital. Safety to patients, visitors, our fellow workers and ourselves is essential in the functioning of every hospital. There are many areas which could be treated -- this month we will concentrate on the dispensation of medications:

1. Identify the Medicine under a good light. Concentrate on what you are doing!
2. Never give medicine from an unmarked container.
3. Do not tamper with labels. Your "fix up" job may mean the death of a patient!
4. In the actual administration of a medication,



*When you identify medicine*

READ the label three times:

- a. When taking the medication from the shelf.
- b. Before measuring.
- c. When replacing the medication on the shelf.

KEEP LABELS CLEAN!

To identify the patient before the administration of the medication, address the patient by name and get a positive response. DO NOT ADMINISTERATE drugs which have been selected and measured by another person.

SAFETY -- FIRST AND ALWAYS!



NEVER GUESS!



FOLLOW DIRECTIONS --  
*When you give medicine*

FEAST OF ST. JOSEPH -- MARCH 19



JOSEPH

Joseph has strong arms, a strong grasp  
When strength is in demand.  
Not only is a child's soft hand protected  
In his brown massive hand,  
But he can hold up cities, hold up nations.  
Now in the season of weakness, season of search,  
He can poise on his shoulder like a child  
The ponderous age-old structure of the Church.  
There on his shoulder, there in the crotch  
of his arm,  
A church, a people held, a kingdom piled.  
And Joseph knows this strength grew great  
in him  
From lifting up a Child.

-- Jessica Powers



The BEACON LIGHT is a monthly publication for employees of the St. Cloud Hospital, St. Cloud, Minnesota

## MEETINGS

SISTERS GORETTI and CARMEN attended a conference on "The Evaluation of Nurse-Patient Relationships" on February 5 which was presented by the Minnesota League for Nursing at the Lutheran Brotherhood Building in Minneapolis.

An Institute on Clinical Dietetics at the University of Minnesota Center for Continuation Study was attended by SISTER COLLEEN on Feb. 5-6. Sister comments that it was an excellent institute; a good review of diet therapy and the discussion groups brought out suggestions on what others are doing with problems peculiar to our situations.

The Minnesota Institute for Hospital Administrators conducted by the University of Minnesota with the cooperation of the Minnesota Hospital Association and the American College of Hospital Administrators from February 16 through 20 at the Center for Continuation Study of the General Extension Division of the University of Minnesota, Minneapolis, was attended at various sessions by SISTERS JAMEEN, ROSALINDA, DELELLIS, AMARITA, LEO, GORETTI, LEONELLE and MR. HARRY KNEVEL and MRS. E. MERKLING. The discussions centered around General Administrative, Legal, Accounting, Nursing (Intensive Care), Personnel and Hospital Problems. It is through the attendance of Institutes such as these that our people are able to "keep up" with the "changing times" and acquire some knowledge of what "others" are doing in their respective departments.

SISTERS AMARITA and DELELLIS and MRS. E. MERKLING attended a meeting of the Minnesota Chapter of American Association of Hospital Accounts held at Mt. Sinai Hospital, Minneapolis on Feb. 26. The topics discussed were: Current Hospital Problems, Cash Receipts and Accounts Receivable, Cash Disbursements, Inventory Control Payroll and Personnel.

# AUXILIARY

During the month of February, members of the St. Cloud Hospital Women's Auxiliary attended two special lectures as part of their hospital orientation program. On February 4, Sister Jameen addressed the group on the objectives of the hospital--

- 1) To treat with sympathy, kindness and understanding all who are sick, realizing that sickness and hospitalization may be a new and trying experience for them;
- 2) To provide the patient with the best possible care exemplifying Christ's charity to all, regardless of race, color, creed or economic status;
- 3) To provide, the Medical staff with adequate facilities for the care of their patients; and
- 4) To improve, by educational activity, the practice of medicine and nursing service.

Mr. Knevel enlarged on the role of the auxiliary in the hospital as it reaches out to the community. As he explained the internal hospital organization, he brought out again the fact that the auxiliary is a community group, organized to bring to its members--and through the members to the community--a full knowledge of the hospital's services, the hospital's needs and an understanding of the entire hospital program. The auxiliary should stand ready to provide support to the hospital in its community relations, to bring the "plus" factors of volunteer service to the personnel and patients of the hospital and to open new financial resources to the hospital.

The following evening, February 5, Father Riley gave a lecture on "Professional Secrecy", stressing the inherent right of the patients to their privacy.

The department heads met with the volunteers after their regular monthly meeting to give their groups a departmental orientation. The first of the ladies actively engaged in the "in-service" program reported for duty in the easily recognized "cheery, cherry" red uniform on Monday, March 2.

Groups working outside of the hospital have been active for some time--the Favor Committee, making favors for the dietary trays for special occasions; the Toy-Making Group, making stuffed toys for the children in the Pediatric Department and the Ways and Means Committee, actively engaged in fund-raising projects to purchase equipment for the new Occupational Therapy Department.

It is anticipated that the services of the Auxiliary will prove invaluable to the hospital in the community.



Spring Arrives  
March 21

## NURSES' ALUMNA ASSOCIATION

The new officers of the Nurses' Alumnae Association for 1959 are as follows: President, Mrs. James C. Hennes; Vice President, Mrs. Roger Wocken; Secretary, Sister Paul, OSB; Treasurer, Miss Agatha Schoenberger.

The regular monthly meeting of the Nurses' Alumnae Association was held March 3, at the Nurses' Home. After the business meeting and some discussion, Father Berthold Ricker, O.S.B. from St. Augustine's Parish, spoke to the group. A "Lenten Lunch" of coffee was served by hostesses, Mrs. Larry Donlin, Mrs. Roman Eickhoff and Mrs. Claud Pryzbylla.

The next meeting will be April 7. PLAN NOW TO COME!

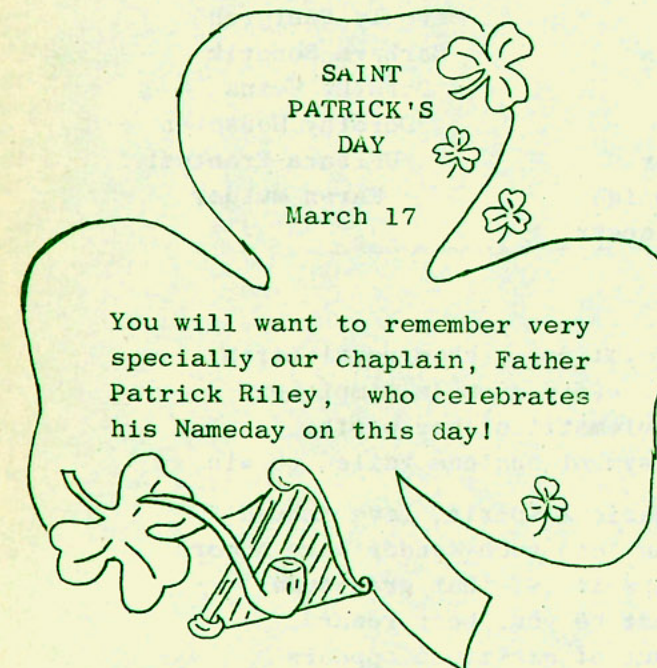
## FOR WOMEN ONLY

We were pleased at the number of you who responded to our February 18 invitation to hear Rev. Father Lawrence Murtagh speak on the "Apostolate of Women in Our World Today." From the comments we heard we have reason to believe you found Father both profitable and interesting.

We hope to have the opportunity to invite all of you to similar projects in the months to come. We have tentative plans for: 1) an excellent speaker in March, 2) A Bakery Bingo in April, 3) An Evening of Recollection in May. Watch the BEACON LIGHT and Bulletin Boards for more about these events.

May we hope to see you again at each of these occasions? Bring your co-workers! This is a hearty WELCOME TO ALL WOMEN!

--Program Committee, DCCN

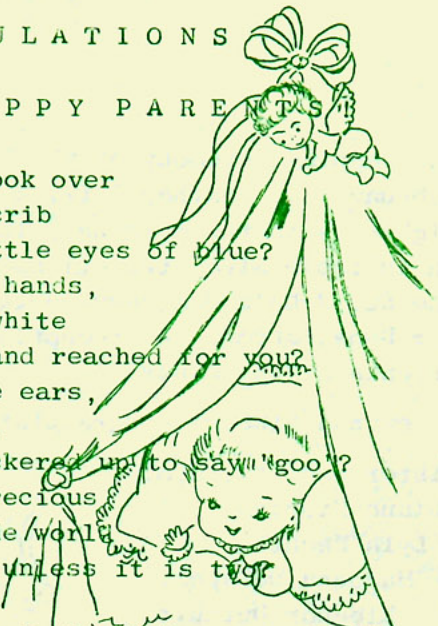


You will want to remember very specially our chaplain, Father Patrick Riley, who celebrates his Nameday on this day!

## CONGRATULATIONS

TO THE HAPPY PARENTS

Did you ever look over  
The side of a crib  
And see two little eyes of blue?  
And two little hands,  
So chubby and white  
That wriggled and reached for you?  
Two cute little ears,  
So tiny a nose,  
And a mouth puckered up to say "goo"?  
What is more precious  
In all this wide world  
Than a baby.... unless it is *your*!



DR. and MRS. E. J. LA FOND were made happy on the arrival of a little girl.....

The following former employees and alumnae also welcomes new babies in their homes:

- Mrs. Richard Kloepfner (Marion Kieke)
- Mrs. Charles Herman (Ferne Mattson)
- Mrs. Ernest Hule (Irma Kapphahn)
- Mrs. Jerome Sauer (Irma Rohling)
- Mrs. Roman Zenner (Evelyn Hill)
- Mrs. Herbert Berscheid (Evelyn Vouk)
- Mrs. Donald Klein (Kathryn Woebkenberg)

## NOTICE



TO: ALUMNAE MEMBERS OF THE ST. CLOUD HOSPITAL SCHOOL OF NURSING

We urge you to support the NAA by turning in your \$2.00 membership dues before the end of March. Please address letter to: Treasurer of Alumnae Association, St. Cloud Hospital.

This will be the LAST issue of the BEACON LIGHT you will receive if your dues are not taken care of!

## Capping

The capping ceremony of the St. Cloud Hospital School of Nursing took place on Sunday, February 22. Father Patrick Riley, hospital chaplain, was celebrant and speaker at a High Mass in the morning. In the afternoon sixty-seven student nurses received caps in an impressive traditional ceremony at Holy Angels' Church. Father Paul Zylla of the St. John's Seminary delivered the address and Father John Laky was the celebrant for Benediction. A reception followed at the Nurses' Home for the relatives and friends of the class.

We extend sincere congratulations to the following Freshmen who were capped:

Sister Jacinta, O.S.B.	Bernadette Weitalla	Kathleen Malone
Diane Fiorine	Patricia Reis	JoAnn Nelson
Lyla Hechtl	Marlene Kolles	Judith Roers
Madonna Delage	Mary Jane Sandkamp	Marilyn VanKleek
Eleanor Dufault	Arline Stommes	Joan Schoenberg
Renee Wolf	Grace Matrak	Kathryn Schoenecker
Marie Backes	Patricia Barrett	Nancy Winskowski
Sandra Baraga	Helen Broas	Karen Wolters
Gloria Fern	Ruth Boedigheimer	Carol Mick
Judith Hiniker	Carol Froehle	Mary Lou Dynan
Pauline Riepe	Marlene Stangl	Judith Johnson
Phyllis Olsrud	Marita Welanders	Theresa Torborg
Arleen Dufault	Patricia Vessel	Judy Worms
Carol Hassing	Carol Eisenschenk	Mary Ann Brewers
Rita Schmainda	Geraldine Rosenberger	Justine Kampa
Marie Pilles	Mary Ann Gottwalt	Janet Held
Karen Schlundt	Nancy Bieter	Beverly Dahlgren
Judith DeLong	Mary Lou Silvers	Barbara Sobotik
Mary Alice Busch	Sheila Toner	Dorothy Heins
Mary Kay Popp	Rita Trettel	Dorothy Hoeschen
Bernadine DesMarais	Renita Ricker	Barbara Frantesl
Donna Hanneman	Cecilia Blonigen	Karen Mulder
	Mary Ann Langer	

## THE CAP

That cap the nurse on duty wears  
Is costlier than the bonnets gay  
Worn by the wives of millionaires  
Regardless of the price they pay.  
'Tis something she herself can make,  
A bit of linen, trimmed and turned  
The right to it (for mercy's sake)  
Was with three years of training  
earned.

That uniform of spotless white  
Was costlier than a lady's gown,  
'Twas bought with care by day and night  
For those with illness stricken down.

The royal robes show royal birth  
But every nurse's simple pin  
Is emblematic of her worth;  
A symbol she has toiled to win.

Oh gracious spirit, love imbued,  
That can such tender care accord,  
Perhaps it is, that gratitude  
Must be your best reward.  
Now out of gratitude appears  
This tribute, done in simple verse  
Unto the dedicated years  
Of all who choose to be a nurse.

-- Edgar A. Guest

## From the Vine

Through the cooperation of reporters who have been appointed in the various departments of the hospital, we hope to be able to bring you a few more items of interest which we may otherwise miss during the month --

FROM O.R.....

Very welcome to the O.R. Staff are two "Old-Timers" back as part-timers to help out while one of our nurses is on leave of absence. These two are Mrs. Yvonne Kremers and Mrs. Mary Jane Lauerman who are taking turns either helping in the O.R. or baby-sitting for each other.

An added attraction, or distraction, are our morning eye-openers. These are cheery little phrases which are posted on our schedule-board daily. For example: "Come in, we were expecting you---everything is going wrong today!".....Not true, of course, but it has an effect!

FROM NURSING SERVICE.....

Miss Irma Johnson, R.N. resigned from her position of Head Nurse on 1 South on February 16. She leaves for Nome, Alaska the middle of March to continue in nursing in the 49th state.

Six of our "new" graduates flew down to St. Louis for four days on the weekend of Feb. 14-15: Misses A. Schoenberger, J. Bavier, A. Lenzmeier, E. Caspers, D. Birhanzel, P. Deslauriers, to visit classmates of theirs who are studying at St. Louis University: Misses J. Schaefer, J. Whitehead, M. A. Schmitt, and, of course, Sister Marion.

X-RAY REPORTS.....

Not to be outdone by the new colors spring will give to the world outdoors, the painters have been doing their best at changing a few colors on the walls on 6th floor. The X-Ray Department will be noticing the biggest difference. Almost all the rooms will have a complete new color scheme and we dare say they are bright and cheerful. You may have already noticed the blues and reds in the halls but don't stop there; give us a few more weeks' time and then

take a "gander" at the whole department. We promise you a delightful treat.

FROM THE DIETARY DEPARTMENT.....

Helen Bauer became Mrs. Eugene Spicer on February 7. Joan Lucken Bauer, former Diet Kitchen employee, was among the attendants. The entire bridal party visited here.....do you know that Mrs. Matha Bauer, supervisor in the patient's dish room, is Helen's mother?

THE SCHOOL OF NURSING REPORTS.....

Sister Maureen, Head of the Occupational Therapy Department was the guest speaker at a Faculty In-Service Meeting. Sister discussed the objectives and functions of the O. T. department.

The Stearns-Benton County Medical Auxiliary sponsored a Recruitment Tea in the School of Nursing. 160 interested students from the nearby high schools attended the tea and program. The Students of the Minnesota Nursing Student Association presented a panel discussion on nursing, as a part of the afternoon's activities.

Sister Cassian, Ellen Nelles and Marlene Mach, two Junior students and members of the Minnesota Nursing Student Association, were guest speakers at a Career Day at Technical High School.

A two-day retreat was started on Tuesday evening, Feb. 24, in the chapel of the Nurses' Home for the Junior and Senior students. Father Lancelot Atsch, O.S.B. of St. John's was the retreat master.

GIVE US YOUR VIEWS: If you enjoy this column, let us know...this is YOUR paper, and we hope to make it as interesting and worthwhile as possible to you!!

## SAINT PATRICK -- APOSTLE OF IRELAND

When St. Patrick was a young lad he was captured by pirates and carried as a slave from Scotland to Ireland. He was 22 when an angel appeared and told him to run away westward. A ship carried him across the sea back to Scotland.....He stayed only long enough to visit his parents and friends, then went on to France to become a priest.

The Druids were very angry when, some years later, the former slave returned as an Apostle. They begged the Irish king to condemn Patrick. On Easter Eve when King Leoghaire had commanded all fires in Ireland to be put out until he lit the signal blaze at the castle, every one obeyed but Patrick. On the hill of Slane the saint had kindled the Paschal fire.

The king was angry and sent the Druids to put the fire out. The pagan priests rushed down into the valley and up the hill of Slane. They poured water, dirt and stones



on the fire which symbolized the light of Christ. But the more they tried, the brighter the fire burned.

The next day St. Patrick pleaded for the true faith before King Leoghaire.

The Druids challenged the saint to many trials. By the power of God, Patrick subdued them time after time.

Then the King admitted the saint's power was great, but said he could not understand the doctrine -- especially that of the Blessed Trinity.

St. Patrick plucked from the ground a green shamrock and used it to show One God and Three Persons, pointing out the three leaves bound in unity by the stem.

The Apostle was given permission by the king to preach the Faith in Ireland. He established the Church on lasting foundations throughout the country.



SHURE AND BEGORRA 'TIS AN ANNOUNCEMENT WE HAVE:

The newly remodeled Physical Therapy and the new Occupational Therapy Department announce "Open House" for all employees and friends on St. Patrick's Day, March 17!!!!

Sister Maureen Mulcahy, OTR  
Emmet Patrick Shaughnessy, PT