Beacon Light: January 1966

St. Cloud Hospital
"A faithful friend is a strong defense: and he that has found him has found a treasure." (Eccles. 6, 14)

We at Saint Cloud Hospital have found such a friend in Father Patrick Riley, our Chaplain. On January 4 Father Riley celebrated his fifteenth anniversary with us. During these fifteen years his Priestly duties have brought him into contact with a multitude of employees, Sisters, patients and students as he has traversed the hospital corridors visiting the sick and administering the Sacraments, and spent hours in the classroom instructing our students. It is such contacts as these that have made of him our friend.

Father Riley was born in Rochester, Minnesota, the son of Mr. and Mrs. Charles Riley. He proudly claims His Excellency, Peter W. Bartholome, as his Pastor during his childhood years.

He attended St. John's University, Collegeville, and completed his philosophical and theological training at St. Thomas Seminary, Denver, Colorado, and St. Paul Seminary, St. Paul, Minnesota.

Following his ordination in St. Mary's Cathedral, St. Cloud, on June 6, 1948, Father Riley was appointed Assistant Pastor of St. Mary's Parish, Breckenridge, Minnesota. In July, 1950, he was appointed Assistant Pastor at St. Mary's Cathedral Parish, St. Cloud.

The return of Father James Minette to serve with the Armed Forces in Korea in January, 1951, resulted in the appointment of Father Riley to replace him as the Chaplain of St. Cloud Hospital.

Active and interested in all phases of patient care, Father Riley was named Director of Catholic Hospitals and Homes for the Aged in the Diocese of St. Cloud in May, 1958. He also holds the positions of Chaplain of St. Mary's Physicians Guild of the Diocese and the Chaplain of the Diocesan Council of Catholic Nurses.

Looking back on the past fifteen years we see the results of Father's stress in our common membership in Christ's Body, as envisioned by St. Paul -- and we know that each of us has become better, having gained a clearer insight into our position as brothers of Christ, and, through Him, brothers to each other.
The II Vatican Council in its constitution on the Church defines the Church as "a people made one with the unity of the Father, the Son and the Holy Spirit." There are many references to the Church as the People of God. The emphasis throughout is on the oneness or the communal character of the Church. In the chapter on the People of God the Constitution states: "God does not make men holy and save them merely as individuals, without bond or link between one another. Rather has it pleased Him to bring men together as one people, a people which acknowledges Him in truth and serves Him in holiness,..."

In the chapter on the Mystery of the Church it states: "As all the members of the human body, though they are many, form one body, so also various members and functions have their part to play. There is only one Spirit who, according to His own richness and needs of the ministries, gives His different gifts for the welfare of the Church,..." Speaking of the priesthood, the Constitution says: "Though they differ from one another in essence not only in degree, the common priesthood of the faithful and the ministerial or hierarchal priesthood are interrelated: Each of them in its own special way is a participation in the one priesthood of Christ,..."

Applied to the sick, this means that we who are well and who administer to the sick, must identify ourselves with the sick and vice versa. We need each other. We do things for the sick that they cannot do for themselves. We feed them, clothe them, and provide medical care for them. We are present at the sacrifice of the Mass for them because they cannot be there. We pray for them because many of them cannot pray for themselves. Our whole purpose of being here points to the sick. On the other hand, we need them. They can do things for us that we cannot do for ourselves. They suffer for us and offer pain for us because these things are not present in our lives in the way that they are present in their lives. The whole purpose of their existence, their suffering, points to us.

People develop a oneness and a togetherness when they work together for a common goal, when they do things for each other. This is what the Church is, whether we call it the Mystical Body of Christ, or the People of God. This is not a new truth. Christ said, "Love one another as I have loved you." St. Paul set forth the doctrine of the Mystical Body of Christ. The II Vatican Council is merely re-emphasizing an old truth, a truth too often forgotten but yet basic to real Christianity.

A hospital should be an easy place to practice this. We are necessarily even dependent on each other. We must do things for each other. We are the Church, the People of God.

FROM OUR ADMINISTRATOR
You will recall that in the November issue of the "Beacon Light" I said we would like to discuss from time to time, some of your fringe benefits. In this issue I would like to explore with you a subject which is extremely important to all wage earners, the hospitalization benefit.

At Saint Cloud Hospital we have made it a policy constantly to review our personnel programs to keep them up-to-date, eliminate inequities and, in general, meet the needs of our loyal and dedicated employees. Through our Personnel Policy Committee and the Personnel Advisory Committee two separate but related problems were brought to my attention.

The first problem was concerned with our hospital discount policy. Male employees have been entitled to the 20% discount for themselves and members of their family who are hospitalized. However, among the women only widows or women whose husbands were permanently disabled received the family discount. This provision seemed to us to be unfair to the many women who must work to support or help support a family but could not qualify for the discount because their husband was not permanently disabled. Only a relatively small number of employees benefited by this policy. The most effective way in which to eliminate the inequity was to eliminate entirely the practice of allowing hospital discounts. This is the step we have taken. Effective February 15 the hospital will no longer allow a discount either on the hospital bill or pharmacy purchases to any employee. While this action certainly eliminated the discrimination problem it withdrew an employee benefit, an action which is contrary to our philosophy.

I mentioned there were two problems involved, the application of the discount being the first. The second question was brought up by the Personnel Advisory Committee. The committee last year asked us if it would be possible to increase the hospital's contribution to the Blue Cross insurance program. At the time this question was first considered we had at considerable cost just installed the disability insurance program and also granted a sizeable salary increase and therefore found it necessary to postpone the granting of this request.

Now, however, we are able to increase the contribution to hospitalization through Blue Cross. Effective February 15 the hospital will pay the entire cost of the single Blue Cross policy for all eligible employees. Until now the hospital has paid $2.50 for each full time employee who participated in the Blue Cross and Blue Shield insurance program. The hospital contribution will, under this new arrangement, be $6.45 for each employee. For an employee with the family coverage this amounted to a cost of $12.70 for Blue Cross. The family plan will now cost the employee $8.75 per month. The single subscriber will be completely covered by the hospital at no cost to the employee. Of course, both the single and the family subscriber must still subscribe to Blue Shield to be entitled to the hospital contribution.

In terms of tax free, take home pay this means an increase of nearly $4.00 per month. An important benefit which we expect from this program is a substantial increase in participation, especially of the low risk, young single subscriber. This, we hope, will have a favorable influence on your premium rates. In eliminating the hospital discount and fully participating in Blue Cross employee coverage we are giving equal consideration.

We are often asked why should administration be concerned with providing these fringe benefits for the employee. The answer is simple. We achieve the hospital goal of "the best possible care for the least possible cost" through you, the employee. It is our philosophy that only if the needs of the employee are properly met will the patient receive the care which justice demands.

Sister Jameen
The Saint Cloud Hospital School of X-Ray Technology held its capping ceremony in the hospital chapel on Sunday, December 12, at 2:30 p.m.

This event marks the successful completion of the first part of the two-year training course for the following X-Ray students: James Anderson, Kelly Foley, Ronald Hudson, Patricia Klein, from St. Cloud; Constance Balk, Backus; Russell Langner, Avon; Judith Plantenberg, Richmond; Bonnie Rassett, Annandale; and Marie Rudolph, St. Joseph. The caps are blessed and conferred by Father Patrick Riley, O.S.B., Supervisor of the School of X-Ray Technology and Mrs. Jerald Miller, B.T., Assistant Chief Technologist. Father Gordian, T.O.R., delivered the sermon. A reception was held for relatives and friends in the hospital dining rooms.

PERSONNEL PROMOTIONS

On January 1 Mrs. Schoenborn assumed the duties of Evening Supervisor of Nursing Service after ten years as Staff Nurse and then Evening Charge Nurse for 3 South. A graduate of St. Cloud School of Nursing, Mrs. Schoenborn has also worked as a float nurse and was in charge of the Recovery Room for several years.

Mrs. Bernice Schoenborn

Mrs. Jo Ann Paulsen received her degree in Medical Technology from Macalester College after completing a twelve-month internship at Miller Hospital in St. Paul. She came to St. Cloud Hospital in July of 1964, having worked as a Medical Technologist at Fairview Hospital in Minneapolis. In December, Mrs. Paulsen became Chief of Blood Bank Section in our Laboratory.

We would like to express sincerest sympathy to Mrs. Elsie Waletzko on the death of her father.

MEET OUR DOCTORS

Dr. Burton Bancroft was born in Chicago, Illinois. He received his early education in Oak Park, Illinois, and Kearney, Nebraska, where the family moved while he was in high school. After attending the University of Colorado in Denver and the Citadel, a military college in Charleston, South Carolina, for premedical courses, Dr. Bancroft enrolled at Vanderbilt University Medical School in Nashville, Tennessee, and received his M.D. degree in 1958. He served his internship at the University of Illinois Research and Educational Hospital, Chicago; then stayed in Chicago for postgraduate work in surgery at Children's Memorial Hospital and Presbyterian-St. Luke's Hospital.

With his residency in surgery completed, Dr. Bancroft served as Assistant Chief of the Surgery Service of the Medical Corps of Kirk Army Hospital, Aberdeen Proving Ground, Maryland, for two years.

He came to St. Cloud in October, 1965, to work in association with Dr. Henry Broker.

Dr. Bancroft is a candidate for membership in the Stearns-Benton County, Minnesota and American Medical Associations. He is married and has one child. His hobbies are golf and bowling.

HOBBIES OF HOSPITAL PEOPLE

As Miss Coletta Meemken was graduated from the St. Cloud Hospital School of Nursing in 1960, she felt the need to belong to an organization other than her professional one. At this time the Young Christian Movement was just beginning in the St. Cloud area. Miss Meemken saw the value of this Christian Action group, joined it and continued to be an active member. In 1961 she became secretary of YCW and after holding this position for two years she became the organization's vice president.

In 1965, Miss Meemken attended the Business Management course offered at the hospital by State College. Prior to this time she had attended an evening class, Theories of Personality, at St. Cloud State College.

In the fall of 1965 Miss Meemken applied her organizational ability by helping to organize the Gospel discussion and Christian action group of the Diocesan Council of Catholic Nurses.

When Miss Meemken is not on duty as assistant head nurse in Pediatrics or is not attending meetings or classes, she claims other interests. These "other interests" include the man she will marry in June, who holds top priority. She also enjoys traveling and has visited 42 of the states, and she finds time for swimming, water skiing, sewing, photography and music.
SISTER MARY GERALD MAIERS

Sister Mary Gerald is a native of St. Cloud. She received most of her education here in St. Cloud including her nursing education at the St. Cloud School of Nursing. Sister received her Bachelor of Science in Nursing Education from the Catholic University, Washington, D.C.

When the School of Nursing opened in St. Benedict's Hospital in Ogden, Utah, Sister was appointed Director. Since then, she has worked in areas of medical nursing at St. Cloud Hospital and Queen of Peace Hospital in New Prague. While out West, Sister was a member of WICHEN (Western Institute Commission for High Education in Nursing) Staff of the University of Utah for four years.

Sister came to St. Cloud this year and is currently an Instructor in Medical-Surgical Nursing which includes duties as Clinical Instructor on 2 South Nursing Unit.

Sister's hobbies are as varied as her past experiences. These include travel (real and armchair), reading, oil painting and charcoal sketching. She is a rock collector and loves the out of doors. Her favorite quotation on being a hobbyist is, "You see, there are three kinds of hobbyist: The Escapists, who withdraw from reality into a hobby; the Bored, who merely keep themselves occupied with a hobby; and the Life Lovers, who enjoy living so much that they can never have enough of it. Those of us in that third class are constantly exploring, wanting to know, to understand, to do, to enjoy the full spectrum of living." Sister hopes that she qualifies as the third type of hobbyist.

SISTER ERMENILDA SCHULZETENBURG

A newcomer to hospital life, but a veteran at her type of work, is Sister Ermenilda, who came to Saint Cloud Hospital this September. You will see Sister on 1 South or on either wing of the second floor, where she carries out her assignment as Housekeeping Supervisor for these units.

The second oldest in a family of nine, Sister was born in Meire Grove and grew up in New Munich, Minnesota. Until the time that she entered the Convent, she remained on the family farm helping her family and friends.

Since entering the convent, Sister has always held housekeeping positions. As a young Sister, she received her first experience at St. Raphael's Home in St. Cloud. She was later assigned to St. Benedict's College where she did so well that they kept her for twenty years in housekeeping duties of various types. Having this wealth of experience, it was certainly our gain and St. Benedict's loss when she was assigned to housekeeping duties at Saint Cloud Hospital.

A hospital environment is something new for Sister. When asked what she finds different about it she commented that this is the first time that she has worked around sick people. Her new work brings her in close contact with patients and their relatives and provides her with many opportunities for apostolic work in the simple acts of kindness and encouragement to the sick and to their relatives.

SISTERS ROSARIO, MARY ALBERT, JOHN ROCK AND CONSUELO

The four sister students in the School of Nursing come to us from the mother house of the Dominican Sisters of St. Catherine of Siena, Kenosha, Wisconsin. Sister Mary Albert Gonzales and Sister Mary Consuelo Barrera are junior students. Sister Mary Rosario Saavedra and Sister Mary John Rock Richard are in their first year as nursing students.

The Community, whose members originally came from Portugal, follows the Rule of St. Augustine as chosen for them by their founder, St. Dominic. They usually wear the familiar white habit and black veil of the Dominican Sister. The black and white cross and the gold ring are worn after the Dominican Sister makes her perpetual vows. For nursing duties the Sisters wear a white veil as well as the white habit.

Sister John Rock entered the community after a variety of activities. Sister came to the United States in 1955 from Rogersville, New Brunswick, Canada. After working for a time she joined the U.S. Army and worked as a dental assistant at Ft. Knox and Ft. Sam Houston. Three years later, when living in the State of Oregon, Sister met members of the Kenosha community and decided to enter the convent there. After a year of Novitiate at Kenosha, Sister spent a year at school, became an L.P.N., and performed nursing duties at St. Catherine's Hospital at Kenosha. In 1964 Sister went back to school again, this time at St. John's Hall in Duluth, Minnesota, to finish her last year of high school, as preparation for entering the School of Nursing here at Saint Cloud Hospital. When her activities as a nursing student allow, Sister enjoys teaching the girls how to knit. She also has a special interest in photography.

Sister Mary Albert comes from a family of six. She had started college in her home city of San Jose, California, when she became interested in joining a religious community. She chose the Dominican Sisters of Kenosha, Wisconsin.

Sister Mary Consuelo also claims California as her home. After college years, Sister worked with the Post Office Department. Through her pastor she learned of the Dominican Community. When Sister had completed her year of Novitiate, she was appointed to work in the business office at St. Catherine's Hospital until she entered training at our School of Nursing in September, 1964.

Albuquerque, New Mexico, is the home of Sister Mary Rosario. Sister says she needed no introduction to the Dominican Sisters since these Sisters taught her in elementary school. Before definitely deciding to join the convent at Kenosha, Sister worked for a time as a long-distance telephone operator.
"There's no place like home for the holidays..." says the familiar Christmas carol, and this is especially true for our hospital patients. Sickness does not make an appointment as to when or how to come, it knows no holidays and seasons, so for those "hospital bound" for the holidays an all-out effort is made by the personnel to bring something of the joy of the Christmas season to those who must spend the holidays in the hospital.

Several days before Christmas, the personnel on each nursing unit and the various departments throughout the hospital apply their artistic abilities in decorating corridors and patient rooms with some type of Christmas symbolism. Crib scenes, stars, bells, Christmas trees, and many other yuletide ornaments are used to transform hospital corridors and rooms into a gay holiday mood. Christmas carols are playing from hospital station WELL and in the halls over the loud speaker system to help create a joyous climate for both personnel and patients. Visiting carolers appear on the scene to entertain the patients with the old familiar Christmas carols.

On Christmas Day special tray covers and favors decorate the patients' meal trays and the chefs find special recipes that add to the holiday festivity.

Children are permitted to visit Dad, Mother or the grandparent who may be hospitalized. The child bubbling over with Christmas excitement and joy adds cheer to the patients who wish to see and to be with their loved ones.

Last, but certainly not least, as the Sisters and hospital personnel come together around the altar of God, they ask Him, the Giver of Health, to bestow his choicest blessings on the patients who are Christ's sick.

CAROLERS ENTERTAIN PATIENTS

Although the number of groups who came to the hospital to sing carols for the patients was smaller than in previous years, the joy they spread was as great as ever. We wish to express our appreciation to those who gave of their time and talents during the busy days of Christmas season to cheer our patients. They were:

- F.H.A. Group under the direction of Mrs. Swanson
- Girls Scouts under the direction of Mrs. Jarosek
- St. Augustine's Grade School Choir under the direction of Sister Diego
- Candy Stripers under the direction of Mrs. L. Timmers
- Sisters of the Saint Cloud Hospital under the direction of Sister Gemma

JUST THOUGHT WE'LL ASK....

WHAT NEW YEAR'S RESOLUTION DID YOU MAKE?

Sister Jolene, X-Ray student:  "To keep my white shoes polished."

Mrs. Vivian Renner, Business Office:  "Since Sister Francelda hasn't taken the calories out of the food in the cafeteria, I am going through the cafeteria line blindfolded."

Mrs. Maude Lepinski, Hostess:  "I am making a resolution not to make resolutions, and not to eat watermelon in February."

Mr. Oswald Brixius, Orderly:  "Not to take shortcomings or the complete changes in plans or projected objectives too seriously or to become too disappointed or disheartened if they don't materialize."

Mr. H. Hagen, Security Officer:  "To be a gentleman at all times."

In keeping with the generous spirit of Christmas, the St. Cloud Hospital personnel went all out to make Christmas a little happier this year for some needy families in the St. Cloud area. The hospital family was fairly buzzing with the joyous activities in the preparation of the gifts contributed by hospital personnel. Spare moments were spent busily wrapping gifts and making plans so that everyone in the adopted families was well remembered.

"It is better to give than receive" was an adage personally adopted by all the participants of operation "Christmas Joy" and their efforts did not go unrewarded as they experienced the true joy that comes from giving.
One of the fastest growing departments in the hospital is the Physical Therapy Department. Mrs. Marion Becker, Registered Physical Therapist, is in charge of the department which provides therapy treatments to patients when ordered by the attending physicians.

A look at the Saint Cloud Hospital Annual Report for 1965 gives an indication of the expansion of the Physical Therapy Department over the past ten years. From July 1964 to June 1965, the department administered a total of 22,042 treatments, an increase of more than 120% since 1955. In comparison to 1960 the number of treatments have increased 60%.

Another indication of the growth of the department is in the number of personnel. In addition to Mrs. Becker, there are now three full time aides and two full time and one part time orderly.

The pictures on this page show the department in action -- giving a few of the many and varied physical therapy treatments.

As Sharon Buersken, a patient, graduates from parallel bars to crutches, Mrs. M. Nolan, a physical therapy aide, supervises.

Parallel bars is an initial aid in learning to walk. Mr. Bob Fuller, a physical therapy orderly, assists a patient in easing a long leg cast. Mrs. Becker supervises.

As Sharon Buersken, a patient, graduates from parallel bars to crutches, Mrs. M. Nolan, a physical therapy aide, supervises.
On January 21 three students completed their twelve months of training in Medical Technology at Saint Cloud Hospital. These students have completed three years of college where they earned the necessary credits for entry into a School of Medical Technology, and for graduation from their college. After twelve months of internship, these students are now eligible for graduation from their college and for registration as Medical Technologists in the American Society of Clinical Pathologists. They will take their examination in July, 1966.

We would like to extend our sincere congratulations to these new graduates and with them success in their new work.

ANNUAL MEMBERSHIP MEETING OF
Saint Cloud Hospital Employees Credit Union

At the Board of Directors Meeting of the Saint Cloud Hospital Employees Credit Union held December 16, 1965, the Annual Membership Meeting was set for Thursday, February 17, 1966, as indicated in the by-laws of the corporation.

The purpose of this meeting is to make a complete report of the last year's activities to the members of the credit union by the officers of the Board of Directors and the committee chairmen, and any other business the membership thinks necessary.

The meeting will be preceded by a dinner at 7:00 p.m. at the Ace Bar. Tickets for the dinner may be purchased through the Credit Union office, or from any officer, for $2.00.

After the dinner, the business at hand will be taken up, including nominations and election of one member for the Board of Directors, one for the Supervisory Committee and one for the Credit Committee to replace those whose terms expire this year.

Special arrangements are being made to provide entertainment for your pleasure and relaxation during the evening.

Members, you may bring your spouses and friends. Employees, you really owe it to yourselves to learn about your organization—the Saint Cloud Hospital Employees Credit Union—which is here to be of service to you. In fact, anyone who is interested may attend the dinner and the meeting, however, only bona fide members may vote.

It has been said that "One man's loss is another man's gain." This pretty well sums up our sentiments toward the loss of two of our fellow employees. Leaving us are Jim Studer and Jerry Knuesel, Jr. They have both worked at Saint Cloud Hospital as part time employees while attending college.

Jim Studer came to us in the spring of 1961, while still a senior at Cathedral High School. His first job was as Porter in the Laundry. After graduation from high school in 1962, he enrolled at St. Cloud State College where he majored in Language Arts. At the present time he is doing his student teaching at the Hosterman Junior High School in New Hope, Minnesota, which is in the Robbinsdale school district. His plans for the future are still somewhat flexible, but he does plan to teach on the secondary school level. Jim has worked at Saint Cloud Hospital for five years. During this time he spent one and one-half years in the Laundry Department and the remaining three and one-half years in the Central Service Department as a Central Supply Clerk. Jim admits that working at the hospital has been an education in itself, especially in getting to know and work with people.

It was this interest in people that influenced Jim to choose English as his major program of study. English literature is a study of people and Jim loves people.

Jerry Knuesel started working at Saint Cloud Hospital in August, 1959, while still a sophomore at Cathedral High School. He worked in the Housekeeping Department for three and one-half years. After graduation from high school he, too, enrolled at St. Cloud State College, choosing as his major Business Administration with the emphasis on management. At this time Jerry assumed new duties in the hospital, working as an Oxygen Orderly in the Inhalation Therapy Department. Six years have elapsed since he started working at Saint Cloud Hospital, and now that he has graduated, Jerry leaves his hospital part-time work to begin his professional life.

However, before entering his professional career, Jerry will be completing his military obligations...in fact, he is now enroute to Fort Jackson, South Carolina for his basic training.

THE DRUG ABUSE CONTROL AMENDMENT IN 1965

On February 1, 1966, a new federal law known as the Drug Abuse Control Amendment (an amendment to the Federal Food, Drug and Cosmetic Act) will go into effect. This controls the dispensing of sedatives and hypnotics ("sleeping pills"), amphetamines ("pep pills" and some weight control pills), and certain other drugs which have a potential for abuse.

According to this law, prescriptions for these drugs may not be refilled more than five times (provided the doctor specifies that they may be refilled), nor may they be refilled more than six months after they have been written, even if five refills have not been given. Therefore, a new prescription must be obtained at least every six months.
Some new and some old gives a good balance to the Personnel Advisory Committee. Re-elected for a second full term are Art Hoffarth, who represents the clerical employees and was committee chairman last year, Mrs. Ethel Young, past committee secretary and auxiliary personnel representative and Tom Hyslop, who is also an auxiliary personnel representative.

Three members who were on the Committee since last fall to complete the unexpired terms of employees who terminated were again elected for a full term. Art Bates was elected for a full term to represent the Dietary employees, Joan Fish, the LPN group and Leo Pohl for the Medical Services employees.

Elected for the first time are Leroy Zierden for the Housekeeping employees, Jack Euteneuer for the Laundry, Mrs. LaVonne Benson, Evening and Night Staff Nurses and Mrs. Betty Kobienia, Day Staff Nurses.

At the first meeting on January 3, the committee certified the election of the members and elections were held for officers for the coming year. After one year of faithful service as committee chairman, Art Hoffarth turned over the chair to Leo Pohl. Many thanks are due Art for the time and effort spent in behalf of all the employees. There is every evidence that Mr. Pohl will continue the fine work. Likewise Mrs. Young, who served the committee so well as Secretary last year, relinquished her duties to Miss Joan Fish.

The work of the members of the committee and its officers is highly important to the effective operation of Saint Cloud Hospital. It is the employees who carry out the work of the hospital. It is the Advisory Committee which gives the employee a voice in his working life at Saint Cloud Hospital.

About 15 members of the Klever Klover 4-H Club of Waite Park joined heads and hands to produce a lovely large layette for a needy mother and baby to be given away during the Christmas season. Contents of the layette included blankets, pajama sets, kimonas, diapers, booties, all hand made by the girls. "Clothing" is one of the numerous projects a 4-H club member may choose for her yearly activity project. Miss Nancy Miller is Clothing Project Leader for the Klever Klover Club. The layette was presented to Sister Pius, Assistant Supervisor in Maternity Nursing, by Sandy Streit, Judy Hollenkamp and Kathy Binsfeld.
HOSPITAL CAREERS

As a freshman in college I had given no thought to a career, and I had no definite idea of what I wanted to major in. I enjoyed chemistry, but I had no desire to become a chemist, or to major in chemistry. After checking the related fields in chemistry, I decided to major in Pharmacy.

Pharmacy is a five-year course consisting mainly of chemistry course work with related study in several other scientific areas including biology, botany, zoology, bacteriology, physics and also subjects more directly related to Pharmacy such as pharmacology, pharmacognosy, preparations, dispensing and medicinals.

The summer after my freshman year I began my internship training in a local drugstore to see if I had really made the right decision. At the end of the summer I made up my mind to return to college and to complete my remaining four years. However, I was determined to complete my education in three years by attending summer sessions, and thus what was a five year endeavor, I was able to complete in four years, ... four full years.

Completion of the pharmacy program is not the end of studying and note-taking for a pharmacist. During the year of internship a weekly record is maintained indicating such things as the number of prescriptions filled, number of hours worked, complete accounts of compounded prescriptions, and a weekly study of a proprietary product. Upon completion of the internship, there were State Board examinations to contend with. These examinations are given twice yearly at a College of Pharmacy and they consist of a day-long laboratory practical test and a five-part theoretical examination followed by personal interviews with the State Board of Examiners. I have taken the written examinations in North Dakota, and I plan to complete the laboratory practical test there next May. I will then take the full Board Examination in Minnesota next July.

I have found that work as a pharmacist is not exactly what I anticipated it would be. College training prepares the pharmacy student to make various pharmacy products such as glycerates, emulsions, capsules, powder papers and many others. The pharmacist of today dispenses very few compounded prescriptions. In daily dispensing we primarily transfer tablets or capsules from one bottle to another, consequently my first few months of work were somewhat of a let-down. I felt I was using very few of the laboratory procedures that I had learned as a student. After I had adjusted to the fact that the art of compounding has almost disappeared from the pharmacy scene, I soon realized that I was able to use the pharmacology and related sciences that I had studied which is actually more important than the laboratory techniques that I had learned.

The hospital pharmacist is one of several professional people in the hospital who participate actively in patient care, but who rarely see the patient. It would enhance my work to be able to see the beneficial effects of the medications that I dispense, but such a situation just is not practical or possible. There are many satisfying and rewarding aspects to hospital pharmacy, however, and I am very satisfied with my association with Saint Cloud Hospital in this capacity.

STUDENTS RECEIVE MARIAN AWARDS

On Wednesday, January 6, the students were guests at the annual Epiphany dinner given by the Sisters. After enjoying a delicious meal, the group was entertained with carols sung by a group of the Sisters. Door prizes were given for the "lucky star" that appeared under each person's cup. Father Piekarz became the mystified owner of "Skin So Soft" by Avon.

At this dinner Sister Jameen announced the winners of the Marian Awards. Three seniors, Ann Holig, Joyce Peterson, and Jean Christensen, and two juniors, Mary Rauschendorfer and Karen Kosel were chosen as the recipients.

The Marian Awards, established in 1954, are tuition awards of one hundred dollars each. These awards are granted by the Saint Cloud Hospital to students who have displayed evidence of being truly Christian women and who demonstrate superior ability in nursing. Students are selected from the upper one-third of their class. The faculty selects five persons in whom they believe these qualifications are best exemplified. Congratulations, girls.

STUDENTS COMPETE IN CONTEST

In order to encourage the Christmas spirit in the students, the Student Council sponsored a door-decorating contest. Roommates worked together in planning and decorating their doors. The Christmas atmosphere was quickly created as students joined one another in sharing ideas, decorations, paint and tape to create the winning work of art.

The only rule made for the contest was that the doors could not be defaced and scotch tape could not be used. The judges for the contest were Sister Helaine, Sister Josue, Sister Pius, Sister Josella and Sister Kenric. The prizes awarded were the following: First prize, a dinner for two at the Griffin Room of the Germain Hotel; second prize, a dinner for two at the Pancake House; and third prize, a dinner for two at the House of Pizza.

The first prize went to Kathleen Dougherty and Jean Christensen, two senior students who worked out the theme of "Peace on Earth, Good Will to Men" with pictures depicting the problems of the modern man with the Blessed Virgin and the Christ Child in the center. Second prize went to Mary Rauschendorfer and Yvonne Parucci. Their door was decorated with an angel sprayed on with white paint. Two freshman students, Sister Rosario and Sister John Rock won third prize. They created a very beautiful Nativity scene as a silhouette.

This contest was the first of its kind at the School of Nursing, and the students thoroughly enjoyed the opportunity to be creative and to join in the preparation for Christmas.
GRACE WEISS SCHOLARSHIPS AWARDED

"Love, the art of giving" was the theme of the program for the Grace Weiss Halenbeck Scholarships presented December 9, 1965. Before the awards were made by Dr. P. L. Halenbeck, a program was presented in his honor. The program consisted of piano and organ music, vocal solos, a flute solo and readings. The program was concluded with a brief talk by Dr. Halenbeck who never fails to add humor and enjoyment to the occasion.

Five junior students were chosen by Dr. Halenbeck to be the recipients of his generous scholarships. They were Mrs. Ardis Holm, Mary Rodel, Judy Hoffman, Betty Kielb and Ralph Kiffmeyer.

The Grace Weiss Halenbeck Scholarships were established in 1954. The funds for the scholarships have been provided by Dr. Halenbeck, a member of the medical staff at Saint Cloud Hospital, in memory of his deceased wife.

The Scholarships are presented to students in the School of Nursing in the beginning of their second year. To be eligible for the Scholarships, students must possess qualities of character and personality appropriate to the professional nurse, such as professional skills, attitudes and interests that are indicative of development of the ideal Christian nurse. Financial need is also a requisite for eligibility. Five scholarships each in the amount of two hundred dollars have been given yearly since 1957.

Following the presentation, Dr. Halenbeck had a special surprise for everyone as he gave each student a large, red, delicious apple.

ROTARIAN DINNER
Each year the St. Cloud Rotarian Club sponsors a dinner for the graduating class. It was organized this year by Dr. Veranth and Mr. Bakke, Assistant Administrator of Saint Cloud Hospital.

The dinner was given on December 14, 1965 in the Gold Room of the Germain Hotel. A Christmas atmosphere prevailed right down to the singing of Christmas carols.

Besides the delicious dinner served the senior class, each girl received a Christmas present. The students were provided an opportunity to get to know the Rotarians, or at least the one who functioned as her escort for the occasion.

The students provided after-dinner entertainment for the group. Mary Fink played the piano, Marilyn Mexner sang, and Kathleen Dougherty presented a Christmas reading. It was an enjoyable afternoon, and the students appreciated the effort and good will that went into making this such an enjoyable occasion.

How Safe ARE YOU?

Do you wear safety goggles?

Your hair neat and well combed?

Have your eyes been checked?

Wash your hands?

Have you had a medical check-up?

Nails clean?

Clean uniform?

Are your cuts and abrasions treated medically?

Proper shoes, well fitting?

When walking or moving equipment do you keep to the right?

Do you drive carefully?

IF YOU ARE A SAFE "SAFETY SAMMY" YOU WILL DO SOMETHING ABOUT SAFETY HAZARDS
WHO KNOWS? YOU MAY HAVE YOUR PICTURE ON THIS PAGE NEXT MONTH!!
MR. POSTMAN:
PLEASE DELIVER TO ONE OF THE NICEST PEOPLE WE KNOW.

Your Guiding Light To Health

The BEACON LIGHT is the monthly publication for the personnel, alumnae and friends of the St. Cloud Hospital, St. Cloud, Minnesota

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