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Nursing News: March 2004

St. Cloud Hospital

The Forces of Magnetism
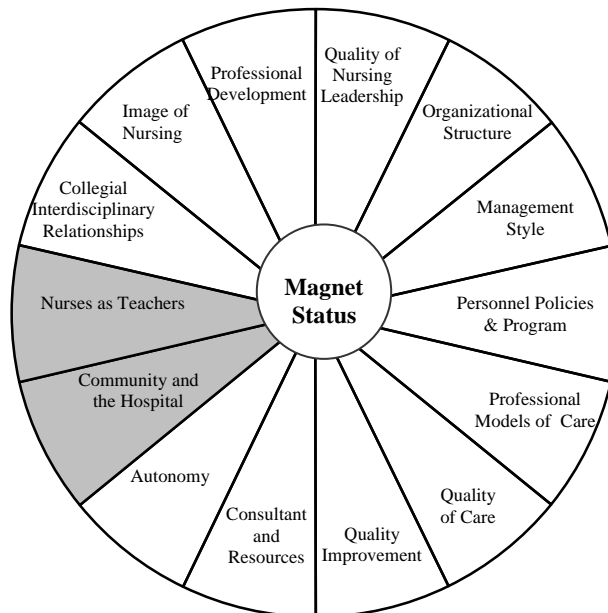
Previous issues of Nursing News have highlighted three of the 14 forces of magnetism. The last two are highlighted with examples below.

This is a very exciting time for St. Cloud Hospital. Last week we received notification that the Magnet Survey Team will visit us on April 19th and 20th. It will give us an opportunity to demonstrate our excellence in delivering quality patient care. We have a lot to be proud of and, in particular, a staff that is second to none! You are the reason patients feel they have received the best care possible. Your efforts to go above and beyond on a daily basis make all the difference.

In the next few weeks you will be receiving more information and education to prepare for the Magnet Status survey. You are also encouraged to stop by the hospital library and review the manuals that have been submitted with our Magnet application. Our last two "Magnetic Forces":

Community and the Hospital:
- How does the community perceive St. Cloud Hospital?
- Describe our relationship with schools and how we educate students.
- How are our staff involved in the community?

Nurses as teachers:
- Explain nurses role in teaching patients/families.
- What resources do you have access to when teaching patients?
- How do nursing students/faculty rely on your expertise and value your contribution for educating future nurses?
- Teaching is a high priority in providing quality care.

Barb Scheiber, RN
Director of Patient Care Support

Employees Missing Work

When an employee misses work, there is sometimes confusion as to who's responsibility it is to call, and often they erroneously believe someone else takes care of the calling, especially when they have seen OHS. The following information outlines the correct procedure:

- When you miss work, it is your responsibility to notify your supervisor **each day** that you will not be at work.

- If you work in a unit that uses the services of the Staffing Office (255-5607), you are required to contact them to discuss which shifts you will not be at work and when you will be returning.

- If you will be off work for an extended period of time, please also contact:

    - The Scheduler for your unit
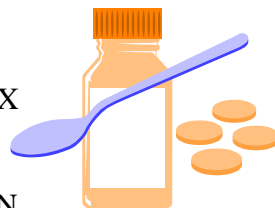   - Benefits (Human Resources x55650)

Any time you miss 3 days or more, ***you will need*** a Return to Work note from your physician/medical provider for OHS prior to returning to work.

Sue Laudenbach
Coordinator, Staffing/Scheduling

"Look Alike - Sound Alike"
Medications - Part VII

ELAVIL	ORUVAIL
KEPPRA	KALETRA
ZOSTRIX	ZOVIRAX
GRANULEX	REGRANEX
REVEX	REVIA
TORADOL	INDERAL
ULTRAM	VOLTAREN
XANAX	LANOXIN

Medication error reports are caused by drug names that sound or look the same. They may not look alike in print or sound alike when read, but when handwritten or verbally communicated, these names could cause a mix-up.

The list above includes common mix-ups that have occurred and those that have the potential to cause a mix-up, nationally or here at St. Cloud Hospital. (Brand names are capitalized.)

Nancy A. Sibert
Medication Safety Pharmacist

Reboot Your Computers

It is the recommendation of Information Services that all computers be powered off and restarted <u>often</u> and <u>regularly</u>. We recommend that nursing staff make it a habit to restart the computers that they will use at the start of their shift. See the steps below on how to do this.

Now that we have implemented the Electronic Medical Record, the hard drives on the computers in patient care areas need refreshing more often than ever before. Once a week is not often enough to restore the memory resources needed on heavily used computers. If you make it a habit to restart computers at the beginning of your shift, it will help you get the information you need more efficiently and without problems the rest of your shift.

How to Restart Computers:

1. Log out of any open program, such as JRS, CDR.

2. Close (exit) any open program by clicking on "File" located at top left of the program.

3. Click on "Close" or "Exit" from the choices presented.

4. Click on the Start button at bottom left of screen.

5. Click on the "Shut Down.." choice.

6. Look to see if "Restart" is chosen in the Windows box that appears. If not, click on that line and choose it.

7. Click on the OK button.

8. The computer will power itself off and restart itself.

Michelle Parson, RN
Clinical Informatics Specialist

Educational and Professional Development Programs

March 2004

11th	Nursing Research Brown Bag Session, "Music Therapy as a Nursing Intervention…", Hoppe Auditorium
12th	BLS Instructor <u>Renewal</u> Course, SCH Conference Center
18th	(W) Endoscopy Conference, CentraCare Health Plaza

April 2004

14th	ENPC Initial, Education Center
21st	ENPC Initial, Education Center
28th	Neurology Conference, Windfeldt Room
28th/29th	TNCC Initial, SCH Conference Center
29th	Pediatric Conference, Windfeldt Room

May 2004

4th	TNCC Initial, SCH Conference Center
6th	Surgical & Special Care Conference, "Journey into Complementary & Holistic Medicine", CentraCare Health Plaza
18th	Diabetes Conference, Windfeldt Room
19th	Precepting Basics, Fireside Room

Living with Grief: Alzheimer's Disease

The Hospice Foundation of America is pleased to announce a teleconference hosted by Cokie Roberts on Alzheimer's disease.

- Loss and grief are a significant part of dealing with Alzheimer's, from diagnosis to death.

- This teleconference will explore the grief experience of persons in the early stages of Alzheimer's.

- Along with grief issues that are experienced by family members through out the illness and subsequent death.

- Strategies will be provided that will be useful in assisting the patients, their families and the professional caregivers on dealing with Alzheimer's disease.

WHEN: Wednesday, April 28th, 2004 from 1230 to 1530 (CDT)
WHERE: St. Cloud Hospital Hoppe, Hoppe Auditorium (Level A)
WHO: Nursing staff, medical staff, therapists, social workers, and families of patients' with Alzheimer's disease.

*3 CEU's will be provided for medical professionals

Pre-registration is preferred, but not mandatory. To register call the SCH Ed Dept at 251-2700, Ext. 55642. This teleconference is free and open to the public.

Submitted & Co-sponsored by:
St. Cloud Hospital, Home Care & Hospice
The Hospice Foundation of America

Congratulations to the Following Who Have Achieved or Maintained Their Level III Clinical Ladder Status!

Level IIIs

Angela Rasmussen, RN   **ETC**
- *Update Omnicell ETC*
- *Physician Tours ETC*
- *ETC Teaching Sheets*
- *Alcohol Withdrawal Protocol Poster*
- *Patient Flow Task Force*
- *Chairperson, Patient Flow Task Force*

Chris Walker, RNC   **AMHU**
- *Restraint Documentation and Debriefing Forms*
- *Patient Restraint and Seclusion Inservice and Module*
- *Patient Care Council*
- *Certification, Psych and Mental Health Nursing*

Diane Salzer, RNMS   **Telemetry**
- *Advanced EKG Class*
- *Tele Ed Day – Sexual Counseling After MI Module*
- *Revised Pre-CABG Check List*
- *Tele Ed Day-Safety Skill Station*
- *Central MN Heart Practice Committee*

Michelle Mohr, RN   **4NW**
- *Nursing Process Core Group Leader*
- *Hearing Screening Pleasantview Elementary*
- *Relay for Life*
- *PI Committee*
- *SCRUBS*
- *Clinical Ladder Rep.*
- *Champion 1:1 Restraint Audit*
- *AMSN*
- *MOLN*

Bonnie Koeplin, RN   **OPS**
- *High Level Disinfection Class*
- *Colossa Colon Tour Volunteer*
- *Woman's Health 101 Booth*
- *Preceptor- Nurse Intern*
- *Planning – 7th Annual Endoscopy Work Shop*
- *Endo OPS Education Committee*
- *SGNA*

Theresa Larson, RN   **FBC**
- *Preceptor, Mentor*
- *MPO, GPO Member*
- *MPO Planning Committee*
- *Patient Care Council*
- *Team Building Committee*
- *Co-Chair Patient Care Council*
- *NRP Instructor*

Julie Reichard, RNC   **Children's Center**
- *Physical Assessment and Gestational Age Inservice*
- *Apnea of the Newborn Inservice*
- *Neonatal Nutrition*
- *St.Cloud Vocational Tech Tour*
- *National Neurology and Pain Inservice*
- *Certified, Neonatal Nursing*

Carmel Koep-Velde, RN,BSN   **Med/Onc**
- *Presentation Chemo side-effects and symptom Management*
- *Med-Onc Relay For Life*
- *JACHO Task Force*
- *JACHO Quiz's*
- *Pt. Education Sheet-Nutrapenia*
- *Certification-Oncology Nursing*
- *Posters-Organ Donation – JACHO Buzz X 2*
- *Member Oncology Nursing Society*
- *Certifies Staff – Implanted Ports and Chemo*

Carol Ann Zika, RN   **PCS**
- *Expected Death Presentation, Panel Member*
- *Parish Nurse Task Force*
- *Blood Pressure Check> Celebration Parish*
- *Clinical Ladder Rep.*
- *Nurses Week Committee*
- *Chair Clinical Ladder Committee*
- *Member AMSN*
- *Certification Med-Surgery Nursing*