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Sustaining Pressure Ulcer Prevention: Implementing a Skin Champion Model

Jennifer Burris
CentraCare Health, burrisj@centracare.com

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Sustaining Pressure Ulcer Prevention: Implementing a Skin Champion Model

Jennifer Burris, APRN, CNS

Medicine Care Center, St. Cloud Hospital

**Purpose Question**

Will an evidence-based skin champion model in the ICU improve nursing knowledge and perceptions about pressure ulcer prevention and reduce hospital acquired pressure ulcers?

**Synthesis of Evidence**

- **Skin Champion Outcomes:**
  - Decrease pressure ulcers
  - Improves commitment to prevention
  - Improves knowledge and compliance
  - Engages employees
  - Increases accountability
  - Builds relationships and trust

- **Defining the Role:**
  - Introduce new policies and interventions
  - Serve as a resource and mentor
  - Liaison between WOC and staff
  - Data collection and PI processes
  - Receives additional education

**Pre/Post Measures**

**ICU RN Survey**

- Rate the priority of pressure ulcer prevention while caring for the critically ill patient.
- How informed do you feel about skin care issues, concerns, and trends?
- How informed do you feel about pressure ulcer prevention best practice interventions?
- How accessible are resources when you have a question about skin care?
- How committed is the ICU team in preventing pressure ulcers?

**EBP Changes**

- Dedicated 4 hours per week
  - Chart review
  - Variance report reviews
  - 1:1 education with nurses and PCAs
  - Skills station education
  - Change agent for the Skin Integrity Guidelines
- Resource when WOC is not available
- Improved accessibility of supplies

**Results & Next Steps**

- **Results:**
  - Increased awareness and reporting
  - Improved commitment

- **Next Steps:**
  - Revised Skin Wound Committee Charter for all members effective July 1, 2015
  - Dedicated 4 hours per month to educate, review literature, analyze trends, develop action plans, audits

**Team Members**

- Jennifer Burris, APRN, CNS
- Hannah Johanek, RN – ICU Skin Champion
- Aileen Roehl, BSN, RN – Director Intensive Care Unit
- Sue Omann, APRN, NP, CWOCN
- Amy Gorecki, BSN, RN, CWOCN
- Kim Schuster, BSN, RN, CWOCN

**ICU HAPUs**

**References**


