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Patient Education Barriers

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Introduction

Our survey answers corresponded closely to the research data found. The typical barriers included, time, subject knowledge, patient education needs assessment, setting for teaching and nursing teaching skills were cited as the most common barriers.

Research Problem/Question

What are the barriers to Patient Education?

Methodology

- Initially we focused on Knowledge of RN teaching patient education on four specific topics.
- We also added a comment question, "What hinders you in providing patient education to patients and their families?"
- Literature research on patient education
- From answers to survey comment question and literature research, we refocused our research to Barriers to Patient Education

Analysis/Results

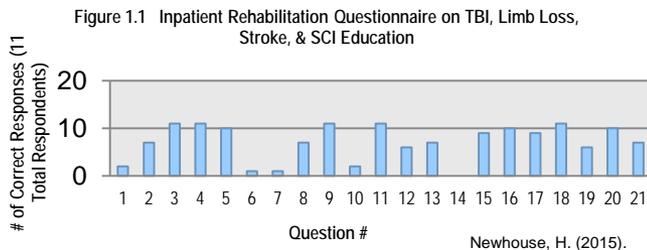
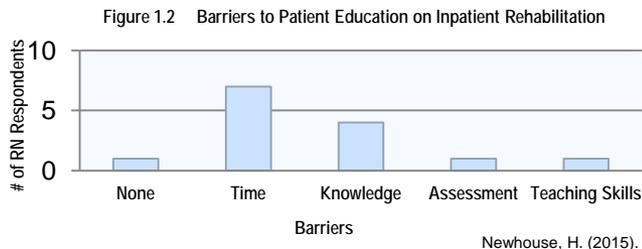


Figure 1.1. Results of a questionnaire on RN knowledge of diagnose specific education in four categories. Overall the nurses that participated got a 54.2% (median). The highest scored 17/21 and the lowest scored 9/21. The mode was 14/21. The areas that we struggled the most were Spinal Cord Injury, Limb Loss and Traumatic Brain Injury. Stroke was the area that we did the best!

Newhouse, H. & Schomer, M. (2015)

Figure 1.2. Results of comment question on survey: What hinders you in providing patient education to patients and their families. Shows that time and subject knowledge are the two top barriers to patient education.

Newhouse, H. & Schomer, M. (2015)



Conclusions/Implications

- The goal is to provide patients and their families with up to date and accurate education. (Bastable, 2006).
- Patient education is an essential process of providing health care and providing patients with the knowledge to make informed decisions about their health. (Close, 1988).
- Close (1988) wrote that barriers were found that hindered effective patient education. Some of these were, nurse knowledge of subject matter, patient needs assessment, lack of teaching skills, and time.
- Further study will be under taken in order to address the barriers more closely.
- The goal over the next year will be to address these barriers and provide nurses with the knowledge and skills to provide quality patient education
- A poster is in the works to help address some teaching techniques that nurses can use to provide good quality patient education.

References

Bastable, S.B., (2006). Overview of Education in Health Care. *Essentials of Patient Education* (pp.4-18)

Close, A. (1988). Patient education: A literature review. *Journal of Advanced Nursing*, 13(2), 203-213. Retrieved from <http://eds.a.eboschost.com/login.aspx?direct=true&db=c8h&AN=198877277&site=eds-live>

Newhouse, H. & Schomer, M. (2015). [Diagnose Specific Education Survey]. Unpublished raw data.

Newhouse, H. (2015). [Figure 1.1 & Figure 1.2.] Unpublished raw data.