

3-1952

Beacon Light: March 1952

St. Cloud Hospital

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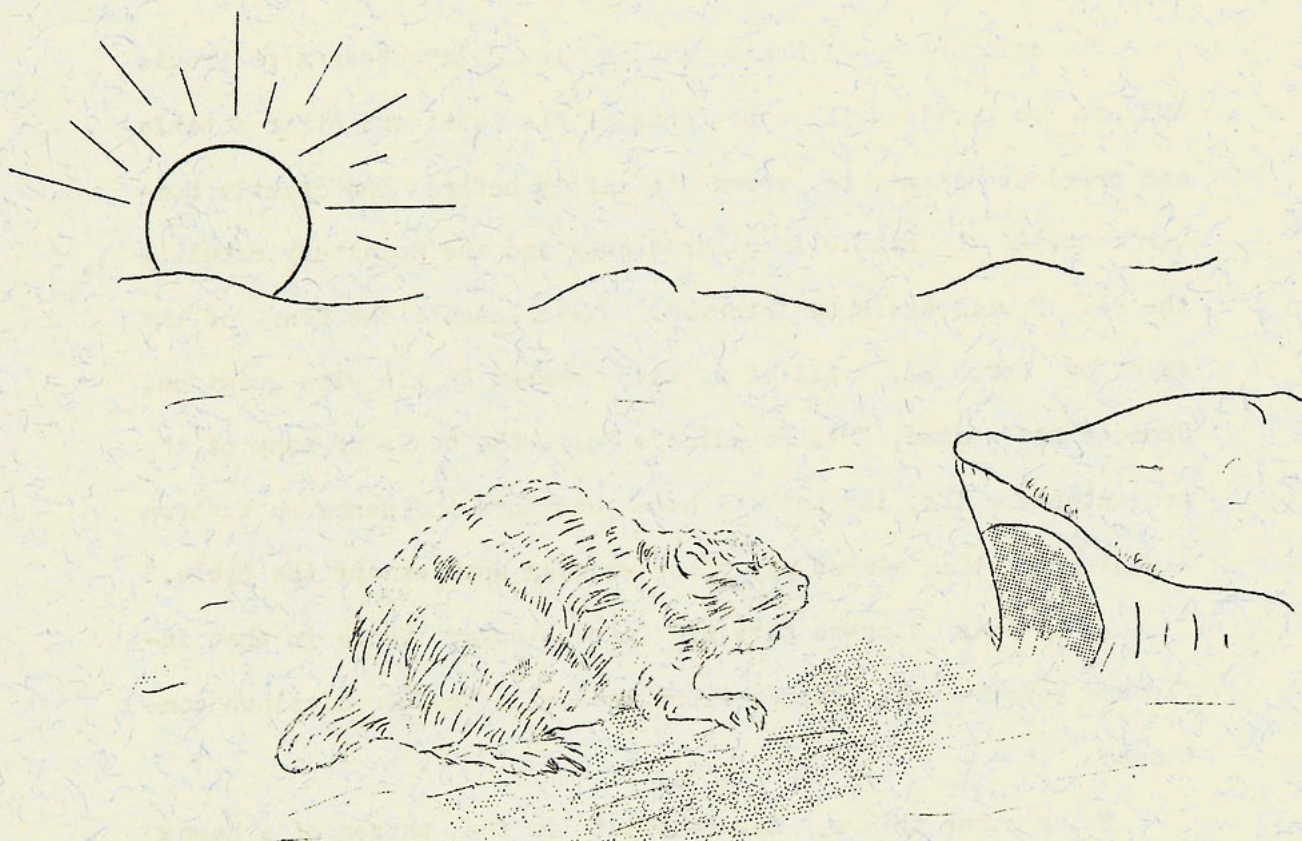
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BEACON LIGHT

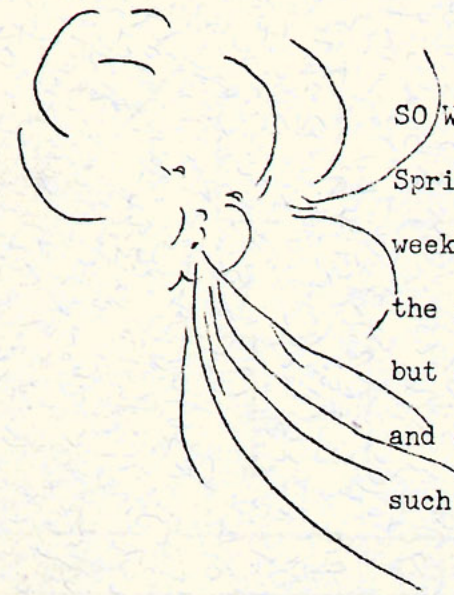
Volume II Number 7

ST. CLOUD HOSPITAL

March, 1952



SO WHAT?



The ground-hog saw his shadow on February 2nd.
 SO WHAT? Six more weeks of winter. And rightly so!
 Spring is only due on March 21st which comes six
 weeks after ground-hog day. And supposing the day,
 the first day of Spring, is not a balmy, spring one,
 but one that is cold and blustery? Will all the talk
 and complaint change it? WHY don't we learn to take
 such things as they come!




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First Day of Spring -
 March 21st is:
 Feast of St. Benedict


The destruction of Monte Cassino could have been more tragic had not God provided that the bones of the Saint and other notable and precious items be moved to safety before the drastic bombardment. As the rubble is cleared away and the monastery rebuilt, the relics will again be interred. We celebrate the feast of the saint on March 21. All of us have shared in his wise guidance. Someone has stated, "St. Benedict's Rule, the basis of many of the present-day rules, is said to have had more influence on Western civilization than almost any other written work except the Bible."


We in this diocese have had a particular share in that influence because what Father Pierz had begun the Benedictines continued.


Among other things, St. Benedict is the patron of a happy death. Let us call on him daily for our own needs and for those of our patients. St. Benedict, pray for us!


THE    OF A GOOD EMPLOYEE


(This is the second in a series of articles written for our employees.)


 Are you FAST? Can you put on the speed when it's necessary? Speed is essential in our modern way of living. When a patient wants service, he wants it without delay. However, do not sacrifice safety for speed - let's get the happy medium.


 Are you GAY? At first hand, it may seem that gaiety doesn't have much to do with a good employee. But it does. Some people have an inner ray of gaiety - they seem to radiate happiness wherever they go. Surely here in the hospital where patients need a bit of sunshine, a bit of encouragement, we need GAY employees.


 How is your HEALTH? An employee in this hospital should be healthy because: 1. his duty is to help fight disease and not to spread disease to the sick who have a low resistance; 2. a healthy employee can do more and better work; 3. an unhealthy employee tends to grow irritable when demands are made upon him.

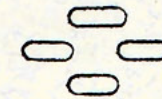
 Do you have IDEAS? Our hospital is a business and no business can thrive these days without a continual supply of bright, new ideas. We would like to get the benefit of your ideas - won't you share them with us?

 What is your sense of JUSTICE? All of us like to be treated "justly" but do we always deal justly with others? Are we impartial? Are we upright when we have made a mistake? or do we try to cover it up? Let us pray for the virtue of justice - as it is greatly needed in the world today.

 How is your KNOWLEDGE? Endeavor every day of your life to acquire extra knowledge and know-how. A person never gets to the point where he knows it all - he can keep on learning if he wants to. A good employee will try to keep himself up-to-date on the work he is doing.

 Are you LOYAL? Are you faithful to duty? Do you do your work well every day from a sense of steadfastness? from a spirit of loyalty? In your remarks are you being fair to the institution that is trying to be fair to you? Do you uphold the principles that you know are true even though you may be ridiculed?

 Are you a good MANAGER? No matter what your job may be, you all are managers. Do you know what things in your work are most important? Do you know how to save steps? how to save energy? A good manager knows how to get the job done well and fast and still has friends.





Social Security
is for YOU!

Each month a small sum is deducted from your check for Social Security. This insurance has been chosen by the employees here as a good type of security to have. Your employer, in this case the hospital, also pays a like amount into the same fund.

But what really is Social Security? Do you know what you are paying for? You are contributing to a fund from which you may draw monthly cash benefits when you retire after reaching the age of 65, if you have been fully insured. In case of your death at any age, members of your family may receive these insurance payments. A woman worker is entitled to the same benefits as the male worker.

The actual amount of monthly cash benefits you will receive will depend primarily on your "average monthly wage" before retirement. This is figured by dividing the wages paid to you on jobs covered by the Social Security Act (up to \$3000 a year for the years 1937 to 1951 and up to \$3600 a year for the years after 1950) by the number of months from January 1, 1937 or January 1, 1951 to the time you retire or die. In computing your benefits you may use whichever date will provide the largest amount for you.

It is important to remember that these benefits are not made automatically. An application must be made before any payments begin. In order that no benefits may be lost, it is well to note that there are two times when application should be made: first, when a worker is 65 years or older and is no longer working in covered employment, or is earning \$50 a month or less; secondly, at the time of death, by members of the family.

HOSPITAL AIDES

Repeatedly we are told that the girls do such a nice job in cleaning patients' rooms -- "they are neat, they are thorough, they are so friendly." Keep it up, girls!

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Father Minette

writes from Korea:

"Put a note of thanks in the Beacon Light to all those who helped make the string rosaries. You should see the men cluster around the box before and after each Mass to get them. The men wear them around their necks as a convenient place to have them and they never break as did the others. I myself use a string rosary.

"We have been blessed this year with mild weather in Korea and fighting that has not been bitter. If we had the fighting of last October together with the bitter cold there would have been many more men freezing to death on the long litter hauls. So all the prayers that were offered for peace did help us in Korea.

"I had a baptism today here in my bunker and the soldier is going to make his First Communion at my afternoon Mass. So you see why life here in Korea can be quite happy for me.

God bless you."

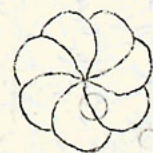
Are you making an hour of adoration each week?

March 24 - Feast of Archangel Gabriel

Saints Gabriel, Michael and Raphael are the three archangels, each having his own feast.

Angel means "messenger", and God chose the archangel Gabriel to carry important messages to earth. He told Zachary of the coming of John, and proclaimed the mystery of the Incarnation when he asked Mary to be the Mother of God.

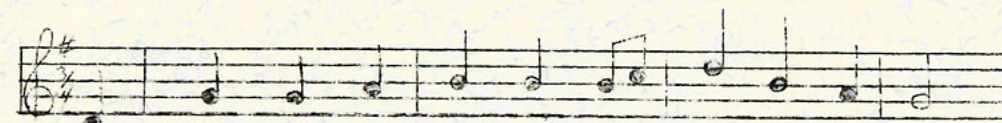
St. Gabriel is hailed as the patron of communications.



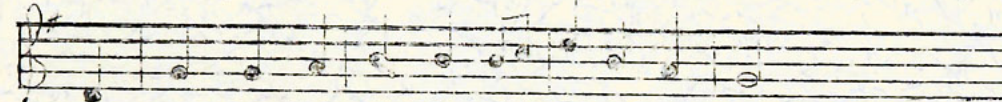
It was a big sled that took the students on a sleigh ride, after which Hot Chili was most welcome.

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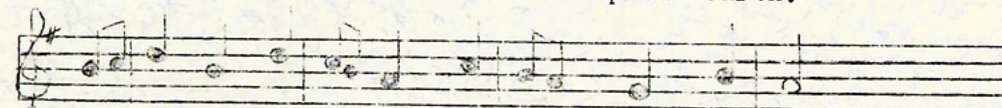
Hospitals, already struggling with rising costs of equipment and maintenance, have had to go into competition with industry for workers. Payroll costs have jumped sharply, not only because of additional employees but because of a shortened work week, increased salary rates and the various benefit programs.



O bless-ed Saint Jo-seph, how great was thy worth,



The one chos-en shad-ow of God up-on earth.



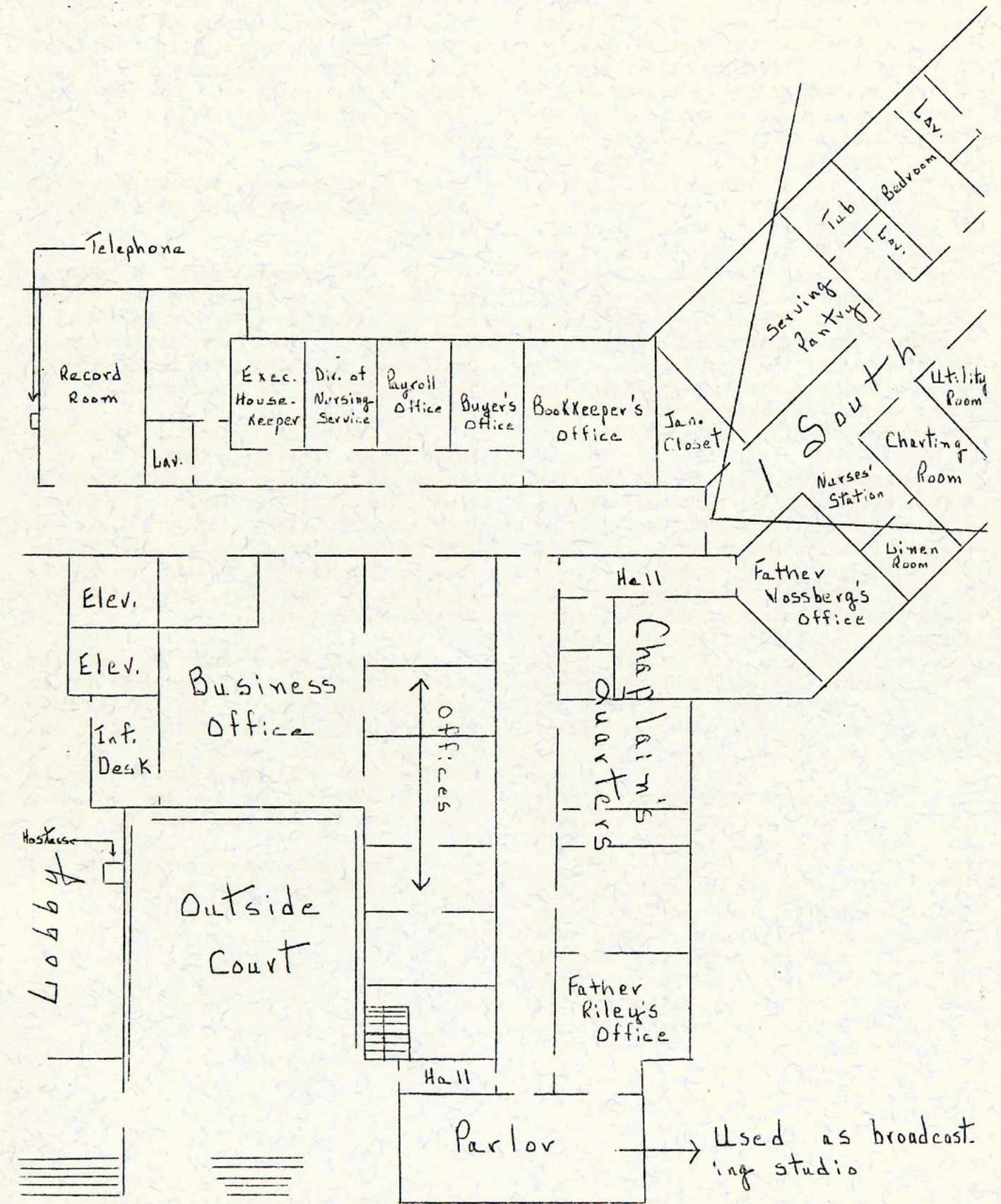
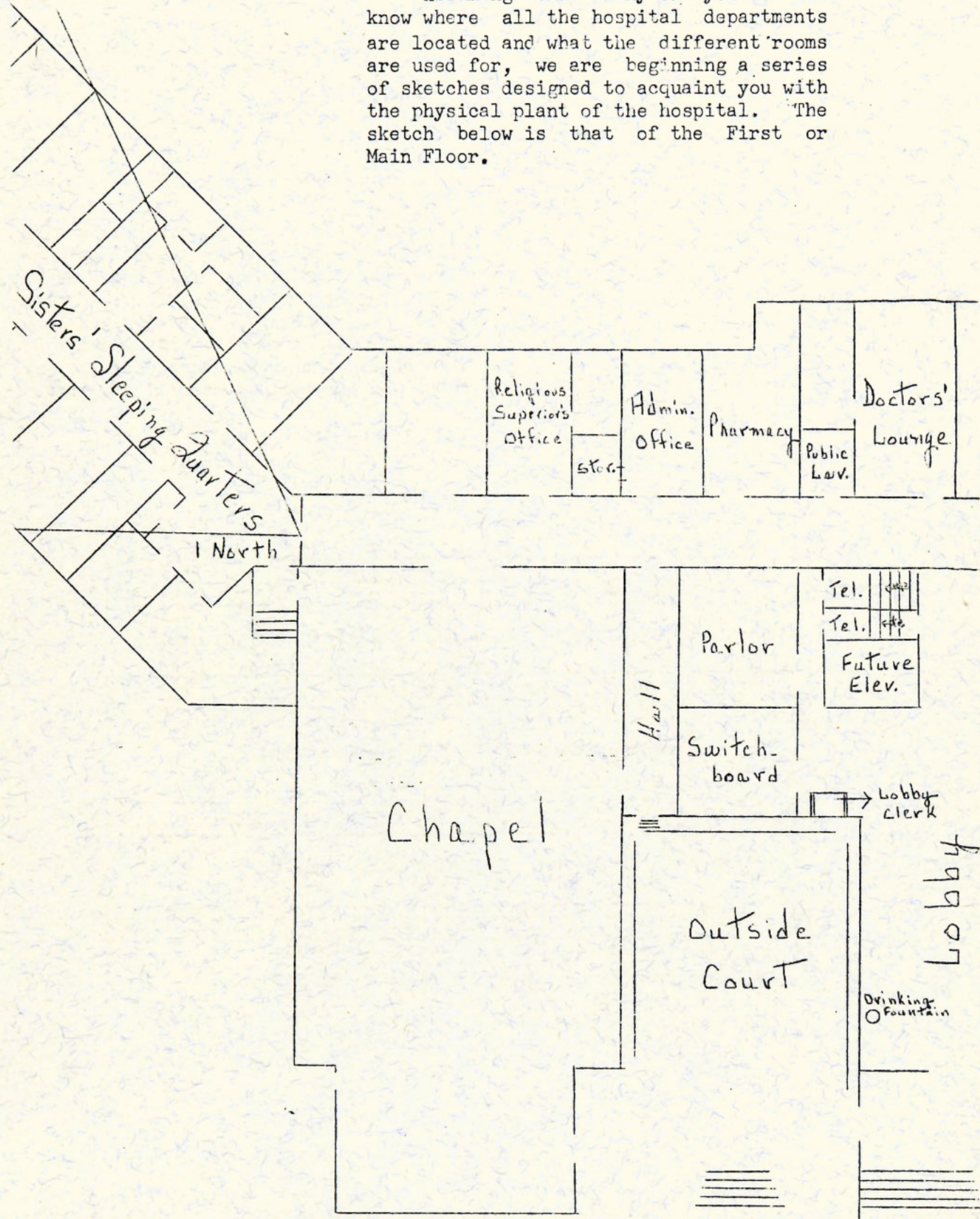
The fa-ther of Je-sus, Ah, then wilt thou be



Sweet spouse of our La-dy! a fa-the- to me?

KNOW YOUR HOSPITAL

Assuming that many of you do not know where all the hospital departments are located and what the different rooms are used for, we are beginning a series of sketches designed to acquaint you with the physical plant of the hospital. The sketch below is that of the First or Main Floor.



School of Nursing Notes ...

DEACONS VISIT

The fourth meeting of the inter-collegiate committee of Christian recreation met at the Nurses' Home on February 26. This committee, formed during the summer of 1951, has an important and complex function as its title implies - that of giving an opportunity for the young people attending the local colleges to join in sound, healthful recreation. Representatives of both faculty and students of St. John's University, the College of St. Benedict, the Newman Club of the St. Cloud Teachers' College and the St. Cloud Hospital School of Nursing plan together the organized recreations for the students of the four schools. Once a month they sponsor large group activities, each school alternating in taking the responsibility for the evening.

Every Friday night groups have informal gatherings for parties, dances, etc. in the Institute Building. During the week the students, serious in their efforts to procure the knowledge needed in their respective professions, spend their evenings mainly in scholastic engagements. Only the weekend is left for recreation, a basic human need. Friday nights instead of the customary Saturday nights have been chosen to help restore Sunday to its proper place in Christian living.

The members of this committee have tackled a big job, but they are endeavoring to work, and work hard, to attain their goal. Not only are they furnishing wholesome fun for others and assisting in keeping holy the Lord's Day but they are uniting to form a close bond of Christian unity. They are showing us how to function in the Mystical Body of Christ - as one - united in the common effort to be champions of the cause of Christ.

On February 13, the class of Deacons from the Diocesan Seminary at St. John's, after seeing the hospital in a birdseye tour, discussed problems with Father Riley. The young men were concerned about the priestly duties of a hospital chaplain.

What are Deacons, and why were they so concerned about being able to be of help?

In the preparation of a priest, various Orders, or authorizations to perform certain duties, are conferred upon the candidate. The Minor Orders imply the simple functions; the Major Orders, the more solemn, the more sacred.

The Order of Deacon is the second Major order, following that of the Sub-deacon who has assumed the duty to daily recite the Divine Office. The Deacon receives the right and privilege to distribute Holy Communion to the faithful, to expose the Blessed Sacrament, to assist at High Mass, and to administer Solemn Baptism.

The next Order and the one for which this class of Deacons is so arduously preparing is that of the Holy Priesthood. Soon in this year of the Centenary these young men will be ordained and will bring Christ to earth to live with us as He has in this diocese during this past century.

It was indeed an honor for the St. Cloud Hospital to be host on February 13.



FEAST OF ST. PATRICK -- MARCH 17



This is the Nameday of our chaplain,
Father Patrick Riley



THE PRIEST

He is another Christ - respect him.
He is God's representative - trust him.
He is your benefactor - be thankful to him.

At the Altar

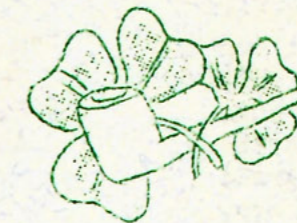
He offers your prayers to God - do not forget him.
He prays for you and yours in Purgatory - ask God's Mercy for him.

In the Confessional

He is the physician of your soul - show him its wounds.
He directs you toward God - follow his admonitions.
He is judging - abide by his decisions.

In His Daily Life

He is human - do not hastily condemn him.
He is human - a word of kindness will cheer him.
If you must tell his faults - tell them to God,
That He may give him light and strength to correct them.
He has a great responsibility -
ask God to guide him in
life, and to be merciful
to him in death.



HOSPITAL STATISTICS
(taken from annual report - 1951)

- DIETARY DEPARTMENT REPORTS -

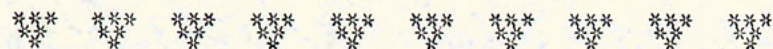
Special Diet Trays

Total number served:

<u>1941</u>	<u>1951</u>
19,812	49,026

Average number of trays per meal:

<u>1941</u>	<u>1951</u>
18.9	43.1



A CENTENARY ITEM

March 25th - Feast of the Annunciation

The Benedictine Sisters of the United States will mark the one hundredth anniversary of their coming to this country this year. Special services are expected to be held by the six thousand Benedictine Sisters now in the United States. It was on July 8, 1852, that three Benedictine nuns from Eichstaett, Germany arrived at St. Vincent's archabbey in Latrobe, Pennsylvania. From that beginning in 1852 the Sisters spread to all parts of the country. Today they have in the United States 33 motherhouses; 25 academies; six senior colleges and two junior colleges. In addition, they staff 407 parish grade schools, and 61 parish high schools in the nation. They also conduct four schools on Indian reservations. More than 90,000 students on the elementary, high school, and college levels come under their influence. The Convent of St. Benedict at St. Joseph in our own diocese is one of the largest institutions of the Benedictine nuns in this country. In our diocese the Benedictines staff more than 40 grade schools, three high schools, one college, a nursing school, the St. Cloud hospital, and two homes for the aged.

The First Hail Mary

Mary was in her room when an angel entered. She was frightened until he said, "Hail Mary, full of grace." Then she listened while he gave her the message that she was to be the Mother of God. After explaining how it could be done by the Holy Spirit, he waited for her answer. God, too, waited for her answer for it was only when she said "yes" that He took on humanity and became incarnate in her womb. The missal calls this "the greatest event in history." We cannot imagine how different the world would be had she not said "yes".

It is with love and gratitude in our hearts that we greet Mary as we say so often:

"Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of
thy womb, Jesus."

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PERSONALS

St. Cloud Hospital recently was represented at the University of Minnesota:

SISTER FRANCIS XAVIER attended an Institute in Hospital Administration; and BARBARA PHIPPS, the continuation course in Clinical Dietetics.

SISTER ANNELDA and PHILOMENE ZACHMAN attended the National Institute for Nurse Anesthetists held at the Hotel Radisson, Minneapolis.

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CONGRATULATIONS to

MRS. ALFRED TORBORG (Rita Wolf) on the arrival of a baby boy, Michael Gerard.

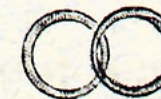
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SISTER FRANCESCA spent a weekend here recently. She is taking her internship in Anesthesia at St. Joseph's Hospital, Chippewa Falls, Wisconsin.

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Our sympathy to REINHARD GOHL on the death of his mother-in-law.



Our congratulations to the following who were married this month:

THERESA SAUER to Paul Pikus,
EILEEN RODEN to Eldred Schreifels.

Medical Staff News..



DR. EVANS spent some days in the hospital as a patient.

We learn from a St. Paul paper that DR. and MRS. NESSA are winners of the Mixed Pairs championship in bridge playing---

---and DR. WETZEL paid us a visit during the past month.

On February 11 the doctors and their wives were guests of the hospital at their annual dinner. An evening of cards and visiting followed.

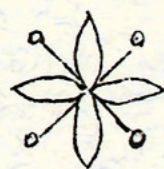
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The men employees and their wives (or friends) enjoyed Friday evening, February 22, playing cards and visiting with the Sisters. (From the comments received, we know they "enjoyed" it.) Pie and coffee was served for lunch.



The hospital aides, nurses' aides and clerical workers enjoyed a card party at the Nurses' Home on February 25. Cake and coffee was served.

The School of Medical Technology on February 1 adopted a school cap. Caps were received by Irene LaSota, Dorothy Siegle, Joan Voigt, and Jeanne Paulson in a very simple ceremony in the Laboratory. You have probably noticed the cap is similar to that worn by the x-ray technicians except that the ribbon is red. The wearing of a cap is optional in the various Schools of Medical Technology and places of employment.

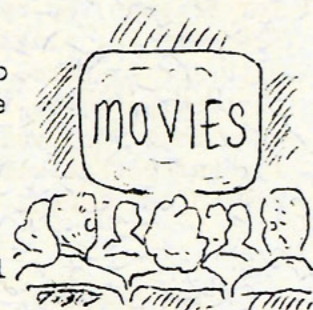


Thirty priests of the surrounding area had dinner with Bishop Bartholome here at the hospital. After the dinner, they toured the hospital, getting a first-hand view of the facilities that are available to the people of this community.

Take time out for a little thinking every day. Meditation is refreshing. Two minutes will do!

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One need not go to Hollywood to get some good scenes for the screen. St. Cloud's gardens and, oh yes, Sister Consilia's garden make beautiful settings. Mr. Frank Waibel showed some films he had taken of various spots in St. Cloud. (Mrs. Waibel was a former patient here.)



But be sure it's the door to the office you want! Recently three more offices were opened in the section across the hall from the Business Office. Consult the sketch of the hospital in this issue of the Beacon Light.



"Next patient to be radiographed will get No. 50,000" -- heard in the X-ray department on February 9.

If a patient returns to the department for further x-rays he is not given a new number, but the same number is used on all his films. Therefore the number 50,000 denotes that 50,000 different individuals have been radiographed once or more times.

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The annual dinner for the Junior-Senior students was held on Valentine's Day; that for the freshmen was a month earlier.

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To avoid that run-down feeling, cross the street carefully!



The laws of fast and abstinence for Catholics living in the Diocese of St. Cloud have been changed this year. Your pastor read a letter to you from the Bishop in which he explained these new changes. I thought it might be well to quote from the letter again. If you have any further questions on the matter of fasting for this Lent, I will be happy to answer them for you.

The new regulations will make it possible for more people to fast in order "to foster the spirit of penance and of reparation for sin, to encourage self-denial and mortification, and to guide the children of Holy Mother Church in the footsteps of our Divine Savior."

Who must fast? All who are over 21 and under 59 years of age.

When must we fast? Weekdays of Lent; and outside of Lent on Ember days, and on the vigils of Pentecost, Assumption, All Saints, Christmas.

Can we eat meat on fast days during Lent? Yes, only once, and that at the big meal - EXCEPT on Fridays, Ash Wednesday, and Holy Saturday morning.

How much may we eat on fast days? One full meal with meat (no meat on Fridays, Ash Wednesday and Holy Saturday morning.) The other two meals are meatless and combined they should not equal one full meal.

You may not eat between meals on fast days, but liquids including milk and fruit juices are allowed between meals.

Church calendars do not have these new regulations; therefore they will be inaccurate. Cut out the chart enclosed in this issue of the Beacon Light and keep it to consult when you don't remember the laws of fast and abstinence.

Father Riley

REGULATIONS ON FAST AND ABSTINENCE

When		Persons Age 21 to 59	All Persons Above 7 Years of Age
All Fridays during the year		No meat	No meat
Ash Wednesday		No meat; one full meal only	No meat
LENT	On Fridays	No meat; one full meal only	No meat
	On other days	Meat at principal meal only; one full meal only	Meat at all meals
Holy Saturday forenoon		No meat	No meat
EMBER DAYS	Wednesdays	Meat at principal meal only; one full meal only	Meat at principal meal only
	Fridays	No meat; one full meal only	No meat
	Saturdays	Meat at principal meal only; one full meal only	Meat at principal meal only
VIGILS	of Pentecost and All Saints	Meat at principal meal only; one full meal only	Meat at principal meal only
	of Assumption and Christmas	No meat; one full meal only	No meat