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St. Cloud Hospital

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Patient Care News

June 2011

Volume 32, Issue 6

St. Cloud Hospital, 1406 6th Avenue, St. Cloud, MN 56303

www.centracare.com

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Throughout the year, St. Cloud Hospital employees, medical staff, patients and their families can nominate a nurse for the DAISY award. A St. Cloud Hospital DAISY Nurse demonstrates compassion and clinical excellence for his/her patients and families using patient-and family-centered principles. Each year St. Cloud Hospital recognizes nurses that are a shining example of the core values of St. Cloud Hospital through their daily work. All Licensed Practical Nurses (LPNs), Registered Nurses (RNs) and Advanced Practice Registered Nurses (APRNs) working in designated care centers or employed by St. Cloud Hospital are eligible for the award. Award winners are honored during Nurses Week in May.

This year's winners are:

- Kelen Sohre, RN, Bone and Joint Center
- Amanda Packert, RN, Neurosciences
- Pat Osbourn, RN, Diabetes Center
- Jeff Bushman, RN, Oncology
- Colleen Leininger, RN, Women and Children's Center
- Kristin Westberg, RN, Home Care/Hospice
- Nancy Kneip, RN, Behavioral Health
- Rhonda Fitzthum, RN, Intensive Care Unit
- Henry Du'Monceaux, RN, Central Minnesota Heart Center
- Roxanne Hall, Perioperative Services
- Jason Foos, RN, Emergency Trauma Center
- Lindsey Jernberg, LPN, Mid-Minnesota Family Medicine Center

Suction Canister Disposal

*Karen Witzman, RN, BSN, MA, COHN-S
Director, Employee Health Services*

*Molly Voigt
Director, Environmental Services*

As you are aware, the change in process for suction canister disposal has reduced nursing staff risk of exposure to contents of those canisters. It has, however, created a new risk for waster handlers and other Environmental Services staff who now find these discarded devices broken and leaking contents on their clothing and carts. Out of respect for their safety, as well as your own, we ask that all suction canisters be double bagged, not biohazard bags please, before being discarded in the regular trash. Please notify your staff of this change and inform them of the importance of compliance. If you have any questions, Molly or Karen will be glad to assist you.

Patient Safety Video

Patient Safety Committee

The new Patient Safety video will be routinely played on the patient television channel every day on the even number hours with the exception of 10 AM, 4 PM and 4 AM. Please consider encouraging your patient and their family to watch this 10 minute video and record their viewing on the ITR.

Congratulations to the Nursing Research Award Winners!

The St. Cloud Hospital Nursing Research Committee would like to announce the recipients of the sixth annual Nursing Research and Scholarly Activity Awards. These awards are given to recognize nursing accomplishment in research and evidence-based practice. Recipients are selected from nominees that are current nursing employees or affiliated students and faculty members meeting the specific award criteria. The awards were given at the St. Cloud Hospital Nurses' Week breakfast on May 5, 2011. The work of the following nurses is commended.



- **Outstanding Achievement in the Application of Evidence Based Practice**

Robert Davidson, BSN, RN, CCRN. Post Anesthesia Care Unit.

Robert is leading a project in the "Use of Evidence to Determine Best Practices for Family Visitation of Pediatric Patients in the PACU". He is conducting assessments through surveys reflecting best evidence. Robert has demonstrated self direction in the application of the Iowa Evidence Based Practice model. His project has led to greater patient and family satisfaction.



- **Outstanding Achievement in Evidence Based Practice Education**

Rachelle Larsen, PhD, RN, PHN and LuAnn Reif, PhD, RN. CSB/SJU.

Rachelle and LuAnn are being recognized for their work to implement evidence based practice with students at the College of St. Benedict/St. John's University for a public health clinical experience. In addition to teaching EBP in the classroom, they have walked students through clinical projects using the PICOT format, search for and critically appraising the evidence, integrating the practice, and evaluating the outcomes of the project. Projects have included nurse family partnership, immunization/injection protocol, stress management in women's shelters, group therapy in inpatient mental health facilities, and assessment and treatment of scabies. Rachelle and Lu Ann are both Associate Professors at the College of St. Benedict/St. John's University.



- **Outstanding Achievement in Use of Evidence in Nursing Practice**

Nicole Pelach, BSN, RN, RN-BC. Quality Resources.

Nicole has been instrumental in investigating patient events through best practice review as well as establishing involvement of all necessary multidisciplinary stakeholders in order to change practice. Policy changes to address undiagnosed diarrhea and risk for pressure ulcers from oxygen cannulas were made as a result of Nicole's commitment to safety.



- **Outstanding Achievement in Use of Evidence in Nursing Management**

Debra Eisenstadt, MS, RN, BSN. Inpatient Rehabilitation.

Deb conducted an in depth review of the literature and best practices related to Rehab staffing, quality improvement, the role of the RN, financial management, and opportunities to increase market share. Her evidence based management methods have resulted in exceptional patient satisfaction scores, financial savings, and a professional environment.



- **Outstanding Achievement in Use of Evidence in Patient Education**

Ellen Simonson, BA, RN, CIC. Infection Prevention and Control.

Ellen develops, coordinates, manages, and directs the Infection Prevention and Control Program. Through her short time at the organization she has reviewed and updated best practices related to isolation procedures and revised patient education material, which reflects the current evidence. Her commitment to a safe environment is evident in her work.



- **Outstanding Achievement in Mentorship**

Ann Backes, BSN, RN, OCN. Oncology Unit.

Ann has worked as an Oncology staff nurse, Epic Optimizer, and nurse Educator. She has a passion for nursing, providing education utilizing evidence based practice and research findings in her daily work. She mentors others with a hands-on approach and adapts to individual learning needs. Her passion to share knowledge with others is never ending.





- **Outstanding Nursing Student in Evidence Based Practice (2 awards)**

Heidi Hoppe, BSN, RN. Minnesota State University, Moorhead graduate student. Heidi led an EBP project related to shift report format and bedside shift report on the Surgical Care Unit. Critiquing the evidence, she identified best practice process for report which was presented recently to the staff. Heidi is a graduate student at Minnesota State University Moorhead enrolled in the master of science, clinical nurse specialist program.

AND



Katara Dockendorf, College of St. Benedict/St. John's University student. Katara worked with four other students to complete an EBP project related to falls prevention. The group completed an extensive literature review and surveyed staff. The group presented their findings to the Fall Task Force with recommendations for future practice change. The group selected Katara as the person who provided leadership and creativity in this project.



- **Evidence Based Practice or Nursing Research Publication**

Rachelle Larsen, PhD, RN, PHN. College of St. Benedict/St. John's University. As an affiliated faculty member, Rachelle has an impressive array of publications all directed toward best practices in cultural competence and public health nursing. In 2010 she had one book chapter published and two journal articles accepted for publication. One article addresses the critical role of preceptors in educating the next generation of nurses.



- **Outstanding Support to Enhance the Process of Evidence Based Practice or Nursing Research**

Carol Upcraft, MBA, RN, BSN, PHN. Clinical Utilization. Carol is exceptional in the support she provides to the heart failure task force and is instrumental in changing practice and adherence to heart failure core measures. Carol is constantly reviewing literature and brings forth recommendations. Carol brings a perspective of improving quality, safety, service, and value to each meeting she leads.

Congratulations to the Nurses' Week Poster Contest Winners

There were 25 posters submitted for the Nurses' Week poster contest. This is an indication of the wonderful work being done by our staff!

Category: **Research**

Amy Hilleren-Listerud, MA, RN, ACNS-BC, PCCN, CBN. Surgical Care Unit.
Development of a Reliable and Valid Professional Practice Model Assessment Tool.

Category: **Evidence Based Practice**

Heidi Hoppe, RN, graduate student & Amy Hilleren-Listerud, MA, RN, ACNS-BC, PCCN, CBN. Surgical Care Unit.
Bedside Shift Report.

Category: **Performance Improvement**

Karolyn Skudlarek, RN, CCDS, JoAnn Czech RN, & Sue Baklarz, RN. Clinical Utilization.
Improved Communication through Clinical Documentation.

Category: **Education/Innovation**

Sherri Spanier, RN, RNC-OB. Family Birthing Center.
Code Blue Initiation

Category: **Patient & Family Centered Care**

Kristin Gjerset, BA, RN, RNC-NIC & Julie Bunkowski, BSN, RN, RNC-NIC. Children's Center.
Kangaroo Care.

Clinical Ladder

Congratulations to the following individuals for achieving/maintaining their Level III and Level IV Clinical Ladder status.

Level IV

Dawn Demont Coborn Cancer Center

- Oncology Certification
- Presenter: Chemotherapy Education of Staff/Patient
- Medication
- Preceptor

Jodi Specht-Holbrook Operating Room

- Certified Operating Room Nurse
- Bone Bank Coordinator
- Bar Code Medication Administration
- PI Committee – Human Tissue Audit

Level III

Robert Davidson Post Anesthesia Care

- Critical Care Certification
- Super User
- Presenter: Hemodynamics and Smoking Cessation Poster

Teri Klaphake Telemetry

- Epic and Bar Code Medication Administration Super User
- Cardiology Conference Planning Committee
- Education Day Presenter of Biphasic and Temporary Pacer

Lois Lenzmeier Intensive Care

- Critical care certification
- Presenter: Hypothermia, Cardiac Rhythm Interpretation and Balloon Pump
- Preceptor

Amada Packert Neuroscience/Spine

- Neuro Certification
- PI-Unit auditor
- Cardiopulmonary Arrest Management Committee

Cassie Plotz Intensive Care

- Revision of Severe Sepsis Trigger Tool
- ICU Resource Manual update
- Education Day Presenter: CRRT, Hemodynamic and Therapeutic Hypothermia

Carrie Rehborg Surgical Care

- PI Safety Audit
- Presenter: Standards of Care
- Chest Tube Policy

Jessica Reis Telemetry

- Super User
- Presenter: Basic EKG, Biphasic and Temporary Pacer
- Preceptor

Susan Reitmeier Patient Care Support

- Medical – Surgical Certification
- Presenter: Pediatric Chest Tube
- Creator: Mantoux Resource Manual

Michelle Solinger Surgical Care

- PI Pressure Ulcers Audit
- Medical-Surgical Certification
- Preceptor

Kristi Tomporowski Surgical Care

- PI JCAHO Audit
- SCRUBS
- Preceptor

Jill Wilcken Chemo Infusion

- Tysarbi Resource Manual Creation
- Preceptor of Summer Intern
- Safety Committee