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Beacon Light: March 1968

St. Cloud Hospital

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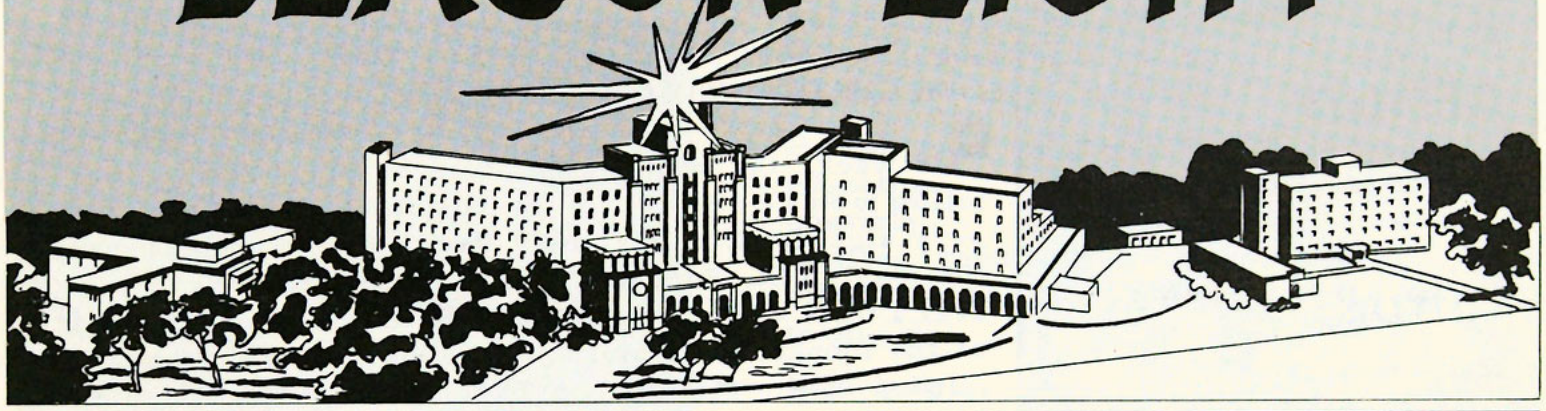
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BEACON LIGHT



VOLUME 19

NUMBER 7

ST. CLOUD HOSPITAL

MARCH 1968



CUMULATIVE STATISTICAL RECORD OF SERVICE FOR 1968

	<u>ADMISSIONS & PEDIATRIC ADMISSIONS</u>	<u>BIRTHS</u>	<u>OPERATIONS</u>	<u>TOTAL X-RAY</u>	<u>TOTAL LAB. TESTS</u>	<u>EMERGENCY OUT-PATIENT VISITS</u>
JANUARY	1,377	132	679	3,396	18,382	360
FEBRUARY	1,247	159	616	2,826	16,298	320
TOTAL	2,624	291	1,295	6,222	34,680	680

a
 publication
 OF
 ST.
 Cloud
 hospital

editor

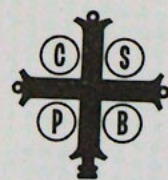
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CO-EDITOR

MRS. D. STRACK

STAFF

- MR. BAKKE
- FATHER RILEY
- MRS. MOEGLEIN
- SISTER COLLEEN
- MR. WENSTROM
- MRS. COOK
- SISTER MARY JUDE
- MRS. MERKLING
- SISTER LEO
- MRS. HOPPERT
- MR. KNEVEL
- SISTER PAUL
- SISTER REBECCA
- SISTER MERCY
- SISTER SEBASTINE



on benedictine
 family life



OUR CHAPLAIN'S MESSAGE...

This week, the twenty-first to be exact, a group of my fellow workers here in the hospital commemorated a very significant day in their lives. For March 21 was the feast of St. Benedict, their spiritual father. Whenever I think of St. Benedict and his influence on the lives of the monks and sisters who follow his rule, I am reminded of the talk Bishop Bartholome once gave on St. Benedict at St. John's. He pointed out that one of the great qualities of the Benedictine life is "the spirit of a family with all the requisite qualities that a family in the world possesses. Because of the fact that it is a family," he said, "the discipline in the Benedictine community is not a military discipline but the freer discipline of a well-regulated family. It would be more perfect that no one would ever be late but this would not be a Benedictine monastery. For in the best regulated families these tolerated imperfections do not take away from the spirit of Christian achievement of the family." The Benedictine way of life has always emphasized the importance of true community, true family life. To have true community, you have to have sharing, participation and communication.

These qualities have been the goal of our sisters and their way of life at the St. Cloud Hospital--I believe that this is also why they founded this hospital--to serve the need of the community of mankind with whom they lived. On this feast of St. Benedict, it is good to recall all the service these good ladies have given us, the community of man, in St. Cloud for so many years. A happy feast from all of us to the sisters and to all of us that live here on this commemoration of the feast of St. Benedict.

Father Riley
 Father Riley

ABOUT THE COVER

"FOR HE'S A JOLLY GOOD FELLOW" ECHOED THROUGH THE HALLOWED HALLS OF THE HOSPITAL CARPENTER SHOP ON WEDNESDAY, MARCH 13, WHEN HIS COLLEAGUES THREW A PARTY FOR LAWRENCE HEIDER, WHO IS RETIRING AFTER 40 YEARS 2 1/2 MONTHS SERVICE HERE. STAFF PEOPLE ENJOYED THE TWO HOUR "RECEPTION" AND MANY EMPLOYEES SAW THE BOILER ROOM AND CARPENTER SHOP FOR THE FIRST TIME. MR. HEIDER HAS

WORKED IN THE RECEIVING DEPARTMENT DURING HIS TENURE HERE, AND HIS SIDE JOBS HAVE INCLUDED A WIDE RANGE OF DUTIES, FROM POP MACHINE CARETAKER TO KEY MAKER FOR THE HOSPITAL. MRS. HEIDER, WHO ALSO ATTENDED THE COFFEE PARTY, SAID SHE NOW HOPES TO "PUT LAWRENCE TO WORK" AROUND HOME. CONGRATULATIONS, MR. HEIDER. WE'RE ALL GOING TO MISS YOU VERY MUCH!

From our Administrator...



GENE S. BAKKE

This month we paid tribute to two faithful employees whose services to the hospital and community of St. Cloud will long be remembered. Mrs. Priscilla Moosbrugger and Mr. Lawrence Heider have retired but they will never be replaced. Others will perform their duties... the jobs will be done... but St. Cloud Hospital has lost two fine people.

Change, however, is the inevitable... both Priscilla and Lawrence will attest to that... and most change is welcome... most is for the better. When our hospital first opened its doors, the lay employees worked for room and board, and a very few dollars a month. The average salary for a St. Cloud Hospital employee in 1967 was \$5,137. A welcome change!

Very long split shifts were the order of the day back then, with a few hours free between the "early morning" and the "evening" duty. Now, every effort is made to provide reasonable working hours... eight hour days. Quite an improvement.

But change also brings on complications... life sometimes becomes more difficult... work more than challenging.

•Patient care today demands long years of education... as many years experience as possible... continual training. Specialization, requiring still more training, is often the goal of members of the health team.

When Lawrence began his career at St. Cloud Hospital, patients were charged \$4 to \$6 for a private room, \$3 for a double room and \$2.50 per day for a ward bed. Today, those same costs range from \$28 to \$35 each day.

Twenty years ago, when Mrs. Moosbrugger first worked here, the average hospital employed 1.5 workers for each patient. A survey in 1967 revealed a three-to-one ratio... double the number, in only 20 years. That ratio, of course, is even much higher in such areas as intensive care.

Our physical plant did not change appreciably during the careers of our two retirees... but improvement here will be dramatic... and very soon.

We hope both Priscilla and Lawrence will be our guests during the open house in the new southwest wing, tentatively planned for June 30 and July 1. And in 1970, we hope both will return for our grand opening of the northwest wing which will be started this summer.

Cardinal Newman said: "Change is the law of life. To change often is the sign of perfection."

So, Priscilla and Lawrence, have a long, rewarding retirement. And, thanks for helping change St. Cloud Hospital during your respective careers.

Gene S. Bakke

MEET "PAT" FLANAGAN

B. H. "Pat" Flanagan, 32 Highbanks Place, was appointed to the St. Cloud Hospital Board of Trustees in 1967, as part of the reorganization of the board and administration.

A St. Cloud native, Mr. Flanagan graduated from St. Cloud Tech high school in 1927, and attended the Wharton School of Finance at the University of Pennsylvania, receiving a Bachelor's degree in Economics in 1931.

He then returned to his home town, and became Secretary-Treasurer of the Holes-Webway Company, a local manufacturer of sign systems and photo albums.

In 1942, Mr. Flanagan joined the Air Force, and after serving 4 1/2 years during World War II, was discharged as a Captain. He then helped found Stearns Manufacturing Company, makers of life preservers, sleeping bags and boat interiors, selling his interest in that firm in 1960. Mr. Flanagan now serves on the Board of Directors of Northwestern Bank & Trust Company, Citizens Loan & Investment Company, and Holes-Webway Co. He is a past president of the St. Cloud Rotary Club, past president of the Board of Trustees of the First Presbyterian Church, a member of the Board of Directors for St. Cloud's United Fund, and has served on the Board of Directors of the St. Cloud Area Chamber of Commerce.

Golf and hunting (mostly ducks and pheasants) are his hobbies, but Mr. Flanagan's real pride and joy are the ladies in his life.... the vivacious Mrs. Flanagan who is very active in many activities, and daughters Jean, 18, who is now a senior at Cathedral High School, and Joan, 20, a sophomore at St. Catherine College in St. Paul.



IN HIS "OFFICE" AT HOME, MR. FLANAGAN IS CAUGHT IN A FAMILIAR POSE. NOT ENGAGED IN A BUSINESS AT THE PRESENT TIME, HE SERVES ON VARIOUS CORPORATE BOARDS OF DIRECTORS IN THE COMMUNITY.



THE FLANAGAN FORM IS DEMONSTRATED FOR THE BEACON LIGHT ON THE LIVING ROOM CARPET IN HIS HOME. GOLF AND HUNTING ARE THE TWO SPORTS MR. FLANAGAN LOVES. MR. AND MRS. FLANAGAN AND THEIR TWO DAUGHTERS RESIDE IN THEIR ELEGANT HOME AT 32 Highbanks Place.

SPAGHETTI BY FR. RILEY

BY MRS. ROSEMARY COOK

On Monday, March 18, the schools of the hospital were once again guests for Father Riley's annual Spaghetti Dinner. The dinner is a celebration in which everyone enjoys themselves. It began with a mass for all students followed by the dinner and an informal social hour. Father invited the students from all the schools in the hospital plus many others.

The annual dinner began in 1953 and at that time all the food was prepared and served in the School of Nursing by the students. The food is now prepared in the kitchen and served in the hospital cafeteria. On the Saturday before the dinner, the students and Father will begin preparing the meat. On Monday morning the sauce is prepared and the meat and sauce are simmered the entire day to bring out the unique flavor of Father Riley's spaghetti sauce.

The dinner is always enjoyed by all attending and the students especially enjoy preparing it. When asked why spaghetti is served, Father Riley replied, "It's the only thing I know how to cook!"

STUDENT RETREAT

BY MRS. ROSEMARY COOK

The student nurses at the School of Nursing began their annual retreat on Wednesday, February 28, with Mass at three o'clock in the school lounge. Father Nicholas Zimmer, from the Newman Center at St. Cloud State College was the retreat master. The topic of the first session on Thursday morning was "What is a Christian?" This was also the theme of the retreat. Other sessions included "Penance" and "Morality." Special Lenten activities were encouraged. The meaning of penance and how it fits into our Lenten activities was explained by Father and discussed by the students. Penance is meant to be an individual commitment between God and the individual. The retreat was ended on Friday with a Mass at eleven o'clock.



TIMES SPOTLIGHTS PART-TIME NURSE

MRS. CAROL SCHWANKL, ONE OF ST. CLOUD HOSPITAL'S INVALUABLE PART-TIME RN'S, WAS SPOTLIGHTED BY THE ST. CLOUD DAILY TIMES LAST WEEK. ABOVE, TIMES PHOTOGRAPHER MYRON HALL FOCUSES ON CAROL, BABY KAREN, AND MARK, 5.

ADMINISTRATOR GOES TO BOSTON

By Mrs. A. Moeglein, Executive Secretary

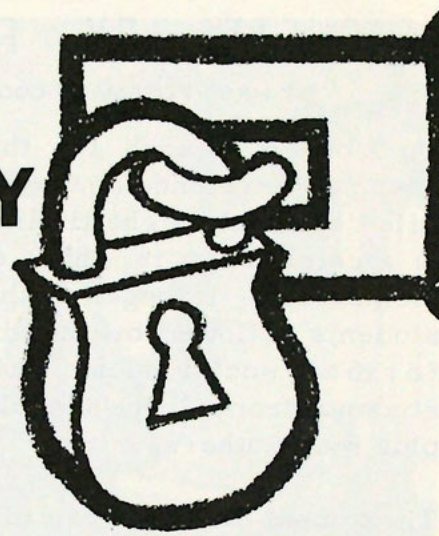
Gene S. Bakke will be one of the main speakers at the New England Conference of the Catholic Hospital Association on Thursday, March 28, at the War Memorial Auditorium.

The theme for all the speakers will be "A Spiritual Audit in the Catholic Hospital."

Other speakers will be Rev. Thomas J. Casey, S.J., assistant executive director of the Catholic Hospital Association; W. I. Christopher, management consultant, St. Louis, Missouri; and George Hession, administrative assistant, St. Francis Hospital, Hartford, Connecticut. Sister Beatrice, C.S.S.J. administrator, St. Francis Hospital, Hartford, Connecticut will be moderator of the program.

NOTE: Next month we hope to bring you pictures of our administrator "in action" at this convention!

LOCKED UP POISONS PREVENT TRAGEDY



By Sr. Rebecca, O.S.B., Pharmacist

Elmer's Glue, Feenamint, Top-Job Detergent, Vick's Vapo-Rub, Toothache Drops, Diaper Pail Deodorant, Rit Fabric Dye, Tobacco, Ajax --- these are just a few of the many actual inquiries we have received concerning the toxicity of these products when ingested. The victims are mostly children, but adults are vulnerable, too.

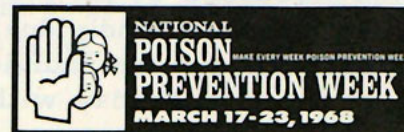
What do we do to help in such situations? Since 1960, St. Cloud Hospital has participated in a nation-wide system of Poison Control Centers under the national direction of the United States Public Health Service, and, within the state, the Minnesota Poison Information Center of the Minnesota Department of Health. The Poison Control Center at St. Cloud Hospital is located in the Pharmacy where a pharmacist is available at any hour of the day or night to provide information. Dr. Robert Murray, our pathologist, is director of the Center.

Some of the questions we have been asked regarding the operation of our Center are:

- 1) What is a Poison Control Center?
It is a facility which provides for the medical profession, on a 24-hour basis, information concerning the prevention and treatment of accidents involving the ingestion of poisonous and potentially poisonous substances.
- 2) How is this information provided?
 - a) By means of an extensive poison card index file consisting of more than 7,000 cards on drugs, cosmetics, household, and industrial products.
 - b) By comprehensive texts and literature on the toxicology of commercial products.
- 3) Who may utilize this service?
Primarily the medical profession, simply because it is they who will treat the patient. Occasionally we receive a call from a frantic parent. Unless we are absolutely certain that the product ingested is harmless, we always refer the patient to his physician or instruct him to come to the Emergency Room of our hospital immediately.



PHARMACIST LARRY OLSON USING POISON CONTROL CENTER FILE.



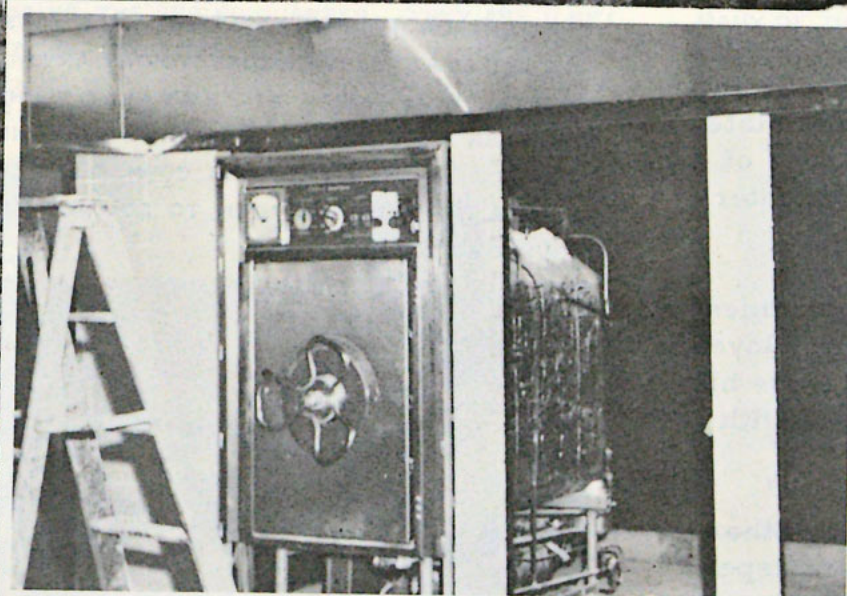
Of course our files are always open to the nursing or paramedical personnel who may wish to use them for information or research.

Building Blocks

CONSTRUCTION OF THE SOUTHWEST WING OF ST. CLOUD HOSPITAL IS NEARING THE "FINISHING UP" STAGE, WITH TENTATIVE DEDICATION DATES SET FOR JUNE 30, JULY 1 AND 2. PICTURES ON THIS PAGE PROVIDE A "LOOK AROUND" THE NEW AREAS, WHICH STILL ARE NOT OPEN FOR PUBLIC INSPECTION.



LAMSON TUBE SYSTEM RECEIVING STATION. THROUGH THIS DOOR A TUBE WILL COME OUT WHICH CARRIES A MESSAGE.



ONE OF THE 3 STERILIZERS INSTALLED IN THE NEW CENTRAL SERVICE.



"YOU MAKE A BETTER WALL THAN A DOOR"



COMPARE THIS NEW CONTROL DESK IN SURGERY WITH THE OLD.



JERRY KNUESSEL, GEORGE PALLANSCH AND JAMES BORCK WITH NEW LOCKERS.

OUR SOCIAL SERVICE DEPARTMENT

FOR PATIENTS AND PERSONNEL

BY MORLEY GLICKEN,
DIRECTOR OF SOCIAL SERVICES

Social work has been made a service of our hospital out of the growing conviction that effective medical treatment concerns itself with the physical as well as the social and emotional health of each patient.

To meet the needs of our diverse patient population, social work provides ongoing help to any patient whose emotional state, family life, financial situation or lack of a social plan following discharge might interfere with his medical progress.

In addition, the Social Service Department offers counseling services to any employee who might find it helpful to discuss his personal concerns and difficulties with a trained social work counselor.

Our department believes that training others to be social workers is an important aspect of our work. Consequently, in addition to the student presently completing her field work experience with us, four more students from St. Cloud State College will do their field work training with us spring quarter.

To share our enthusiasm for social work and in particular, for our program at St. Cloud Hospital, ongoing in-service training seminars have been and will continue to be held for interested staff members.

And finally, we believe in the importance of working closely with the many fine social service agencies in our area, without whose help and support our service would be limited in its effectiveness.



DR. JAMES KELLY AND HEAD NURSE PATRICIA BAIRD OFFER GLICKEN INFORMATION HE MUST HAVE TO HELP A PATIENT ON 1-SOUTH. PATIENTS ARE REFERRED TO THE SOCIAL SERVICE DIRECTOR BY ANYONE ON THE HOSPITAL STAFF WITH APPROVAL OF PHYSICIANS WHENEVER THEY FEEL HIS SERVICES WILL BE OF BENEFIT. GLICKEN PROVIDES COUNSELING SERVICES, AS WELL AS A DIRECT LINK TO COMMUNITY SOCIAL SERVICE AGENCIES.



A YOUTH, INJURED IN A TRUCK ACCIDENT, IS VISITED BY GLICKEN. THE SOCIAL SERVICES DEPARTMENT OFFERS HELP IN FINANCIAL, PSYCHOLOGICAL, EDUCATIONAL, OCCUPATIONAL AND SOCIAL AREAS TO PATIENTS OF ALL AGES. THE SOCIAL SERVICE DEPARTMENT IS A RELATIVELY NEW ONE AT ST. CLOUD HOSPITAL, STARTED IN DECEMBER OF LAST YEAR.



IN A COOPERATIVE PROGRAM WITH UPPER-CLASS SOCIOLOGY MAJORS FROM ST. CLOUD STATE COLLEGE, STUDENT FIELD WORK IS CONDUCTED AT ST. CLOUD HOSPITAL. ABOVE GLICKEN MEETS WITH FOUR STUDENTS WHO WILL COMPLETE 32 HOURS OF WORK HERE DURING THE SPRING QUARTER. THEY ARE (LEFT TO RIGHT) B. SOBIECK, E. LEADEM, J. HUGE, AND E. HOLES.



J. HUGE



E. HOLES



B. SOBIECK



E. LEADEM



SOCIAL SERVICE DIRECTOR GLICKEN CONDUCTING ONE OF HIS WELL-ATTENDED IN-SERVICE EDUCATION SEMINARS. HIS TOPICS HAVE RANGED FROM THE HISTORY OF COUNSELING TO COUNSELING WITH INDIVIDUALS TO FREUDIAN PSYCHOANALYTIC THEORY. MANY OF THE SEMINARS INVOLVE THE "STUDENTS" WITH ROLE-PLAYING AND DEMONSTRATIONS.



CONGRATULATIONS, GRADUATES

DIPLOMAS WERE GRANTED TO THREE NURSE-ANESTHETISTS AT A SPECIAL DINNER MEETING THIS MONTH. GRADUATING WERE FERN RABOIN, DEANNA YATES AND JACQUELINE PATTOCK, ALL RN'S WHO TOOK THE 18-MONTH COURSE TO SPECIALIZE IN ANESTHESIA. PICTURED ARE (LEFT TO RIGHT) MISS RABOIN, MR. BAKKE, WHO CONFERRED THE DIPLOMAS, MRS. YATES, MISSEILEEN STAFFORD, DIRECTOR OF THE SCHOOL, AND MRS. PATTOCK. MAIN SPEAKER FOR THE OCCASION WAS REV. CHARLES STEVENS, PASTOR OF THE 1ST PRESBYTERIAN CHURCH OF ST. CLOUD.



hospital planning for nuclear disaster



By G. Perry Olson, City Director

Under normal conditions, almost everyone in the United States has immediate access to adequate hospital facilities. When a major disaster strikes, however, this situation changes radically. Frequently there is an immediate shortage of hospital space caused by damaged buildings coupled with an overload of patients, at the very time hospitals are most needed to care for the disaster victims.

In the event of massive nuclear attack it is estimated that up to 80 percent of our hospital beds could be destroyed, or become inaccessible because of radioactive fallout. The unprecedented need for hospital space in such a national emergency could be met only by expanding surviving accessible hospitals and by establishing emergency medical facilities as soon as radiation levels permit. The Packaged Disaster Hospital (PDH) is designed for these purposes.

The PDH is an austere, but functional 200 bed general hospital designed to be set up in an existing structure, such as a school, armory or other suitable building. The PDH contains supplies and equipment for a complete general medical and surgical hospital to care for the seriously sick and injured following a major disaster. Following is a list of the functional sections: admitting and triage, operating rooms, wards, central supply, laboratory, pharmacy and x-ray. There are also provisions for auxiliary electric power and water supply. These units, assembled by the Public Health Service and packaged for long term storage, are stored in strategically selected communities across the country to augment their medical facilities in time of major disaster. St. Cloud is such a community and we presently have stored in the St. Cloud State College area a Series 62000 PDH which contains sufficient supplies and equipment



CIVIL DEFENSE AND THE NEW WING WAS THE TOPIC DURING THIS MEETING BETWEEN SR. COLLEEN AND CD OFFICIALS. REVIEWING PLANS FOR THE NEW SOUTHWEST WING ARE, LEFT TO RIGHT, CHARLES WITTENBERG, PROJECT PLANNER FOR NASON-WEHRMAN-KNIGHT & CHAPMAN, INCORPORATED, CITY PLANNING AGENCY; TERRY HOLM, ASSISTANT PROJECT PLANNER, AND G. P. OLSON, CITY CIVIL DEFENSE DIRECTOR. ST. CLOUD HOSPITAL WILL BE ABLE TO PROVIDE SHELTER SPACE FOR 3,053 PERSONS IN EMERGENCY.

to operate a 200 bed general hospital for 30 days without resupply. Current preparedness programming requires the PDH's to be operationally affiliated with a permanent hospital. In this case the St. Cloud Hospital. The PDH can be used to expand the parent hospital or can be set up as a separate 200 bed hospital in an appropriate preselected building to operate in affiliation with the parent hospital. Approximately 316 people in 17 personnel categories will be required to staff the PDH on a 24 hour a day operation.

A recent re-evaluation study, made by the U.S. Army's Corps of Engineers, of the St. Cloud Hospital, reduced the number of

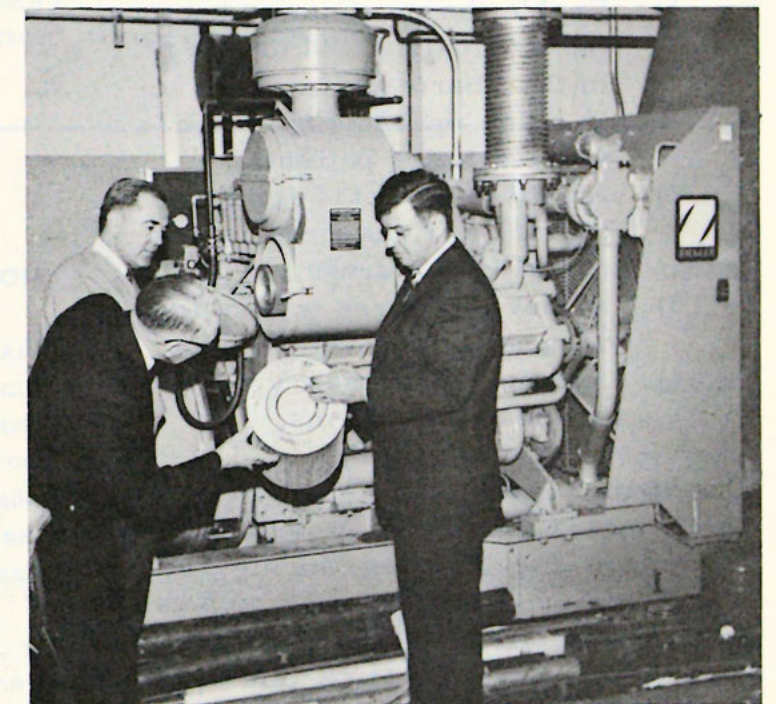
spaces available as a fallout shelter, from approximately 17,000 to 3,053. This was done to enable the hospital to properly take care of its patients, accommodate a limited number of people from the "outside" and still enable the hospital to carry out its post-attack mission. This the hospital is adequately prepared to do even under the most adverse conditions. Hospital shelter space is based on 35 square feet per person instead of 10 square feet per person in a regular public shelter. The hospital has auxiliary power plants which "automatically" cut into service should commercial power fail. Also, a most adequate auxiliary water supply system is available which is capable of supplying some 265,000 gallons of well water in a 24 hour period with a 40,000 gallon storage facility.

The operation of a fallout shelter requires special training. Accordingly a series of



CITY DIRECTOR G. P. OLSON AND NURSING SUPERVISOR JOAN MOCKENHAUPT CHECK EMERGENCY PLANS FOR ST. CLOUD HOSPITAL. MRS. MOCKENHAUPT, WHO HAS COMPLETED THE SHELTER MANAGEMENT COURSE OFFERED BY THE LOCAL CD UNIT, IS ONE OF ABOUT 20 HOSPITAL EMPLOYEES WHO WILL BE QUALIFIED TO LEAD IN EMERGENCY CD SITUATIONS.

six shelter management courses have been scheduled. The hospital has selected a number of the staff who will be assigned as shelter managers to attend one of these courses. The first to graduate from one of these courses are Mrs. Joan Mockenhaupt and Mr. Kader Majeed. Later, courses to train people as radiological monitors will be scheduled. Anyone who is interested is invited to enroll in these courses. Upon completion of the individual training program, testing of the emergency operational plans is then in order. This includes the setting up and operation of the packaged disaster hospital. In this case a demonstration hospital unit and team will be brought in to familiarize the assigned personnel with the actual setting up and operation of the hospital. Space doesn't permit discussing the many facets of defense against nuclear attack. Perhaps we may have the opportunity at some later date.



BUILDING AND GROUNDS SUPERINTENDENT KADER MAJEED SHOWS LOCAL CIVIL DEFENSE OFFICIALS THE HOSPITAL'S NEW 400,000 WATT EMERGENCY GENERATOR, LOCATED IN THE BOILER ROOM. THIS DIESEL POWERED GENERATOR AUTOMATICALLY "KICKS IN" TO PROVIDE EMERGENCY POWER TO ALL NEW AREAS OF ST. CLOUD HOSPITAL, WHEN REGULAR ELECTRIC SERVICE IS OUT. A SECOND GENERATOR SERVES THE ORIGINAL BUILDING IN THE SAME WAY. THE NEW GENERATOR WAS TESTED FOR THE FIRST TIME THIS MONTH.

DRUGS - DRUGS - DRUGS

By Sr. Rebecca, O.S.B., Pharmacist

The Pharmacy Department is happy to announce the completion of a three-year project: a compilation of the drugs carried in stock and listed alphabetically, generically, and therapeutically. The increase of more than 200% in the number of drug orders filled by the Pharmacy Department in the past decade has demanded a systematic approach to the ever-increasing complexity of drug therapy.

The "Drug List", prepared under the direction of the Pharmacy and Therapeutics Committee, lists approximately a thousand drugs in various forms and strengths. It is intended for use by the medical and nursing staffs to serve the following purposes:

- 1) Enable the physician to know the medication and unit kept in the Pharmacy in order to insure quick, efficient service to the patient.
- 2) An aid in identifying the official and non-proprietary names of the drugs.
- 3) Assist the nurse in locating drug names and dosage sizes.
- 4) Prevent unnecessary duplication of drug items.

The "Drug List" is designed to be used in conjunction with the American Hospital Formulary Service (the two big red books kept in every Nursing Unit) which contains excellent, detailed information on drugs. In order to facilitate this usage, the Formulary reference number is given whenever a drug is described in the Formulary. This makes it unnecessary to consult the index of the Formulary.

The new "Drug List" is available in every Nursing Unit and Department. We hope it will help to make your work with drugs easier and more pleasant.

"PLANNING AND SHARING"

By Sr. Paul, O.S.B.

St. Cloud Hospital's south addition is built with bricks and mortar. The new north addition is being "built on paper" now. Many people need to be involved at the blueprint stage of the extended care facility (ECF) including consultants. It was for this reason that Dr. Donald Erickson, consultant in physical medicine at the Mayo Clinic, spent February 29 with us. His sharing of ideas and experiences in rehabilitation provided the hospital staff, medical staff and our architect with valuable insights and suggestions.



MULLING OVER THE PLANS FOR OUR NEW NORTHWEST WING ARE DR. E. M. LAFOND, SISTER COLLEEN, DR. P. MORAN, BUILDING ARCHITECT A. A. FISHER, DR. ERICKSON, MRS. MARION BECKER AND ADMINISTRATOR GENE BAKKE.

CHOICE BITS

If you stop to look at the traffic you will conclude that crossing is impossible, but make the start and keep moving and you get across somehow.

Do the duty which lies nearest thee. Thy second duty will already have become clearer. —Thomas Carlyle.

Success is never final, and failure never fatal; it's courage that counts.

Society may make small men great, but it never makes great men small. —Edward Sisco.

"IT'S THE LITTLE THINGS THAT COUNT"

The elevator suddenly slowed, vibrated briefly, made a funny noise and stopped. It was between floors.

The surgery-bound patient—an 11-year-old boy—looked up from his stretcher with a new expression. The new element was fear—sudden fear.

The nurse assured him everything would be all right. The doctor pushed the 3rd floor button on the automatic elevator panel. Nothing happened. He pushed the start button. Nothing happened. He glanced at the nurse with worry showing in his eyes.

"Doctor, are we stuck? What's going to happen?" The little boy's voice was half-question, half-wimper.

The doctor smiled and said as lightly as possible: "Don't worry. The elevator won't start. But we'll get you out of here in a jiffy."

The "jiffy" turned out to be 45 minutes. But after some frantic pounding on the doors, and some efficient action by the hospital maintenance department, the

three were freed from their temporary prison.

Within 12 hours the elevator was again operating normally. The expensive repair job completed, the elevator maintenance man walked into the building superintendent's office, near the boiler room. The super said: "Glad you got the elevator fixed. What was wrong?"

The repair man wasn't smiling when he held up the tiny, grease-covered object in his hand, and said: "Oh, a very 'little' thing. It's a wooden matchstick. Someone probably ignored the 'no smoking' sign in the elevator, lit up, and carelessly tossed the match away. It worked its way down into the elevator mechanism and eventually jammed it. I wonder if he'll ever know how much trouble and expense this careless mistake—this little thing—caused."

The superintendent nodded thoughtfully. "Yes," he said, "it's the little things that count!"

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OUR DEEPEST SYMPATHY

MRS. ANNA SCHMIDT ON THE DEATH OF HER SISTER, MRS. ANNA GUCK.

ADELLE RADEMACHER ON THE DEATH OF HER MOTHER.

SISTER JOSELLA ON THE DEATH OF HER GRANDFATHER, MICHAEL M. SCHLICHT

CHARLES FULLER ON THE DEATH OF HIS MOTHER.

Welcome, New Employees

NAME	POSITION	DEPARTMENT
RONALD LEAVERTON	COOK TRAINEE	DIETARY
WILLIAM LEMKE	SUPPLY CLERK	CENTRAL SERVICE
MRS. CHARLOTTE ROACH, RN	STAFF NURSE	NS - 2 SOUTH
MRS. ROSALYN BARTHELEMY	LABORATORY AIDE	LABORATORY
MRS. MARLYS BALZER, RN	STAFF NURSE	NS - 4 SOUTH
MRS. DONNA HOLTON	INSURANCE CLERK	BUSINESS OFFICE
MRS. CAROL WEIS, RN	CASHIER	NS - 5 NORTH
MRS. JOAN O' MALLEY	STAFF NURSE	NS - 1 SOUTH
BARRY RADIN, MT	LPN	LABORATORY
MARLENE BURG	MEDICAL TECHNICIAN	PHYSICAL THERAPY
MRS. MARJORIE JOHNSON	SECRETARY-RECORDER	CENTRAL SERVICE
MRS. MARION SLANGA, RN	RELIEF EQUIPMENT PROCESSOR	NS - FLOAT
PATRICIA HOLMSTROM	STAFF NURSE	NS - 3 SOUTH
MRS. BARBARA EICH, RN	LPN	NS - 2 NORTH
MRS. ELIZABETH YOUNG	STAFF NURSE	ADM. COMM.
MRS. CHRISTINA THIELEN	SWITCHBOARD OPERATOR	DIETARY
SISTER BURKARD, OSB	KITCHEN AIDE	DIETARY
CLARA HARTMAN	COOK AIDE RELIEF	DIETARY
BARBARA HAFFLEY	KITCHEN AIDE	DIETARY
MRS. KAREN KLEINSCHMIDT, RN	HOUSEKEEPING AIDE	HOUSEKEEPING
	STAFF NURSE	NS - 4 SOUTH

CARDIAC PACEMAKER

THE SMALL INSTRUMENT PICTURED IS NOW AVAILABLE IN OUR HOSPITAL FOR USE BY PATIENTS WITH HEART DISEASE. IT IS TRULY A TRIBUTE TO MODERN MEDICAL TECHNOLOGY IN ITS FIGHT AGAINST HEART DEFECTS AND DISEASE.

THROUGH AN ELECTRODE SYSTEM INTRODUCED INTO THE HEART, THE MACHINE "SENSES" THE RYTHMIC, PUMPING ACTION AND IS READY TO HELP SHOULD IT FAIL. IN THE EVENT OF A HEART BLOCK, IT IMMEDIATELY RESPONDS BY EMITTING AN ELECTRICAL IMPULSE WHICH ACTIVATES AND MAINTAINS THE HEART FUNCTION.

BEING A PORTABLE, BATTERY OPERATED UNIT, IT CAN BE USED WHEN TRANSPORTING HEART BLOCK PATIENTS. IT REMAINS IN A "STAND-BY" ATTITUDE, ATTACHED TO THE PATIENT, UNTIL THE HEART DEMANDS HELP.



RETIREMENT PARTY



ROSES, FINE FOOD AND A GAY ATMOSPHERE WERE THE ORDER OF THE DAY IN CENTRAL SERVICE MARCH 7, WHEN MRS. P. MOOSBRUGGER RETIRED AFTER SERVING 20 YEARS IN THAT DEPARTMENT. PICTURED, LEFT TO RIGHT, ARE SR. PAUL, MAYNARD LOMMEL, MRS. MOOSBRUGGER, AND MRS. L. FUCHS, A FORMER EMPLOYEE OF CS WHO RETIRED TWO YEARS AGO. MRS. MOOSBRUGGER SERVED AS ASSISTANT SUPERVISOR, SUPERVISOR AND NURSING ADVISOR DURING HER TENURE HERE.

HAPPY BIRTHDAY, DORIS

WARD CLERK DORIS KANYUSIK, 2-NORTH, FOUND THIS "HAPPY BIRTHDAY" SIGN ON A DOOR NEAR HER DESK WHEN SHE REPORTED FOR DUTY SATURDAY, MARCH 9. MANY HAPPY RETURNS OF THE DAY, DORIS.



OUR CREDIT UNION STORY

At the fourth annual meeting of St. Cloud Hospital Employees' Credit Union, held February 21 at Wagon Wheel Supper Club, members voted to elect to the Board of Directors Mr. John Woods, to serve as treasurer; Mrs. Pernina Burke, to serve as secretary; Mr. Terence Heinen, to serve on Credit Committee, and Mr. Duane Beckstrom (not pictured) to continue as a member of the Supervisory Committee.

Mr. Knevel, President; Mrs. Joan Mockenhaupt, Vice President, and Mr. Maynard Lommel, Bonds and Insurance Chairman, continue in their present capacities on the Board of Directors.

The Credit Union plays a vital role in the

lives of many of its members. Treasurer's report disclosed that since its organization, the Credit Union has granted some 350 loans to its members, in excess of \$70,000.00.

Membership during 1967 increased from 160 to 217, and the goal is to make every employee cognizant of the advantages of Credit Union membership.

The new Credit Union office is on "B" level, near the present ambulance entrance. The office will be manned at regular hours by Mr. Woods, treasurer; Mr. Pohl, manager; Mr. Blommer, assistant to the manager; and Miss Joan Scholtis, clerk. Office hours will be posted on the Credit Union Bulletin Board--so come in and see us!



ELECTED AND RE-ELECTED TO SERVE OUR ST. CLOUD HOSPITAL CREDIT UNION AT THE ANNUAL MEETING WERE TERRY HEINEN, SEATED; JOHN WOODS AND MRS. PERNINA BURKE. MEMBERSHIP IN THE CU INCREASED ABOUT 30% IN 1967 AND LOANS TO MEMBERS ROSE TO \$70,000.



THE PEOPLE YOU'LL FIND IN THE CREDIT UNION OFFICE ARE PICTURED ABOVE. THEY ARE MISS JOAN SCHOLTIS, CLERK, MR. LEO POHL, LEFT, AND MR. AL BLOMMER. CREDIT UNION OFFICE HOURS WILL BE POSTED ON THE CU BULLETIN BOARD.

ACCREDITATION TIME

BY SISTER MARY JUDE, DIRECTOR
ST. CLOUD SCHOOL OF NURSING

The St. Cloud School of Nursing has enjoyed continuous approval of the State Board of Nursing since 1915. National accreditation of schools of nursing was inaugurated in 1949. Our school applied for and received this accreditation in 1956 and has held it continuously since this date.

State approval is required since the practice of nursing is regulated in each state by law, just as are other professions. Each state appoints an appropriate authority, usually a board of nursing, to administer its nurse practice laws. Approval by this authority means that the program in nursing meets the minimum legal requirements set by the state for the preparation of nurses for licensure.

In the United States, institutions offering educational programs in nursing and other professions are not regulated by a federal authority. However, an organization that is national in scope and represents the educational institutions and the practitioners of the profession is designated as an appropriate body for conducting a program of voluntary national accreditation.

The purpose of such a national program is to ensure that education for the specific profession will continue to improve and that high quality programs will be offered to students. The educational institutions themselves voluntarily formulate and apply criteria for developing excellence in education for the profession. Re-evaluations by the national group are normally made every six years. In preparation for this the school writes a self-evaluation report based on criteria of excellence established by the accrediting agency. Competent nurse educators visit the school to clarify, amplify, and verify the report.

The educators who visited our program February 19-23, 1968, were: Mrs. Mary Lou Taylor, Director, Trinity Lutheran Hospital School of Nursing in Kansas City, Missouri, and Mrs. Maxine F. Jacks, Assistant Director, Creighton Memorial-St. Joseph's Hospital School of Nursing, Omaha, Nebraska. They will represent the school when the national board evaluates our program for continued accreditation in June of this year.

The faculty views the accreditation process as an excellent motivational influence in striving toward excellence in nursing education.

Both faculty and students found the visit enjoyable and stimulating.



OUR ACCREDITATION VISITORS PAUSED BRIEFLY IN THEIR TOUR OF FACILITIES TO POSE FOR THIS PICTURE. LEFT TO RIGHT ARE MRS. ADELE ESPELEIN, CONSULTANT; MRS. MAXINE JACKS, MRS. MARY LOU TAYLOR, SCHOOL DIRECTOR SR. MARY JUDE, AND NURSING INSTRUCTOR MRS. MARILYN ANFENSON.

AUXILIARY NEWS AND NOTES

By Mrs. Marie Hoppert, Volunteer Director

There is one group of Auxilians who has not been honored to date. You seldom see them because they do not work in the hospital. We are speaking of our faithful Patroness members.

These women are just as interested in the St. Cloud Hospital as you and I, but for various good reasons they prefer to stay in the background. They pay \$5 a year dues and support our annual fund raising projects. The project they seem to enjoy most is "Fandel's Day," when they don pink and white streamers to identify themselves, and work among us throughout the store.

Thank you, Patroness members, for your loyal support. Could you interest some of your friends in joining the Auxiliary? Mrs. Don Bohmer is our Membership Chairman and she would be happy to hear from any women who are interested.

At present we have forty Patroness members, as follows:

Mrs. H. Appert
Mrs. B. R. Bancroft
Mrs. Bert Baston
Mrs. W. J. Bohmer
Mrs. O. C. Brosvold
Miss Ethel Brauch
Mrs. Frank Brown
Mrs. Donald Carter
Mrs. George Cook
Mrs. Donald Cote
Mrs. James Cullen
Mrs. Mary Donohue
Mrs. Milton Eich
Mrs. B. Howard Flanagan
Mrs. Francis Gregory
Mrs. R. A. Grothe
Mrs. Hugo Grundman
Mrs. Alfred Hall
Mrs. Walter Hempel
Mrs. Fred Hughes
Mrs. Byron John
Mrs. James Kelly
Mrs. William Kennedy

Miss Mary Klemmer
Mrs. Harry Knevel
Mrs. J. C. Laughlin
Mrs. David Lenarz
Mrs. Louis Loes
Mrs. A. M. Oeffling
Mrs. Axel Olsen
Mrs. Clifford Orr
Mrs. N. D. Pappenfus
Mrs. W. A. Puhlman
Mrs. James Quigley
Mrs. Ervin Randall
Mrs. Rose Reilly
Mrs. Louis Rothstein
Mrs. Leonard H. Stotko
Mrs. Ed Weber
Mrs. W. T. Wenner

AUXILIARY SETS ANNUAL FANDEL'S DAY EVENT

THE ANNUAL HOSPITAL AUXILIARY DAY SALE AT FANDEL'S DEPARTMENT STORE IN DOWNTOWN ST. CLOUD, WILL BE CONDUCTED MONDAY, MARCH 25, FROM 1-9 P.M., ACCORDING TO AN ANNOUNCEMENT BY FREDERICK FANDEL. DURING THIS SALES EVENT, ALL CASH AND CHARGE SALES WHICH HAVE SLIPS MARKED "H.A." WILL BE CREDITED TO THE AUXILIARY EFFORT, AND A PERCENTAGE OF THE SALES WILL BE CONTRIBUTED TO THE AUXILIARY FUND.

PROFITS REALIZED BY THE AUXILIARY WILL BE USED TO HELP RETIRE THEIR \$15,000 COMMITMENT FOR THE HOSPITAL BUILDING PROGRAM, AND FOR OTHER PROGRAMS CONDUCTED BY THE WOMEN VOLUNTEERS.



THE HOSPITAL PERSONNEL DEPARTMENT AND THE BEACON LIGHT, ARE ATTEMPTING TO KEEP ALL EMPLOYEE ADDRESSES UP-TO-DATE. SO...WHEN YOU MOVE, PLEASE LET US KNOW. CONTACT THE PERSONNEL OFFICE, DIAL 254.

letters

Mr. Gene S. Bakke, Administrator
St. Cloud Hospital
1406 Sixth Avenue North
St. Cloud, Minnesota 56301

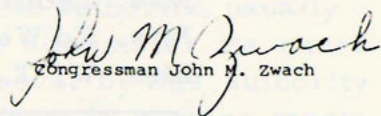
Dear Mr. Bakke:

I have just finished reading your 1967 Annual Report and the latest issue of the Beacon Light. May I state that I am most grateful to have these publications reach my desk, and, as your Representative in Congress, you may be sure that I will cooperate with you in any and all ways possible.

From all reports I have heard, your hospital staff and facilities are outstanding and are a credit to St. Cloud and the State of Minnesota.

With kindest personal regards, I remain

Sincerely yours,


Congressman John M. Zwach

Dear Staff:

Thanks again for the very enjoyable and informative visit with you on B-E Day! It was truly great to receive such warm hospitality from all.

Miss Pat Thompson
(St. Mary's Cathedral Grade)
St. Cloud, Minnesota

Mr. Gene Bakke,
Administrator
Saint Cloud Hospital
Saint Cloud, Minnesota

Dear Mr. Bakke,

Please accept my most sincere thanks for the lovely dinner, and the very informative, enjoyable visit at the hospital, Tuesday, February 27.

One has only to make a visit to see and realize the vastness in service and physical structure of this great part of Saint Cloud.

Will you please convey my special thanks to Mr. Majeed, who personally and most ably

conducted our tour. Thanks, too, to Sister Colleen, Mrs. Moline, Dr. Murn, Mr. Wenstrom, and Mr. McLaughlin for their time and attention.

Mrs. Phoebe Besterfeldt

(ED. NOTE: Miss Thompson and Mrs. Besterfeldt were two of 12 teachers from the parochial and public schools of St. Cloud who were guests of St. Cloud Hospital on Tuesday, February 27. The annual B-E (Business-Education) Day is sponsored each year by the St. Cloud Area Chamber of Commerce. Business firms of all types are visited by the teachers who get an "inside look" at the various operations.

Sir:

The "unidentified Speaker" on page 4 of the current edition of Beacon Light is Michael F. Murray. At the time he was the Chairman and conducted an intensive six weeks drive for Funds for the new Hospital. He was Secretary of the Fritz Cross Co.

Mrs. Michael F. Murray
215 Ramsey Place
St. Cloud, Minn.

(ED. NOTE: We very much appreciate the note from Mrs. Murray. The picture she refers to was published in the February 1968 issue, and showed Mr. Murray speaking at the property dedication ceremony for St. Cloud Hospital in 1926.)

Dear Sir,

We wish to compliment the nursing staff on Stations 3N and 1S for the excellent nursing care given to our father during his illness. Your hospital is a fine example of patient-centered modern medicine and a credit to your community.

The John Conroy Family

NEW VENDING SERVICE

BY SISTER MERCY, O.S.B.

"The older money is the best money," says the young man who refills the new vending machines. The machines are very sensitive. They do not respond to dimes made of copper nor do they respond to dimes with smoothly worn edges.

On March 4 the PETERS ST. CLOUD VENDING moved its first tall, handsome, blond vending machine into the hospital. It is owned and ably managed by Lucille, Marian and Bud Petters. The business was purchased in 1957. Since then, it has grown steadily and now prides itself on a service that makes available a colorful variety of tasty foods of gourmet style and quality.

In order to assure the customer of "daily freshness," the machines are checked and refilled twice and sometimes three times a day. We are happy to have you with us, PETERS ST. CLOUD VENDING.



SERVICE REPRESENTATIVE DELBERT BEUMER OF PETERS ST. CLOUD VENDING PREPARES TO HEAT ONE OF THE MANY SANDWICHES OFFERED IN OUR CANTEEN. THE INSTANT OVEN TAKES ONLY A FEW SECONDS TO COOK A HAMBURGER, HOT DOG OR OTHER HOT SANDWICHES. EACH IS PACKAGED AND LABELED WITH A CODE DATE TO ENSURE FRESHNESS. THE NEW VENDING SERVICE IN OUR CANTEEN OFFERS ICE CREAM, MILK, JUICES, A VARIETY OF HOT AND COLD SANDWICHES, BREAKFAST FOODS, COOKIES, SNACKS, MILKSHAKES AND BAKED GOODS. THE NEW "VENDO" VENDING MACHINES WERE INSTALLED EARLY THIS MONTH.

PROMOTIONS

MRS. ARLENE SAUER - NURSE AIDE, 1 SOUTH - PROMOTION TO TRANSCRIBER, 2 SOUTH
MRS. FRANCES RYDBERG - INFORMATION CLERK - PROMOTION TO ADMISSION CLERK, ADM. & COMM.
MRS. ADELIN BOECKER - HSKP. AIDE - PROMOTION TO SUPERVISOR, 2ND FLOOR

NEW LIFE TO THEIR FAMILY . . .

MRS. THOMAS GEORGE (JANICE HENKEMEYER)
MRS. WILLIAM BOVERMANN (JANICE STOUT)
MRS. ROBERT SCHILLER (MARY MAHER)
MRS. DONALD WALDORF (KATHLEEN MONARSKI)
MRS. MICHAEL SCHWINGHAMMER (IRENE FINKEN)

MARRIAGES

SHIRLEY DILLON - PATRICK LAHR



TELEPHONE COURTESY . . .



Good telephone habits can give people the feeling that we are interested in serving them, that we are friendly, helpful and considerate. Always:

1. Answer promptly.
2. Identify yourself by name and department.
3. Transfer calls tactfully.
4. Give accurate and careful answers.
5. Hang up carefully.

The Pacemaker

RETURN REQUESTED
ST. CLOUD HOSPITAL
 1406 SIXTH AVENUE NORTH
 ST. CLOUD, MINNESOTA 56301

MR. POSTMAN:
 PLEASE DELIVER TO ONE OF THE
 NICEST PEOPLE WE KNOW.

Nonprofit Org.
 U.S. POSTAGE
 PAID
 St. Cloud, Minn.
 Permit No. 389



ADDRESS CORRECTION REQUESTED



ABOVE LEFT, CY KUEFLER, VICE CHAIRMAN OF THE LARGE BUSINESS FIRMS SECTION IN THE CAMPAIGN FOR \$1 1/2-MILLION FOR THE ST. CLOUD HOSPITAL-CENTRAL MINNESOTA MENTAL HEALTH CENTER, STANDS TO MAKE HIS REPORT AT A WEEKLY MEETING OF THE CAMPAIGN VOLUNTEERS. ABOVE, A PHOTO TAKEN DURING THE COURSE OF AN INTERVIEW ON CHANNEL 7, KCMT-TV

IN ALEXANDRIA. CAMPAIGN CHAIRMAN EDWARD A. ZAPP, ED SCHNETTLER, PROGRAM DIRECTOR OF THE MENTAL HEALTH CENTER, AND BOARD OF TRUSTEE CHAIRMAN MOTHER HENRITA, OSB, DISCUSS THE BUILDING PROGRAM WITH TV PERSONALITY BOB HINES, RIGHT. BELOW, THE TALLY BOARD SHOWS RESULTS IN EACH SECTION AND GRAND TOTAL OF CONTRIBUTIONS TO DATE.

ST. CLOUD HOSPITAL & MENTAL HEALTH CENTER DEVELOPMENT PROGRAM						
<i>Edward A. Zapp</i> GENERAL CHAIRMAN						
	HOSPITAL FAMILY	LARGE BUSINESS FIRMS	SPECIAL GIFTS	GENERAL COMMUNITY SECTION	AREA SECTION	TOTAL
GOALS	250,000	750,000	375,000	75,000	50,000	1,500,000
	283,247	207,122	48,180	31,525	19,093	589,167
	5,000	4,043	2,400	6,178	3,852	21,473
	288,247	211,165	50,580	37,703	22,945	600,640