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BEACON LIGHT

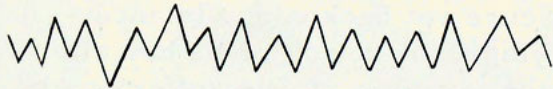


Volume XIV Number 6

Saint Cloud Hospital

February, 1963

ELECTROENCEPHALOGRAPHY - - - - A DIAGNOSTIC TOOL.



Although electroencephalography is not a new service to patients provided at the St. Cloud Hospital, it merits headline attention at this time. Due to a gradual increase in the demand for this diagnostic procedure, improved facilities have been required.

Essential to the expansion of this service is a resident technician who is trained especially to do E.E.G.'s. The return of Sister M. Arles, O.S.B., after thirteen years' absence has satisfied this requirement. Sister Arles, formerly an X-Ray Technician in the X-Ray Department of the St. Cloud Hospital, has been in Utah as an X-Ray Technician at St. Benedict's Hospital in Ogden, and as Administrator and Religious Superior at St. Michael's Hospital in Richfield. During her years in Ogden she also had four years of experience as an E.E.G. technician.

The E.E.G. (also called a brain wave test) is a diagnostic test which records the electrical activity produced by the human brain. This test is accomplished by means of an electrical machine with electrodes (contacts) which are attached to the scalp between two or more given areas. The types of diseases for which an E.E.G. is of value are: convulsions, epilepsy, brain tumors, encephalitis, cerebral vascular diseases, fainting spells, hysteria, head injuries and senile mental degeneration.

To increase the availability of this service an E.E.G. machine has been installed in Room 118 and arrangements have been completed to allow scheduling of the procedure two days a week with special arrangements possible for emergency circumstances.

HIGHLIGHTS.....

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FROM THE DESK OF OUR CHAPLAIN



SEPTUAGESIMA . . .

Christ was born that He might die! As we knelt at the Crib at Christmas time, who of us did not at least dimly sense the shadow of the Cross over the manger. Gone now is the glitter and warmth of Christmas. The stable has been dismantled and stored away for another year. The holly and evergreen have been swept out. Now with Septuagesima season here, all is austerity.

Septuagesima is a familiar expression in our Christian vocabulary. But what does it mean to you as an individual? To the average Christian it is a warning that Lent is just around the corner, and beyond that -- as in an obscure yet beckoning distance -- is Easter. In her perpetual work of teaching and sanctifying, the Church turns her attention now from the mystery of Our Lord's birth to the mystery of His suffering and death. The liturgical color is purple, the color of penance.

Septuagesima is derived from the Latin; it means seventieth. Although literally Septuagesima Sunday means that we are seventy days from Easter, in actuality it is only sixty four. The term is used as a round number. We do this many times; we say a dozen -- even when there are fourteen or only ten. Similarly the three Sundays before Lent are named in round numbers. Lent, consisting of forty days of fasting and penance, is called Quadragesima. Accordingly the last Sunday before Lent is called Quinquagesima, meaning fifty, because it is more or less fifty days from Easter. The second Sunday before Lent is called Sexagesima, since it is approximately sixty days till Easter; and the third Sunday previous to Lent is known as Septuagesima.

During the season of Septuagesima the Church is preoccupied with the sinfulness of mankind and our need of redemption. It was not the Church but Christ Himself Who said, "Unless you do penance, you shall all likewise perish." The obligation of doing penance is thus a Divine obligation from which no human power can dispense. It is because of this Divine Law that the Church has enacted her Lenten regulations to show us clearly how we can fulfill the command of Our Blessed Lord and follow His example.

It is not yet Lent. The fast has not yet started. But Mother Church is slowly getting us tuned and oriented for the ordeal. This is the goal of Septuagesima.

WE EXTEND OUR SINCERE SYMPATHY TO:

Mrs. Betty Young on the death of her husband, Earl.

Mrs. Margaret Kiekow on the death of her brother, Mr. Hulbert Hall.

The BEACON LIGHT is the monthly publication for the personnel of the St. Cloud Hospital, St. Cloud, Minnesota

MEET YOUR ADMINISTRATOR

(This page is in response to a request by several employees to know more about our Administrator)



Sister Jameen and Sister Marion, Assistant Administrator, "at work."

Masters degree in Nutrition and Biochemistry with a minor in Institutional Management and Education. Again she returned to the College of St. Benedict as Instructor. She received further education during a summer session at the University of Montana, taking a course in Management and Business Administration.

Sister Jameen's hospital experience began in January, 1952, when she became Purchasing Agent and Assistant Administrator at the new Community Memorial Hospital at New Prague, Minnesota. The hospital was nearly completed when it was offered to the Sisters of St. Benedict by the New Prague community, but much work was still to be done before it could be opened. This preparation served as a thorough orientation to the "big business" of hospitals. The hospital opened to admit patients on February 14, 1952, and in July of that year Sister Jameen became Administrator and Superior.

On July 22, 1958, Sister Jameen came to the St. Cloud Hospital as Personnel Director. On February 1, 1959, she began her career as Administrator of the St. Cloud Hospital. In this position she refers to herself as a "retired dietitian."

To list the hobbies and interests of Sister Jameen is a Herculean task -- so varied are her interests and abilities. Among her favorites, however, is raising roses, collecting and mounting icons, doing interior decorating, studying art, reading and pontooning.

When asked what she enjoys most about her job as Administrator, she said, "People and the opportunity to talk to them. They say that an Administrator is supposed to listen 85% of the time -- but I think I talk 85% of the time." Her major, and almost only, dislike is that of paperwork in any way, shape or form.

Now -- aren't you happy to have met her?

Sister Jameen was born and raised in Madison Lake, Minnesota. Here she attended the Catholic grade and high school of All Saints' Parish, conducted by the Sisters of Notre Dame. With some pride she recalls that, of the sixteen members of her high school graduating class, thirteen went on for continued education.

After high school, Sister attended the College of St. Benedict, and following graduation she decided to become a member of the Community.

In the early years of her religious life, she taught Home Economics at St. Benedict's High School and College for several years and then attended the University of Minnesota to earn a



Retired Dietitian (?)

A Message from the Administrator



The theme for the 48th Annual Convention of the Catholic Hospital Association to be held in Chicago in June is: "Quality -- Planned, Evaluated." Elaborating on the theme, the question is asked, "Quality performance throughout the hospital -- how can we accomplish it?"

This is another indication of the surging interest today in efforts to improve hospital management from the top to the lowest level of supervision. This is not to say that hospital management is incompetent, but suggests that there is room for improvement in management skills, whether it be in the position of Administrator or the Supervisor of the smallest unit of the hospital organization.

Before anything can be done, however, there must be recognition of the need for improvement in our effectiveness as Supervisors. If we really feel the need for assistance, re-direction, training, development -- we enjoy an attitude that is essential to personal self-development. That each of us possesses a desire to increase our supervisory effectiveness is, I think, a valid assumption.

There are many programs designed to improve management effectiveness. One is job analysis, which we are now engaged in. Another is the application of management improvement techniques through group dynamics which will soon be inaugurated here at the St. Cloud Hospital.

Recognizing our individual needs, we can take full advantage of these programs, working together and helping each other toward greater management effectiveness.

AN OPEN LETTER TO ALUMNAE MEMBERS OF THE SCHOOL OF NURSING

Dear Members:

By this time you have received your letter for 1963 membership in your Alumnae Association. In striving to keep our organization active and beneficial we are asking you to complete the questionnaire and return it as soon as possible. Thus we can schedule our yearly activities wisely and with the help of your suggestions. In the event that you did not hear from us, please send us any change in name or address.

Our aim this year is the advancement of the nursing profession and the edification of each individual member. The next meeting of our Alumnae is planned for Tuesday, February 19, at 8:00 P.M. in the Nurses' Home. Dr. Ross Horning will speak on "Contemporary Russia." Dr. Horning is history professor at St. John's University and has a profound knowledge and interest in modern Russia. We are extending our invitation to this meeting to the members of the St. Cloud Chapter of St. Mary's Hospital Alumnae of Minneapolis and to the St. Gabriel's Alumnae Association of Little Falls.

Through the coming issues of the Beacon Light we hope to keep you informed of news and activities of our organization and the individual members. We invite you all to be active members in our membership committee to increase participation in the organization!

Mrs. Yvonne (Obermiller) Kremers, R.N.
President

Courtesy Spotlight



To direct the beam of the Courtesy Spotlight on Oswald Brixius seems to be quite unnecessary. All of us who know him take his pleasant easy-going ways for granted and often measure our behavior by how it compares to his. However, we have discovered that by placing him in our spotlight, we have gained an expression of his ideas on the subject of courtesy, and these are well worth sharing with you.

Mr. Brixius believes that a hospital operates at its most useful capacity when it displays mutual trust and confidence among all who go to make up the hospital. Patients must have a strong sense of confidence in their doctors and in the hospital personnel who treat and care for them. Mr. Brixius sees as an important aspect of courtesy the ability to instill confidence in others by being completely trustworthy at all times. To be courteous is to proceed about one's daily tasks in a manner that permits the patient to feel

secure in the idea that he is being cared for in the best possible manner. This is the duty of all who choose to care for the sick.

Further convinced that this confidence and security based on trust, so necessary in all of our patient contact, is inspired in our patients only when all who treat the sick manifest a sense of trust and confidence in each other. Mr. Brixius regards as essential to courtesy a sincere display of confidence in the work and ideas of fellow employees.

It is obvious to all who know him that these ideas of courtesy do not remain within the realm of theory for Mr. Brixius -- and perhaps, if we would listen by observing, we could repeat these same ideas much more eloquently through our own actions without ever saying a word.

CONGRATULATIONS TO A LONE GRADUATE !

On January 11 Miss Roberta Frank completed her training in the School of Medical Technology and achieved a two-fold goal: that of becoming a graduate Medical Technologist; and of being the first student to earn the degree of Bachelor of Science in Medical Technology from the St. Cloud State College.

Miss Frank earned her Medical Technology pre-requisites of 145 college credits at the St. Cloud State College and then transferred to our School of Medical Technology to complete the requirements for her degree. She is now eligible to take the Registry examination which leads to registration by the American Society of Clinical Pathologists and to her title of Registered Medical Technologist (ASCP).

NIGHT LIGHTS



Every mother has spent a night vigil with a sick baby, but Mrs. Corrine Payne, night nurse in Pediatrics, keeps watch over a big family five nights a week.

After graduating from our School of Nursing in 1947, Mrs. Payne worked on 5 North as Assistant Head Nurse for three years. After an absence of six years, she returned in 1956 in her present position.

A native of Rockville, she has lived in St. Cloud for the past twenty-five years. Her mother comes in daily from Rockville to care for her children, Deborah, eleven and Jon, four.

A year-round hobby of fishing, especially ice fishing, fills many hours with fun for both Mr. and Mrs. Payne. Though the children in Pediatrics may know their night nurse only through sleepy eyes, they have the assurance that someone is there keeping the eleven to seven watch.



WELCOME NEW EMPLOYEES !

<u>Nurses</u>		<u>Laboratory and X-Ray</u>	
Mrs. Norma Vanman, R.N.	3 North	Aloys Blommer, M. T.	Laboratory
Mrs. Jean Eveslage, R.N.	3 South	Mrs. Sharon Morgan	Laboratory
Mrs. Carol Weis, R.N.	3 South	Norma Schwartz	Laboratory
Mrs. Carol Partch, R.N.	2 South	Delroy Stang	Laboratory
Mrs. Judith Griesman, R.N.	3 South	Kathleen Netz	X-Ray
Mrs. Kathleen Bollom, R.N.	P. A. R.		
Mrs. Alberta Clement, R.N.	D. R.	<u>Dietary, Housekeeping and Laundry</u>	
Mrs. Doris Wicker, R.N.	D. R.		
Mrs. Judith Dahl, L. P. N.	2 North	Mary Simon	3 North
Mrs. Hope Eilers, L. P. N.	4 South	JoAnn Wolbeck	Laundry
Shirley Duclos, P. N.	4 North	Marilyn Naber	Main Kitchen
Mary Ann Funk, P. N.	3 North	Mrs. Margaret Weis	2 South
<u>Maintenance</u>		<u>Central Service</u>	
Math Jost	Painter	Walter Henkemeyer	Supply Clerk

NEW ARRIVALS

Mrs. Donald Beumer (Jacqueline Conrad)	Mrs. James Kimlinger (Gail Nelson)
Mrs. Kenneth Vossen (Charlotte Schreiner)	Mrs. Donald Voit (Lorraine Groetsch)
Mrs. Michael Court (Mary Merdan)	Mrs. Paul Botz (Kathleen Pallansch)
Mrs. Claude Przybilla (Gwendolyn Wampach)	Mrs. James Stang (Cynthia Pikus)
Mrs. John Prill (Mary Jane Dahmen)	Mrs. Dale Eberhardt (Grace Wiatrack)
Mrs. Thomas Reichert (Virginia Delaria)	Mrs. Richard Rieder (Verna Nelson)

Nursing Students Honored

At a convocation in the School of Nursing on January 29 two Senior students were awarded the Marian Awards offered by the hospital. These awards were established in 1954, the Marian Year. They are tuition awards of one hundred dollars each and are given to two Senior students in nursing. They are granted to students who have given evidence of being truly Christian women with a superior ability in nursing. The need for financial assistance is also taken into consideration.



Joan Trowbridge, Sister Keith, Director, Kay Sauer, and Sister Jameen, Administrator

During the convocation Sister Remberta, Instructor in Science, addressed the students on "The Pursuit of Excellence." In her address Sister Remberta stressed the qualities essential to the truly educated woman, the high ideals of Christian scholarship and the need to have the courage of their convictions and to dare to be different in the face of a materialistic world.

At the conclusion of the convocation Sister Jameen, Administrator, presented the awards to Miss Kay Sauer and Miss Joan Trowbridge. At this time Sister Jameen also announced to the students that in 1964 the awards will be increased to five instead of two.



GO TO SCHOOL AND LEARN A HOBBY

Anna Mary Pallansch, X-Ray Technician, has at long last realized a secret ambition -- the study of art. Besides a full schedule as a full time employee and a home-maker for her father and the younger members of her family, she has found time to attend afternoon classes in art at the St. Cloud State College. The result of her studies,

pictured here, show the combined efforts of a will to learn and natural artistic talent. She has attended classes one quarter, but this is only the beginning.

Miss Pallansch has been a part of the hospital family since she was sixteen when she began working here as dietary aide. Later she entered the School of X-Ray Technology and was employed as a technician after graduation. Her professional forte is in the therapy department where her kindness and pleasant manner give a real "boost" to the patient undergoing x-ray therapy.

A young lady with many interests (art is only one of them!) she enjoys skiing, swimming, photography and travel -- with hopes for a trip to Europe in the not too distant future.

Meet our Doctors



Dr. Gilman Goehrs was born in Wheaton, but in his boyhood moved to St. Cloud where his father pioneered in medicine. He received a degree in chemistry from the University of Minnesota. After interning at Miller Hospital in Minneapolis, he returned to St. Cloud in 1939 to practice with his father and later with Dr. V. Neils. Four years of World War II were spent with the Army Medical Corps in the South Pacific and in Europe.

Doctor is a member of the County, State and American Medical Associations, the Association of Military Surgeons and presently is Vice President of the Great Northern Surgeons Association. He is also president of the St. Cloud Board of Health. He is a fellow of the American College of Surgeons and a past president of this hospital's medical staff.

Governor Anderson appointed him to the Mississippi River Highway Commission with the task of building a highway along the river from mouth to source and thence to Canada.

Doctor is married and has five children. His hobbies are gardening, model railroading and stamp collecting.

Dr. Cesnik was born in Hillsboro, Wisconsin and became acquainted with St. Cloud during his premedical years at St. John's University. He received his M. D. from Marquette University in 1949, and after an internship at St. Mary's Hospital, Duluth, made his home in St. Cloud. He has been in general practice in association with Dr. L. Evans since 1950, except for two years with the army at Fort Niagara.

Dr. Cesnik is a member of the County, State and American Medical Associations, the American Academy of General Practitioners, and is an Associate Fellow of the International Academy of Proctology. He belongs to the Knights of Columbus, St. Mary's Physicians Guild and the Aircraft Owners and Pilots Association.

Doctor is married and has ten children. His hobbies are flying, and fishing in the wilds of Canada -- the wilder the better!



Dr. Joseph Gaida was born in Holdingford and attended the public schools there. He took his premedical work at St. John's University and obtained his M. D. from the University of Minnesota in 1932 after an internship at St. Mary's Hospital in Minneapolis. After practicing in southern Minnesota, he returned to the U. of M. and Ancker Hospital for graduate work in E. E. N. T. He came to St. Cloud in 1936, and was for a time associated with Dr. Gelz (deceased) and Dr. W. T. Wenner.

The County, State and American Medical Associations, the Minnesota and American Academy of Ophthalmology and Otolaryngology, Knights of Columbus and Serra Club, count him in their membership. He is a fellow of the American and International Colleges of Surgeons, past president of the County Medical Association, this hospital's medical staff, the St. Mary's Physicians Guild and Executives Club. At present, he is chairman of the Board of Advisors of the College of St. Benedict.

Doctor is married and has one son. His hobbies are travel and photography.

Dr. Leslie Evans was born in Racine, Wisconsin, and received his M. D. from Marquette University in 1935 after an internship at St. Joseph's Hospital, St. Paul. This was followed by a year of graduate study at Gillette State Hospital for Crippled Children. He has been practicing in St. Cloud and Sauk Rapids since 1936.

Dr. Evans is a member of the County, State and American Medical Associations. He has served as president of the medical staff here and of the County Medical Association. He is a fellow of the International Academy of Proctology and a member of the American Academy of General Practitioners. Doctor is also a fourth degree Knight of Columbus, a member of St. Mary's Physicians Guild and a member and past president of the Lions Club.

He is married and has three children. His hobbies are hunting, fishing and raising retriever dogs. Two of his dogs have won national championships awarded by the American Kennel Club.



SELF IMPROVEMENT

People often remark that "no greater satisfaction can be derived than that which comes from a job well done". Studies of people who constantly do a job well, and are happy with their work, invariably show that they know their jobs well. People who exhibit little or no fatigue on their jobs, always are willing to share with others the secret of their success - SELF IMPROVEMENT.

Self improvement often takes many forms. It results from conscientious attention to details of one's work, a study of methods, new ideas and applications. It is evidenced from learning the dependence of one's function upon those of other associated employees. It can also be seen in the manner in which a person observes others to develop habits which contribute to better

employee relations.

Self improvement does not result from only learning more about one's job and how to do it efficiently. Many outside factors are also involved including adequate rest and relaxation, participation in a variety of job-related events and discussions, and social diversions, all of which serve to develop greater human understanding, improve values, and establish standards of ethical practice.

Each of us on the hospital staff can improve our attitudes toward our work and each other, and learn to enjoy our jobs while helping ourselves and our patients.

POSTULANTS DAY



Sister Bridget visits with Bonnie Laubach, formerly a student in Laboratory Technology.

Formal presentations of information was prepared by several of the hospital Sisters who explained the Religious life in the hospital, activities of the various professional groups working in the hospital and the educational programs carried on.

Postulants Day was a new and very enjoyable event for the hospital Sisters and nineteen Postulants from the Convent of St. Benedict. The Postulants are young women who are in their six-month preparatory period before entering the Novitiate at St. Benedict's.

As part of their introduction to the Religious Community, the life of a Benedictine Sister, and the work carried on by the Community, it was decided helpful to have them spend a day at the St. Cloud Hospital.



Sister Jonathan explains x-rays to a group.

PERSONNEL BENEFIT FROM ADDED EDUCATIONAL OPPORTUNITIES

A large group of Department Heads and nursing service personnel attended a lecture at St. Cloud Veterans Hospital on January 18 to hear Dr. Philip Margolis, Chief of Psychiatric In-Patient Service at the University of Chicago. His topic was "The Therapeutic Community."

Sisters Marion, Albert, Job, Helaine and Josue attended a Work Conference at the Dayton Auditorium in South Dale Center, Minneapolis, on "Appraisal of Nurse Performance in the Clinical Area." Guest lecturer for the conference was Barbara L. Tate, Assistant Director of Research and Studies Service for the National League for Nursing.

Mr. Gene Bakke attended a Group Leader Conference from January 28 to February 1. This conference was held in Pueblo, Colorado under the joint sponsorship of the Catholic Hospital Association and the Colorado Conference of Catholic Hospitals. Mr. Bakke hopes to share the benefits of the conference with others in the hospital through a program of active participation. As usual, his enthusiasm is infectious!

NURSES REVIEW TEAM NURSING



Mrs. L. Hagen, panelist

Seventy professional and practical nurses took a new look at team nursing during an evening panel discussion on Wednesday, January 30.

Well presented and carefully prepared papers were given by each panelist as they explored the present use of team nursing at the St. Cloud Hospital and discussed possible expansion and improvement of the program.

A general discussion followed the panel during which members of the audience directed questions to the "experts."

Topics and participants for the evening were:

Mrs. L. Hagen (Asst. Director, Nursing Service)	Definition and Philosophy
Mrs. L. Kray (Head Nurse, Surgical)	Objectives of Team Nursing
Sister Mary Dominic (Supervisor, Obstetrics)	Supervisory Responsibilities
Sister Goretti (Asst. Head Nurse, Special Care)	Assignment Planning
Miss C. Meemken (Staff Nurse, Pediatrics)	Role of the Head Nurse
Miss B. Desmarais (Staff Nurse, Medical)	Role of the Team Leader
Sister Albert (Instructor, E.E.N.T.)	Role of the Student, L.P.N. and Auxiliary Personnel
Sister Job (Head Nurse, E.E.N.T. and Surgical)	Nursing Care Plan
Miss R. Weihs (Head Nurse, Orthopeaics)	Team Conference

NEW MOVIE PROJECTOR IMPORTANT TRAINING TOOL

A new movie projector, purchased in December, has become an important training aid for personnel, according to Sister Cassian, Director of the In-Service Education Program. Since the projector was put into use several training films have been shown. Some of the film titles have been: "The Patient as a Person," "Fire and Your Hospital," "Telephone Manners," and "Nursery Sepsis." Over 350 hospital personnel have seen one or more of the films.

With the ready availability of the projector, the use of films for training purposes will be expanded, according to Sister Cassian. "There are hundreds of excellent films available that bring outstanding experts in various fields right into the hospital," she pointed out.

In February movies titled "Manner of Speaking," "Voice of Your Business," and "Role of Nursing In Infection Control" have already been scheduled.

MEDICAL SOCIETY AND HOSPITAL HOST PRESS-RADIO AT DINNER



Dave Sherwood, Dr. R. Kline, and Ed Dahl at the press dinner

The Stearns-Benton Medical Society joined with the St. Cloud Hospital Public Relations Committee on January 24 to host members of the press and radio at the first annual press-radio dinner. The purpose of the meeting was to develop acquaintances and discuss mutual problems in handling hospital news.

Representing the news media at the meeting were: Charles W. Rathe, Managing Editor, St. Cloud Times; Ed Dahl, Manager, and Dave Sherwood, News Director, of WJON radio; William Moline,

Managing Editor, Photo News; Rev. Vincent A. Yzermans, Editor, and Eugene Casey, Managing Editor, St. Cloud Visitor; and John Murphy, Manager and Perry Martinson, News Director, of KFAM radio. Dr. Richard F. Kline, President, and Dr. Edward M. LaFond, immediate past President, represented the County Medical Society. Members of the hospital Public Relations Committee who attended were Sister Jameen, Administrator, Sister Bridget, Sister Leonarda, Mrs. Agnes Moeglein and Mr. Gene Bakke.

The code of cooperation between hospitals, physicians, press and radio subscribed to by statewide hospital, medical and press associations was reviewed and discussed. Development of a proposed form to be used in releasing press information was also considered.

HAPPY BIRTHDAY TO S.C.U.!

The St. Cloud Hospital's Special Care Unit observed the first anniversary of its opening on January 23, 1963. Under the direction of a hospital medical staff committee, the unit provides constant observation and care for critically ill patients rendered by highly skilled nursing and medical personnel. A distinct and separate unit with accommodations for eight patients, the unit has emergency life-saving equipment, drugs, and supplies immediately at hand. Admission to S.C.U. from another area of the hospital is by order of the patient's physician. When the doctor decides that intensive care is no longer necessary, the patient is returned to a regular nursing area.

Statistics on its first year of operation show that:

- * A total of 252 patients were cared for ---
- * Patients spent an average of four and a half days in S.C.U. ---
- * 1,134 hospital days of care were provided ---
- * The oldest patient was 100 years; the youngest, 24 hours ---
- * Eighteen patients were children under fourteen years of age.

Y. C. W.

The Young Christian Workers Movement is a specialized lay apostolic movement which aims to train and help young workers to Christianize their lives and their environment. The Y.C.W. was founded by Msgr. Joseph Cardijn, now in his eightieth year, and has received the endorsement and blessings of Pope Pius XI and Pope John XXIII. In 1961 Pope John XXIII, in "Mater et Magistra," explicitly endorsed the Y.C.W. technique of Observe, Judge and Act.

The basic unit of Y.C.W. is a parish group of about twelve members. With permission of the Bishop, parochial groups are linked into a diocesan federation. Each group has a priest chaplain with whom it works closely. Meetings are held weekly and the pattern of the meetings follows Gospel and Liturgy discussion, reports on activities and Social Inquiry.

Coletta Meemken, Staff Nurse on 4 South, joined Y.C.W. in St. Cloud over two years ago. At this time the movement was just getting started and there were three members. In August, 1961, she attended the "Study Week" in Indiana. Y.C.W.'s from all parts of the United States attend the "Study Week" to discuss problems and plans. Coletta is Vice President of the Holy Angels' group.

Doris Jueneman, a dietary assistant, has been active in Y.C.W. for a year and a half. Doris is a member of the Holy Angels' group and attended "Study Week" in Indiana last August.

Other members of our staff who are active in Y.C.W. are: in St. Mary's group, Jean Hollenhorst, Clinical Instructor on 2 South; and John Woods, X-Ray Technician; and in Holy Angels' group, Joan Jost, Nurse Aide; and Virginia Reisinger, Medical Records Clerk.



Mrs. Kathleen Mueller, Instructor on 2 North, gives vaccine.



Last dose

The last of three doses of Sabin Oral Vaccine was administered Friday, January 18th. The effective administration of this vaccine was accomplished through the volunteer services of graduate nurses, student nurses and doctors of St. Cloud.

It doesn't take long to hand out a sugar cube saturated with vaccine, but each dose had to be administered to the public by a nurse. On each of three days 9,000 to 10,000 persons were immunized at the two clinics at the Armory Building and the Civic Center.

We are proud of the part our nursing personnel had in this immunization program. Fifteen graduate nurses and ten student nurses gave three hours of their time at the clinics with some of them in attendance at more than one clinic.

The Auxilian

NOTE TO HOSPITAL EMPLOYEES AND AUXILIARY MEMBERS:

For the present we will discontinue operation of the Gift Service in the hospital lobby. Within a short time we will have the gift care in daily operation on all floors. A close-out sale at reduced prices will be held in the near future. Watch the bulletin board for the time and place.

We deeply regret that two of our candy strippers were missed when the 100 hour awards stripes were presented. To Miss Gail Sova and Miss Colleen Studer we offer our apology and extend our congratulations. Miss Marguerite Ernst was unable to attend the recognition program, but to her, also, our congratulations on receiving the 100 hour award stripe.

A recognition luncheon will be held in June for all Auxiliary members having service of 100 hours or more since the Auxiliary was formed. This recognition is for out-service as well as in-service duties. Auxilians, please keep record of the hours you are giving in volunteer services or out-service projects.

ELSIE STOTKO NEEDS YOU! The puppet supply is running low and material is urgently needed. Have you tried making puppets to delight little children in Pediatrics??? Call BL 1-8043 for that special pep talk that Elsie gives.

SPECIAL NOTE: Mazie Richter, Chairman of District III, urges all Auxilians to attend the Leadership Workshop being held in Sauk Center on February 22 from 10:00 A.M. to 4:00 P.M. The State President will conduct the workshop. Transportation is being arranged. Officers and Committee Chairmen should make a special effort to take advantage of this opportunity to learn about the latest in Auxiliary methods. Call BL 1-6946 for your reservation.

Our heartfelt sympathy to our Auxiliary members who have lost loved ones recently: Mrs. Harry McGuire on the death of her father; Mrs. Andrew Maus on the death of her mother, father and sister, killed in an automobile accident; and Mrs. W.A. Puhlman on the death of her mother.

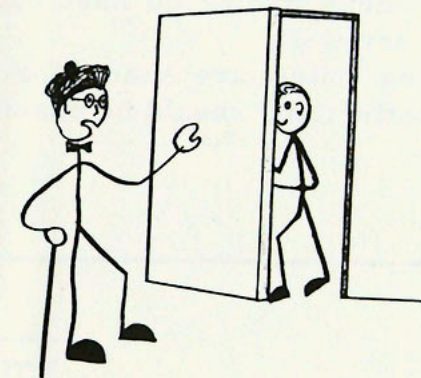
FOR PROSPECTIVE MEMBERS:

Are YOU interested in joining the Women's Auxiliary of the St. Cloud Hospital? Meetings are held four times per year on the third Tuesday of the month. Dues are \$1.00 for active membership (minimum of four hours monthly in volunteer service) and \$5.00 patroness membership (limited participation in projects.)

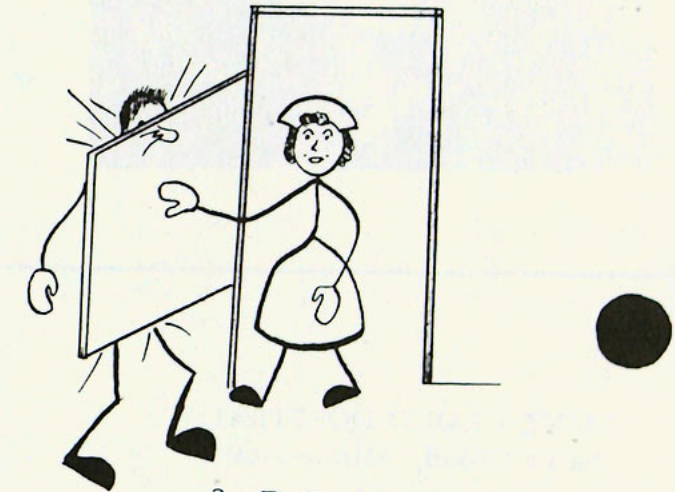
Mrs. Art Grothe, our membership chairman, will be happy to answer any further questions for you -- and we all welcome you to the organization!

Our regular editor, Mrs. Max Landy, will be back for the next issue of Auxiliary Beacon Light news. We do hope you had a nice vacation, Bernice!

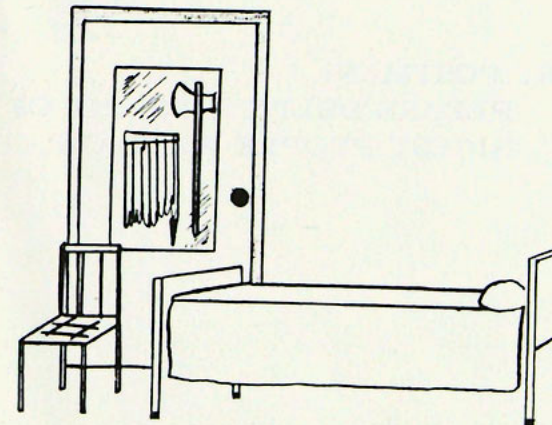
Through the door with Safety Sammy



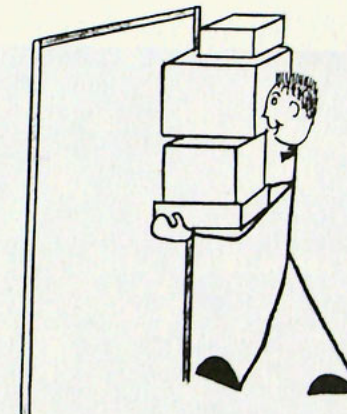
1. Open doors SLOWLY !



2. Pull swinging doors
TOWARD YOU !!



3. Keep carts, beds, wheel chairs, etc.
away from ALL doors, including Fire Doors !!!



4. Carry objects so you have
a clear view when going
through doors !!!!

Tired Lad in Waiting



Curled up in a lobby chair, this unposed young guest is making the best of the situation. In a few more years he will be old enough to visit patients too -- and to keep these simple rules of visitor etiquette:

- * Too many people at one time tires the patient.
- * A short, cheerful visit is the best.
- * Visits should be kept on the quiet side with no loud talking or laughter.
- * Too many flowers are worse than none at all. Personal gifts, books, etc. are nice too.
- * Smoking is annoying and dangerous.
- * Relatives and friends with a cold or other illness of infectious nature do best not to visit until they are well.
- * Hospital visiting rules are made for the benefit of the patient and should be observed as such.

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