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# Treating Early Sepsis Outside of the ICU Using a Bundle of Interventions

Jennifer Burris CentraCare Health, burrisj@centracare.com

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### CENTRACARE \* St. Cloud Hospital



#### Plan

To decrease cost and length of stay for sepsis patients by standardizing treatment in the progressive care units (PCUs).

#### Do

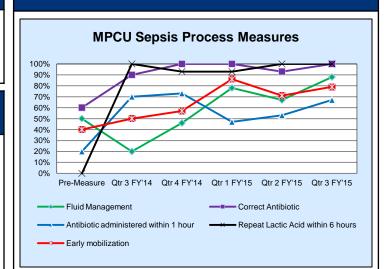
- Order Set Development (intervention examples include):
  - 500mL fluid bolus if: HR greater than 100, UOP less than 30mL/hr. or SBP less than 90.
  - Lactic Acid stat and every 3 hours
  - Antibiotic selection based on infection source
  - Transfer to the ICU if HR remains greater than 100 or SBP remains less than 90 despite fluid boluses; increased oxygen requirement; lactic acid not trending down; or new mental status changes
- Staff and Provider Education:
  - Simulation
  - Posters
  - o Emails
  - o CBT
  - o 1:1 coaching and follow up
  - o Tip Sheets/Check lists
  - o Ongoing follow up

## Treating Early Sepsis Outside of the ICU Using a Bundle of Interventions

Jennifer Burris, APRN, CNS

Medicine Care Center, St Cloud Hospital

#### Check



DRG	Avg. LOS FY'14 (7/1/13 - 6/30/14)	Avg. LOS FY'15 (7/1/14 - 2/28/15)	Direct cost per case (7/1/13 - 6/30/14)	Direct cost per case (7/1/14 - 2/28/15)
870 (septicemia or severe sepsis with mechanical vent 96+ hours)	14.60 days	14.09 days (↓ by 0.51 days)	\$42,641	\$42,590 (↓ by \$51)
871 (septicemia or severe sepsis w/o mechanical vent & with multiple co-morbidities)	6.25 days	6.01 days (↓ by .24 days)	\$11,682	\$11,205 (↓ by \$477)
872 (septicemia or severe sepsis w/o mechanical vent & w/o multiple co-morbidities)	4.13 days	4.04 days (↓ by .09 days)	\$5,940	\$5,687 (↓ by \$253)

\*\*Outcomes also associated with additional efforts in the ICU\*\*

#### Act

- September 2013
  - Septicemia Task Force identified need for bundled care in the PCUs
  - Formed a PCU Sepsis Team
- January 2014
- Non-ICU Sepsis order set Go-Live
- Mandatory MPCU RN and PCA education
- Provider education
- March 2014
  - Order Set Revisions
  - 1:1 feedback
  - Updated sepsis simulation incorporated into PCU training
  - Mandatory PCA education
- April October 2014
  - Ongoing monitoring
- November 2014
- Further order set revisions
- Spread and education provided to Neuro and Surgical Progressive Care Units
- December 2014 Current
  - Ongoing monitoring
  - On boarding NPCU and SPCU in process measure evaluation

#### **Team Members**

- Jennifer Burris, APRN, CNS
- Dr. Jessie Roske
- Curt DeVos, BSN, RN, CNRN
- Peggy Lange, RT
- Jim Mahowald, PharmD
- Shellie Solinger, BSN, RN-C
- · Libby Wenderski, BSN, RN, PCCN

