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Together,
Building
Healthier
Communities

CENTRACARE Health System

CentraCare Radiation Oncology at Douglas County Hospital



CentraCare Clinic – Melrose



St. Benedict's Senior Community – Monticello



Artist rendering of new outpatient medical campus – Hwy 15, St. Cloud



St. Cloud

Together,
Building
Healthier
Communities

Monticello

At **CentraCare Health System**, we believe that working together is the best way to meet the health care needs of our communities. The clinics, long-term care facilities, specialty services and hospitals that make up our health system work together to ensure that Central Minnesotans get comprehensive, high-quality health care close to their homes. Our commitment to working together, however, extends far beyond our own health care system. We collaborate every day with professionals from around the region to provide the best care possible. In Alexandria, for instance, we recently celebrated the first anniversary of the radiation oncology program that we offer at Douglas County Hospital, which is not a CentraCare facility. In Little Falls, we have embarked on a venture with St. Gabriel's Hospital to develop an addition to a clinic. In St. Cloud, we are developing an outpatient medical campus that we hope will bring together CentraCare and non-CentraCare services in a convenient setting near Minnesota Highway 15.

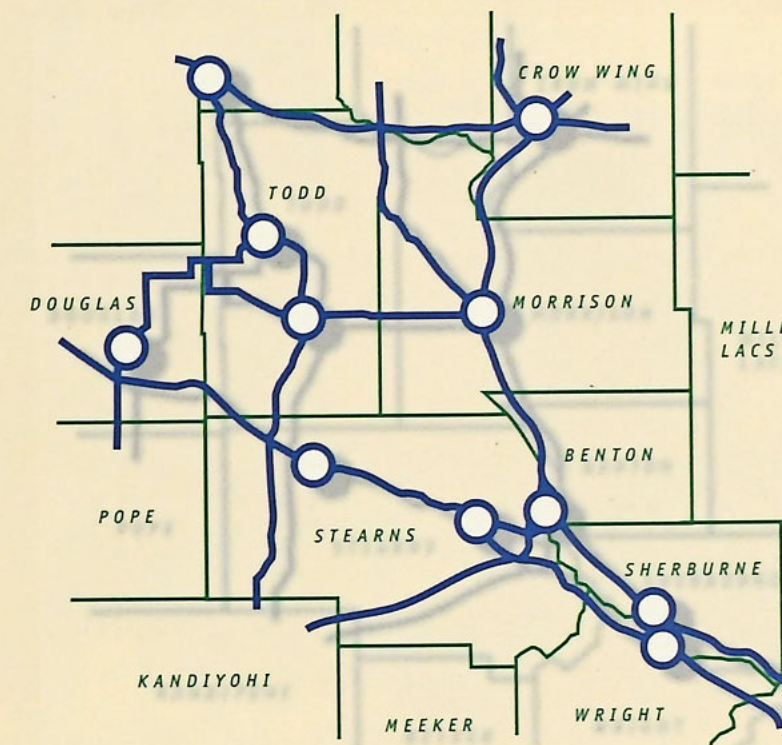
These are but a few examples of our continued commitment to working together, for you.

Together,
Building
Healthier
Communities


Table of Contents

	Page
St. Cloud Hospital	2-3
Melrose Area Hospital	4
Long Prairie Memorial Hospital	5
CentraCare Clinic	6-9
St. Benedict's Senior Community	10-11
Melrose Pine Villa Home	12
Long Prairie Memorial Home	13
CentraCare Health Foundation	14-15
Mid-Minnesota Family Practice Center	16-17
CentraCare Health System	18
Letter from Our Presidents	20
Our Board	21

CentraCare Health System 12-County Service Area



CENTRACARE Health System


A photograph of a young woman with shoulder-length blonde hair, wearing a red t-shirt, looking off to the side with a slight smile. The background is a blurred outdoor setting.

Megan Luckow

Megan went through outpatient treatment and follow-up at St. Cloud Hospital's teen & adolescent behavioral health program

“When I was using drugs, my life was unmanageable. It was full of chaos. My treatment in St. Cloud Hospital's chemical dependency program has helped me gain insight about my disease and how it controlled me and what it did to my family. Now, I'm more responsible and I'm discovering that I have a love for life.”

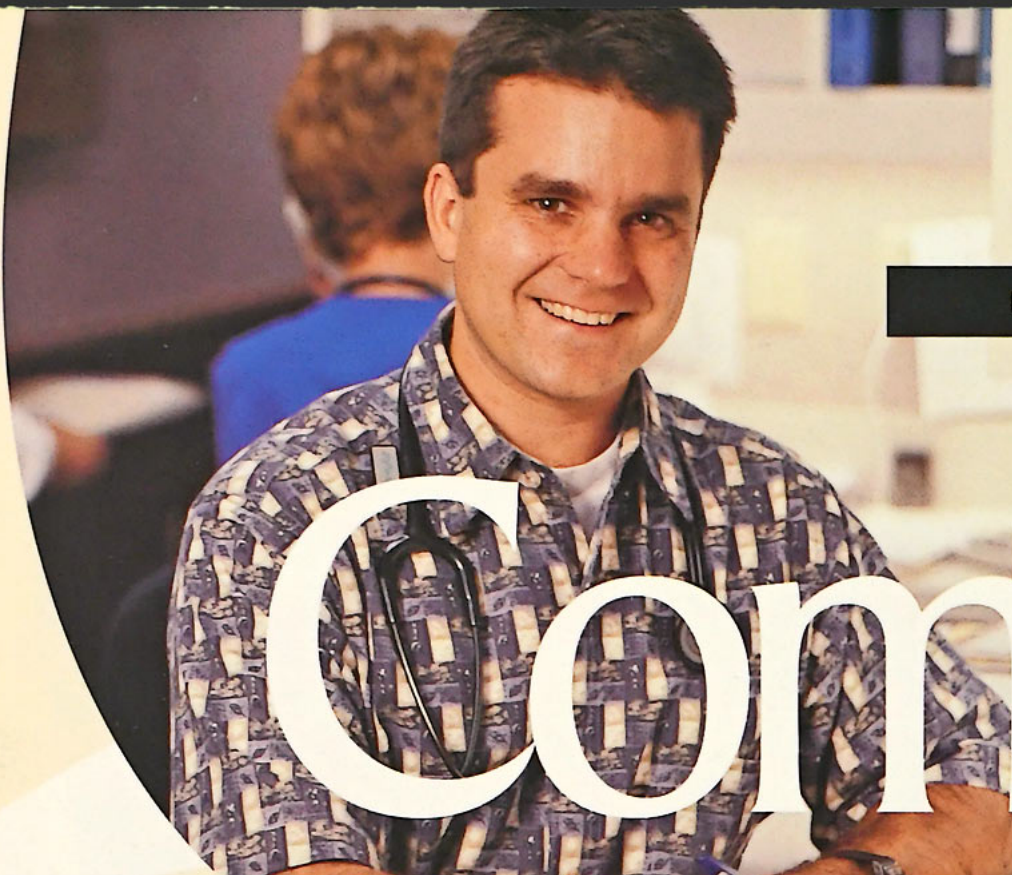
“The support I got was unbelievable. Because I was close to home, my friends and family were able to spend a lot of time with me while I was in the hospital, which I think made a big difference in my recovery. The personal attention I received was first-class.”

A photograph of a middle-aged man with short grey hair, wearing a white dress shirt and a patterned tie, smiling warmly. The background is an office setting.

Jim Lauerman

Jim underwent double bypass surgery at St. Cloud Hospital, which is ranked as one of the Top-100 cardiovascular hospitals in the United States

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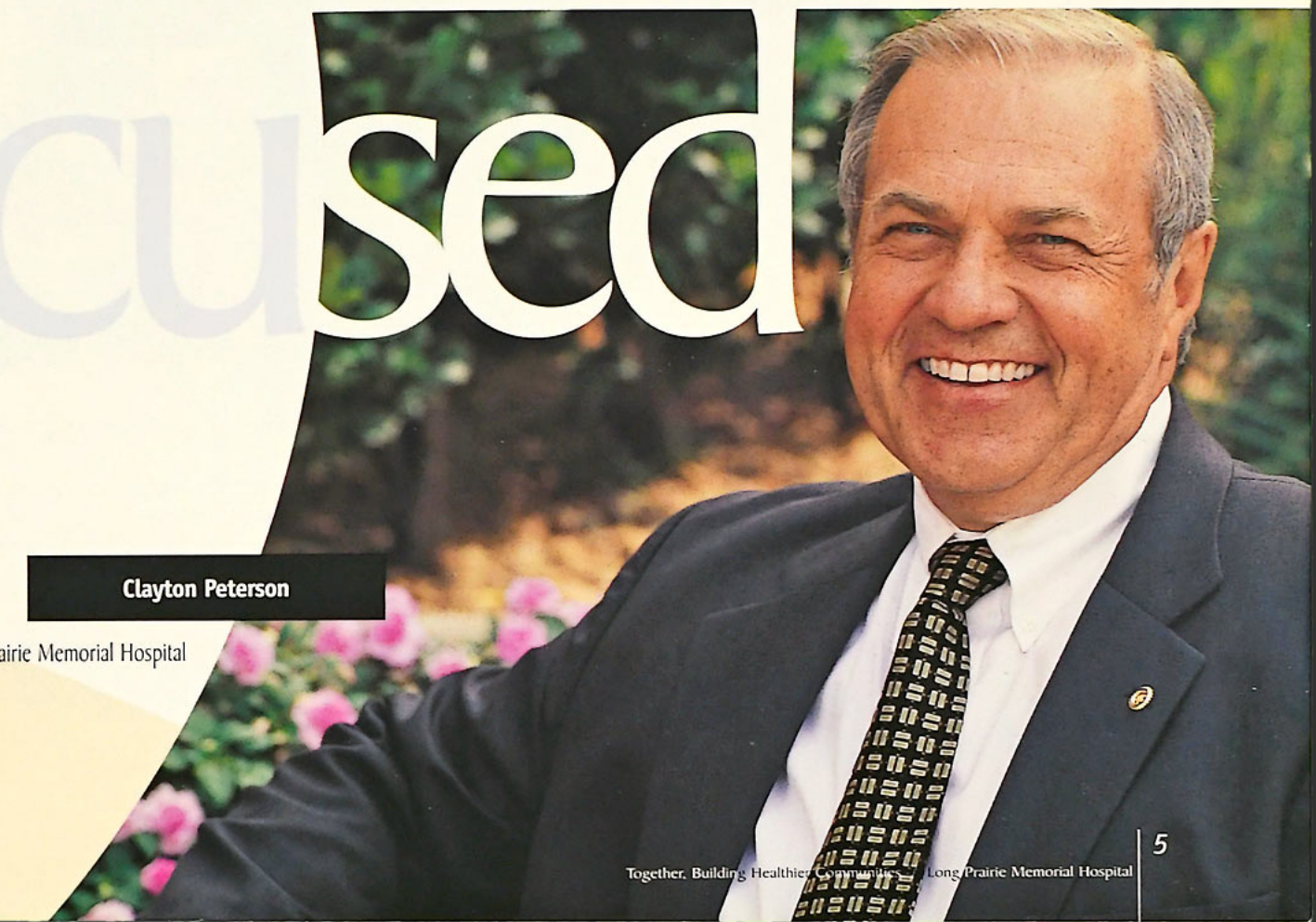
Kurt Schwieters, M.D.

CentraCare Clinic physician
and a new member of the
Melrose Area Hospital Medical Staff

Community-focused

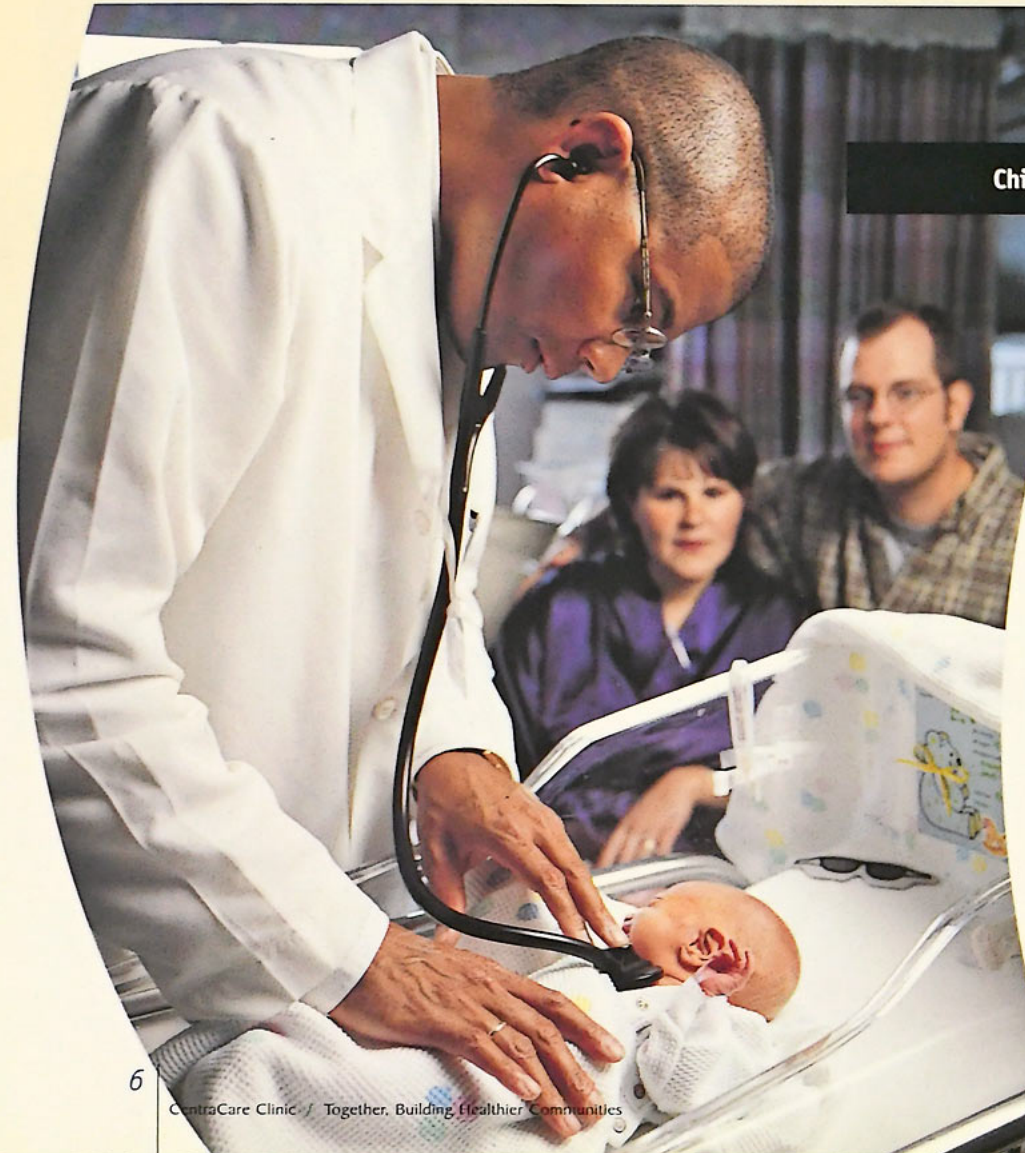
“I chose to move to Melrose because Melrose Area Hospital and CentraCare Clinic are wonderful facilities and the community is also a great place to raise a family.”

“Our partnership with CentraCare Health System gives us the resources to provide high-quality care in Long Prairie, close to people's homes. That's important not only to patients, but to their families.”



Clayton Peterson

Administrator, Long Prairie Memorial Hospital



Chip Martin, M.D.

Neonatologist and Pediatric Cardiologist
at CentraCare Clinic and St. Cloud Hospital's
Neonatal Intensive Care Unit

“When a newborn is critically ill, the worried parents can be with their baby right here, in a hospital that combines the best of technology and caring. We offer highly specialized care for infants, including cardiology services once available only in the Twin Cities and Rochester.”



Randy Salaries, M.D.

CentraCare Clinic Gastroenterologist who provides outreach services

“Physicians from CentraCare Clinic travel to more than 20 cities in Central Minnesota, providing eight specialty services which include Gastroenterology, Cardiology, Nephrology, Oncology, Endocrinology, Obstetrics/Gynecology, Pulmonology and Dermatology. We go to the patient and provide high-quality specialty care. It's a service that is invaluable to our patients.”

Four-Generation Family

Taylor Herian

LouAnn Garner

Jane Herian

Gladys Boutang

"I've been a patient at CentraCare Clinic Women & Children's Center my whole life and now my children go there. My mother and grandmother go to CentraCare Clinic River Campus. We are all very happy with our doctors and nurses and with the care they provide."

Comprehensive

Mark Hauge, M.D.

Oncologist, CentraCare Clinic - River Campus

"The quality of care in Central Minnesota is excellent. Our patients are treated with respect and compassion, while receiving services that rival those available in much larger cities."

Continuous

“We love living at St. Benedict’s Senior Community. We find great comfort in having the security of assisted living along with the independence of having our own apartment.”



Deacon Kenneth Kruchten and wife Mary

Residents at Benedict Village



LeRoy and Irene Jensen

Monticello residents, married for 63 years

“We are thrilled to be able to move into a new facility that will provide us with independence and most importantly a sense of community. St. Benedict’s Senior Community’s tradition and quality of care was the reason that we made the decision to leave our home of 36 years. We feel it will be a choice worthwhile.”

“There is no place that I'd rather be than right here. I'm perfectly satisfied.” – Eleanor

“In a small town, this is a great resource. It was hard for Mom to leave her big house on the river, where she had raised her family and had a big garden. This has been a perfect solution. We're just thrilled with this place.” – Bill



Eleanor Meyer, and Bill Meyer

Eleanor, a 101-year-old resident of Pine Villa in Melrose and Bill, Eleanor's son

Cheerful

Joan Hudalla,

Joan Hudalla is a housekeeper, Long Prairie Memorial Home



“I enjoy being around the residents. It's very rewarding. I'm more like an ambassador and a friend than a housekeeper. I enjoy the laughs, the smiles, their positive attitudes. They wait for us to come. It makes their day. It makes my day.”



Helmet Smart program funded by CentraCare Health Foundation, and supported by St. Cloud Hospital and various community organizations

Diane Deters, RN, CEN, MS with five-year-old Alexis

Helmet Smart is designed to promote proper bicycle safety which has provided more than 500 helmets to children and adults at reduced rates. We also offer group educational presentations as well as personalized helmet fittings. CentraCare Health Foundation is currently expanding the Helmet Smart program into rural communities.”

“We are providing services for diabetics that wouldn't necessarily be available if not for the generosity of St. Cloud Hospital, the expertise of CentraCare Clinic and the assistance of the CentraCare Health Foundation in providing an endowment vehicle.”



CentraCare Diabetes Center Physician

Hans Engman, M.D.

“M any of the patients I treat are on Medicare or Medicaid. I’m proud to be part of the Mid-Minnesota Family Practice Center, where we take care of people’s medical needs, no matter what their financial situation is.”



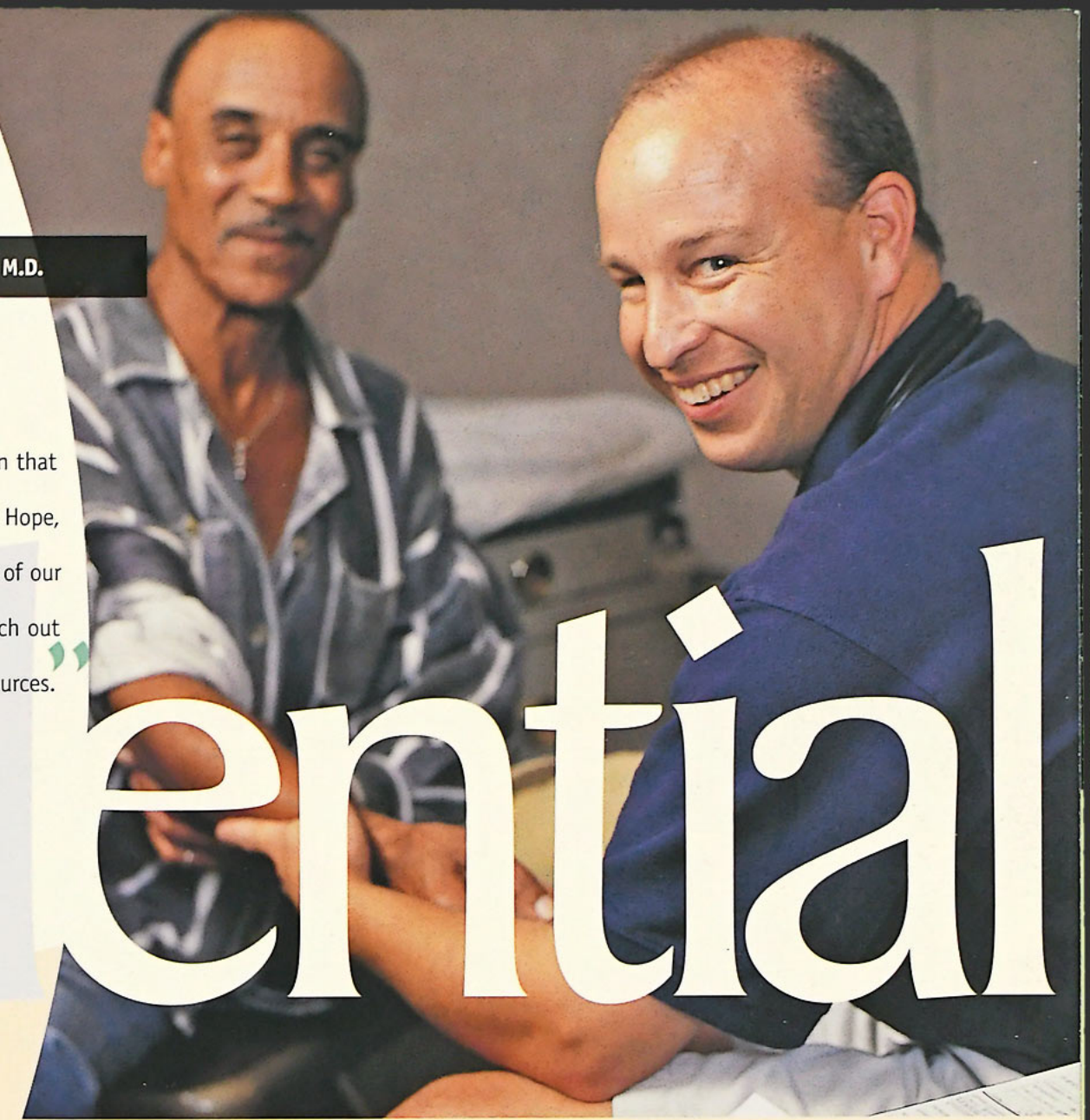
Sandra Wiita, M.D.

Dr. Sandra Wiita, Resident,
St. Cloud Hospital/Mayo Family Practice
Residency Program

Mid-Minnesota Family Practice Center Physician

Joe Blonski, M.D.

“I’m proud to be part of a collaboration that provides free health screenings at Place of Hope, a ministry on St. Cloud’s east side. Part of our mission as health care providers is to reach out to people with limited resources.”



Confidential



Jane Vortherms, RN, MS, OCN

CentraCare Health System Speakers Bureau Presenter

“Through HealthLine Speakers Bureau, we are able to provide free educational presentations on a variety of topics to civic groups, non-profit and community organizations. We go out into the community to provide the latest information regarding health information from all aspects of the health system. It is truly a commitment to Central Minnesota by contributing time, effort and resources to make our lives healthier.”

The CentraCare Health System each year re-invests millions of dollars in the Central Minnesota region. In the fiscal year that ended June 30, 1999, the system made a contribution of nearly \$30 million. That figure represents the total of providing charity care, making contributions to community programs, absorbing expenses not covered by Medicare and Medicaid, payments to finance insurance for patients through the MinnesotaCare Tax and payments to supplement the Medicaid program through the Medicaid surcharge.

CentraCare Health System continues to make strides in reducing costs, improving quality and enhancing patient satisfaction.

CentraCare Clinic is committed to quality improvement through the development and implementation of Clinical guidelines as well as patient education and involvement in research.

Corporate Report magazine ranks CentraCare Health System one of the "8 Great Places to Work" in Minnesota.

What is CentraCare Health System?

We could tell you that it is a collaborative group of Central Minnesota health care professionals working together to provide comprehensive, high-quality care, close to home.

We could tell you that it is three hospitals, three long-term care facilities, nine clinics and numerous specialty services such as CentraCare Open MRI and CentraCare Dialysis.

Those descriptions are accurate, but they do little to truly convey the heart of CentraCare Health System. The photographs and quotes in this publication do a much better job of telling our story. You see, as co-presidents of CentraCare Health System, we believe this organization should not be defined by buildings and equipment nor by medical jargon and financial reports.

We believe CentraCare Health System should be known for its people, your friends and neighbors. These are the people who examine your child's tender, sore throat. These are the people who scrub walls until they glisten. These are the people who answer your questions and calm your fears.

We are proud to be associated with the 4,500 men and women who show up for work each day with a desire and drive to serve. And we are proud to help them do what they do best: anticipate and meet the health care needs of this region.



Terence Pladson, M.D.
President, CentraCare Clinic
Co-President, CentraCare Health System

John Frobenius
President, St. Cloud Hospital
Co-President, CentraCare Health System

CentraCare Health System Board of Directors



(Pictured L to R) Dave Gruenes; Tom Leither, M.D.; George Torrey; Dean Anderson; Al Kremers; Scot Hutton, M.D.
Sister Dolores Super, O.S.B.; Terence Pladson, M.D.; James Kelly, M.D.; John Frobenius

Not pictured: Dan Coborn, Tom McDonald, M.D.

Together, Building Healthier Communities

St. Cloud Hospital
1406 6th Ave. N.
St. Cloud, MN 56303
(320) 251-2700

A 328-bed regional medical center that includes the following care centers:

- Behavioral Health
- CentraCare Cancer Center
- Central Minnesota Heart Center
- Emergency Trauma Center
- Home Care & Hospice
- Orthopedics/Neurosciences/Rehabilitation
- Parent, Child & Women's Services
- Surgical & Special Care

Melrose Area Hospital and
Pine Villa Care Center
11 North 5th Ave. W.
Melrose, MN 56352
(320) 256-4231

A 28-bed hospital and 75-bed long-term care facility which also includes a senior independent living facility - Park View Center.

Long Prairie Memorial Hospital
and Home
20 9th St. S.E.
Long Prairie, MN 56347
(320) 732-2141

A 34-bed hospital and 123-bed long-term care facility serving the residents of Todd County.

St. Benedict's Senior Community
1810 Minnesota Blvd.
St. Cloud, MN 56304
(320) 252-0010
Monticello, MN
(612) 295-4051

A senior living community providing health care and housing for more than 500 adults.

CentraCare Health Foundation
1015 W. St. Germain
St. Cloud, MN 56303
(320) 240-2810

A foundation to promote the health of the people in Central Minnesota by fostering and funding innovative, collaborative and effective programs, services, research and education.

CentraCare Clinic
A 108-physician clinic with 9 clinic sites in 7 Central Minnesota communities.

St. Cloud:
River Campus
1200 6th Ave N.
St. Cloud, MN 56303
(320) 252-5131

Heartland
1520 Whitney Court
St. Cloud, MN 56303
(320) 251-1775

Women & Children's Center
1520 Northway Drive
St. Cloud, MN 56303
(320) 654-3610/(320) 654-3630
2055 15th Street North
St. Cloud, MN 56303
(320) 252-6706

St. Joseph
106 2nd Ave. N.W.
St. Joseph, MN 56374
(320) 363-7765

Becker
12800 Rolling Ridge Road
Becker, MN 55308
(612) 261-7000

Little Falls
808 S.E. 3rd Street
Little Falls, MN 56345
(320) 632-1099

Melrose
525 W. Main St.
Melrose, MN 56352
(320) 256-4228

Long Prairie
24 9th Street S.E.
Long Prairie, MN 56347
(320) 732-2131

Clarissa
107 3rd Street S.
Clarissa, MN 56440
(218) 756-2434

CentraCare Health System
also offers:

CentraCare Diabetes Center
418 2nd St S.
Waite Park, MN 56387
(320) 202-7759

Mid-Minnesota Family Practice Center
1520 Whitney Court, Ste. 200
St. Cloud, MN 56303
(320) 240-3157

CentraCare Open MRI
426 2nd St S.
Waite Park, MN 56387
(320) 202-1680

CentraCare Dialysis
Douglas County Hospital - Alexandria, MN
St. Gabriel's Hospital - Little Falls, MN
St. Joseph's Medical Center - Brainerd, MN
Monticello, MN

CentraCare Radiation Oncology
Douglas County Hospital