Benefits of Bedside Report

Golden Fisk
CentraCare Health, golden.fisk@centracare.com

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### Benefits of Bedside Report

**Golden Fisk, RN, BS**  
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St. Cloud Hospital, St. Cloud, Minnesota

### Introduction

Bedside report is part of the nursing handoff policy at St. Cloud Hospital. This research was used to identify benefits of bedside reporting to present to staff to reinforce the importance of following this hospital policy.

### Research Problem/Question

How does bedside report:  
- Help the RN/PCA?  
- Benefit the patient/family?  
- Increase safety?

### Methodology

The Inpatient Rehabilitation unit at St. Cloud Hospital transitioned their bedside reporting process to include PCAs in the winter of 2017 based on staff concerns with lack of communication and PCA turnover. In order to better educate staff on why this was necessary a literature review and presentation of information was completed.

### Analysis

The St. Cloud Hospital Nursing Professional Practice Model (The Compass) guides nursing practice. Included in the compass are: Patient and Family Centered Care, Coordination of Care, Culture of Safety, and Collaborative Practice. Bedside report embodies these concepts.  
- Racco (2014) found that including a safety check by laying eyes on the patient during reporting on a hospital unit decreased falls by up to 70%.  
- Bedside report has the possibility to reduce medications errors related to handoff by up to 80% and patient falls during the hour of report time by 100% (Casperson et al, 2017)  
- Bringing report to the bedside allows patients, families, and oncoming staff to ask questions that come up (Derby et al, 2012).  
- Multiple units have found decreases in patient falls, nurse overtime, and miscommunication as well as increase in patient satisfaction (Aboul-Enein et al, 2016).

Chart (Aboul-Enein et al, 2016)

<table>
<thead>
<tr>
<th>Safety</th>
<th>Efficiency</th>
<th>Communication</th>
</tr>
</thead>
<tbody>
<tr>
<td>70% of sentinel events are due to poor communication</td>
<td>50% of nurses believe that the biggest concern during report is missing information</td>
<td>42% of nurses feel that distractions during report cause the most miscommunications</td>
</tr>
</tbody>
</table>

### Conclusions/Implications

- As Casperson et al (2017) discusses in the analysis of results in their 20 bed rehabilitation unit, it is simple for nursing and support staff to change back to old ways of reporting at the nurse's station.  
- The Inpatient Rehabilitation Unit has the opportunity to decrease patient falls, which is a current and ongoing safety issue.  
- Patient Satisfaction and staff communication increases may also be seen with proper bedside report use.

- Further education provided to staff in February, 2018 on the benefits of bedside reporting and communication.

### References


golden.fisk@centracare.com