Integrating Holistic Care Modalities into an Inpatient Physical Rehabilitation Program

Kathleen Sowada
St. Cloud Hospital, CentraCare Health, sowadak@centracare.com

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Integrating holistic care modalities into an inpatient physical rehabilitation program

Kathi Sowada, MSAOM, MSN, RN, LAc, HN-BC, CHTP
St. Cloud Hospital, St. Cloud, Minnesota

Purpose Statement
The purpose of this pilot project was to determine the feasibility of incorporating integrative therapies, including acupuncture, into the plan of care of patients undergoing physical rehabilitation in an inpatient setting, and to improve outcomes and patient satisfaction.

Background
In the United States, 46% of stroke survivors used Complementary and Alternative Medicine (CAM), mainly acupuncture (Shan, Engelhardt, & Ovbiagele, 2008).

Acupuncture may have beneficial effects on improving global neurological deficiency, dependency, and some neurological impairments for people in the convalescent stage of stroke (Yang et al., 2016).

Nonpharmacological modalities such as acupuncture are safe and highly accepted by patients in acute care settings (Panovich & Herman, 2012).

Outcome Measures

**MYMOP2 Scores**

Inpatient Rehabilitation

1/10/17 to 9/1/17

<table>
<thead>
<tr>
<th>Symptom 1</th>
<th>Symptom 2</th>
<th>Activity</th>
<th>Wellbeing</th>
<th>Profile Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-assess</td>
<td>4.61</td>
<td>4.25</td>
<td>4.67</td>
<td>3.46</td>
</tr>
<tr>
<td>Final assess</td>
<td>2.92</td>
<td>2.25</td>
<td>2.89</td>
<td>2.11</td>
</tr>
<tr>
<td>Improvement</td>
<td>1.69</td>
<td>2</td>
<td>1.78</td>
<td>1.35</td>
</tr>
</tbody>
</table>

Measure Yourself Medical Outcome Profile (MYMOP-2)

45 minute session scheduled up to 3 times weekly

- acupuncture
- acupressure
- aromatherapy
- Healing Touch
- and/or massage

University of Bristol Centre for Academic Primary Care. (2017). Welcome to MYMOP. Retrieved from www.bris.ac.uk/primaryhealthcare/resources/mymop/

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References


University of Bristol Centre for Academic Primary Care. (2017). Welcome to MYMOP. Retrieved from www.bris.ac.uk/primaryhealthcare/resources/mymop/


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