10-1966

Beacon Light: October 1966

St. Cloud

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October 18, 1966

Dear Doctor,

I express our gratitude to you on the Feast of St. Luke — patron saint of physicians — for the very important part you take in caring for Christ's sick — for your cooperation on our medical team.

Sincerely,

The Sisters and Personnel

"Our Doctors' Story"......see page 4.
From Our Chaplain

In September of this year at the regularly monthly meeting with new employees at which I talk on the subject of hospital ethics, I finished my talk and then opened the meeting for questions. One of the participants in the meeting asked me: "Just what is the work of the hospital chaplain?" I said, "It is not only to serve those who are going off duty at this time. As far as our schedule is concerned, we plan on visiting the floors of the hospital each evening. We do this with the purpose of allowing patients to receive the sacrament of Penance, if they wish to and this also gives us an opportunity of welcoming them to the hospital. If you wish to receive any of the sacraments or the rites of your church you should instruct him to tell the nurse.

During the week we have devotions at different times. Morning and evening prayers are offered each day over the public address system. On Sunday afternoon, as a rule, the devotions are 1:30 p.m. in the chapel. This is a brief period of prayer followed by recitation of the Divine Office by the Sisters and anyone is most welcome to attend this service.

During the month of October we observe the Feast of St. Luke, who is the patron saint of doctors, nurses and all ancillary medical people who assist in the care of the sick. It behooves us all on the feast of the great Apostle to ask the prayers of the many who are serving us and for each one of us to try to follow the example of his life in devotion to Christ's sick.

New progress for the education of licensed practical nurses has begun this fall. We will see many of these young ladies in pink uniforms walking around the hospital; it is a good thing to see these enthusiastic young people in our halls and I would like, in behalf of myself and Father Pekarski, to welcome them and I know that the rest of the members of the hospital family are happy to see them here.

Our hospital chapel is located on the north wing of the first floor of the hospital; it is open to employees, patients, their families and friends at outside the hospital, they should feel free to tell them that the hospital chaplains would be happy to help them in any way that they possibly can.

Looking back over some of the events of this past month, we notice the annual report of the hospital which was given to the members of the staff and noted with great interest and admiration the very beautiful and inspiring message that was given by Mother Hoehn. "Unless the Lord build the house, they labor in vain who build it..." Is He the end to which all of our efforts are being directed? If not, we are laboring in vain! Unless our bigger hospital is also a better one, filled with Christ-like Sisters, doctors, nurses, and supporting staff, the growth of our plant will have been in vain... I ask all of you to join me in prayer that the steps we take and the decisions we make will bear witness to the fact that it is the Lord who builds and directs this good and long-awaited enterprise."

In the month of October we observe the Feast of St. Luke, who is the patron saint of doctors, nurses and all ancillary medical people who assist in the care of the sick. It behooves us all on the feast of the great Apostle to ask the prayers of the many who are serving us and for each one of us to try to follow the example of his life in devotion to Christ's sick.

From Our Administrator

Seventy-eight physicians practicing medicine in our hospital make up its medical staff. As a member of the medical staff the doctor has the privilege of admitting patients to the hospital when they need the services only the hospital can provide. He writes the orders for tests and treatments, medications and any special care that the patient may need.

Through committees and individually the doctor works closely with the hospital administration and with every hospital department for the improvement of patient care. All doctors practicing in the hospital are accountable to their colleagues on the medical staff for the medical care of patients. The committees of the medical staff meet regularly to review the quality of care given to patients. This responsibility is delegated to the medical staff by the hospital governing board which appoints medical staff members and is responsible for setting the broad policies under which the hospital functions.

Membership on the medical staff means that the physician is a part of a self-governing group responsible for seeing that high quality medical care is given to all patients in the hospital.
What is a doctor? We think that we are fully justified in saying that he is a modern counterpart of the Good Samaritan, a man who sacrifices personal convenience and contributes of himself to take care of the sick and injured. While competent medical attention bare of human understanding would meet some of their needs, doctors demonstrate daily their tremendous respect for the healing value of kindness, serenity, charity and humor when they are added to diagnostic and therapeutic competence.

The doctors on our Medical Staff are accepted as members by the Governing Board of the hospital after they make formal application and are recommended for membership by the doctors already on the staff. Each applicant is required to have the qualifications for membership stated in the Bylaws of the Medical Staff. He must be a graduate of an approved medical school, legally licensed to practice in the State of Minnesota, competent and of unquestionable professional and moral integrity. In addition he must indicate a willingness to cooperate with the administrator and other physicians.

As a member of the hospital’s Medical Staff, the doctor is concerned and interested that all patients admitted to the hospital receive the best possible care. In addition to the personal responsibility each one has for his own patients, he participates actively on committees whose object is improvement in the quality of patient care by group action. The St. Cloud Hospital Medical Staff has three committees with a membership of from seven to ten doctors that meet monthly and four committees that meet quarterly for this purpose. Reports and recommendations are made to the entire Medical Staff at their quarterly meetings. As a member, also, and especially if he is chief of a service, he provides leadership for hospital personnel and assists the hospital in husbanding its professional and physical resources.

The doctors serve the hospital and community in many other ways. They lecture in the hospital’s schools of nursing, anesthesiology, x-ray technology and medical technology. They are called upon for counsel by professional organizations and are found on the Advisory Boards of many community organizations concerned with health or with another aspect of human need. They appear often as speaker on the programs of local organizations, volunteer many hours of work to immunization programs in schools, provide medical care for the indigent, and spend a very considerable amount of time on professional reading and attending educational meetings and postgraduate courses in order to bring the advantages of the advances in medicine to the community.

Currently there are seventy-eight doctors on this hospital’s Medical Staff. We appreciate them and we hope they will continue to work with us in serving the community for many years to come.

(In succeeding issues of the "Beacon Light" you will be introduced to each of the Medical Staff Committees and their functions.)

Grant us, we pray, O Lord, through these heavenly gifts to serve you with freedom of mind, so that the offerings which we make to you, by the intercession of your blessed evangelist Luke, may work in us both for healing and for glory.

—Prayer over the Gifts

Mass in Honor of St. Luke
"Happy birthday to us," resonated down the basement corridor as the Print Shop Associates celebrated their first anniversary. The Print Shop neighbors stopped in to sip a cup of freshly brewed coffee, munch delicious home-made cookies and to converse joyfully with one another. Together they recalled how the shop "growed." They pointed out specifically that the ready availability of the equipment for reproductions has met both urgencies and emergencies for obtaining the products in a short period of time. Department heads reiterated the praise of this service.

Sister "Printer" Josella chats with "Neighbor" H. J. Knevel

The "Associates" tell us that they have produced over 1,100,000 units of printed matter in their short history. Among these items are the patient bulletin, "The Little Beacon," the St. Cloud School of Nursing brochure, the School of Medical Technology bulletin, "Preparing Your Child for the Hospital!" brochure, department manuals and patient menus (from which a sizeable financial saving is effected). Included in the Print Shop services are printing, cutting, folding, assembling, stapling or padding of the varied material submitted for reproduction.

As you look around the Print Shop you can see the new Xerox machine, the paper cutter, the offset machine, and the engraving machine which makes personnel name pins. Even though these machines produce the product, the quality of the reproductions is to the credit of a person, our printer, Sister Josella. She passes the compliments on by stating, "This can only be achieved by the cooperation of all the 'Associates'."

Some of the "Associates" and neighbors paused long enough to be "snapped" by the photographer.
Like a chain reaction, the effort to meet a basic need almost invariably creates other needs. The truth of this simple statement of logic has been proven in several ways in the hospital construction program now in full swing. The decision to build an addition to St. Cloud Hospital came from the need for more facilities. This, in turn, created the need for more of many things not directly related to patient care—like more telephone lines, more steam and heat, more electricity, and much more water.

Up till now, almost all of the hospital's water has been supplied by its own system from a well sunk in the river bank. Because of the substantial increase in water demand brought on by expansion of the hospital, the well could not possibly meet the need. So the only answer was to turn to the city for its entire water supply. And in order to meet the tremendous increase in demand for water for the hospital, the city had to increase the size of the water main from its plant to the hospital area.

All this has now been accomplished and before long, a wider Sixth Avenue will be repaved and back to normal again, the end of a chain reaction that began with the need for more hospital services for patients.

### NEW EMPLOYEES

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Lauer</td>
<td>Physical Therapist</td>
<td>3 North</td>
</tr>
<tr>
<td>Dennis Littman</td>
<td>Physical Therapist</td>
<td>2 South</td>
</tr>
<tr>
<td>Sandra Nelson</td>
<td>Staff Nurse</td>
<td>5 South</td>
</tr>
<tr>
<td>Mrs. Joan Watkins</td>
<td>Staff Nurse</td>
<td>4 North</td>
</tr>
<tr>
<td>Mrs. Susan Klein</td>
<td>Staff Nurse</td>
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</tr>
<tr>
<td>Cynthia Moses</td>
<td>Staff Nurse</td>
<td>1 South</td>
</tr>
<tr>
<td>Mrs. Joelyn Neel</td>
<td>Staff Nurse</td>
<td>2 South</td>
</tr>
<tr>
<td>Mrs. Evelyn Lattier</td>
<td>Staff Nurse</td>
<td>3 South</td>
</tr>
<tr>
<td>Susan Bostrom</td>
<td>Dishroom Operator</td>
<td>1 South</td>
</tr>
<tr>
<td>John Tribboli</td>
<td>Physical Therapy Aide</td>
<td>3 North</td>
</tr>
<tr>
<td>Margaret Tann</td>
<td>Supply Clerk</td>
<td>2 South</td>
</tr>
<tr>
<td>Donna Klang</td>
<td>Staff Nurse</td>
<td>4 North</td>
</tr>
<tr>
<td>Catharine Lauer</td>
<td>Staff Nurse</td>
<td>5 North</td>
</tr>
<tr>
<td>Carol Barthelmy</td>
<td>Staff Nurse</td>
<td>5 South</td>
</tr>
<tr>
<td>Dolores Volt</td>
<td>Staff Nurse</td>
<td>4 South</td>
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<tr>
<td>Mrs. Evelyn Keola</td>
<td>Staff Nurse</td>
<td>3 North</td>
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<tr>
<td>Bradford Thoresen</td>
<td>Staff Nurse</td>
<td>4 North</td>
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<tr>
<td>Mrs. Dorothy Patton</td>
<td>Staff Nurse</td>
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<tr>
<td>Mrs. Frances Gaida</td>
<td>Staff Nurse</td>
<td>3 North</td>
</tr>
<tr>
<td>Muriel Waurer</td>
<td>Housekeeping Aide</td>
<td>4 South</td>
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<tr>
<td>Mrs. Helen Myers</td>
<td>Housekeeping Aide</td>
<td>1 South</td>
</tr>
<tr>
<td>Mrs. Joanne Dressler</td>
<td>Housekeeping Aide</td>
<td>2 South</td>
</tr>
<tr>
<td>Mrs. Nancy Coleman</td>
<td>Staff Nurse</td>
<td>4 South</td>
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</tbody>
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### BUILDING BLOCKS

"With a little bit of luck," ideal construction weather, hard work, and generous cooperation, the construction on the main building is progressing three to four weeks beyond its schedule. Indeed, this is good news. All lights have been "green" and all crews have been in "full swing." Delays in areas have been minimal and insignificant. This is what we heard at a recent Thursday morning TEAM CONFERENCE.

Nurses are not the only people using the TEAM concept to accomplish goals. At the weekly TEAM CONFERENCE each TEAM LEADER (representatives of the various contractors—concrete, sheet metal, plumbing, electricity) and representatives of the hospital give an up-to-the-day report on its respective progress and a picture of what is to happen the coming week. Cooperation and teamwork are assured when such information is available. A certain "manly" give and take is an obvious element which makes for frankness, clarity, and understanding. A job must be done so the TEAM works together to accomplish the task.

Since publication of the September BEACON LIGHT, project progress has been made above and below the ground.

- Concrete walls and the first deck of the new addition have been poured.
- Concrete foundation and walls for the laundry addition have been poured.
- Wiring and plumbing have been completed in the new service tunnel and the section of the old tunnel in the excavated portion of the new addition has been demolished and removed.
- The temporary ambulance entrance in the back service court has been put into use.

### NEW EMPLOYEES (continued)

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Judy Kieseroff</td>
<td>Staff Nurse</td>
<td>5 North</td>
</tr>
<tr>
<td>Mrs. Genevieve Barns</td>
<td>Staff Nurse</td>
<td>5 North</td>
</tr>
<tr>
<td>Teresa Anacker</td>
<td>Staff Nurse</td>
<td>5 South</td>
</tr>
<tr>
<td>Mrs. Corinne Payne</td>
<td>Staff Nurse</td>
<td>5 South</td>
</tr>
<tr>
<td>Mrs. Harriet Lahr</td>
<td>Staff Nurse</td>
<td>3 North</td>
</tr>
<tr>
<td>Lynn Anderson</td>
<td>Staff Nurse</td>
<td>4 North</td>
</tr>
<tr>
<td>Isabelle Schmidt</td>
<td>Staff Nurse</td>
<td>4 South</td>
</tr>
<tr>
<td>James Fudaylits</td>
<td>Staff Nurse</td>
<td>3 North</td>
</tr>
<tr>
<td>Mary Ellen Olen</td>
<td>Staff Nurse</td>
<td>4 South</td>
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<tr>
<td>Judith Karanen</td>
<td>Staff Nurse</td>
<td>4 South</td>
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<tr>
<td>Beth Feldhege</td>
<td>Staff Nurse</td>
<td>4 South</td>
</tr>
<tr>
<td>Janel Hinnenkemp</td>
<td>Staff Nurse</td>
<td>1 South</td>
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<tr>
<td>Mary Steffen</td>
<td>Staff Nurse</td>
<td>1 South</td>
</tr>
<tr>
<td>Karen Wintons</td>
<td>Staff Nurse</td>
<td>3 South</td>
</tr>
<tr>
<td>Mrs. Diane Popp</td>
<td>Staff Nurse</td>
<td>5 North</td>
</tr>
</tbody>
</table>

### DISCHARGE AIDES

<table>
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<tr>
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<tr>
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<tr>
<td>John Thibault</td>
<td>Staff Nurse</td>
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</table>
NEW EDUCATIONAL PROGRAM AT ST. CLOUD HOSPITAL

The St. Cloud Practical Nursing Program is under the auspices of the newly opened St. Cloud Area Vocational-Technical School located on Ninth Avenue, just a few blocks from the hospital. The Practical Nursing Program is one of several programs offered by the school. Financial funds were obtained for the school and nursing students through the federal Manpower Development and Training Act. The hospital serves as the major cooperating agency.

Clinical experience includes a preclinical period followed by twenty weeks of medical-surgical nursing, ten weeks of maternal and child health nursing which includes four weeks in pediatric nursing and six weeks in obstetrical nursing, and four weeks of psychiatric nursing. All clinical experiences are provided at St. Cloud Hospital except psychiatric nursing which will be provided by the St. Cloud Veterans' Administration Hospital.

Coordination of clinical experience was discussed and planned in advance by Miss Wick and Sister Leonelle, Director of the St. Cloud School of Nursing for professional nursing students. An Advisory Committee, including medical staff and nursing representation as well as hospital representation, assisted in setting up the program.

Inquiries regarding the program may be addressed to Miss Patricia Wick.

Miss Carolyn Johnson, R.N., came to St. Cloud after a year of experience as instructor in practical nursing at St. Joseph’s Hospital in St. Paul. Miss Johnson, a graduate of Swedish Hospital School of Nursing in Minneapolis and of the University of Minnesota, had a variety of nursing experience before accepting the challenge of practical nursing students.

Miss Sandra Hill, R.N., who completes the three-nurse team, is a graduate of Northwestern Hospital School of Nursing, Minneapolis. After several years of experience in general nursing, she is enjoying this first contact with students as their instructor.

Classes opened for thirty-two students in practical nursing on Tuesday, September 6. Classes are held in the school and clinical experience is provided in the hospital. The students appeared in their bright pink uniforms for the first time on Monday, October 10.

The perky nursing cap worn by the students was designed by Miss Patricia Wick, Coordinator of the program, who was admittedly influenced in her choice by the caps worn in New York which she admired during her recent nursing experience there. The cap bears a pink velvet stripe during the student year. This is replaced by the Licensed Practical Nurse insignia upon graduation and successful completion of the licensure exams.

The nursing program is a twelve-month (forty-eight week) program and prepares the graduate to be a beginning practitioner in practical nursing. The program is open to male students and to married students. Applicants must have completed high school or the equivalent and must successfully complete pre-entrance tests.

The graduate is eligible to take the licensure exams in the State of Minnesota and may be licensed in other states by reciprocity. In some areas of the country she is identified as a Vocational Nurse rather than a Practical Nurse.
Our Credit Union Story

WOULD YOU LEND MONEY TO A FRIEND?

...if you knew you could get it back at any time?
...if you knew you could get a fair rate of interest?
...if you were offered life insurance equal to the loan as a bonus on the dividend?
...if you could be sure your money was safe as well as profitable?

HERE'S YOUR CHANCE TO DO IT!

Dozens of people come into your credit union office -- friends of yours -- members of the credit union.

They want money. Good, clean, solid loans.

They want to buy cars, TV sets, boats, radios, clothes, furniture.

They want to pay medical bills, for their dental work. They want to clean up old bills.

THEY WANT TO SAVE THE VERY SUBSTANTIAL DIFFERENCE BETWEEN CREDIT UNION FINANCING AND THE COST OF LOANS FROM COMMERCIAL LENDERS!

The credit union is a two-way street. Members must put money into it before they can borrow money out of it.

Limited savings means limited lending. Before we can expand the credit union's power to lend, we must have more members!

YOU NEED SAVINGS in credit union shares. They are safe, profitable, ready when you need them. For most members they are matched by life insurance provided without charge!

TO SAVE IS EASY--become a member of the credit union and, by signing a payroll deduction slip, the amount designated will automatically be taken from your earnings and added to your credit union account!

Your officers will be happy to furnish you with any information you desire--their names are posted on the Credit Union Bulletin Board if you are not familiar with them.
"Great horizons, challenges and insights" describes the course in Introduction to Psychiatry currently being attended by approximately 25 hospital nursing personnel. The course is conducted by Dr. D. Carter, M.D., psychiatrist, associated with the Central Minnesota Mental Health Center. The course began its ten-week schedule on September 7, meeting weekly on Wednesday nights from 8 - 10 P.M.

**Part-Time Converted to Equivalent Full Time**

## Insight into Psychiatry

"Great horizons, challenges and insights" describes the course in Introduction to Psychiatry currently being attended by approximately 25 hospital nursing personnel. The course is conducted by Dr. D. Carter, M.D., psychiatrist, associated with the Central Minnesota Mental Health Center. The course began its ten-week schedule on September 7, meeting weekly on Wednesday nights from 8 - 10 P.M. at North Junior High School.

Essentially a survey course, it covers various psychiatric disabilities and treatments, stressing the functions of the psychiatric team members. Participants are enthusiastic and feel they are obtaining a greater insight into methods of rehabilitation, personal refinement of counseling ability and a deeper understanding of the patient in preparation for future projected psychiatric nursing.

Special thanks are extended to Miss Rotnem, Technical High School Nurse, and the other persons responsible for promoting the course.

## Employee Promotions

**Mrs. Carole Miller, R.T. - Assistant Chief** - X-Ray to School Supervisor in X-Ray

Edwin Kremer - Chef Trainee to Relief Chef

## The Auxilian

Fall is here, the new officers have been installed, and the Hospital Auxiliary is back to work. The women in the cheery cherry colored smocks and pinafores can be seen pushing the wheelchair patients to and from x-ray or physical therapy, greeting the visitors at the hostess desk in the lobby until 1:00 P.M., assisting in the admitting office, or in any of the many other spots where they can be useful.

But we're busy outside the hospital, too. We're still making puppets for pediatrics, and we're still making tray favors for the eight holidays. This time of year, however, finds us especially busy, for we're planning our fruit cake sale. Although we are mainly a service organization, we do want to raise funds for the hospital. Last year we sold 1905 pounds of fruit cake and cleared $569.80, which went toward the cardioverter. This year will you help us make more money? We're putting in our "plug" now so all the readers of the Beacon Light will be alerted. When our delicious fruit cakes go on sale in November we know you'll be ready to help us top last year's sale.

Seated: left to right

Mrs. Richard Kline, Corresponding Secretary
Mrs. Valerie Meinz, Treasurer
Mrs. Arthur Gerber, Secretary

Standing: left to right

Mrs. Valerie Meinz, Treasurer
Mrs. Richard Kline, Director of Volunteers

## The Supervisor as a Trainer

The third series of the Management Improvement Program was initiated last spring as a part of the ongoing process of development of supervisory skills at Saint Cloud Hospital. One of the most important and vital duties of the supervisor is the training and re-training of employees. Through taped lectures, assignments, and group discussion the supervisors gained a better understanding of their training responsibilities and how these responsibilities can best be met.

This program is again available to all supervisory personnel. Anyone who is interested in improving his skill as a trainer should contact the Personnel Department for further information.
Just Thought We'd Ask

What Do You Think Of The New Time Clocks? ? ?

"I have worked with time clocks before so they aren't new to me. As a head nurse I like them because it means less work for me when I have to total time cards."

Leo Pohl
Laboratory

"It is O.K. but you can't reason with it, explain to it or 'make deals' with it. It just doesn't listen."

Z. bluw.

"There is no getting around it --- it's there waiting for you if you are late for work."

Ronald Shay
Laundry

"Since the time clocks have been put in I am getting less sleep. My life has been reformed --- lam to work on time every day now."

Mrs. E. Merkling
Personnel

"I like the time clocks. The time cards now have correct information regarding hours worked, when vacations, holidays and days off are actually taken. This is a big help when figuring out the payroll."

Franklin Pallansch
Porter

"It is a real fast method of checking in and out and doesn't require much pencil work."

John Augustin
X-Ray

"I have worked with time clocks before so they aren't new to me. As a head nurse I like them because it means less work for me when I have to total time cards."

Mrs. C. Borman
Head Nurse
Safety Sammy's

Do you become alarmed when you hear the "Doctor Red" announcement?

YOU SHOULD NOT!

Your response should be one of calm, complete confidence in yourself, and in your fellow employees.

Since October is designated as FIRE PREVENTION month, we feel it would be well to stress the DO'S and DON'TS during our fire alerts.

If the fire is in your immediate area

DO
1. Remove anyone in immediate danger.
2. Confine the fire by closing the door.
3. Report the fire to the hospital operator.
   a. Indicate location of fire.
   b. Your name.
   c. Is the fire out.
4. Close all doors in your area.
5. Fight fire with proper extinguisher.

If the fire is not in your immediate area

DO
1. Close all doors.
2. Check to see that all fire escape exits are accessible.
3. Instruct visitors to remain with the patient until the alert is over.
4. Remain in the area you are in, unless the scene of the fire is your assigned station. NO ONE is to go off duty during an alert.
5. Stay calm.

FIRE SAFETY AND PREVENTION IS YOUR RESPONSIBILITY

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School of Nursing

Sister Leonelle and eleven other nurse educators from Minnesota and North Dakota flew to San Antonio, Texas, compliments of the United States Air Force Recruitment Service. A few highlights of her trip included an interesting tour of the Flight Nursing School which prepares the nurses for flight duty, a fascinating look at the research center at Brooks Air Force Base, where some studies are being done on the nation's space projects, and a tour of the Wilford Hall Hospital at Lackland Air Force Base. She also visited the San Jose Mission and Our Lady of the Lake College for girls. One evening she enjoyed a delicious dinner at the Costa Rica restaurant which is a riverboat that travels the San Antonio River. Sister Leonelle was overwhelmed with the Air Force hospitality and she feels this was a most rewarding and interesting trip. We all envy you this rich experience, Sister, and wish we could have tagged along.

An extension course in Educational Measurement will be taught by Sister Mary David, O. S. B. of St. Benedict's College to the faculties of the School of Nursing, Anesthesia, X-Ray and Medical Technology. The course will include eighteen two-hour sessions beginning Tuesday, October 11.

A Nursing Recruitment Tea will be given the afternoon of October 22 at the School of Nursing. It is sponsored by the Starnes - Benton County Women's Medical Auxiliary.

The annual meeting of the Council of Catholic Nurses was held Sunday, September 25, at the St. Cloud School of Nursing. Father John R. Sheets, S. J. of St. Bonifacius, Minnesota spoke on "Love in the Gospel of St. John."
MR. POSTMAN:
PLEASE DELIVER TO ONE OF THE
NICEST PEOPLE WE KNOW.

Your
Guiding Light
to Health

RETURN REQUESTED