

11-1966

## Beacon Light: November 1966

St. Cloud Hospital

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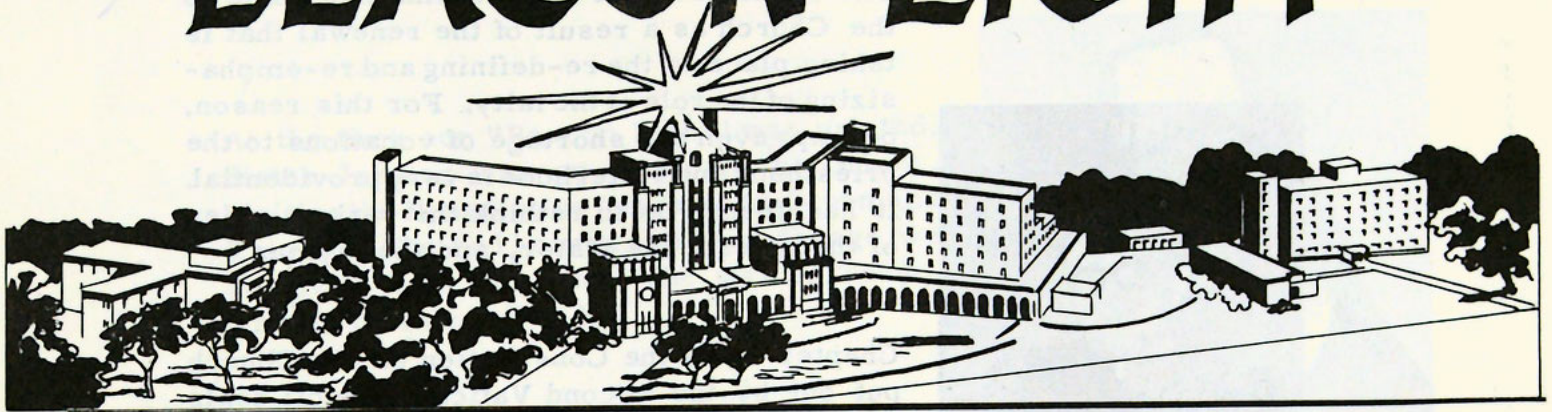
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# BEACON LIGHT



Volume XVIII Number 3

SAINT CLOUD HOSPITAL

November, 1966

*Lives Lived In*



THREE OF  
THE MANY  
PIONEERS . . .  
LOOK AT SCH  
WITH GRATITUDE . . .

LEFT TO RIGHT:

SISTER LEOBINA

MR. HERMAN  
SCHNEIDER

SISTER JULITTA

*Thanksgiving*

## From Our Chaplain

One of the greatest benefits that has come to the Church as a result of the renewal that is taking place is the re-defining and re-emphasizing of the role of the laity. For this reason, perhaps, even the shortage of vocations to the priesthood and sisterhood is very providential. It has forced us to rethink the various roles of the priest, the sister, and the layman.



Chapter IV of the Constitution on the Church put out by the second Vatican Council deals with the role of the laity in the Church. It says, "Now the laity are called in a special way to make the Church present and operative in those places and circumstances where only through them can it become the salt of the earth.... If by the will of Christ some are made teachers, pastors and dispensers of mysteries on behalf of others, yet all share a true equality with regard to the dignity and to the activity common to all the faithful for the building up of the Body of Christ.... Therefore from divine choice the laity have Christ for their brother, who though He is the Lord of all, came not to be served but to serve." The Constitution then quotes St. Augustine saying, "What I am for you terrifies me; what I am with you consoles me. For you I am a bishop; but with you I am a Christian. The former is a duty; the latter a grace. The former is a danger; the latter salvation."

These are just a few quotes at random intended to whet your appetite. This "Magna Charta" on the laity should be read and studied at length by all. This is especially true in a hospital situation where we work so closely with and are so dependent upon the laity to carry out our work. The Christian apostolate to the sick necessarily depends upon how we allow the laity to fulfill their proper role. The urgency of the obligation to implement the decrees of the second Vatican Council is therefore so much the greater in a hospital setting.

The laity in our hospital have shown heroic dedication to the Christian apostolate to the sick. We hope that this continues and becomes even more heroic. We are all involved in this apostolate together. It is only by working together and recognizing each other's roles that we can achieve real success.

*Fr. Prekarshi*

## From Our Administrator

At the time our "Beacon Light" was printed, Sister Jameen was on a trip to the Orient, visiting the Benedictine convents in Japan and Taiwan. The following is a message we received from her when she was in Tokyo, written on November 1.



"I am staying home today while Sister Mary and Sister Imelda are taking a ten-hour tour. I find the five-hour ones about my size. Today I am enjoying the family life in our Benedictine house in Tokyo. I wish each of you could have the opportunity of living with our Sisters here just for one day. One of Sister Francetta's cooking classes is in session this morning. All of the Sisters help prepare for it and are on the 'clean up' after it. There is a very warm spirit of hospitality in the house. I have often wondered how a Chinese cooking class for American women in Japan could fit into our idea of the apostolate, but now I know it is the Church in action. Less than one-fourth of the women are Catholics. Most of the non-Catholic women are having their first contact with Sisters and even with the Church. I am very much impressed with the warm and lasting friendships the Sisters have made for themselves and the Church.

"I miss all of you and the hospital activities but I do appreciate being able to have this vacation. I wish that I had room for a 'dung-shee' for each of you.

"Greetings to you from Japan,"

*Sister Jameen C.S.B.*



# Our Credit Union Story

HOW TO ACCUMULATE CASH (a good idea from your credit union) --

Look at your paycheck. Go on this theory: there are so many pressures to spend money, your check may be spent before the next check arrives. So you --- KEEP SOME FOR YOURSELF!!!

Here's how: PAY YOURSELF FIRST! Pay yourself each month, ahead of all other bills you must pay. Put the money in the credit union. If you try to save out of the tail end of your paycheck instead of the front end, you will probably never save a penny. (NOTE: If you save \$15 a month, you will have \$1,000 in 5 years plus the dividends earned as you save!)

During the past couple of months the Board of Directors of the St. Cloud Hospital Employees Credit Union appointed department representatives who will be able to answer any questions about your credit union and who make it more convenient for you to join the rapidly increasing membership of the credit union.

The new representatives are listed below:

- Mrs. Mary Hill ..... Administration
- E. Stafford ..... Anesthesia
- Mrs. P. Burke ..... Laboratory
- John Woods ..... X-Ray
- C. Kallal ..... Nursery
- Mrs. C. Moline ..... Delivery Room
- Mrs. M. Becker ..... Physical Therapy
- Mrs. J. Greenwood ..... Medical Records
- Herbert Bechtold ..... Laundry
- Betty Kantor ..... Housekeeping
- Jerry Knuesel ..... Dietary
- Don Rau ..... Eng. -Maint.
- Maynard Lommel ..... Central Service
- Victor Trutwin ..... Inhalation Therapy
- Wanda Richter ..... School of Nursing
- Mrs. J. Mockenhaupt .... )
- Mrs. Marie Sjogren ..... )
- Mrs. Irene Stawarski .... ) NURSING
- Mrs. Janet Weber ..... )
- Phyllis Burgmeier ..... ) SERVICE
- Mrs. Rita Weihs Condon . )
- Mrs. Lois Beumer Warnert)
- James Borck ..... Pharmacy



Pictured above are some of your representatives. Those not on the picture were unable to be at the "photo party."

YOU OWE IT TO YOURSELF TO JOIN YOUR CREDIT UNION TODAY!

JUST THOUGHT WE'D ASK ---

Your reasons for a grateful *Thanksgiving*



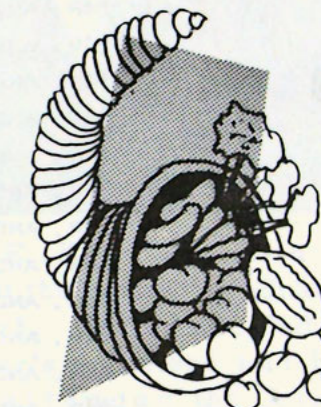
Mrs. Mary Thompson  
Central Service

"I'm thankful that I have Thanksgiving Day off and that I will have a Thanksgiving Day dinner to share with my children and grandchildren."

"I have so many things to be grateful for just the fact that I am alive, healthy, have a job I enjoy, good friends and, of course, a husband."



Mrs. Rita Condon  
Nursing Service



Sister Cunigund

"I'm grateful for 85 years of good health and happiness."



Jeff Young  
Housekeeping

"I'm thankful for the two days of vacation from school that Thanksgiving Day brings."

"I'm thankful that it has been possible for me to become a nurse."



Lou Ann Ostertag  
Student Nurse



NEW LIFE TO THEIR FAMILY . . . .

- DR. AND MRS. GERALD KVISTBERG
- MR. AND MRS. ALBERT WLAZNAK (ROSALIE SCHLANGEN)
- MR. AND MRS. GERALD ZIMMER (KATHLEEN SCHROEDER)
- MR. AND MRS. RICHARD HAEG (EILEEN LEIDENFROST)
- MR. AND MRS. DANIEL LEPINSKI (MARILYN MECHENICH)
- MR. AND MRS. ROBERT THENE (MARLENE SCHOUMAKER)
- MR. AND MRS. HUBERT LEVANDOWSKI
- MR. AND MRS. WAYNE HARDEN (JUANITA EWERS)
- MR. AND MRS. ARTHUR HOFFARTH
- MR. AND MRS. DALE EBERHARDT (GRACE WIATRAK)
- MR. AND MRS. ROGER URBANSKI (MARY JANE LENARZ)
- MR. AND MRS. RONALD SCHULTZ (ANNA MARY PALLANSCH)
- MR. AND MRS. DONALD SCHLEPER (GLORIA KREMER)
- MR. AND MRS. MICHAEL COURT (MARY MERDAN)
- MR. AND MRS. VERNON BELLMONT (MARIE DECKER)
- MR. AND MRS. ALOIS KREMERS (YVONNE OBERMILLER)
- MR. AND MRS. JOHN PRUSZYNSKI (VIRGINIA REISINGER)
- MR. AND MRS. DENIS SEGUIN (RITA TRETTLE)
- MR. AND MRS. DONALD HORMANN
- MR. AND MRS. KENNETH WARZECHA (DONNA PLACHECKI)
- MR. AND MRS. JAMES RELLER (BETTY BLATTNER)
- MR. AND MRS. WILLIAM ARMSTRONG
- MR. AND MRS. BERNARD PIASECKI (BARBARA SERBUS)
- MR. AND MRS. GARY VARGASON (KAREN ROGERS)
- MR. AND MRS. DAVID DOUVIER (RITA HOFFMAN)
- MR. AND MRS. DONALD NYSTROM (RUTH MEAGHER)
- MR. AND MRS. ADRIAN BERSCHIED
- MR. AND MRS. JAMES KUJAWA (THERESA SPYCHALA)
- MR. AND MRS. QUENTIN KOBLENIA (BETTY LENNEMAN)
- MR. AND MRS. RONALD LOIDALT
- MR. AND MRS. JAMES GOELZ (CAROL LOGEAS)

UNITED IN CHRIST . . . .

- ETHEL GILLITZER TO RALPH LOEHLEIN
- MRS. MAUDE LEPINSKI TO RUSSELL MESENBERG
- KATHLEEN STEFF TO PHILLIP ROBINSON
- Laura NUERENBERG TO RICHARD GEORGE
- MARY TURNER TO RONALD ANDERSON
- ALETHA MARSHIK TO ROBERT BRAUN

# Meet Our Doctors



Dr. Alan D. Espelien was born in Cushing, Wisconsin, and received his early education in the grade and high schools of Frederic, Wisconsin. He attended Bethel College, St. Paul, for premed courses and the University of Minnesota Medical School where he received the M.D. degree in 1961. He served his internship the following year at Bethesda Lutheran Hospital, St. Paul, and followed this immediately with two years of graduate work in anesthesiology at the University of Minnesota.

From August, 1964, until he came to St. Cloud in October, 1966, Dr. Espelien held an appointment as Clinical Instructor in Anesthesiology at the University. He was a member of the Medical Staffs of Veterans Administration Hospital in Minneapolis and St. Paul-Ramsey Hospital. In St. Cloud he is practicing anesthesiology in association with Dr. J. W. Smith and Dr. J. Belshe.

Dr. Espelien is a member of the Minnesota and American Medical Associations and a candidate for membership in the Stearns-Benton County Medical Association. He is married and has two children. His hobbies are skiing, camping and reading.



Dr. James F. Kline was born in Anoka and educated there until graduation from high school. Having decided to follow in his father's footsteps and become a dentist, he attended the University of Colorado in Boulder to satisfy pre-dental college requirements, then returned to Minnesota to attend the University's School of Dentistry.

After receiving the D.D.S. degree in 1957, he practiced dentistry with his father in Anoka for six years until he returned to the University for three years of graduate work in Oral Surgery.

Dr. Kline came to St. Cloud in September, 1966, to practice Oral Surgery in association with Dr. T. Dedolph. He also holds an appointment as Clinical Instructor in the University of Minnesota School of Dentistry. He is a member of the Minnesota and American Dental Associations and the Minnesota Society of Oral Surgeons.

Dr. Kline is married and has two daughters. His hobbies are golf and camping.



Linda Kind, Darkroom Technician

NEW EQUIPMENT

Though quite unpretentious in appearance, the new X-Omat Processor recently purchased by the X-ray Department proves again that appearances can be very deceiving. This new automatic film processor is designed to provide ready-to-read X-rays nearly five times faster than before. In ninety seconds dry films are processed and ready for interpretation by the physician. This new processor has proven a time saver especially in checking film adequacy so that patient waiting is cut to a minimum. The "traffic problem" in the X-ray Department is also alleviated which is a step forward in our on-going program of better patient care.

St. Cloud Hospital recently purchased forty new electrically operated retractable Hi-Lo beds. These beds are a generous eighty-four inches in length. With a single control these beds will retract the upper spring frame toward the wall, so that regardless of the position of the bed, the patient will always be in the same relative position to the bedside table, or to the light switch. These beds will indeed be a big boon to better patient care.



Peter Jay relaxing the Hill-Rom way

GOING UP GOING DOWN



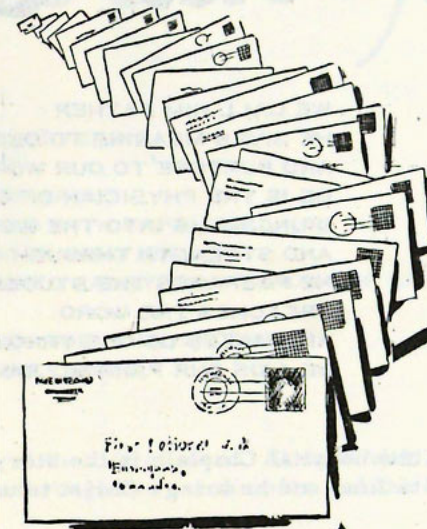
Some of those who were "first" to ride - Left to right: a visitor, Judy Kerzman, Sister Colleen, a visitor, Nancy Curto, Bill Rielly, Mrs. Coyle, Melvin Nierenhausen.

November 1--strictly according to schedule the button was gently pushed and the elevator came. Quietly the door slid open revealing gleaming stainless steel, soft lights, and paneled walls. The long wait was over! The new elevator was in! There still remain stairs to be climbed until its twin is ready to whisk us up and down quickly, but with that promise and deadlines so neatly met somehow the stairs seem just a little less steep and the wait just a little bit shorter.

Yes, we still need to remember our slogan: WALK UP TWO, DOWN ALL THE WAY!

The availability of elevators is the same and often one elevator is needed solely for an emergency. Look around and see the slimmer figures and the lighter steps; as you spare the elevator, you benefit you!

To You  
From  
Our  
Mailbox



October --, 1966

To the Employees of  
St. Cloud Hospital

Just a note to let you know my recent stay as a patient was made shorter with the great care I received; in fact, my five days seemed as one.

I work in the-----department and never once did I think the care was this good! I was one who along with a lot of other people, think the girls don't have to work very hard -- but I learned differently -- and, although I was a patient on 2 So., I know there is the same spirit and hard work being done on every floor.

We can all be very proud of the Hospital and the share we have in making it one of the best!

*An Engelberg*  
(Name withheld on request)

The family of  
A. R. Kimball  
acknowledge with grateful appreciation  
your kind expression of sympathy  
Thank you for the excellent care  
given Mr. Kimball.

Dear Sisters -

I read from time to time what miracles love and care can work amongst people in the underdeveloped countries where the Medical Mission Sisters and similiar communities are at work.

What I forget so easily, and I'll bet you do to, is that these same works are being done right here in this hospital day and night and year after year. May God bless and sustain your in what so easily appears to be only the "daily grind"

VOUCHSAFE, O  
LORD, TO REWARD  
WITH ETERNAL  
LIFE ALL THOSE  
WHO DO US GOOD  
FOR THY NAME'S  
SAKE. AMEN.

*FR Leonard*

I was very much satisfied while I was in the hospital. I was treated very nice by all and I want to thank you all for being so kind.

I can recommend your hospital to anyone.  
/S/ Mrs. Henry Burger  
Richmond, Minnesota

# CHAPLAINS

## Work For The Good Of All Men



"...TO OFFER TO GOD A LIVING SACRIFICE..."  
 "...TO PREACH THE GOSPEL OF CHRIST..."



"...AND HE WAS TEACHING DAILY..."

WE CALL HIM FATHER  
 HE GIVES MEANING TO OUR SUFFERING  
 AND PURPOSE TO OUR WORK  
 HE IS THE PHYSICIAN OF OUR SPIRIT  
 BRINGING US INTO THE WORLD WITH BAPTISM  
 AND STRENGTH THROUGH CONFIRMATION  
 HE PREPARES THE STUDENT TO CARRY ON THE WORK OF CHRIST  
 PREACHES THE WORD  
 AND MAKES US ONE THROUGH THE HOLY SACRIFICE  
 HE AIDS OUR PAINFUL JOURNEY HOME



ENJOYING MEALS SERVED BY CAFETERIA EMPLOYEES

The life of the hospital Chaplain is the story of the life of man. At each vital stage from birth to final end he brings Christ to us through the sacraments and the law of love.

The duties of the Chaplains are many. The responsibilities are great. Primarily to serve the spiritual needs of the ill, the priests also have a very special role for the employees and students.

Father Patrick Riley has served the sick at St. Cloud Hospital for fifteen years. Many of the registered nurses throughout the state received their instructions in Medical Ethics from Father Riley. For the past two years he has brought moral teachings to new employees in a very practical way through the orientation program.

Father Albert Piekarski has shared his duties here with teaching at Cathedral High School for two years. As Assistant Chaplain he assists Father Riley in serving the needs of the patients and personnel by bringing Christ into our daily lives.

"THAT ALL MAY BE FILLED UNTO THE FULLNESS OF GOD."



A CUP OF COFFEE TOGETHER IN THEIR NEW HOME



"I WAS SICK AND YOU VISITED ME."



"...FOR YOU BELONG TO CHRIST AND CHRIST BELONGS TO GOD..." -- A CHILD OF GOD IN BAPTISM



"...LET HIM BRING IN THE PRIESTS OF THE CHURCH AND LET THEM PRAY OVER HIM, ANOINTING HIM WITH OIL IN THE NAME OF THE LORD..."



"...TO VISIT THE SICK..."

PHACTS ABOUT

OUR NEW

PHYSICAL

THERAPIST



- Mr. Dennis Lutterman was born and raised in Sherburn, Minnesota.
- Attended St. John's University and Mankato State College.
- Graduated from Mankato State College with a B. A. Degree in Biology.
- Completed his Physical Therapy education at the University of Iowa in September of 1966.
- Married and has one son.
- Hobbies include all types of sports.

## Welcome Newcomers

BRADFORD THORESON PHARMACIST	PHARMACY	BONNIE DURET NURSE AIDE	3 NORTH
MRS. DOROTHY PATTON NIGHT CLERK	BUSINESS OFFICE	PATRICIA DANIEL NURSE AIDE	3 NORTH
MRS. FRANCES GAIDA HOSTESS	ADMINISTRATION	KAREN SCHIEMANN NURSE AIDE	2 NORTH
MAUREEN MAURER HOUSEKEEPING AIDE	HOUSEKEEPING	KATHLEEN NELSON NURSE AIDE	2 NORTH
MRS. HELEN RYMER HOSTESS	ADMINISTRATION	COLLEEN STUDER LPN	2 NORTH
MRS. JEANNE EVESLAGE, R.N. STAFF NURSE	FLOAT	MRS. KAREN NOETZELMAN, R.N. STAFF NURSE	3 SOUTH
ANN LAMMERSEN PHYSICAL THERAPY AIDE	PHYSICAL THERAPY	RITA SOSHNIK LPN	4 NORTH
JOHN THIBAULT SUPPLY CLERK	CENTRAL SERVICE	MRS. DONNA FRANCK, R.N. STAFF NURSE	1 SOUTH
MARGARET TAMM LPN	1 SOUTH	JERON KOBIENIA ORDERLY	FLOAT
DONNA KLANG LPN	2 NORTH	MRS. CAROL PARTSCH, R.N. STAFF NURSE	2 SOUTH
CATHERINE LAUER LPN	3 SOUTH	MRS. CHARLENE BENOIT LPN	3 NORTH
CAROL BARTHELEMY LPN	4 NORTH	MRS. ALICE McCALLA O.B. TECHNICIAN	5 SOUTH
DOLORES VOIT LPN	4 SOUTH	SHARON BISS LPN	3 NORTH
MRS. EVELYN BOELZ, R.N. STAFF NURSE	3 NORTH	MRS. SUSAN TURLEY LPN	5 NORTH
RICHARD RING M.T. (ASCP) MEDICAL TECHNOLOGIST	LABORATORY	SHARON BREIDENBACH LPN	4 NORTH
DONNA DIEDRICH CLERK-TYPIST	PURCHASING	MRS. JOAN SCHNEIDER LPN	4 NORTH
	MRS. BARBARA THEISEN KITCHEN AIDE		DIETARY

# Square Your Sets

"Now walk around that corner, girl. Come back and swing your own; then join hands and circle left around that ring you roam!"

This doesn't make sense to you? Probably not, but to people who know how to square dance, it means a good time.

Square dancing has actually become quite popular throughout the United States and Canada the last several years. The square dancers are well organized at national, state and local levels. Usually a week or two before the national square dance convention Minnesota holds an annual three day state convention to which dancers from all areas of the state are invited. This year the national meeting will be in Philadelphia and the state convention at Circle Pines. You wonder what they do at a convention? The answer is, "Dance, of course." At a national meeting it is not unusual to have 200 squares (1600 people) dancing at one time!



Those pictured here are members of the Beaux and Belles who are employees of the St. Cloud Hospital

Left to right:  
Art & Jan Hoffarth,  
Wally & Marguerite Krey,  
Cy & Eunice Denny,  
Larry & Dolora Guck,  
Darlene & Tom McLaughlin

There are a number of fine local dance clubs. The Beaux and Belles, Guys and Dolls, the Promenaders are groups in the city of St. Cloud. In the surrounding area there are: the Prairie Partners of Rice, the Country Cousins from St. Anthony, the St. Joseph Gadabouts and the Stevenaires from St. Steven.

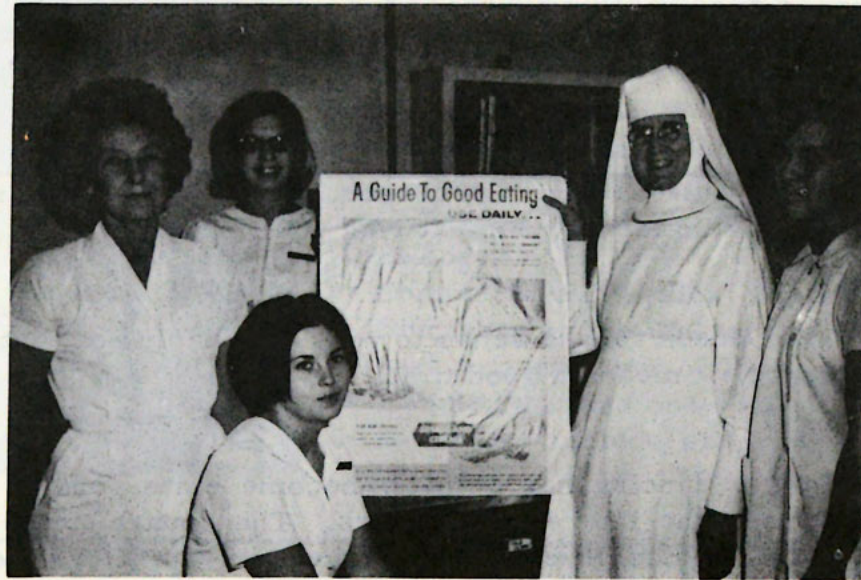
The Beaux and Belles dance twice a month on Monday nights and hold several special dances during the year. Their fall festival is their biggest event of the year. Larry Guck is the club caller. He also teaches square dancing to anyone interested in learning. There is an opportunity to participate in "round" dancing if you are reticent about becoming a "square"!



"Serve hot food hot and cold food cold."

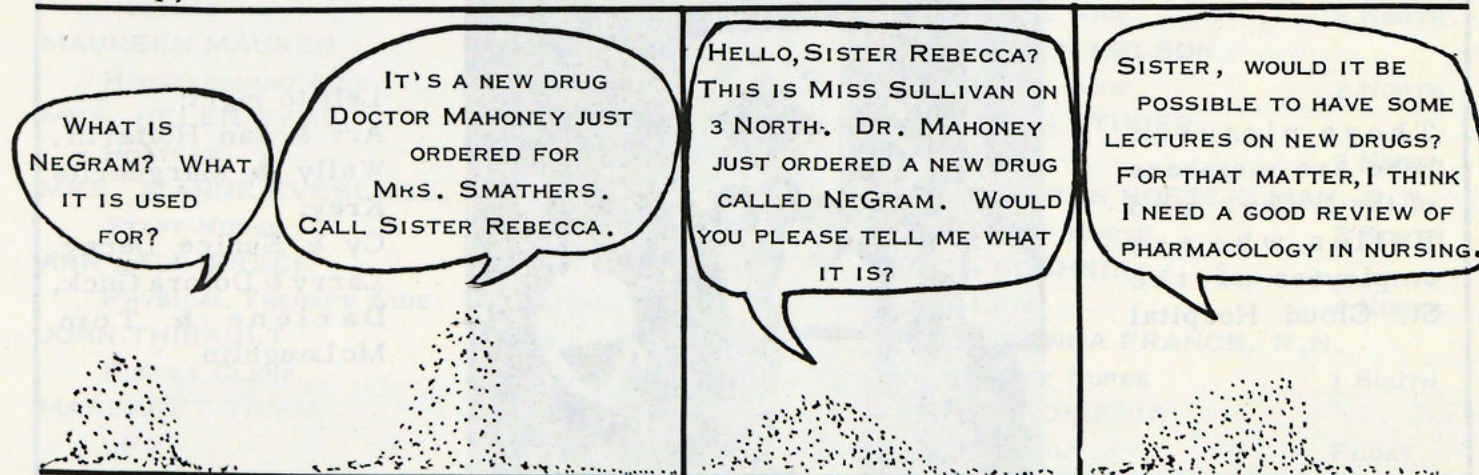
### FOOD SERVICE TO PATIENTS

Sister Boniface, O.S.B., our teaching dietitian, conducted five illustrated food service lectures and demonstrations for both evening and day shifts of nurse aides, orderlies and ward clerks. Sister underscored the basic need for each person to maintain good personal nutrition as a means of "advertising" healthful practices to our patients. Among these practices is wholesome patient nutrition which nursing personnel can encourage both by example and by teaching.



Left to right standing: Cecilia Petron, Joann Neu, Kathie Nelson. Sitting: Joanne Meemken

The dietary staff plans the menus, considers the best means to prepare and serve nourishing palatable food and conveys the food to the nursing units. Nursing personnel then continue this fine service to the patient's bedside where the food becomes therapy.



To answer this request and over sixty like this, the Staff Development in Nursing organized a Pharmacology Course for L.P.N.'s, P.N.'s and R.N.'s. Without the facility for bilocation it was necessary to utilize Sister Rebecca's tape recorded lectures. To assist the "students" in following the recordings, course materials including two outlines, pharmacology abbreviations, pharmacology terms, a section on mixing directions and the stability of dry injectable medications were provided to each participant. Sister's love for teaching and her dynamic ability to impart interest and knowledge made the tape recordings alive and meaningful. Between her busy schedule Sister did arrange some question and answer sessions for the participants. The course covered a wide gamut of pharmaceuticals including cardiac drugs, sedatives, narcotics, antibiotics and insulin therapy.

An R.N. stated that the course should be repeated every six months because the information "has a way of getting away" from the nurse when she does not use this material daily. For the L.P.N. the opportunity for added knowledge and growth was greatly appreciated and extremely helpful in the performance of nursing tasks.

## Student Scoop



Senior nursing students Mary Rauschendorfer and Judy Yager were two of nearly 200 college and high school students who attended a one-day seminar on birth defects held in Minneapolis on Thursday, October 20. The seminar, sponsored by the Minnesota March of Dimes Teen Age Council, had as its purpose to brief the state's young adults on expanded roles they can play in familiarizing the people of their communities with the problem of birth defects, and what can be done about it through research, treatment and public understanding. The scope of the birth defect problem was outlined by Miss Louise Roy of New York City, who is director of youth activities for the National Foundation. She pointed out that for every 15 normal babies born in America, one baby has a birth defect... which means that there are 5,600 defective babies born each year in Minnesota alone... and a quarter of a million babies nationally. The relationship of birth defects occurring to the stage of fetal development and social aspects of caring for a defective child were included as other topics of discussion.

After the lectures, our nursing students attended a health careers workshop at which they explained nursing activities, nursing privileges and nursing responsibilities to high school students. Our two students felt they learned much from this experience and hope to share what they learned with their classmates and the community.

On November 1, the Feast of All Saints, the Sodality organized a procession of students, sisters and chaplains to honor the Saints. As the group moved from the hospital cafeteria to the chapel, all sang the Litany of All Saints. Relics of the Saints and vigil lights were carried in procession and placed on the altar of the Blessed Virgin Mary; the recitation of the Rosary and Benediction followed. After church services a Hootenanny in the school lounge featured guitar music by Mary Fitzke and Ralph Kiffmeyer; hot apple cider and cookies completed the feastday touch.

The Junior class of the School of Nursing provided relaxing and enjoyable entertainment for the faculty and students when they presented their annual variety show. The theme, "Vacationland, U. S. A.," was carried out in its entirety by the two travelers, Sue Botz and Arla Dahl, who took their audience with them to many vacation spots. Mary Fitzke and her native girls of Hawaii were as enjoyable as Ginny Thiesen, Pat Dols, Louise Grossman and Lenore Meier who told the tale of "The Long Tall Texan." The highlight of the trip came in New York when Maria, Carol Salzl, and the Jets and Sharks demonstrated the meaning of a "rumble." The trip ended with a return to our own vacationland, Minnesota. After a big welcome by Paul Bunyan, Brennan Theilan, the class joined in singing the finale--"This Land Is Your Land." An enjoyable evening indeed!

On November 3, the District 12 meeting of the MNSA was held at St. Cloud School of Nursing. Sue Sharkey presided over the meeting. Dr. D. Carter as guest speaker discussed "The Role of the Nurse in Community Mental Health."

Freshman students entertained the faculty at an Autumn Tea the afternoon of October 25. Faculty members Mrs. Kay Hackett and Miss Marlys Gunlikson spent November 3 and 4 in Minneapolis attending a regional conference of Diploma Schools of Nursing sponsored by the National League of Nursing.

(continued on page 16)

The Minnesota Nurses Association convention was held at the St. Paul Hilton Hotel October 24, 25, and 26. Special recognition was given to the St. Cloud School of Nursing faculty for having a one hundred per cent membership in the Association. Miss Teckla Karn gave an interesting resume of her experiences and highlights at the A. N. A. convention held last spring in San Francisco. Miss Karn holds an office in the Nomination Committee of the E. A. C. T. branch of the M. N. A. The 12th District received the Silver Bowl for having the largest percentage of increase in membership over the past year.

# The Auxilian



Left to right, Mrs. P. Thomey, Mrs. J. Mockenhaupt, Mrs. E. Randall and Mrs. E. Merkling

Although none of us would like to be known as "two-faced," we as members of the Auxiliary are just that. Our first "face" glows with the satisfaction of knowing that we have made some patient happier by direct contact or with a puppet or a tray favor. The other "face"—and this one really glows—shows that we have raised the funds which helped to buy the Heart Pacer, the Cardioverter and the Youth Beds.

When the month of November rolls around, we naturally think of Thanksgiving Day and then the Christmas Holiday. With this in mind, we put our efforts into the sale of our very

delicious Holiday Fruit Cakes.

Those of you who haven't tried our cakes, let me tell you a little bit about them. They come in packages of one, two, and five pounds, and they sell for only one dollar (\$1.00) a pound, and—everybody raves about them.

We will again have our "cheery, cherry pink" ladies stationed in the bank lobbies with enough cakes to serve your needs. If you aren't able to get to the banks, feel free to contact:

Mrs. Erwin Randall, Chairman 252 - 1558  
Mrs. Edward Laubach, Co-chairman 251 - 6063  
or any member of the Auxiliary

And in case you haven't heard, they make excellent small Christmas gifts.

Don't wait! Contact any of these "sales-ladies" and place your order. We can handle any amount you wish whether it's one pound or a hundred.

And keep in mind, that in helping us, you are helping yourself!

## BUILDING BLOCKS

It was bound to come, I suppose... Summer, Fall and then the chipper-chill cold of Winter. What happens to progress on the construction project when the cold winds begin to blow? According to Mr. Frank Zeta, Project Inspector, and to Mr. Ron Mahlstadt, Project Manager, progress will move along at a comfortable pace. In the event of inclement cold weather, the portable gas heaters are brought from storage and are utilized to warm the working environs. If some delays are evident, most probably it is due to the fact that some materials are being shipped out late in spite of early orders.



By November 15, the masonry on the laundry is expected to be finished.



The construction men become almost hidden on the new wing towers.



Over sixty tons of reinforcing steel have been used on the first floor and if we include the concrete, the weight would push up towards 1600 tons. With the use of the crane, thirty-five yards of concrete can be poured in an hour. So if our "modern math" is correct 1629 cubic yards of concrete have been poured. Ninety-nine per cent of the foundation work is completed; thirty-eight per cent of the A deck level is poured and twenty-five per cent of the first floor will be poured by the month's end. All are pleased with the progress and in spite of the cold, the building will continue to grow wide and tall.

These sections of concrete pipe will carry roof drainage from the hospital and convent buildings directly into the river.



### SAFETY SAMMY FIGHTS FIRE

What happens when a lighted cigarette is placed in an oxygen tent? This was demonstrated to 220 employees and students during ten fire-fighting sessions in October by the fire fighters of the Safety Committee—Ervin Smith, Henry Wirth and Sister Leo. Within seconds the plastic canopy was burned leaving a metal frame and a burning mattress. Participants used the water pressurized extinguishers on this Class A fire.

Other details demonstrated during these sessions were:

1. What type of extinguisher to use on Class A, B, or C fires.
2. How to extinguish waste basket fires with a piece of cloth,
3. How much protection do you have from a fire when behind "closed doors."
4. Why is it so important to keep fire doors closed.



# Night Lights

Visitors and patients admitted during the night hours will find either Mrs. Mary Ann Terwey or Mrs. Marcella Robertson greeting them cheerfully at the Information Desk. These two ladies work on an alternating schedule, so that it amounts to a part-time position for each of them. Besides their jobs there is one more thing these ladies have in common--each has seven children; so the wonder of it, really, is not why they would wish to work just part-time, but rather, how they find time to work at all!

Mrs. Terwey and her husband, John, have seven children ranging in age from four to twelve years. It's not surprising then that Mrs. Terwey says she really doesn't have time for any hobbies. When does she sleep? "Now and then during the daytime." Mrs. Terwey has worked at the hospital for one year and says she likes everything about her job because, as she says, "I meet so many interesting people." Mrs. Terwey's husband is manager of T & L Credit Union, so they are very strong believers in Credit Unions; and of course this means the St. Cloud Hospital Employees Credit Union, too.

Our other bright Night Light, Mrs. Marcella Robertson, has six of seven children still at home. Her oldest daughter, Ellen, is a sophomore at Dominican College, Racine, Wisconsin, working toward a major in Mathematics and a minor in Music. Mrs. Robertson says that somehow she finds time for a little golf and a good deal of sewing. Her family benefits greatly from the latter hobby. Hospital work seems to agree with this busy family--Mr. Robertson is Chief Industrial Therapist at the Veterans' Hospital in St. Cloud. Certainly these ladies are living proof of the old adage: If you want a job done well, get a busy person to do it.



Mrs. Mary Ann Terwey



Mrs. Marcella Robertson

# ST. CLOUD HOSPITAL

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The BEACON LIGHT is a monthly publication for the  
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