

12-1-1950

Beacon Light: December 1, 1950

St. Cloud Hospital

Follow this and additional works at: https://digitalcommons.centracare.com/beacon_light



Part of the [Organizational Communication Commons](#)

Recommended Citation

St. Cloud Hospital, "Beacon Light: December 1, 1950" (1950). *Beacon Light*. 52.
https://digitalcommons.centracare.com/beacon_light/52

This Newsletter is brought to you for free and open access by the CentraCare Health Publications (Newsletters, Annual Reports, Etc.) at DigitalCommons@CentraCare Health. It has been accepted for inclusion in Beacon Light by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact schlepers@centracare.com.

BEACON

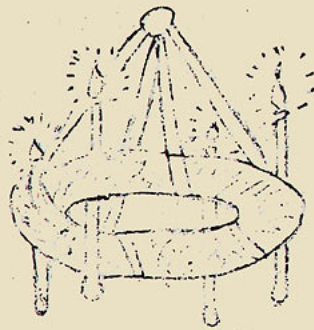
LIGHT

Volume 1 Number 3

ST. CLOUD HOSPITAL

December 1, 1950

THE ADVENT WREATH



The four weeks of Advent are a preparation for Christmas. During Advent there should be an Advent wreath in every home and classroom. This wreath is easily prepared, resembling a large Christmas wreath with four candles mounted upon it. Properly made with pine needles, cedar branches or even with holly, it should be suspended with four ribbons (purple) so that the four candles can be placed around it evenly.

THE CHAPLAIN SPEAKS.....

The St. Cloud Hospital is a **charitable institution.** Since the hospital is not merely made up of brick and mortar but of all the people working in it, it is necessary for all of us to appreciate the significance of the expression "charitable institution." For, if that is our title, then we have the responsibility of living up to it.

The following is a three-part definition of a charitable institution:

1. A CHARITABLE INSTITUTION is established and operated for the benefit of the general public, or a notable portion of it, without discrimination as to race, color, or creed.
2. A CHARITABLE INSTITUTION is not operated for profit. Therefore, all income is used for the following:
 - a. operating expenses
 - b. replacement
 - c. education
 - d. expansion and extension of charitable works.
3. A CHARITABLE INSTITUTION is motivated by the charity of Christ in performing the works of mercy.

The hospital must always be ready to serve the sick of the community. Not even for a period of one day may it close its doors to the sick and injured. Nor may it refuse anyone because of his religious belief or the color of his skin.

The St. Cloud Hospital has no other source of income save that given by its patients and the donated services of the Sisters. It can continue its work of charity only as its patients provide for the running expenses. The alternate to this is the dangerous one of having the government pay for all the expenses of hospitalization through higher taxes.

However, a hospital is but "as sounding brass and a tinkling cymbal" if it is not motivated by the charity of Christ. The St. Cloud Hospital will be a charitable institution to the degree that all who form a part of it, doctors, Sisters, nurses, technicians, aides and working men, carry out their role in the care of the sick out of the love of Christ.

YOUR GUIDE TO SAFETY

As a

HOSPITAL EMPLOYEE

(This is the second of a series of articles written to help you work safely.)

1. Report all defective equipment and furnishings to your supervisor at once, especially electric cords and plugs.
2. Always remove broken glass from the floor with pan and brush.
3. Thoroughly rinse and dry floors after scrubbing.
4. When washing floors, leave a dry area for persons to walk on; where this is not possible, use every precaution to warn those walking over the wet floor to be careful.
5. Keep mops, pails and other equipment out of the passageways.
6. Remove all spillage at once.
7. Wheel rolling equipment slowly, especially when going around corners.
8. While cleaning, be sure that you can see what you are doing. Do not reach with your bare hands into hidden places.
9. Do not place articles on top of step ladders, cabinets or lockers.
10. Always use the proper tools for opening containers, boxes, and crates.



Today you are an employee--tomorrow you may be a patient.

One singularly important item which is not always recognized is the fact that hospital service is always available TWENTY-FOUR HOURS A DAY!!

Do you remember seeing a hospital when its lights were turned off, when its doors were closed, or when it carried a notice which read: "Out to lunch - back at 1 P.M."? Whether it's Christmas Eve or any other holiday, hospitals NEVER close their doors. The staff, personnel, equipment and facilities are always available to meet your health needs - whatever they might be, whenever they might arise.

So that you may expect good care tomorrow when you are a patient, be a good employee today.

.....

Pray that young people, the hope of the future, will persevere in the high ideals that God has implanted in each of them.

F A C T S

Nearly 18,000,000 patients were provided with bed care in hospitals in 1949. At this rate, the average person will go to the hospital as a bed patient at least once every eight years.

Over 40,000,000 patients received care and treatment not requiring bed care last year. Thus, an average of one person in four utilized and benefited from this important hospital service.

ST. CLOUD HOSPITAL

1939

Out-patients treated	320
In -patients treated	<u>5,077</u>
	5,397

1949

Out-patients treated	10,018
In -patients treated	<u>10,220</u>
	20,238

One of the departments offering services to out-patients is the X-ray Department. X-rays are a comparatively new tool in medical science. They were discovered in 1895 by the German scientist, Wilhelm Conrad Roentgen. It took many years to perfect electrical shock-proof equipment which has made possible the present extensive use of the rays. Here at the hospital we are concerned primarily with their value in the field of medicine, for diagnosis and treatment of diseases.

We would like to acquaint you just a little with the personnel of the department. Dr. C.B. Nessa is the chief radiologist, and is assisted by

Dr. Edward Anderson. Both are Diplomates of the American Board of Radiology. (A radiologist is a graduate physician who has spent at least three years after his medical internship in the study of radium and the use of x-rays for diagnosis and treatment in all branches of medicine.)

The radiologists are assisted by five registered technicians: Sister Annora (Chief Technician), Sister Jonathan, Sister Sandra, Theresa Sauer, and Mary Hohmann; two graduate technicians: Sister Maureen and Betty Borsvold (who have already written their National examinations but are awaiting word from the Registry); and the students enrolled in the St. Cloud Hospital School of X-ray Technology. Two clerical workers assist in the compilation of the records, and two nurses' aides assist the technicians in various duties.

All the x-ray machines at the St. Cloud Hospital are shock-proof. The Superficial Therapy unit which was replaced this last January cost \$5,000. The machine operates at 100,000 to 140,000 volts and is used for treating skin conditions which do not require the use of hard penetrating rays. The Deep Therapy Unit, costing \$8,000, operates at a voltage up to 250,000 volts. It is used for treating more deeply rooted diseases such as cancer, leukemia and certain types of arthritis.

Two diagnostic machines permitting the use of 500 milliamperes are used every day in the X-ray department. Two portable or mobile units are also available. These machines can be taken to any part of the hospital and films made of those who are critically ill or who cannot be moved because of certain types of fracture fixtures.

All these machines must be kept in the best possible condition by technical

specialists; in due time they must be replaced by ones that are in line with the newly discovered uses. Also, one must be a proficient technician in order to take a good film, and without the professional interpretation, the film is of little or no value.

Have you perhaps wondered why an x-ray film or treatment costs so much? Besides the machines and their upkeep and replacement, there are such things as x-ray films, darkroom equipment, processing solutions, and x-ray tubes, all of which are costly. An x-ray tube ranges in cost from \$200.00 to \$650.00, depending on the type and the use of it; and because it is a very delicate piece of apparatus, its life span varies from a few weeks to a few years.

We will be glad to show you our facilities if you are a new employee or if you have not seen the department.

Constantly we are striving to improve and expand our facilities for the care and treatment of the sick and injured. We need the interest and cooperation of EVERYONE; and in that word, EVERYONE, we mean you, our employees, most of all.

X-RAY DEPARTMENT

(St. Cloud Hospital)

1939 - No. of patients treated	3,510
1949 - No. of patients treated	15,079

1939 - No. of x-ray treatments	852
1949 - No. of x-ray treatments	3,950

1939 - No. of radiographs taken	2,906
1949 - No. of radiographs taken	14,173

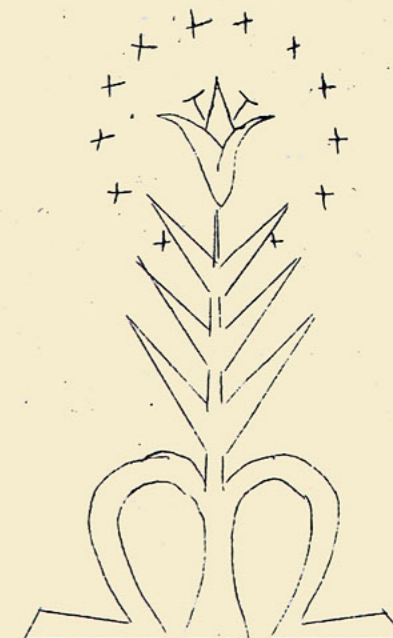
EXTRA-EXTRA

A Christmas issue will be ready for you on December 14 in the payroll office during the usual payroll hours. BE SURE TO GET YOUR COPY!!!!

THE IMMACULATE CONCEPTION

The feast of the Immaculate Conception on December 8 reminds us that Mary, at the moment of her conception, was miraculously preserved from all stain of original sin. Mary, the Mother of God, was from the beginning entirely pure, holy, pleasing to God, "full of grace." Although all other men have to be cleansed from the curse of original sin in Baptism, Mary's soul was never in the least touched by it.

With the liturgy of the Church, let us praise the "spotless mirror of justice." "Thou art all fair, O Mary, and the stain of original sin is not in thee."



A D V E N T

Advent, beginning December 3, is the name given to the period of preparation for Christmas, for the coming of the Christ-Child. Fundamentally, the idea of preparation implies purification. The season, therefore, is a serious one in which we try as the first step in our spiritual house-cleaning to rid ourselves of sin, which cannot abide in the presence of God. We also try to make satisfaction for our past sins and for those of others.

Advent is a preparation for the three-fold coming of Christ; that is, it is commemorative of His historical coming in time, it prepares for His mystical coming into the hearts of men now, and it looks forward to His final coming in the general judgment at the end of the world.

The Greek Church commemorates in Advent the ancestors of the Lord. The Latin Church, to which we belong, though not honoring them in any particular way, during this period often mentions them in her liturgy in connection with the promises made to them relating to the Messiah. This magnificent procession of patriarchal ancestors begins with Abraham and passes along to Isaias, to St. John the Baptist, and to Mary and Joseph -- all longing for the Saviour and calling for Him with all the ardour of their hearts.

God hears their prayers and yielding above all to the attractive beauty of the soul of the Virgin, of whom we celebrate the Immaculate Conception during the course of Advent, He sends the Angel Gabriel to ask her consent to the great mystery of the Incarnation. All the

hopes of those who looked for the Messiah are centered in Mary, for on her fiat depends the salvation of the world. She accepts, and we are given a Saviour!

Christmas will be a bleak one unless we are ready to receive the Christ-Child with pure souls, filled with love and gratitude.

Let us often say: "Come, O Lord, delay no longer; come, and free us of all sin. Stir up, O Lord, thy might and come to save us. Permit us to see Thy countenance and save us."

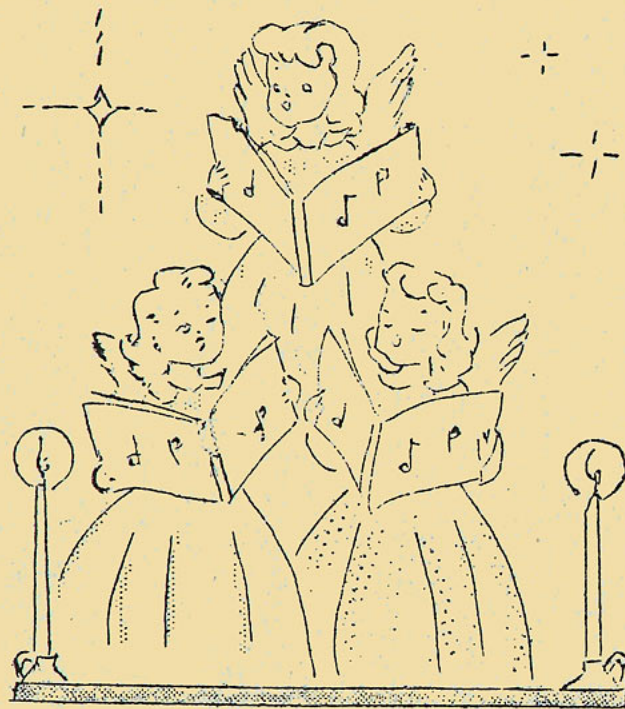


BEACON LIGHT

Volume 1 Number 4

ST. CLOUD HOSPITAL

Christmas, 1950



A Blessed Christmas!

THE CHAPLAIN SPEAKS

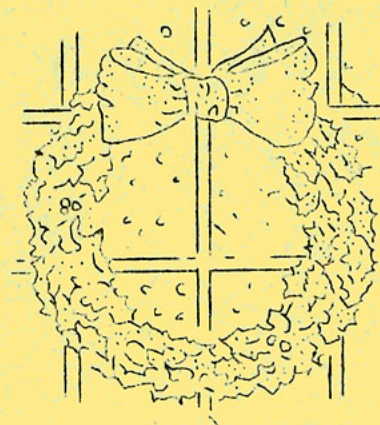
We are most happy to have received a letter from His Excellency, Bishop Busch, commending the publication of the "Beacon Light". Bishop Busch has always been interested in the welfare of the hospital and has shown great concern that the care of the sick and the dying in the St. Cloud Hospital be in accord with the highest standards of Christian charity. The hospital management is encouraged by the Bishop's good wishes. May the "Beacon Light" help all in the hospital reflect in themselves the "Caritas non Ficta" (Charity Unfeigned) which is the Bishop's motto.



Because the world is so unsettled, people are longing more than ever for the Peace of Christmas. With the approach of Christmas, as we pray for peace, it is well to remember that peace is much more than freedom from the disturbances and sufferings which go with war. Peace is, above all, being one in mind and heart with Him who is the Prince of Peace! In preparation for Christmas, pray for peace, but be mindful that this peace must first of all be established between yourself and Almighty God.



December 27th is the feast of St. John, the Apostle and Evangelist - patron saint of Father Denery. Because St. Cloud Hospital is included in his parish, St. Paul's, Father Denery is its most frequent priest-visitor. It is he who is called to confer the Sacrament of Confirmation on dying children and adults not previously confirmed. His permission is sought for Baptisms and Marriages within the Hospital. He is your pastor, your shepherd and guardian. Catholic lay personnel who are not students should become signed members of Father Denery's parish, or of the parish in which they live.



It is almost Christmas! The eager longing of the Church for the Saviour becomes more and more insistent. "Veni, veni -- Come, come" she asks again and again in many different ways.

The proximate preparation for the feast of Christmas begins on December 17 with the so-called Great or O antiphons. The seven antiphons are called the Great antiphons because of their profound content; and O antiphons, since each one begins with O. They are, in a way, a preparatory octave preceding the feast of Christmas. Use your missals every day to read the translations of these antiphons. Make it your way of preparing for the great feast of Christmas.

THE VIGIL OF CHRISTMAS

December 24 commemorates our first parents, Adam and Eve. The first Adam, who brought us sin, and the second Adam, Jesus Christ, who takes it away, have drawn nigh to each other. A hallowed eve and a holy night are celebrated in resemblance of that holy night on which Jesus Christ, the Saviour of the World, was born.

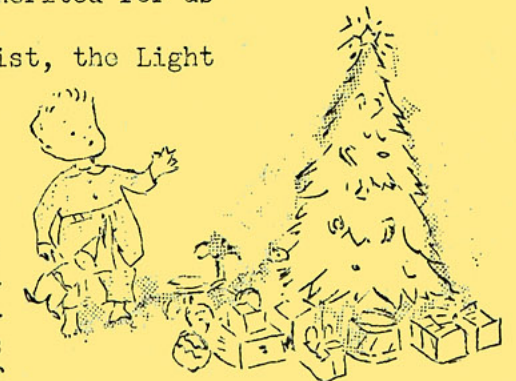
CHRISTMAS EVE CUSTOMS

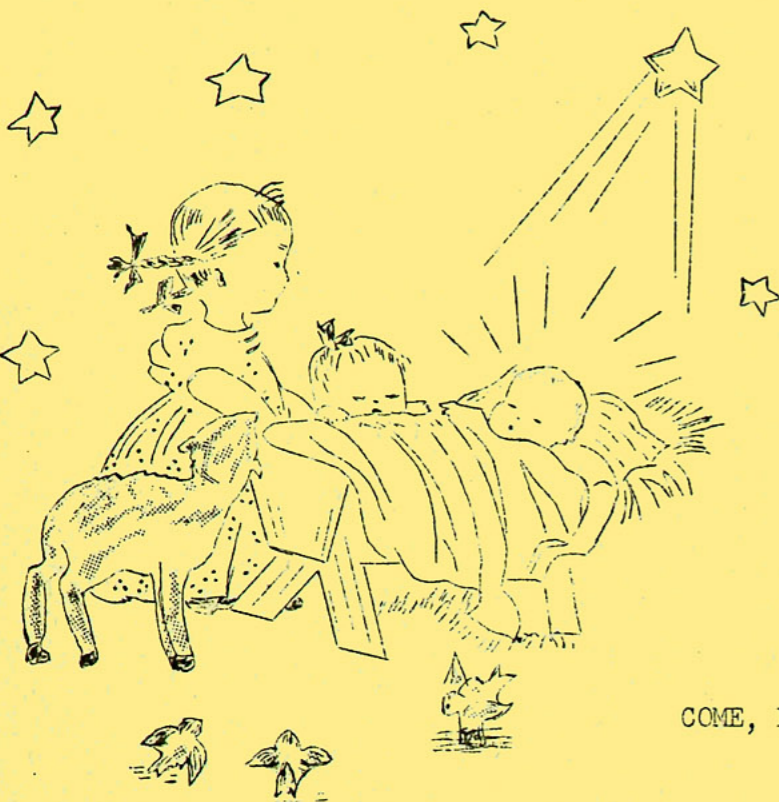
1. The Christmas Tree

- a. The Christmas Tree represents the tree of life in paradise, or the tree of the cross on which Christ regained for us the supernatural life of grace.
- b. The gifts upon the tree are to remind us of the fullness of the graces that Christ merited for us upon the cross.
- c. The lights on the tree represent Christ, the Light of the World.

2. The Distribution of Gifts

The distribution of gifts to children and to the poor is to remind us of the poverty of the Christ-Child. Christmas presents are signs of Christian love, and symbols of the supernatural graces which the Christ-Child brought down to us.





3. The Christmas Crib

The setting up of a crib in Church dates from the time of St. Francis of Assisi, who at Christmas, about the year 1223, set up the first one at Greccio, Italy. From this place the custom spread throughout the whole Catholic world. We do not wish to do away with the Christmas tree, which is less symbolic; however, we should know that the crib with the Christ-Child is surely the more Catholic of the two. Hence, both had best go together.

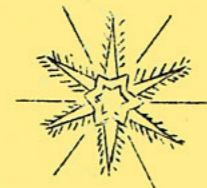
COME, LET US ADORE HIM.

THE HOLY FEAST OF CHRISTMAS

Christmas is the feast of the birth of our Lord and Saviour, Jesus Christ. The Church, in order to express her joy in the birth of the Saviour more fully, permits priests to celebrate three holy Masses on this day. The first Mass is celebrated in union with the angels, Mary, and Joseph at the crib at night; the second Mass with the faithful shepherds at dawn; and the third Mass with all men who throughout the ages acknowledge the Christ-Child as their King and Redeemer.

Masses here at the Hospital on Christmas will be as follows:

Midnight Mass
6:00 a.m. - High Mass
8:30 a.m. - Low Mass



THE OCTAVE OF CHRISTMAS

The octave of Christmas is not, like the octaves of other great feasts, a simple continuation of the solemnity, but includes a number of saints' days which should be considered and celebrated in relation to the feast of Christmas. The joys of Christmas are not an end in themselves, but they are to bear fruit in a life lived in close union with and according to the principles of the God-Man born on that day.

Feast of St. Stephen, First Martyr - December 26

The name Stephen means "the crowned" and thus signifies his victory. Stephen's work for Christ was to organize the meals where the poor were fed in common. He worked such great wonders that the Jews became alarmed and summoned him before the Sanhedrin. And "with one accord they ran violently upon Stephen and stoned him," who, falling on his knees, commended his soul to Jesus and asked pardon for his executioners. Stephen, then, was the first Christian to bear witness to his faith in Christ with his blood.



Feast of St. John, the Apostle and Evangelist - December 27

St. John, the disciple "whom Jesus loved," is the first among the saints who is especially known for his devotion to Mary. He lived to be almost 100 years old, and he is the only apostle who died a natural death.

In his extreme old age, the holy Evangelist preached simply: "Come, children, love one another." When asked why he always repeated the same thing, he said, "Because it is the commandment of the Lord, and if this alone is kept it is enough."

In some churches wine is blessed on this day in honor of St. John. The practice has its origin in the legend that at one time St. John drank a cup of poisoned wine without any ill effects.

THIS IS THE NAMEDAY OF OUR PASTOR, FATHER JOHN DENERY.
LET US SUPPORT HIM WITH OUR PRAYERS.



Feast of the Holy Innocents - December 28

At the crib next to the martyr Stephen and the virgin apostle, the church ranges a host of children, virgin martyrs, who were the victims of man's hatred of Our Lord.

On this day, mourning and melancholy mingle with the joy of Christmas-tide. The mothers of Bethlehem weep and lament. The Church, in sympathy, laments with them; and hence the Church clothes her ministers in the violet of mourning.

"First to bleed for Christ, sweet lambs!
What a simple death ye died!
Sporting with your wreaths and palms
At the very altar side!"

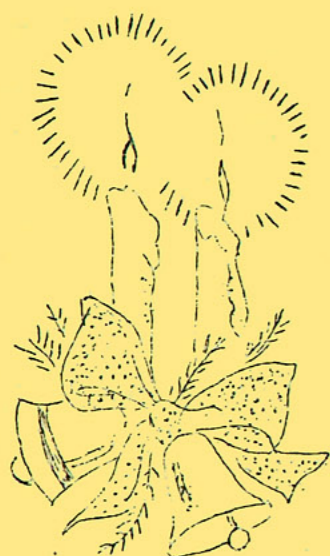
"KEEP CHRIST IN CHRISTMAS --- HAVE
A CRIB UNDER YOUR TREE."



Dear Employees,

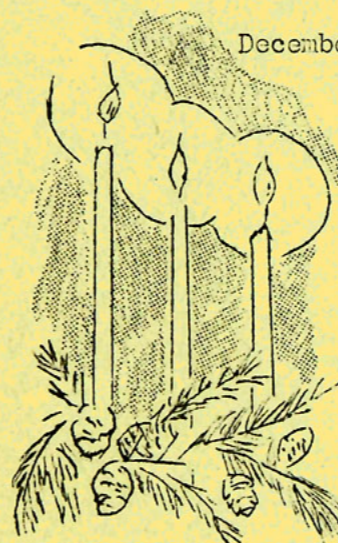
While many of you will spend Christmas at home with your family, some of us must remain here so that the patients will be cared for. Let your work that day, even though you are making a sacrifice by working on Christmas Day, radiate cheer and gladness.

It is hard for the patients to be at the hospital when friends are celebrating Christmas at home. Let us not lose sight of the real meaning of this feast! In the hustle-bustle of preparation, let us remember that without Christ we would have no Christmas. If you are working on Christmas Day, do all you can to radiate the real spirit of Christmas so that all of us through the participation in the Incarnation, may bring Christ back into the world.



CALENDAR OF EVENTS

- December 18 - 6:30 - Big-Little Sister
Student Nurses' Dinner
- December 18 - 8:00 - All Student Christmas
Party in Nurses' Home
- December 19 - 12:00- Junior-Senior
Student Nurses - guests
of Rotarians at dinner
- December 19 - 7:30 - All Hospital-
Personnel Christmas party
in Nurses' Home
- December 20 - Ember Wednesday
- December 20 - Caroling in the Hospital
by the Student Nurses
- December 21 - 7:30 - Nurses' Capping in Chapel
Rev. H. Kost - guest speaker
- December 22 - Ember Friday
- December 23 - Ember Saturday
- December 24 - 4th Sunday of Advent -
Vigil of Christmas



Come ye all
to the Hospital -

Personnel
Christmas Party.

Nurses' Home

Dec. 19 - 7:30 p.m.

