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St. Cloud Hospital

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Patient Care News

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BLS and ACLS Protocol Changes

*Melissa Fradette, RN
Intensive Care Unit*

Recently, the American Heart Association has made changes in their BLS and ACLS protocols based on recommendations for successful resuscitation of patients. The hospital protocols regarding cardiopulmonary resuscitation of adults and pediatrics have been changed to reflect these changes. Physicians and members of the code team will be updated regarding the changes. Immediate, high quality CPR is proven to be the most effective intervention for the survival of patients suffering from a cardiac arrest.

The following is a list of the changes in basic life support and response after finding a patient unresponsive:

- Establishing unresponsiveness; is the patient not breathing or is breathing inadequate?
- The sequence of interventions are now CAB; compressions, airway, breathing.
- Check for a pulse; if pulse is absent or cannot be obtained within 10 seconds then start chest compressions and call a code blue.
- Compressions should be done at a rate of at least 100/min. At the depth of at least 2 inches for adults, 2 inches for children, and 1.5 inches for infants.
- After an initial cycle of compressions (30 compressions) the patient's airway should be opened and ventilation provided.
- Chest compressions should not be stopped as an AED is being attached to the patient and only stopped for the rhythm to be analyzed.

Thank you for all you do for enhancing the lives of the patients and families you care for on a daily basis. Your hard work and dedication is appreciated.

Clinical Ladder

Congratulations to the following individuals for achieving/maintaining their Clinical Ladder status.

Level III

Angela Adamek, RN Neurosciences/Spine

- Barcode Medication Administration Super User
- Presenter: Stroke Awareness
- Primary Preceptor

Cindy Emerson, RNC Pediatric Short Stay

- Certified Pediatric Nurse
- Patient Safety PI Audit
- Primary Preceptor

Jolene Holmgren, RN Surgical Care

- Barcode Medication Administration Super User
- Patient Safety PI Audit
- SCRUBS Committee Member

Angela Moscho, RNC, BSN Bone & Joint

- Bone & Joint Class Instructor
- Ortho Workshop Planning Committee
- Primary Preceptor

Terri Nicoski, RN Family Birthing

- Education Day Instructor
- Evidence Based Project: Obstetric Newborn Care Standard
- Clinical Ladder Committee Member

Mary Sand, RN, CCRN Intensive Care

- Education Day Instructor: Pacer & Code Blue
- Presenter: Cardiac Arrhythmias
- Core Group Leader

Michelle Shaw, RN Perioperative Svcs

- Planning Committee: Perioperative Education Workshop
- Primary Preceptor
- Donor Focus Group

Carol Steil, RN, CCRN Intensive Care

- Education Day Presenter: Pacers
- Barcode Medication Administration Super User
- Clinical Documentation CEG

Sarah Teich, RN, BSN Surgical Care

- ROE
- Super User Committee
- Education Presenter

Deb Thompson, RN, CNOR Perioperative Svcs

- CBT: Countdown Module & Exam
- Fire Risk Assessment Committee
- ROE

Maria Voigt, RNC, BSN Surgical Care

- Medical-Surgical Certified Nurse
- Performance Improvement Auditor
- Preceptor

Amy White, RN, CCRN Intensive Care

- Chair: Evidence Based Palliative Care Project
- Planning Committee: ACCN Workshops
- Revision of ICU Nursing Scope and Standard

April Educational & Professional Developmental Programs:

- 1 Health Care Sustainability and the Nurse's Role: What is it and why does it matter? 8:00 am – 5:30 pm, College of Saint Benedict Gorecki Conference Center
- 4 National Nursing Practice Network Lunch 'n Learn: Needs Assessment, 12:00 pm – 1:00 pm, South Building Conference Room, St. Cloud Hospital
- 5 NRP Online/Megacode, 9:00am-10:30am, Oak Room, St. Cloud Hospital
- 5 Perioperative Care Conference, all day, Windfeldt Room, CentraCare Health Plaza
- 6 Medical Nursing Conference, all day, Windfeldt Room, CentraCare Health Plaza
- 7 EPIC Renew, 8:00 am, 2:00pm, or 4:15 pm, Cedar Room, St. Cloud Hospital
- 7/8 Cardiac Vascular Certification Preparation Course, all day, CentraCare Health Plaza
- 14 WCC Lunch & Learn Sessions – Safe Place for Newborns - What if someone hands me a baby for “safe place”?, 12:00 pm – 1:00 pm, WCC Classroom, St. Cloud Hospital
- 14 Surgical & Intensive Care Conference, 7:30 am – 3:30 pm, Windfeldt Room, CentraCare Health Plaza
- 19 Nursing Research Brown Bag Session: Journal Clubs, 8:00 – 9:00 am, Hoppe Auditorium
- 20 ENPC Refresher Course 8:00am-5:00pm, St Cloud Hospital Conference Room
- 21 EPIC Renew, 8:00 am, 2:00pm, or 4:15 pm, Cedar Room
- 21 NRP Online/Megacode, 9:00am-10:30am, Birch Room
- 22 AHA Pears, 8:30am-3:30pm, Skyview Conference Room
- 26/27 AWHONN Fetal Heart Monitoring Program, Intermediate Course, 8:00 am-4:30 pm, Windfeldt Room, Plaza
- 28/29 Basic ECG, 8:00 am – 4:00 pm, Skyview Conference Room
- 28 Communication Tools for Diverse Populations, 8:00 am – 4:15 pm, Windfeldt Room, Plaza