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Patient Care News: August 2012

St. Cloud Hospital

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Daisy Award Honoree

Juli Sanner, RN at the Coborn Cancer Center/Breast Center. Comments included in nominations: If I were a cancer patient, survivor or family member, I would want Juli working with me and my family. The comfort and strength she imparts is genuine and from the heart. Juli is a resource for patients, families, nurses, physicians, therapists, social workers and other professionals. Juli not only is a role model with patient advocacy, she is a shining example of a professional nurse. As a fellow nurse, it is exciting to see how she has created a professional role that is essential to the holistic care of patients.



I was diagnosed with breast cancer in February 2009 - Julie was there every step of the way for me. She showed so much compassion! She was there when I just needed to call someone with all the questions I had. At every support group, Juli is there to guide all of us with all her wisdom and knowledge even though we have a different story. Juli is a wonderful kind to heart person who has great compassion for all she meets. Juli's title is Breast Cancer Care Coordinator, but to those of us who have been diagnosed with breast cancer, that title means very little – to us she is our "personal angel."



Juli is a dedicated nurse and an extremely kind individual. She is a valuable resource for the Breast Cancer Support Group members. She is our link to the oncologists for many of our questions. She has a very high sense of integrity and offers us services that are second to none.

A SCH DAISY nurse demonstrates compassion and clinical excellence for his/her patients and families using patient and family centered principles and is an outstanding example of the core values of SCH through their daily work.

Throughout the year, St. Cloud Hospital (SCH) employees, Medical Staff, patients and their families can nominate a nurse for the DAISY Award. SCH LPNs, RNs, and APRNs working in designated care centers or employed by SCH are eligible for the award. To nominate a nurse or learn more about the DAISY award, go to CentraNet/Recognition/DAISY Award, download a form, fill it out and send to Brenda Ackerman in Administration. For questions about the DAISY award, please call ext. 57103.

Upcoming Education & Professional Development

August:

- 6 PALS Refresher, 12:00pm-8:30pm, Hughes Mathews, Plaza
- 7 Completing the Circle: Spiritual Integration, 8:30am-2:45pm, Windfeldt, Plaza
- 8 NRP Course, 2:00pm-6:00pm, Oak
- 8/9 ONS Chemotherapy & Biotherapy Course, Hughes Mathews, Plaza
- 3 ACLS Refresher Course, 8:00am-4:30pm, Spruce
- 14 NCI Initial Course, 8:00am-4:30pm, Aspen
- 17 PEARS Course, 8:30am-3:30pm, Skyview
- 22 Living With Grief: End-of-Life Ethics, 12:30pm-5:00pm, Windfeldt, Plaza
- 23 NCI Initial Course, 7:30am-4:00pm, Windfeldt, Plaza
- 23/24 Basic ECG Course, 8:00am-4:00pm, Skyview
- 28 13th Annual Neuroscience Conference, 8:00am-4:15pm, Windfeldt, Plaza
- 29 NRP Course, 8:00am-12:00pm or 1:00pm-5:00pm, Oak
- 29 NCI Initial Course, 12:30pm-9:00pm, Windfeldt, Plaza
- 30 NCI Refresher Course, 8:00am-12:00pm or 12:30-4:00pm, Aspen



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First Choice PTO Planning Calendars

Submitted by: Terri Krause, Coordinator for Staffing/Scheduling
Patient Care Support

The First Choice PTO Process will open up to staff starting Tuesday, September 4, 2012.

All skill levels will be divided into tiers A, B, C and D and will be given a specific timeframe for submitting their requests starting with our most senior staff in tier A. Each staff member will receive an e-mail with their tier designation along with details on how and when to submit your First Choice PTO requests.

The timeline is listed below for your convenience:

- The schedule views starting with January 6, 2013 through January 4, 2014 will be open via Web Scheduler for staff to select their First Choice PTO starting Tuesday, September 4.
Important - Please Note: Your scheduled weekend shift rotations (A, P, D, E or N, etc.) may be adjusted to a different shift rotation at a future date based on unit needs and/or adjustments to be made for holidays, LOA's etc.
- All units will be use a tier group process for submitting requests utilizing Web Scheduler. You will receive an e-mail from your Scheduling Associate indicating your tier group assignment and detailed instructions for submitting your requests on or before August 31st.
- Approvals and/or denials will be communicated via web scheduler by the date indicated in your instruction email.
- Requests for Additional PTO will be accepted from all staff starting Tuesday, November 6. These requests will be granted on a first-come, first-served basis. Seniority is not a factor unless more than one request is received on the same day for the same time period.

Keep the following items in mind when selecting your PTO Requests:

- In order to receive pre-approval for your request, you must be selecting a minimum of a 7-day stretch of time off and the PTO hours needed to cover this request must be equal to half of your hired hours.
- During prime-time months of June, July and August, you are limited to a two-week block of time for your selection.
- Check your eligibility within the policy guidelines when selecting a "weekend only". "Weekend only" is never granted for holiday weekends or weekends on either side of the holiday, especially for weekends on either side of Christmas, New Years and the 4th of July. Keep in mind that during First Choice PTO, a "weekend only" will not be granted if it would result in "bumping" someone from taking a 2-week (or more) stretch of PTO.
- You need to make sure you will have the adequate number of PTO hours needed for your requested time off. If at the time of schedule development the entire amount of PTO hours needed to cover your request are not available in your PTO bank, your time off will not be scheduled.

Please click on the following hyperlink for further clarification of PTO/holiday time off:

- [Staffing/Scheduling: PTO, Scheduled and Unscheduled, Guidelines Patient Care Areas](#) policy. (This policy was recently revised and approved by Resource Management Committee.)

Also refer to your Unit Specific Scheduling Guidelines for any further clarification to these guidelines.

Foley Catheter Drainage and Proper Bag Positioning to Prevent Infections

Written by: Patricia Dumonceaux, RN,BSN and Ellen Simonson, RN, CIC

After considering the appropriateness of a Foley catheter and inserting the catheter aseptically, it is important to ensure urine cannot backflow into the patient's bladder that could place a patient at risk for a catheter associated urinary tract infection (CAUTI).

When caring for or transporting patients with a Foley Catheter, here are a few quick tips to help prevent your patient from developing a CAUTI:

- Position the collecting device lower than the patient's bladder at all times. When transporting patients, do not place the collecting device on the bed/cart. Properly hang the collection device from the bed or lower than the bladder.
- Keep the catheter and tubing free from looping or kinking, maintaining free flow of urine from the bladder to collection device.
- Secure catheter tubing to the sheets or position over patient's leg to assure urine can flow freely to collecting device.
- Prior to patient transfers, drain any urine in the tubing into the collection device to prevent urine from flowing back into the patient.

For illustrations or more information on Foley catheter drainage and bag positioning, please visit the following web-site supplied by BARD Medical: <http://www.bardmedical.com/Resources/Products/Documents/Brochures/Urology/FoleyLetGravityDoitsJob.Urine%20Drainage%20Gravity.pdf>

References:

BARD Medical. (2010). *Foley Care and Catheterization Video*. Retrieved from http://www.takeeveryprecaution.com/catheter_video.html

Centers for Disease Control and Prevention. (2009). *Guideline for prevention of catheter-associated urinary tract infections*. Retrieved from <http://www.cdc.gov/hicpac/pdf/CAUTI/CAUTIguideline2009final.pdf>

Physician Order Sets

Submitted by: Diane Gustafson, Specialist, Medical Staff

The St. Cloud Hospital has nearly 500 existing physician order sets in Epic. There is also a corresponding paper version of each order set for Epic downtime and educational purposes. The paper (downtime) versions can be found on CentraNet under the Patient Care tab or the Medical Staff tab. The order sets are listed and attached under the corresponding department. This is the link to the physician order sets on CentraNet: http://centranet/medstaff/standing_preprinted_orders/index_order_emerg_prot.htm

The paper order sets can be printed and utilized in an Epic downtime situation. It is the responsibility of the Patient Care Units to make sure that no outdated paper versions are on the units. The Medical Staff Office encourages no stock piling of paper (downtime) order sets. Currently, the Nursing Supervisors Office maintains a binder of all the latest versions of paper (downtime) order sets.



Clinical Ladder

Congratulations to the following RNs for achieving and/or maintaining their Level IV and Level III Clinical Ladder Status:

LEVEL IV

Kristin Gjerset Children's Center

Certified Neonatal Intensive Care
Presenter: Air to Ground Transport
Policy Revision: Thermoregulation & Kangaroo Care
Clinical Practice Council

LEVEL III

Connie Ness Patient Care Support

Epic Super User
YES Committee
Posters: 2 Sets in 2 hours & Conflict to Collaboration

Donna Gregory Oncology

Oncology Certified
PI Committee: Fall Safety Audit
Apollo Relay for Life

Deb Burch Children's Center

Certified Neonatal Intensive Care
Presenter: NRP
NICU Core

Alice Schneider Family Birthing

Certified Lactation and Neonatal Care
Presenter: Fetal Heart Monitoring
Maternity Care Task Force

Jennifer Klick Children's Center

Certified Neonatal Intensive Care
Primary preceptor
Facilitator: Asthma Camp

Karen Bandar Center for Surgical Care

Camp Bee Well
Chair: Perioperative Practice Committee
Education day: Policy Finding Game

LEVEL III (cont'd)

Kristine Kobienia Children's Center

Certified Low Risk Neonatal and Neonatal
Intensive Care
March of Dimes Walk
NICU Core

Carrie Rehborg Surgical Care

Secondary Preceptor
Presenter: Chest Tube Insertion
PI Committee

Joyce Salzer Adult Mental Health

Certified in Psychiatric Nursing
BCMA & EPIC Super User
Presenter: Compass Professional Nursing Model



Happy Summer!