

12-1959

## Beacon Light: December 1959

St. Cloud Hospital

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# BEACON LIGHT

Volume XI Number 4

SAINT CLOUD HOSPITAL

December 1959

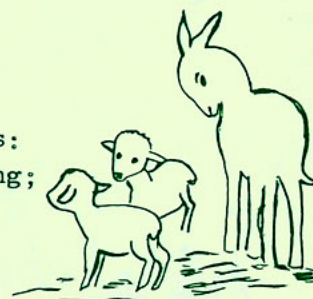






# THE SOUND of CHRISTMAS

Our times have lost the humble Christmas sounds:  
The bleat of sheep, the donkey's patient braying;  
The amplifiers ring the bells so loud  
We cannot catch the voice of Joseph praying.



The record player grinds the needle flat  
And smothers out the breath of doves a-cooing;  
The reindeer songs come mixed with rock and roll;  
You'd never know the gentle cow was mooing.

Where traffic growls and silver whistles shriek,  
That zephyr-wind--would that be angels, flying?  
The aisles are jammed as cash clangs on the till,  
And one Child's lost...yet no one hears Him crying.

--Ralph W. Seager



## CAPPING CEREMONY

on the Feast of the

### IMMACULATE CONCEPTION

December 8th was a great day for the Freshmen Medical Technology and X-Ray students. It marked the successful completion of their probationary period. At a ceremony replete with spiritual significance, each student knelt to receive the distinctive "cap" of her respective school, from the hands of the hospital chaplain, Father Patrick Riley. Father was assisted by Sister Bridget and Sister Jonathan, supervisors of the two schools.

Just prior to the capping, Father Riley explained to the students and all present, the real meaning of this ceremony. It has a two-fold aspect: first, it is an acknowledgement on the part of those responsible of the individual student's sincerity, and a confidence in his or her ability; secondly, we see the student approach with respect and reverence to accept this acknowledgement and rightly so. This is a sacred moment. Moreover, it is a sacramental. For as the cap is placed on her head, God, through His official representative, the priest, so to speak, accepts the willingness and the talents of the student and sanctifies them by opening up the stream of graces reserved to flood the lives of those who are called and who answer the call to this sacred vocation.

It is a mutual agreement between God and the individual soul. God accepts their generous love in giving of self: they accept the privilege and responsibilities inherent in their chosen vocation. Henceforth, through them, the grace merited by Christ through His own suffering and death will flow into the lives of every patient and co-worker the student contacts. Thus, these students' lives become an extension of the healing power of Christ enabling them to be His hands, caring for His Mystical Body here and now in our very midst.

Their cap sets them apart as persons dedicated to the service of the sick in the particular specialty to which they have been called. It is a great responsibility. It is also a great honor to be called to work so closely and in an official capacity with our Lord. The following are the "chosen few" who have accepted this call at the ceremony on December 8th:

#### From the School of Medical Technology

Gretchen Daellenbach, St. Croix Falls, Wisc.  
Helen Donahue, New Richmond, Wisconsin  
Eileen Lynch, South International Falls  
Anita Parrish, St. Paul, Minnesota

#### From the School of X-Ray Technology

Marie Decker, Cold Spring  
Gloria Deslauriers, Currie, Minn.  
Kay Fox, Wahpeton, N.D.  
Carole Jordan, Annandale  
Mervwyn Mock, Avon  
Rose Mary Studer, Foley

We share their new joy now, and offer a prayerful wish that the remainder of their student months be fruitful and happy. We are proud of them and happy that they belong to our hospital family!





All physicians and their wives are invited to attend the Winter Refresher Course that will be given at Saint John's University on Saturday, January 23, 1960, by the Central Minnesota Chapter of the American Academy of General Practice.

Program arrangements are incomplete, but afternoon speakers will include Dr. J. B. Block of the Mayo Clinic on "Diseases of the Thyroid" and Dr. Lyle Hay of the University of Minnesota on "Pancreatitis". Dr. Milton H. Erickson of Phoenix, Arizona, is scheduled to speak in the evening on hypnosis.

DRS. R. CESNIK, R. PETERSEN, W. RICE and C. STILES are in charge of arrangements. Entertainment will be provided for the ladies.

DR. N. FIDELMAN, President of the Central Minnesota Chapter, attended a refresher course held in Hibbing on November 14 and a regional meeting of the A.A.G.P. in Omaha on November 7.

DR. J. GAIDA flew to Chicago for the annual meeting of the American Academy of Ophthalmology and Otorhinolaryngology in late October. DR. E. MILHAUPT also attended this meeting.

DR. J. OLINGER attended a meeting of the Minnesota Obstetrical and Gynecological Society at the Hotel Lowry on November 7. The main speaker was Dr. Harvey Carey of Auckland, New Zealand, who spoke on "Control of staphylococcal infection in maternity units in New Zealand."

"On the platform" for various groups meeting in the School of Nursing in early winter were DR. S. RAETZ who spoke to the anesthesia students and other hospital personnel on hypnosis, and DR. JAMES KELLY for the Central Minnesota Dietitians Society on "Cholesterol and Heart Disease".

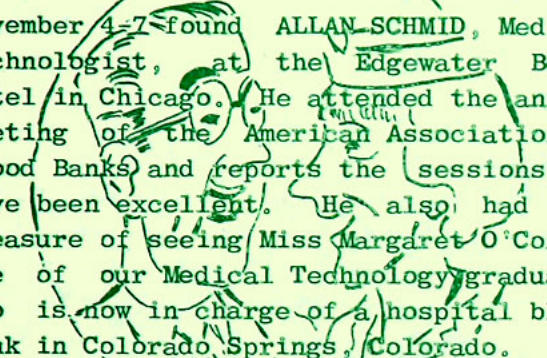
DRS. A. DAVIS and M. BOZANICH attended the dinner given by the Minnesota Society of Clinical Pathologists in honor of DR. PHILIP STANGL at the Minnesota Club in Saint Paul recently. This dinner was part of the annual meeting of the Society.

DR. J. BEUNING returned from hunting in Wells Gray Park, British Columbia, with two bears and great admiration for the magnificent scenery. Even though it rained or snowed all the time he was there, "it was a grand trip".

DR. and MRS. C. DONALDSON just returned from an automobile trip to Los Angeles, Seattle, and Cour de Lein, Idaho, where they spent Thanksgiving with their daughter.

We think there were many more comings and goings, and we'd like to write about them, if only we knew . . . . .

## MEETINGS ❄️



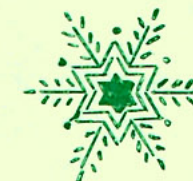
November 4-7 found ALLAN SCHMID, Medical Technologist, at the Edgewater Beach Hotel in Chicago. He attended the annual meeting of the American Association of Blood Banks and reports the sessions to have been excellent. He also had the pleasure of seeing Miss Margaret O'Connor one of our Medical Technology graduates who is now in charge of a hospital blood bank in Colorado Springs, Colorado.

November 4th also found MISS KARN, Clinical Instructor from 3 North, in Little Falls for the District Nurses meeting. Other members of the School of Nursing Faculty who attended meetings were SISTER MARION, MISS WILLIAMSON, and MRS. HACKETT, who attended a Guidance Workshop at the Lutheran Brotherhood Building in Minneapolis, while SISTER RAPHAEL traveled to the other Twin City to attend the Twenty-Fourth Annual Meeting of the Catholic Library Association held at the College of St. Catherine. Fergus Falls was the destination of SISTERS CASSIAN, KEITH, and LEONARDA on November 9th, when they visited the Nursing Education Program at the State Hospital there.

At the meeting of the Central Minnesota Dietetics Association held on Nov. 11th in the School of Nursing, DR. JAMES KELLY gave an interesting and informative talk on the role of fat in cardiac disease. A lively discussion followed which proved the timeliness of the talk. Guests included members of the School of Nursing Faculty.

November 10 through 13 are the dates MISS A. PALLANSCH and SISTER JONATHAN attended a refresher course in radiographic technique at St. Mary's Hospital in Minneapolis sponsored by the General Electric Company. The classes were conducted by James Morgan. In addition to the scheduled classes, they had the opportunity to observe special procedures such as, heart catheterizations, angiograms and ventriculograms which were being performed in the new St. Mary's X-Ray Department. They also saw the X-omat in operation. This is the latest and most efficient darkroom unit which completely processes a film in six minutes.

On November 14th, the quarterly meeting of District Three of the Minnesota Society of X-Ray Technicians was held at St. Cloud Hospital. The program included a series of slides with lecture on darkroom safelighting which was well presented by Mr. Art Ellefson, our Eastman Kodak representative. Mrs. E. Wenner and Mrs. S. Gebhardt very interestingly related the business and the social aspects of the State Convention which was held in Rochester this year. At this time, plans were made for reelection of officers at the January meeting which will also be held at the St. Cloud Hospital. Mrs. E. Wenner and Miss G. Wipich of St. Cloud and Miss R. Grenier of Sauk Centre were appointed to the program committee for the year and are busy with plans for the forthcoming meetings of 1960. Other technicians from Alexandria, Sauk Centre and St. Cloud were present.







## THIS IS FOR YOU!

So many new members have joined our hospital family in recent months that we feel it would be well to acquaint them with the regulations to be followed during fire alerts, as well as to reacquaint the old members of our family.

Fire alerts are held regularly to keep all personnel trained to respond effectively in the event of fire. Do you become alarmed upon hearing the "alert" signal? You should not, but rather your response should be one of complete confidence in yourself and in your fellow employees.

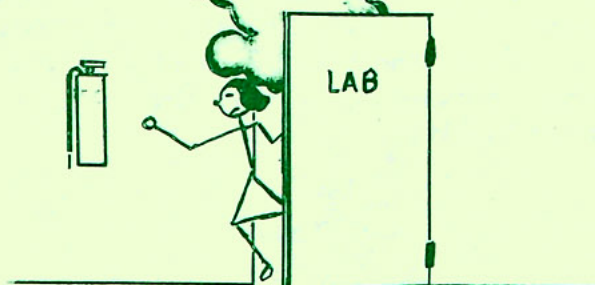
At the time of the alert, the whole hospital goes on the alert. These are the general principles for you to follow:

1. Close all doors.
2. Check to see that all fire escape exits are accessible.
3. Turn on lights.
4. Station someone at the telephone to take instructions. No telephone calls are to be made during the time of the alert.
5. If you are in charge of a ward and not on the ward at the time of the alert, and the alert is in your area, report back to the floor; otherwise stay where you are.
6. Elevators may be used if you need to report back to your working area. Ring the emergency call -- 3 short rings.
7. Instruct visitors to remain with patients until the alert is over.
8. No one is to go off duty during the time of the alert.

Again we ask you to help us keep the center exit doors closed. Smoke can cause more damage and harm than an actual fire. Also, help us correct our hazards to safety. If you are aware of any, report them to a member of the Safety Committee:

Herman Schneider  
Frank Karn  
Lawrence Heider  
Allan Schmid  
Ervin Smith  
Ray Friederichs

Sister Jameen  
Sister Glenore  
Sister Dolorata  
Sister Nivelles  
Sister Virgene  
Sister Leo  
Sister Goretti



## SO THAT WE ALL MAY HAVE A SAFE CHRISTMAS...

the Safety Committee has set up these policies for:

### CHRISTMAS TREES:



1. Christmas trees are to be placed in water or in a pail of sand and watered each day. (Keep a pitcher of water near the tree.)
2. Do not block exits when placing trees.
3. Dispose of trees before they become fire hazards.
4. Small trees or wreaths are permitted in patient rooms but absolutely no electrical decorations are to be used.

### CHRISTMAS LIGHTING:



1. Trees may be decorated with lights except in the Girl's Lounge and the Men's Lounge.
2. Patients rooms are not to have electrical decorations of any kind.
3. Do not bury the light switch in the middle of the tree.
4. Reflectors are not to be used on any lights.
5. If it is necessary to use an extension cord, have it checked by one of the engineers before use.



6. Arrange a definite schedule for lights to be ON and OFF. Lights should not burn for long periods of time.
7. Turn off all Christmas lights at 8:30 p.m. If you feel you have a good reason for keeping them on, get a special permission for this from the Administrator so that we will know where we have extra lights burning and can do extra checking. Also, if you leave your department without someone being around, turn off the Christmas lights.

### COTTON:



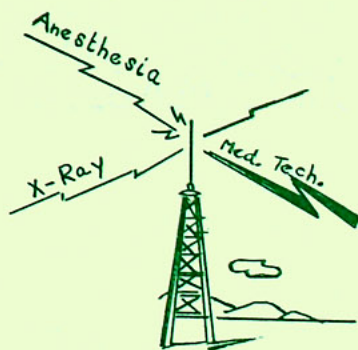
1. Cotton is NOT to be used around the base of the Christmas tree if you have lights on the tree.
2. Cotton is NOT to be used around lights of any kind.

### OTHER CONSIDERATIONS:



1. Use caution in placing large branches of greens; if possible, place them in water or wet sand.
2. Yule logs may be used as decorations, but do not burn the candles unless someone is in attendance AT ALL TIMES.
3. Entire doors should not be covered with paper; small decorations are just as beautiful and a lot safer.
4. Watch waste baskets with special vigilance.
5. The candles in Advent wreaths should burn only when someone is in attendance. Candles less than six inches tall should be replaced in these wreaths.





## NEWS from the SCHOOLS

### "Trial by Fire". . .

Three of our former anesthesia students were subjected to "trial by the written word" when they took their qualifying exams for membership in the American Association of Nurse Anesthetists, on November 14th. SISTER DOLORETTA, O.S.F., MISS BETTY SHANNON and MISS LAMAY CRANDALL are the three victims awaiting the decision of the test correctors. They are NOT sitting idle while they wait however. Sister is busy at the Franciscan Hospital in Shakopee; Miss Shannon is part of the anesthesia department in St. Joseph Hospital, Brainerd, Minnesota, and Miss Crandall is happy at Emmanuel Hospital in Mankato, Minnesota.

Notice to "Anesthesia-interested" Nurses: Start now! Sister Virgene attended a one-day National Workshop for Directors of Schools of Anesthesia in Chicago. One of the decisions made was to extend the anesthesia course from a minimum of twelve months to eighteen months minimum starting in 1962.



### "Ray Street" Announces. . .

The Saint Cloud Hospital School of X-Ray Technology is pleased and proud to announce that all five members of its 1959 graduating class have passed their national exams which they wrote on November 7th. The happy R.T.'s are: Roselyn Bohlig, Carolyn Botz, Elsie Kalscheuer, Florence Storkamp and Carolyn Van Sloun. All are very well satisfied with their newly found jobs in various places throughout the state and out of state. Congratulations and best of luck to each of you!



### CONGRATULATIONS, June!

November 17th marked a milestone in the career of one of our laboratory workers when MISS JUNE PRZYBILLA received her diploma from our School of Medical Technology. The diploma represents three years of training for June. She spent two years at the College of St. Benedict and one year internship at our hospital.

MRS. AGATHA CAYLOR, M.T., MARGARET ALBRECHT, student, and Sister Bridget spent two days from November 12 to 14 at the Continuation Center at the University of Minnesota where they attended the continuation course in Clinical Chemistry and Teaching Methods for Medical Technologists. Ideas in micro techniques, steroid determinations and electrophoresis were but a few of the topics discussed. Panel discussions on teaching procedures used by various laboratories provided new ideas for those laboratories that have schools of medical technology and opened up new avenues of approach to problems peculiar to that type of teaching program.

## HAPPY BIRTHDAY!



December 1st marked the First Anniversary of the Post-Anesthesia Room on 6th floor. The new modern facilities in the PAR with the attractive blue and white surroundings have been used to good advantage during the past year. In this twelve month period 3,470 patients were cared for, the highest number in a single day being twenty-one. In the three years that centralized post-anesthetic care has existed in our hospital, 9,988 patients have received post-operative services.

The Post-Anesthesia Room is staffed by two registered nurses who are specially trained to care for patients who have had a general anesthetic during surgery. In addition, student nurses are given a week of experience in this department under careful supervision. PAR is open Monday through Saturday from 8:00 a.m. to 6:00 p.m. and often longer if the patient's condition warrants it.



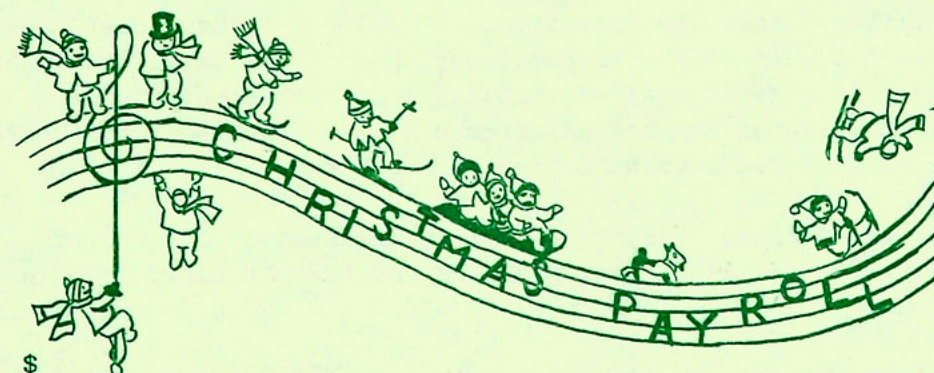
The annual election meeting of the Alumnae Association was held December 1st in the Nurses Home. After a short business meeting, the balloting proceeded. The new officers for 1960 are:

President: Mrs. Rosalie Timmers  
Vice President: Mrs. Doreen Grundman  
Secretary: Miss Eileen Leidenfrost  
Treasurer: Miss Carol Zierden

The members wish to express their appreciation to Mrs. Hennes, the past President, and the other officers for their services during the past year.

A social hour followed and everyone thoroughly enjoyed a tape recorded speech by Dr. Tom Dooley discussing his work in Indochina.

The next meeting will be January 5, 1960. And don't forget---1960 Dues should be in by January 15th. You may send them to:  
Treasurer, Alumnae Association  
c/o Saint Cloud Hospital.

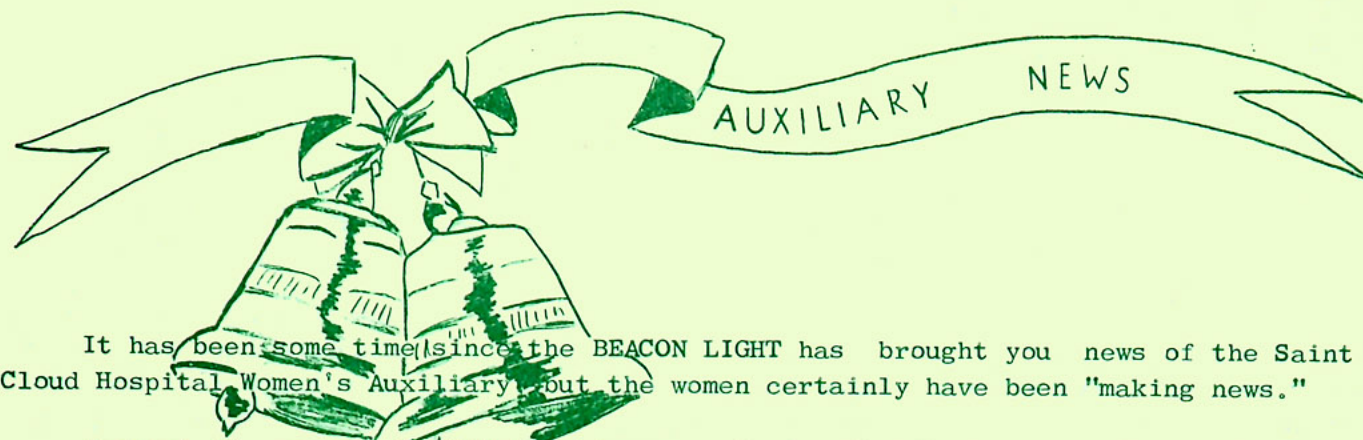


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Due to the regular payday falling on Christmas Day - December 25th, the Payroll Department is happy to announce that they will be ready to give out the checks on December 22nd. This will enable everyone to do their last-minute Christmas shopping!

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It has been some time since the BEACON LIGHT has brought you news of the Saint Cloud Hospital Women's Auxiliary, but the women certainly have been "making news."

Instead of general monthly meetings as during the first year of organization, the meetings are now quarterly. At the meeting in the lounge at the Nurses' Home on Tuesday evening, December 1, Mrs. Frank Liljedahl was unanimously elected treasurer to replace Mrs. Edward Pikus who resigned. Mrs. Liljedahl is an enthusiastic auxiliary worker and will prove a capable treasurer.

An advisory committee has been set up to provide better coordination between the auxiliary and the hospital. Members of this committee are Sister Jonathan, Chairman, Sister Maureen, Sister Joel and Sister Goretti. It is their duty to work out the phases of work in the hospital where volunteer workers can be of most assistance in a particular area. Mrs. A. Moeglein was appointed coordinator between the Sister Committee and the Women's Auxiliary.

Funds are being secured by the Ways and Means Committee under the co-chairmanship of Mrs. Frank Murphy and Mrs. Sydney Gross to purchase a bicycle jig saw for the Occupational Therapy Department. This is a unique piece of equipment manufactured only once a year by a particular firm for use in rehabilitation areas of hospitals.

The Annual Minnesota State Hospital Auxiliary Meeting was held at the Pick-Nicollet Hotel in Minneapolis on Monday and Tuesday, November 9-10. Mrs. P.J. Meagher, President, Mrs. C. B. Lewis, Mrs. Frank Murphy and Mrs. A. Moeglein attended the interesting and informative sessions on Monday, November 9. Reports of this meeting were given at the quarterly meeting so all members could benefit.

The Favor Committee under the direction of Delores Ahles, continues to make unique favors for the patients of the hospital for special holidays. The Thanksgiving favors were received with a great deal of enthusiasm and the committee is now working on Christmas favors to brighten the holiday season for those who are fortunate enough IF THEY MUST BE ILL AT THIS TIME, to be patients in our hospital!

A highlight of the meeting was the travelogue presented by Mrs. C. B. Lewis, illustrated with beautiful slides, of a trip she and Doctor C. Lewis made in the Holy Land.

The members of the Women's Auxiliary are to be congratulated for their fine spirit of love for the sick through their offering of themselves in this service. As was brought out so often by Administrators and auxiliary leaders -- those serve, too, who, by being an auxiliary member, just promote the hospital by good Public Relations. In fact, the theme of the American Hospital Association Auxiliary for 1960 is the promotion of the volunteer hospital through GOOD PUBLIC RELATIONS.

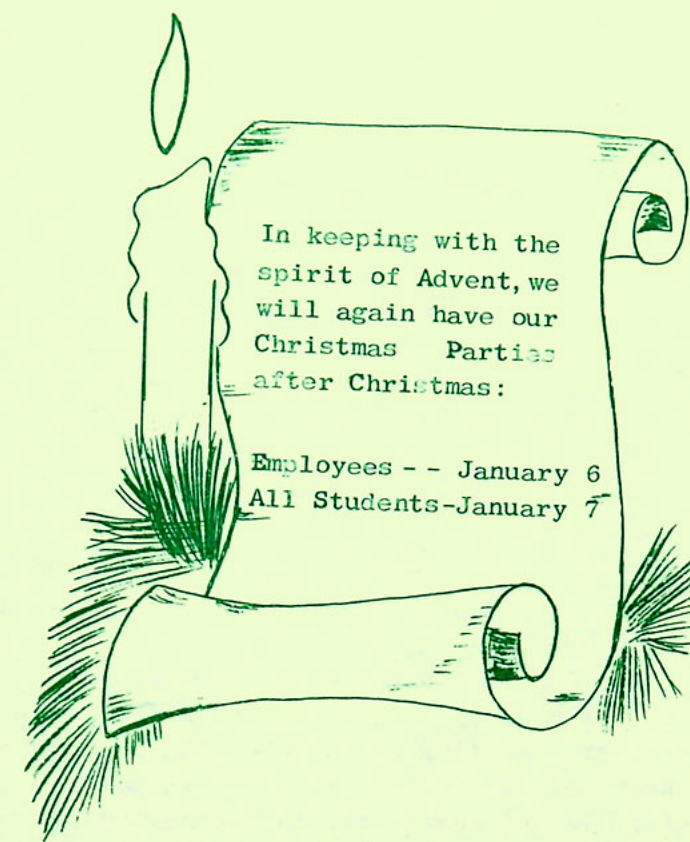
## the REAL Saint Nicholas



Only two historical facts are known about St. Nicholas: he was a bishop in Myra, Asia Minor, from the year 345-352 and his body rests in Bari, Italy. It is obvious then, that much that is known of him is woven from legends of him that have been derived from various sources.

Those traditions which emphasize the Saint's selfless, often secret, charity, his love for his fellowman and his great faith present to us the real St. Nicholas; the man who was a compassionate big-hearted, saintly Bishop.

His feastday on December 6 is a family feast where signs of love and good will toward each other remind us of the Saint's real significance. As a special Advent feature, he can help us with our Christmas plans of good will and our wishes of feastday joy so that the lonely, the sick and the poor, who were once the grateful recipients of his benevolence may see that his virtues have lived on over the ages in those Christians who still love and try to imitate the real St. Nicholas.



In keeping with the spirit of Advent, we will again have our Christmas Parties after Christmas:

Employees -- January 6  
All Students-January 7

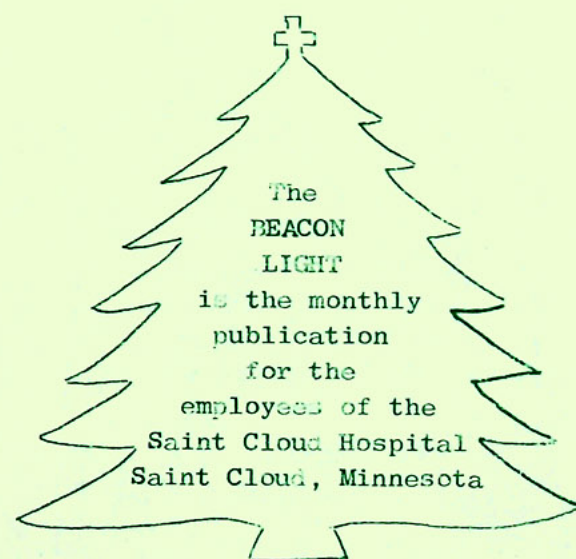


We wish to express our appreciation to all who helped with and supported our Bakery Bingo. Special recognition to Rita Dahlman, Fay Planer, Carol Ditty, Jackie Lutgen, Floreen Rumreich, Catherine Lang, and Louise Nett of last year's graduates of the School of Nursing who drove up from Minneapolis to attend!

--The Sodalists







Dr. John McNamara spoke to a very interested group at a combined DCCN and In-service Meeting on November 18, in the library of the Nurses Home. Dr. explained referrals and admissions to the Tri-County Mental Health Clinic, and the order in which patients are examined; first by the Social Worker, Edmund Schnettler, then by Dr. Mariana, Psychologist, then by Doctor McNamara the Psychiatrist, and finally by a combined conference of all three. Dr. McNamara stressed the importance of classifying each patient as a human being rather than a case number and the understanding necessary, of all concerned, in handling each case. A spirited question and answer period followed Doctor's talk.



## CASUAL OBSERVATIONS.



There has been some face-lifting! Both the Main Kitchen and Modified Diet Kitchen have been repainted, giving a "symphony in blue" effect. The new lighting should make work much easier and more pleasant.

... With the installation of conduits and a fan, we no longer see or live in the clouds (of steam) rolling from the cafeteria dishroom. Judging by the number of interested onlookers, everyone enjoyed watching or anticipating the changes as they progressed.

... There is an air of subdued excitement on all the Nursing Stations these days! The reason? Preparations are underway for Christmas parties..original decorations are being prepared for the patients' rooms,elevator lobby and halls.

... We neglected to report last month that MISS BERNICE ZIMMERMAN from our Recovery Room, started her vacation as Miss Zimmerman, but returned to us as happy Mrs. Jerry Schoenborn. Congratulations! Mr. Schoenborn is a radio announcer for Station WELY in Ely, Minn.

... MARTHA SCHMIDT spent a delightful two weeks in Washington, D.C., where she formerly worked. She renewed some old friendships, made new ones and rode a jet back to Minnesota.

## Guess Who~

The November Baby Picture was Mrs. ESTHER MERKLING, our payroll supervisor. Although many employees submitted names, many did not follow the contest rules, thus disqualifying the entries. The one person who named the picture correctly and followed the contest rules was HILDEGARD THEIS from our Main Kitchen. Congratulations, Hildegard!

Clue: This person is member of our hospital family.



### RULES

1. All hospital personnel are eligible to participate except the Staff of the BEACON LIGHT who will act as judges.
2. All entries must be submitted by 5:00 p.m. on Wednesday, December 16, 1959 to the Administrative Office.
3. Only one answer may be submitted by any one employee.
4. The correct answer will appear in the next issue of the BEACON LIGHT.
5. Print your name and department on your entry.
6. The ticket for your free dinner may be picked up at the payroll Office.

If you didn't win this time, don't be discouraged--you might win that Christmas dinner.

CONGRATULATIONS to the following alumnae and former employees on the arrival of new babies:

Mrs. John Hennemann....(Jeanette Stormes)  
Mrs. Melvin Grams.....(Louise Mergen)  
Mrs. Eugene Spicer.....(Helen Bauer)  
Mrs. Hubert Thelen.....(Mary Kasner)  
Mrs. Richard Heisick.....(Rita Kuefler)  
Mrs. James Smith.....(Lorraine Tomczik)  
Mrs. Daniel Brutger....(Elizabeth Dufault)



Let us hasten to bring our congratulations to Dr. & Mrs. R. F. Kline on the birth of their youngest, Bruce, on the twenty-ninth of October! Please excuse the oversight.

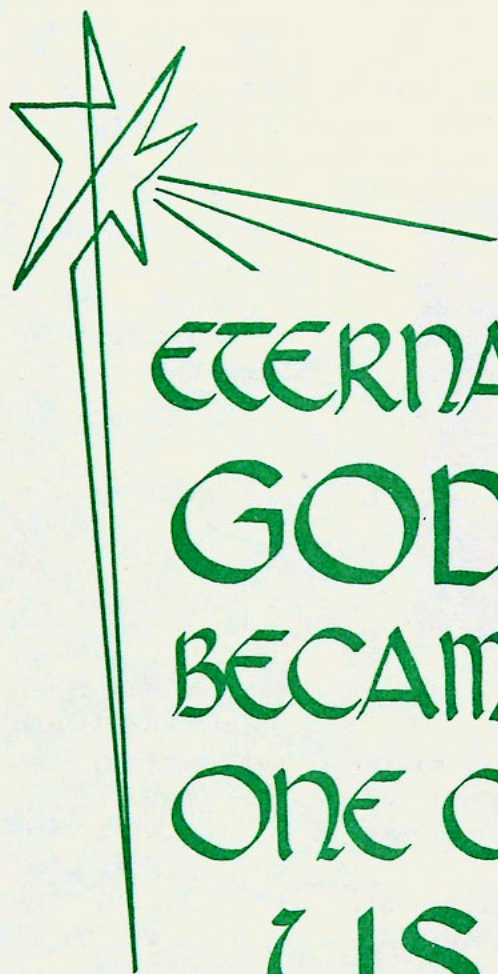
Congratulations are also in order for Dr. & Mrs. John McNamara and Dr. & Mrs. James Kelly on the birth of girls!



W E L C O M E to the following who have joined our Hospital Community during the past month:

Miss Jeanette Schutz  
Mrs. Claire Kilian  
Miss Eileen Leidenfrost  
Mr. Duane Cornelius  
Miss Deanna Waterfall  
Mrs. Bernice Kelly  
Mrs. Mary Schreiner  
Mrs. Marlys Hanson  
Miss Virginia Lahr  
Miss Grace Allen  
Miss June Przybilla  
Mrs. Elaine Meagher  
Miss Judy Daiker  
Miss Rose Yackley  
Mrs. Lois Aldrich  
Miss Leona Lieser  
Miss Adelaide Lenzmeier  
Miss Agnes Lahr





ETERNAL  
GOD  
BECAME  
ONE OF  
US