

4-1960

Beacon Light: April 1960

St. Cloud Hospital

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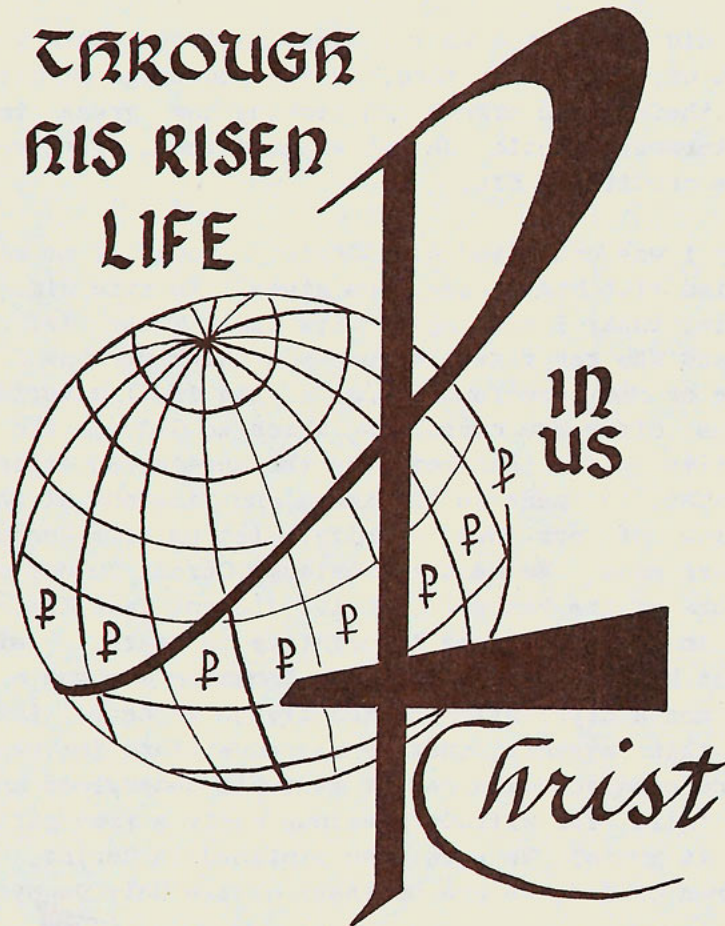
BEACON LIGHT

Volume XI Number 7

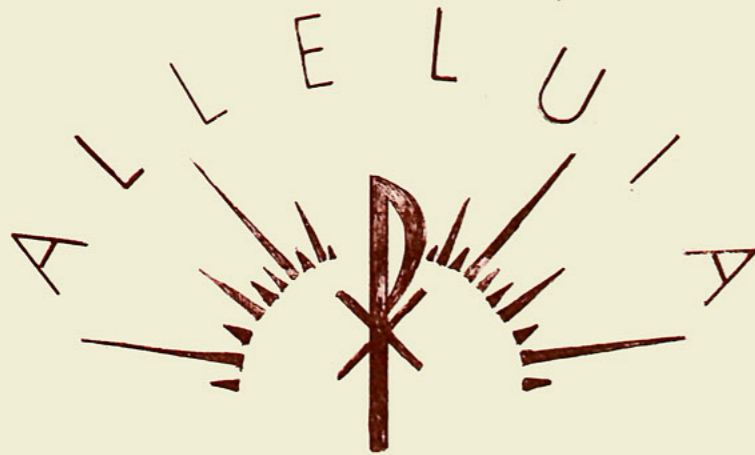
SAINT CLOUD HOSPITAL

April, 1960

THROUGH
HIS RISEN
LIFE



sends his love to the ends of the earth.

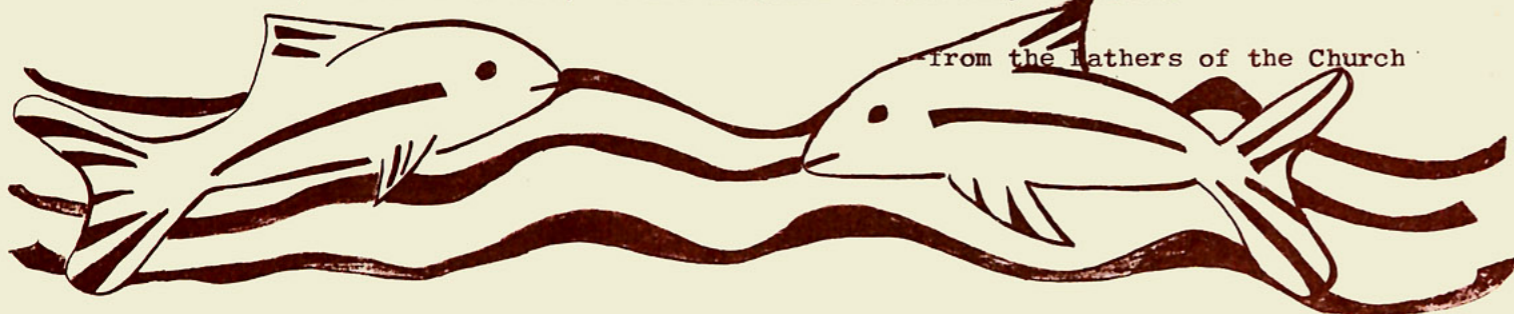


This is the day of Resurrection! This is the Feast of Feasts as far above all the rest as the sun above the stars! Let us all be united in heart and give glory to God on this solemn festival. Let us address as brothers even those who hate us, as also those who love us, and have helped us and have suffered anything on our behalf. Let us forgive all things in the Resurrection.

The Jews did not know what immense goodness their very wickedness was the instrument of. But the Lord, in the knowledge of His own majesty, has compassion on their human errors and knowing how great the joy that would follow these torments, while He yet endured them, forgives the crime of those who were crucifying Him.

Yesterday I was crucified with Christ; today I am glorified with Him. Yesterday I died with Him; today I am given life with Him. Yesterday I was buried with Him; today I rise again with Him. Today let us offer Him Who has suffered and Who has risen for us--you think perhaps I was about to say, gold or silver or other precious things of the frail material of this earth--rather, let us offer Him ourselves, which to God, is the most precious and becoming of gifts--gifts that not even the angels can offer. Let us offer to His Image what is made in the image and likeness of this Image. Let us make recognition of our own dignity. Let us give honour to Him in Whose Likeness we were made. We must acknowledge Christ in our own nature as well as in the nature of the Father. Christ did not lose His riches in poverty, nor His glory in lowliness, nor immortality in death. Imitate what He has done, love what He has loved. Christ's becoming man was a dispensation of divine mercy, not a deprivation of the divine majesty. Let us dwell upon the wonder of this mystery, that we may understand for what Christ has died. For this divine condescension cannot be truly understood and human thought and language fails, for without previous merit a free gift, grace, has come to us. What is grace? We have been baptized in Christ. We are members of Christ, Children of God; we are brothers of the Only Begotten!

from the fathers of the Church



SALARY WITH A FRINGE ON THE TOP

YOUR PAYROLL CHECK YOUR
 + = TOTAL
 YOUR FRINGE BENEFITS EARNINGS



Part 3.

SICK LEAVE

A very important phase of "Fringe Benefits" given to employees in the St. Cloud Hospital is Sick Leave. It is this phase -- what it means to us, what it means to the hospital, and consequently, to our patients, which we would like to discuss this month in our series on the "fringe benefit program".

Sick Leave is given at the rate of one working day for each month of service. It is NOT to be considered ADDITIONAL TIME OFF but is to be used in case of need. Sick Leave is provided to protect us and/or our dependents should we be unfortunate to lose earning power because of illness. It may be accumulated up to forty days. To take Sick Leave for other personal reasons is an injustice to our fellow workers and to the patients. We who accept hospital employment assume responsibility for the care of the patients. It is well to keep in mind that any expenditure of the hospital is necessarily reflected in the cost of service to the patients. Are we adding unnecessarily to the cost of hospitalization?

What did SICK LEAVE cost the hospital during 1959? Statistics from our payroll department show that the AVERAGE number of employees in the St. Cloud Hospital during 1959 was 510. Of this number 370 were full-time employees who may benefit from Sick Leave. 174 of these full-time employees took no Sick Leave in 1959. It cost the hospital \$19,522.74 or 1.3% of the total payroll to give Sick Leave to the 196 employees who availed themselves of it.

DEPARTMENT	WHERE DO YOU FIT IN?		
	NUMBER OF FULL-TIME EMPLOYEES	TOTAL SICK LEAVE BENEFITS	SICK LEAVE BENEFITS PER EMPLOYEE
Nursing Service	151	\$ 9,324.82	\$ 61.75
Radiology	12	1,242.22	103.52
Laboratory	20	1,383.84	69.19
Pharmacy	2	293.32	146.67
Operating Room	13	689.27	53.02
Anesthesia	3	113.14	37.71
Oxygen Therapy	1	None	None
Physical Therapy	3	179.70	59.90
Central Service	9	692.49	76.94
Medical Records	6	252.24	42.04
Dietary	31	737.16	23.78
Engineering & Maintenance	27	2,051.95	75.99
Housekeeping	44	865.68	19.68
Laundry	18	1,058.86	58.83
Administrative	6	196.75	32.79
Business Office	16	648.93	40.56
School of Nursing	8	536.84	67.11
TOTALS	370	\$19,522.74	\$ 52.84

To some the rule of gold is more important than the golden rule.



The Good Old Days

Office rules recently discovered in an old Boston file:

1. Office employees each day will fill lamps, clean chimneys and trim wicks. Wash windows once a week.
2. Each clerk will bring in a bucket of water and a scuttle of coal for the day's business.
3. Make your pens carefully. You may whittle nibs to your individual taste.
4. Men employees will be given an evening off each week for courting purposes, or two evenings a week if they go regularly to church.
5. Every employee should lay aside from each pay day a goodly sum of his earnings for his benefit during his declining years so that he will not become a burden on society.
6. After 13 hours of labor in the office, the employee should spend the remaining time reading the Bible or other good books.
7. Any employee who smokes Spanish cigars, uses liquor in any form, or frequents pool and public halls or gets shaved in a barber shop, will give good reason to suspect his worth, intentions, integrity and honesty.
8. The employee who has performed his labor faithfully and without fault for five years, will be given an increase of five cents per day in his pay, providing profits from the business permit it.
9. Any employee caught reading these rules on company time will be fired.

--reprinted



The BEACON LIGHT
is the monthly publication
for employees of the
Saint Cloud Hospital
Saint Cloud, Minnesota

Guess Who~

We are happy to announce three winners for last month's picture: "the someone everybody knows and sees most every day," MRS. MAUDE LEPINSKI! The winners are: Martha Schmidt from PAR, Mrs. M. Rau, who works in our sewing room and, one who is seldom wrong, Miss Hildegard Theis from main kitchen. Congratulations!



CLUE: The young man pictured here has been working here for quite some time. However, he is not quite as chubby now. Do you remember the rules:

1. All hospital personnel are eligible to participate except the staff of the BEACON LIGHT who will act as judges.
2. All entries must be submitted by 5:00 p.m. on Friday, April 22, 1960 to the Administrative Office.
3. Only one answer may be submitted by any one employee.
4. The correct answer will appear in the next issue of the BEACON LIGHT.
5. Print your name and department on your entry.
6. The ticket for your free dinner may be picked up at the Payroll Office.

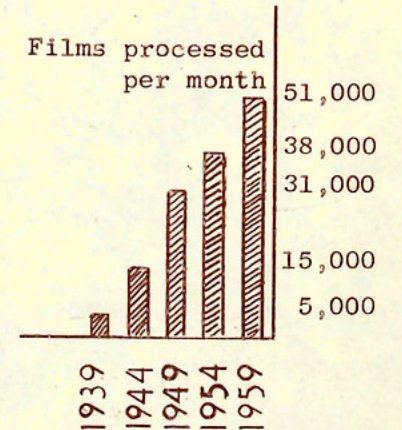
PROGRESS

In the past two months, our x-ray department has undergone several constructive and exciting new changes. Undoubtedly, many of you have seen some of the new equipment and other revisions, but this article with its graph and pictures will show you the trend in increased patient load that necessitated these improvements.

On the first day of February, work began on the remodeling of our darkroom and installation of our new automatic film processing unit, the X-OMAT. This was also the day on which we x-rayed 135 patients, and many days of this calibre followed throughout the month. By the 25th of February the X-OMAT made its first trial run and on the following Tuesday, March 1st, just one month after the project had begun, the x-ray personnel were thrilled to see the films which were just exposed, come out of the machine within seven minutes, completely processed and dried. All that remains for the technician is the final assembling of the films in preparation for diagnosis by the radiologist. The personnel are so delighted with their new "co-worker" the X-OMAT, that scarcely a patient, visitor or staff member is allowed to leave x-ray without a look at "that wonderful new machine."

A look at the graph will demonstrate the almost unbelievable increase in the workload of film processing in the past twenty years, with only very minor changes in dark-room equipment.

A flash system of marking films utilizing the McBee system has just been inaugurated to take the place of the difficult-to-use lead markers with all their little numbers. Besides being a time and trouble saver, the flash cards used provide additional patient statistics.



Another new member of our x-ray department, the G.E. Aristocrat, made its debut with the X-Omat. This radiographic and fluoroscopic photo-timing unit, has been installed in our former "chest room" and greatly facilitates the flow of patients through the department.

Not the least of our "acquisitions" is the new radiologist, DR. C.M. GREENWALD. Doctor comes to us from Iowa and is plunging right into the work with Dr. Udem. He is already becoming acquainted with the personnel and policies of the department. We hope he will like working with us.

Open house in x-ray will be held shortly after Easter. Watch for the notice! An invitation is extended to all personnel to come to visit us then, and to see our new x-ray equipment, the remodeling we have done, and meet our new radiologist. Ask all the questions you like. X-ray personnel will be happy to answer them.

We wish to thank all those who have been helpful and considerate during this period of renovation. All are now enjoying the fruits of patience.

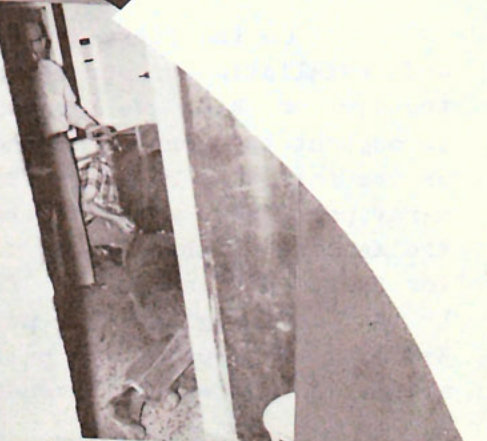
Looking through x-ray



This is the ground work reconstruction



Looks like we caught them all working.



Lying down on the job and getting paid for it! Preparing the temporary darkroom.



Technician's skill was especially challenged during these days. It was set well according to the film.



From around the house people came. No shortage of help in the darkroom today!



We put one in. It'll be here in a minute--- 7 minutes.



It was only temporary.

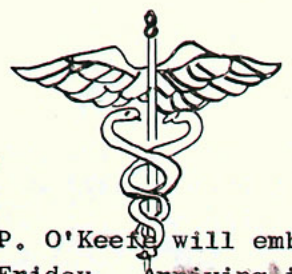


Sister Julitta was the first administrator of this hospital. She hired Mr. McMahon to move the x-ray equipment from the old to the new hospital. Here she again talks with Mr. McMahon. "Sure, it's so different nowadays."



Around the clock they worked until--- in the quiet of the night faith became knowledge and hope a reality. The films were processed in 7 minutes!!

MEDICAL STAFF



Dr. and Mrs. James P. O'Keefe will embark on a flying trip to Europe on Good Friday. Arriving in Rome on Holy Saturday, Easter morning will find them in privileged seats near the main altar of St. Peter's Cathedral where they will participate in a High Mass that will be offered by Pope John XXIII.

Father Luke Steiner, O.S.B., of St. John's Abbey who is now a student in Rome will be their guide on a tour of the Eternal City. In Germany, the travelers will be guests of the Abbot of Ettal, a Benedictine monastery near Oberammergau. Dr. Roger Linneman who worked at the hospital for a short time several years ago and Mrs. Linneman will be their host and hostess in Berlin and for a short trip through East Berlin. Dr. Linneman has become a scholar of German history during his stay in Berlin and has found a friend in an elderly German professor who has been guiding his study. Doctor has promised the O'Keefe's that he will brief them on the historical background of the places they see.

Even so, the climax of the trip--the frosting on the cake--is being saved for nearly the end--Ireland and the Blarney Stone! We wish you a happy trip and a safe return!

Congratulations to Dr. and Mrs. R. J. Cesnik on the birth of Blane Andrew on March 30.

The Day of Recollection sponsored annually during Lent in the School of Nursing by the Physicians' Guild for members and their wives attracted about 35 participants this year. Father Paul Marx, O.S.B., of St. John's Abbey, offered Holy Mass and conducted the conferences.

The six doctors who returned recently from Minnesota Mediclinics in Fort Lauderdale, Florida, are still talking enthusiastically about this annual post-graduate course. They also enjoyed the Florida sun--and brought back visible proof. Dr. L. Bendix spent his afternoons exposing his healing leg to the sun. Dr. and Mrs. Wittrock returned by way of Washington, D.C., where they visited the national Shrine of the Immaculate Conception. Dr. and Mrs. Evans also visited Washington and the Shrine. Dr. and Mrs. Richards who were accompanied by Mrs. Lewis drove home in a leisurely manner. Dr. and Mrs. C. Thuringer, and Dr. and Mrs. F. Baumgartner complete the list of those present from this area.

Possibly impelled by the rhapsodies about Florida climate, beaches, etc., etc., Dr. and Mrs. O. Phares went to the same state for a rest. They were followed a short time later by Dr. and Mrs. H. Broker and family. The Broker children are eager to find out whether or not their geography books are telling the truth.

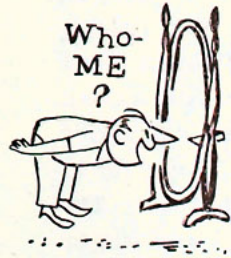
Another Doctor who has "returned" is Dr. E. Schmitz who attended a meeting of the American Surgical Assn. in White Sulphur Springs, Va., as the guest of Dr. Henry Harkins, Chief of Surgery at U.S. Naval Hospital in Seattle, Wash.

Dr. and Mrs. James Kelly thrilled to a series of "firsts" when they attended the annual meeting of the American College of Physicians in San Francisco during the first week of April. It was their first airplane trip, and their first visit to California.

April, 1960 is a "first" for the medical staff of St. Cloud Hospital, too---the first time in the hospital's history that the monthly meeting of the entire staff was not scheduled. The new bylaws provide for quarterly meetings which will be held in June, September, December and March.

Dr. Charles Greenwald has joined Dr. Dale Udem in the Department of Radiology, replacing Dr. John Leonard. We wish both of them much happiness in their new work.

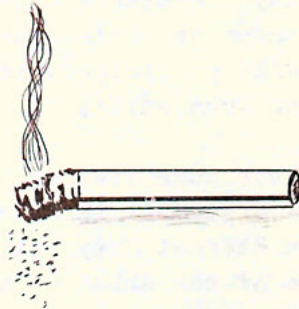
ARE YOU A PHYSICIAN OR A CLERGYMAN?



With the absence of early morning snow in the parking lot and the all-around benefit of the fresh spring air, it will be pleasant to make that turn to the Hospital a little farther down the street. The ten minute parking in the emergency lot in front of the hospital is for EMERGENCY ONLY and is reserved for physicians and clergy. This restriction is effective during all shifts.

FIRE HAZARD?

Be on the alert for possible violations of safety regulations related to smoking in the hospital. We have a very serious obligation to our patients to provide a safe and secure home for them while they are our guests.



PATIENTS AND VISITORS

Providing security, we should also remember that as employees we have a right and obligation to ask the identification of any person who seems to be wandering aimlessly about the hospital or premises. If this is done in a courteous manner by asking if you can be of help, a properly authorized person will not be offended. If the person challenged is up to mischief, he will realize that he is being observed. Prompt reporting to the Administration of the presence of unauthorized persons in the hospital, or on the grounds marked "PRIVATE," will be appreciated.



We are very much aware of our meaningful courtesy and duties toward patients. Somehow or another, we tend to forget the part a visitor plays. The patient has a right to receive visitors two at a time for ten minutes, except under unusual circumstances. The patient also has a right to receive the rest and medical care prescribed by the doctor. Again, we are all familiar with these explanations to the patient, but we might remember to explain to the visitors that the patient "will be busy for ten minutes" or "will be back in his room in half an hour."

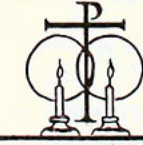
Auxiliary Gift Shop

The Women's Auxiliary has initiated a new project. They are conducting a gift service in the hospital lobby. These "cheery cherry" ladies are in complete charge of this service, which is for the convenience of the patients and visitors.



FROM HERE and THERE

Some of our personnel are changing their status as far as their social life is concerned.



JOAN VOGEL will be married to John Schuh of Rollingstone, Minnesota on the eighteenth of June. KATHLEEN KNAPEK has her date set for May 5th--the lucky man is LeRoy Heim of St. Cloud. Mrs. Erwin Cheney, better known as JANET RUDY, has left us to devote her full attention to her home in Hillman, Minnesota. Miss Rudy was married in February. We will miss them and their efficient service in the Business Office but we wish them happiness in their new duties. Marlene Bieniek and Sharon DeZiel are working hard to take the places of those who have left or are leaving us.

From Housekeeping we hear that CAROLINE MEHR, who has been with us for almost five years, will be married to Linus Heinen on May 4th. Fifth floor personnel will miss her greatly, but are sure she will be a good wife and mother. DOLORES JOHANNES, who works on 3 South, will also be leaving to be married in May.

Another vacancy was left by MRS. ROSALIE LEHN, from Central Service, who will be married on April 19. RUSSELL JOHNSON is filling her post as C. S. Supply Clerk,

MARY ANN GOEBEL will not be with us for awhile. She is on leave of absence to take care of her mother who is ill. Mary Ann has been working on 5th for about three years.



Workers in the Dietary Department find the new phones in the floor pantries very helpful and step-saving. This also eliminates the tie-up of the station telephones, thereby facilitating the work of the nursing personnel.

News of a more serious nature also reached us:

MISS EILEEN CASPERS, Assistant Head Nurse on 4 North has been hospitalized as a result of a car accident two weeks ago. We are happy to report that she is much improved and will be back on duty soon.

We extend our sympathy to MISS HELEN McLANE, whose brother, Donald, died recently. Helen flew to San Jose, California for the funeral. Donald was also the uncle of BOB DIEDRICH, Pharmacy Aide.

MARY LEE SCHAFFER, Housekeeping Aide on 2 North reports a family catastrophe. Their entire barn and a part of their house was destroyed by fire on March 7.



Miss G.B. from New York

writes: "It was a pleasure to have been a guest at Saint Cloud Hospital, and I shall always remember the fine treatment I received. In these days of lowered hospital standards it is a distinct pleasure to know that there are still those who cling to the tradition that hospitals are dedicated to the care of sick people."

A St. Cloud patient, Mrs. G. G. wrote: "The spiritual boosts I received while at the Hospital made my stay a memorable experience. I am especially grateful for those 6 o'clock Masses over the hospital radio and having been able to receive Holy Communion."

From Bird Island, Mrs. F.M. writes: "I want to thank the nuns, nurses, aides and orderlies for being so very patient and kind in making us feel welcome."



May you who joined our hospital "family" during March find happiness and success in your association with us. We welcome you!

- Mary Jane Raiche, Vera Kunkel
- Mrs. Barbara Keigan
- Marlene Bieniek, Marlene Goebel
- Mary Ann Olberding
- Margaret Albrecht, Dolores Rueter
- Mrs. Mary Lou Randall
- Karen Dickinson, Sharon DeZiel
- Mrs. Marcella Olzinak
- Lorraine Schneider, Janice Nelson
- Mrs. Eleanor Machtemes
- James Yozamp, Russel Johnson
- Mrs. Dorothy Hoffman
- Dorothy Schreifels, Lorraine Siegel
- Mrs. LaVerne Justin
- Mrs. Betty Lortz, Jacqueline Conrad
- Mrs. Bertha Rueter
- Dorothy Reber, Dorothy Gobernatz

NEW ARRIVALS

brought happiness to the following alumnae members and former employees.



- Mrs. Leonard Beehler (Audrey Johnson)
- Mrs. Sylvester Olmscheid (Joan Brinker)
- Mrs. David Pflipsen (Evelyn Mueller)
- Mrs. Lloyd Lenarz (Mary Ann Kampa)

- Mrs. Jerome Voigt (Ellen Grimus)
- Mrs. Daniel Snyder (Leona Haakonson)
- Mrs. Lambert Zenner (Virginia Popp)
- Mrs. James Dziuk (Jacqueline Ruff)

Special congratulations to Dr. and Mrs. Arthur Davis on the birth of a baby girl, born March 27.

MEETINGS

Mr. Emmet Shaughnessy, Chief Physical Therapist attended an Institute on Physical Therapy sponsored by the Catholic Hospital Association and St. Louis University at St. Louis, Missouri from March 6-11. New methods and procedures in the field of Physical Therapy were presented and discussed. Therapists from thirteen midwestern states were represented at this institute. Due to unusual St. Louis weather, the scheduled chairman was snowbound one morning. None other than our nationally known 'you know who' was asked to substitute. We're sure no one could have handled it like our Mr. Shaughnessy.

On March 1st, the District 12 Nurses Meeting at Veterans Hospital was attended by Sister Cassian, Sister Keith, Sister Joel, Miss Karn, Miss Williamson and Miss Kelly. Guest speakers were: Mrs. Philip Chase who spoke on "Modern Art", and Dr. Rose Mariani who discussed "Adolescence".

The Catholic Hospital Institute for Nursing Service Personnel was held March 1st, 2nd and 3rd at the Leamington Hotel, Minneapolis. Our Nursing Service Department was represented by the following Registered Nurses: Sister Joel, Sister Leo, Sister Goretti, Sister Paul, Mrs. Hagen, Mrs. Kray, Mrs. Mockenhaupt, Miss Weihs, Miss McLane, Miss Domeier, Mrs. Anfenson, Mrs. Franta, Mrs. Partch and Miss Zabinski. Everyone agreed the meetings were both informative and stimulating.

Mr. Allan Schmid, M.T. (ASCP) attended a specialized Blood Bank Workshop in Immunoserology, sponsored by the Catholic Hospital Association in St. Louis, Missouri. The fifteen participants were selected from ten states.

On March 31st, the Division of Nursing Education of the Minnesota League of Nursing met at the Minneapolis Society for the Blind. Edna Fritz, the new Dean of the University School of Nursing spoke on "Trends in Nursing Education". Sisters Cassian, Nivelles, M. Dominic, Miss Karn, Mrs. Hackett, and Miss Williamson attended.

NEWS FROM THE SCHOOLS

40 & 8 Club

The annual scholarships of the 40 & 8 Club were awarded to the nursing students of the St. Cloud Hospital School of Nursing on March 10. The recipients of the scholarships pictured with Sister Cassian, Director of the School, and members of the 40 & 8 Club are: Carol Prom, senior student; Claudette St. Albin from Port-au-Prince, Haiti, freshman; Marie Pilles, junior and Joan Arnold, senior.



Women's Medical Auxiliary

A recruitment tea for the students from the surrounding high schools interested in nursing was held on March 16, sponsored by the Women's Medical Auxiliary. Student members of the Minnesota Student Nurses Association in the School of Nursing assisted the Auxiliary in the presentation of a panel discussion and in touring the guests.

Spring Meeting

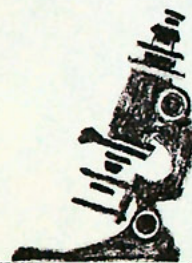
Members of the Minnesota Student Nurses Assn. of the School of Nursing acted as hostesses to the State Association at the spring meeting held at the St. Cloud Hotel on March 26. The students were privileged to tour the St. Cloud Children's Home as part of the convention. A reception was held in the afternoon at the Nurses' Residence. A tour of the residence and the hospital followed.

Associate Faculty

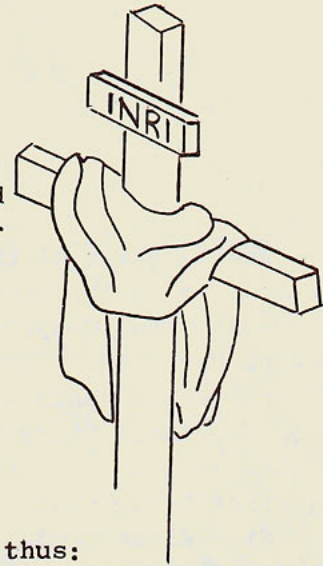
Two Master of Education students, from the University of Minnesota, joined the Faculty on March 30 as associate faculty members. Mary Becker from St. Paul has been assigned to get her educational field experience on 2 South and will work with Miss Kelly, clinical instructor. Barbara Farm, from Mankato, has been assigned to work with Sister Joel in Obstetrics. The purpose of the program, as stated by the University, is as follows: "To prepare teachers for basic professional schools of nursing and for advanced clinical programs in nursing, through a broad program of study and experience based upon undergraduate study and experience in Nursing Education."

Medical Technology Graduate

On March 5, Margaret Albrecht joined the ranks of the Graduate Medical Technologists. Margaret was the 44th student to receive her diploma from our School of Medical Technology. This milestone in Margaret's life represents two years of hard work at the College of St. Benedict and eighteen months of training at the St. Cloud Hospital. Her quick wit however, will remain with us in spite of graduation, for she is now employed as a full time technologist. She will be writing her Boards in July.



JUST SUPPOSE



At some time or other we all have experienced a certain indifference when offering the Holy Sacrifice of the Mass and sometimes perhaps a certain carelessness about coming late or leaving early. On weekdays, it is often impossible for employees of a hospital to be present for the entire Mass, but attention and devotion should not be hindered thereby. We would like to share these thoughts with you: "What if Mary had come late to His Sacrifice, and John and Magdalene left while Christ still suffered on the Cross?"

Suppose that in the Scriptures we should read about it thus:
That Mary, John and Magdalene behaved the same as us.

The sun was high in heaven, as our Lord was being led
To Calvary...but Mary hadn't yet got out of bed.

She heard the shouts, she heard the jeers, she heard the Cross's scrape
But Mary said "I'll be there, though I'll be a little late."

She fixed her hair, she dressed with care, and then went out to see
How far they had progressed upon the hill of Calvary.

Our Lord was stretched upon the Cross in agonizing pain,
And Mary joined in watching Him with John and Magdalene.

They waited and they said a prayer--it was the thing to do
While present at His sacrifice--Our Savior's lips were blue.

The minutes passed, the hours too, our Lord He suffered so;
And John looked at his watch and said "It's time for me to go."

The torn and bleeding limbs of Christ were torn and bleeding still,
While yet they turned away from Him and wandered down the hill.

They wandered off to other things, while Jesus with a groan
Has burst His heart on Calvary--forsaken and alone.

Of course this tale could never be, and yet...it's come to pass
That many in this day and age, treat Christ that way at Mass...

Their tears of bitter shame would flow, if scripture told it thus,
That Mary, John and Magdalene behaved the same as us.

...reprinted