

5-1972

## Beacon Light: May 1972

St. Cloud Hospital

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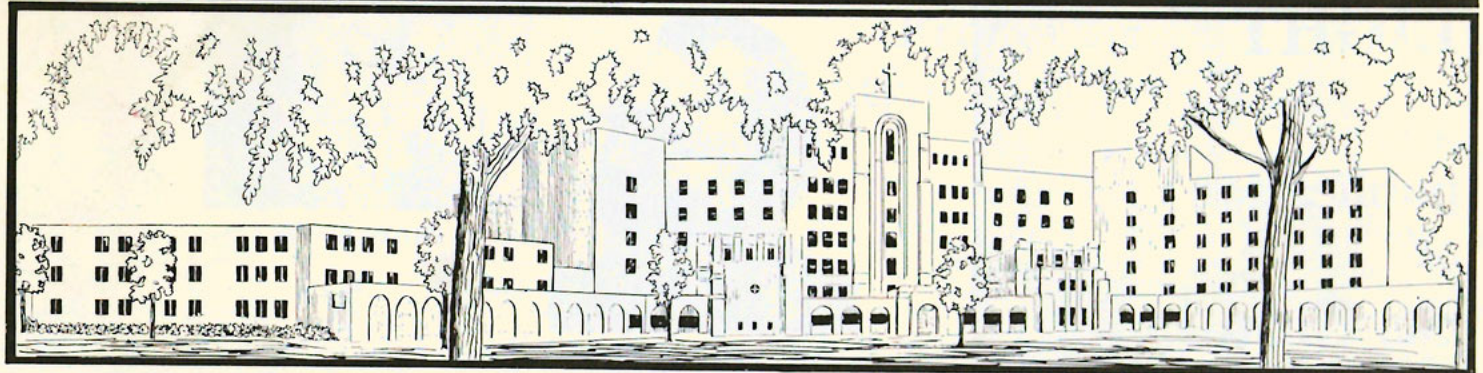
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# Beacon Light



Volume XXI Number 9

**St. Cloud Hospital**

May, 1972



# THE BEACON LIGHT

a publication of St. Cloud Hospital

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## Chaplain's Corner

BY: CHAPLAIN RICHARD TETZLOFF



REV. TETZLOFF

### WHAT ARE YOU GOING TO DO ABOUT IT?

THERE IS A SAYING WHICH GOES SOMETHING LIKE THIS, "TODAY IS THE TOMORROW YOU WORRIED ABOUT YESTERDAY—NOW WHAT ARE YOU GOING TO DO ABOUT IT?"

WHAT ARE YOU GOING TO DO ABOUT IT? IN OTHER WORDS, IT'S UP TO YOU, YOUR CHOICE, YOUR DECISION. IT SEEMS SO SAD THAT SOME PEOPLE DON'T SEE IT AS A CHOICE. THEY SEE LIFE ONLY HAPPENING TO THEM AND NOT BEING CREATED BY THEM. THEY FEEL INEFFECTUAL IN CHANGING OR IN MODIFYING THEIR LIFE STYLES AND MIGHT BE VERY PLEASED IF SOMEONE WOULD SAY RIGHT AT THE BEGINNING OF THEIR DAY, DO TO LACK OF INTEREST TODAY HAS BEEN CANCELLED."

PERHAPS ON THE OTHER SIDE OF THE COIN ARE THE FEELINGS JUST WHAT CAN ONE DO ABOUT TODAY? HOW MUCH IS MY LITTLE INSIGNIFICANT VOICE GOING TO BE HEARD IF I CRY OUT "STOP THE STUPID WAR." WHO'S GOING TO LISTEN IF I SHARE MY THOUGHTS ON LOVING ONE ANOTHER? IT SEEMS SO FUTILE. WHY TRY?

BUT IF YOU DON'T CHOOSE TO DO ANYTHING WILL ANYBODY ELSE? MAYBE OTHERS ARE WAITING FOR YOU TO SET THE EXAMPLE TODAY. RECENTLY I FOUND THIS INSIDE OF A MATCH-BOOK COVER. I PASS THROUGH THIS WORLD BUT ONCE. ANY GOOD, THEREFORE, THAT I CAN DO OR ANY KINDNESS THAT I CAN SHOW TO ANY HUMAN BEING, LET ME DO IT NOW. LET ME NOT DEFER OR NEGLECT IT FOR I SHALL NOT PASS THIS WAY AGAIN. WE WILL ONLY PASS THROUGH TODAY ONCE. CHOOSE TO DO SOMETHING WITH IT.

### Comment on the Cover...

SISTER CONSILIA NESGES, O.S.B., WHO RETIRED DURING THE PAST YEAR AFTER SERVING 43 YEARS AS PATIENT LIBRARIAN, STOLE THE SHOW AT THE EMPLOYEE RECOGNITION DINNER DURING NATIONAL HOSPITAL WEEK. SHE WAS ONE OF SEVEN RETIREES HONORED THAT NIGHT, ALONG WITH 101 EMPLOYEES WHO RECEIVED AWARDS FOR

LENGTH OF SERVICE. OTHERS PICTURED ARE GERTRUDE JAEGER, SR. MARGARET MARY PIPINSKI, O.S.B., AND MRS. LADDIE KRAY. SR. LOUIS MARIE, RIGHT, IS OBVIOUSLY ENJOYING THE MOMENT. SEE OTHER PICTURES OF NATIONAL HOSPITAL WEEK ACTIVITIES ON PAGE 6-7.



GENE BAKKE

## From Our Executive Vice President

FOR THE PAST SIXTY DAYS, PEOPLE FROM THROUGHOUT THE ST. CLOUD COMMUNITY HAVE BEEN MEETING WITH REPRESENTATIVES OF THE HOSPITAL MEDICAL AND ADMINISTRATIVE STAFFS AND MEMBERS OF THE BOARD OF TRUSTEES TO JOINTLY DISCUSS THE FUTURE ROLE AND FUNCTION OF ST. CLOUD HOSPITAL. BASED ON A REPORT PREPARED BY W. I. CHRISTOPHER AND ASSOCIATES, HOSPITAL CONSULTANTS, THE 120 PEOPLE INVOLVED WILL RECOMMEND WHAT STEPS THE HOSPITAL OUGHT TO TAKE TO MEET THE PRESENT AND FUTURE HEALTH CARE NEEDS OF THE PEOPLE OF ST. CLOUD AND SURROUNDING AREA.

THE GROUP OF 120 PEOPLE HAS BEEN DIVIDED INTO SIX TASK FORCES, EACH DIRECTING THEIR ATTENTION TO A SPECIFIC AREA OF CONCERN. QUALITY OF PATIENT CARE, EXTENSION AND EXPANSION OF SERVICES, INTER-AGENCY COLLABORATION, CATHOLICITY-APOSTOLIC EFFECTIVENESS, HEALTH SERVICES FOR THE POOR AND MEDICALLY UNDERSERVED, AND PUBLIC ATTITUDE AND IMAGE ARE THE BROAD CATEGORIES OF CONCERNS BEING WORKED ON BY EACH TASK FORCE OF ABOUT 20 PEOPLE.

THE REASON FOR TAKING THE TASK FORCE APPROACH

IS, OF COURSE, TO ASSURE BROAD INPUT AND INVOLVEMENT IN THE DEVELOPMENT OF PLANS FOR THE FUTURE OPERATION OF ST. CLOUD HOSPITAL. WITH THE DIRECT PARTICIPATION OF CONSUMER REPRESENTATIVES FROM THE COMMUNITY IN PLANNING, THE LIKELIHOOD OF THOSE PLANS BEING VALID AND RESPONSIVE TO COMMUNITY NEEDS IS SIGNIFICANTLY ENHANCED.

EVEN AT THIS POINT, THE MEMBERS OF THE TASK FORCES HAVE SPENT CONSIDERABLE TIME AND EFFORT AT MEETINGS, AS WELL AS IN STUDY AND RESEARCH, ATTEMPTING TO COME UP WITH THE BEST RECOMMENDATIONS POSSIBLE FOR THE FUTURE OPERATION OF THE HOSPITAL. BY THE TIME THEY FINISH THEIR WORK, TASK FORCE MEMBERS WILL HAVE SPENT AS MUCH AS EIGHTY HOURS ON THIS VERY IMPORTANT PROJECT.

THE DIRECTIONS ST. CLOUD HOSPITAL WILL TAKE IN THE YEARS AHEAD WILL, TO A LARGE EXTENT, DETERMINE THE KIND OF HEALTH SERVICES THAT WILL BE AVAILABLE TO THE PEOPLE OF THE AREA. THE TASK FORCES WILL PLAY A MAJOR ROLE IN SETTING THESE DIRECTIONS FOR THE GOOD OF THE ENTIRE COMMUNITY.

### Our Record of Service

	ADMISSIONS	BIRTHS	OPERATIONS	X-RAYS	LAB. TESTS	EMERGENCY OUTPT. VISITS
APRIL 1972	1,456	110	530	4,081	23,937	751
TO APRIL 30	5,554	528	2,078	15,312	92,290	2,749

# Surgeons Here Do Total Hip Procedure

Orthopedic surgeons at the St. Cloud Hospital report a high incidence of success using a new procedure which totally replaces hip joints in older patients.

Dr. Jerry A. Iverson said the operation involves removal of the original ball and socket hip joint, which is then replaced by a plastic socket and a vitallium or stainless steel ball held in place with acrylic cement. The surgery takes from two to four hours.

"The doctors at the St. Cloud Hospital have been doing this total hip replacement procedure for about six months now," Dr. Iverson stated. "And, the general success rate is about 95% for having a pain-free, stable, mobile and durable hip joint."

This surgery is often called for in older patients (usually not below the age of 60) who suffer from degenerative arthritis.

The procedure has evolved with modern technology to its present stage through multiple trials and errors, Dr. Iverson explained.

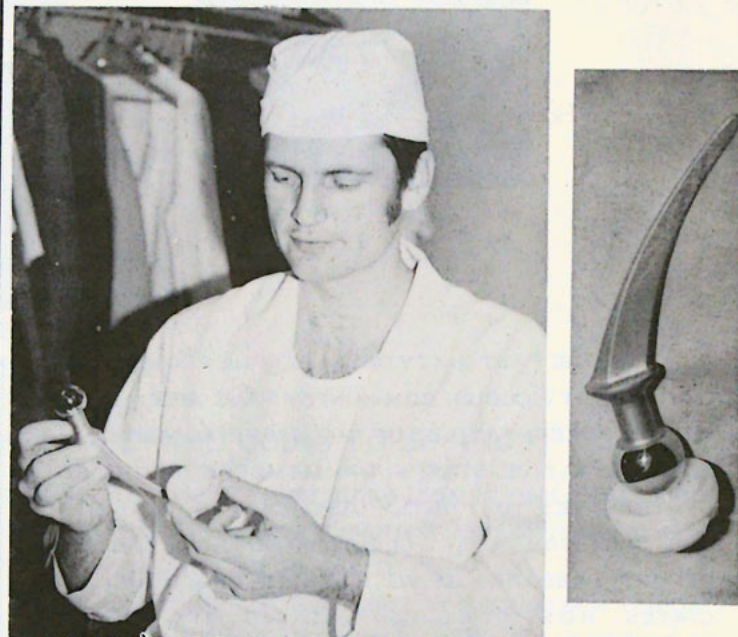
Dr. John Barton first attempted to mobilize a diseased hip in 1826 by creating an artificial joint in the proximal femur (upper thigh bone). Since then, tissue interposition, gold foil, pig's bladders, glass and metal have been introduced into the joint in order to provide a pain-free articulation with motion.

Then, Drs. Smith and Petersen introduced the cup arthroplasty in 1923, followed in 1940 by Drs. Bohlman and Moore who replaced the entire head and neck of the femur with a metal prosthesis, the forerunner of the procedure now used at the St. Cloud Hospital, he said.

"There is still one major problem that must be overcome in this procedure," Dr. Iverson said. "Unfortunately, infection continues to plague the surgeon today, just as it did years ago in Dr. Barton's day. "For reasons not yet completely clear, surgeons have reported the total hip replacement has an attendant risk of infection about ten times that of the usual orthopedic procedure," he stated.

Dr. Iverson is associated with St. Cloud

Orthopedics Associates, with offices in Doctor's Park.



DR. JERRY IVERSON, ORTHOPEDIC SURGEON, HOLDS THE TWO PARTS TO THE METAL-TO-POLYETHYLENE PROSTHESIS USED IN THE TOTAL HIP PROCEDURE. THE FEMORAL PROSTHESIS IS MADE OF VITALLIUM OR STAINLESS STEEL AND IS HELD INTO PLACE WITH A NEW ACRYLIC CEMENT WHICH DOES NOT ACTUALLY ADHERE TO THE BONE BUT PROVIDES FIXATION BY BEING PLACED INTO THE INTERLACING NETWORK OF BONES. THE PLASTIC CUP REPLACED THE SOCKET PORTION OF THE ORIGINAL HIP JOINT. AN ENLARGED PHOTO OF THE TWO PIECES IS AT THE RIGHT.

## Two Grads on HOPE Mission

Two alumnae of the St. Cloud School of Nursing were aboard the hospital ship S. S. HOPE when it sailed from Baltimore bound for Natal, Brazil, on February 4.

Patricia Ann Bieniek, class of 1963, from St. Paul, will serve as a medical-surgical nurse aboard the ship. Before joining HOPE she was nurse coordinator at Miller Hospital, St. Paul.

A. Ann Lenzmeier, class of 1958, from St. Cloud, will serve as nurse anesthetist on the ship's current ten-month mission. She received her training in anesthesia at SCH.

HOPE's mission to Brazil represents the second leg of a three-year hemispheric commitment. Completion of the first phase occurred in November, 1971, when the S. S. HOPE departed after a ten-month mission in the West Indies.

# Two Sisters To Make Changes

Sr. Bernadine Ballmann, and Sr. Paul Revier will leave St. Cloud Hospital this summer, each taking on a new challenge in the hospital field.

Sr. Bernadine, Executive Housekeeper here since 1965, will go to St. Benedict's Hospital in Ogden, Utah, to fill a similar position there. The Ogden hospital is also sponsored by the Sisters of the Order of St. Benedict.

Sr. Paul, who has been Director of the Nursing Division at St. Cloud Hospital since 1967, will study for a Master's Degree in Hospital Administration at St. Louis University during the next two years.

Both expressed mixed emotions about leaving.

"I'm sad to leave, but happy to take on a new assignment at Ogden," Sr. Bernadine said. "I look forward to trying something new, especially since I'll probably be lost in such a small hospital." St. Benedict's Hospital has 180 beds, and will begin construction of a new \$8-million facility next year. Sr. Bernadine has worked in the Housekeeping Department since 1948, and will leave July 15.

"I'll find it very difficult to say 'good-bye' to this place," Sr. Paul said. "I feel like a member of the old guard because so many changes have taken place during my career here. But, our Order needs more people in Hospital Administration and I look forward to the life of a student during the next 21 months." She is a graduate (1954) of the School of Nursing, received a Bachelor's Degree in Nursing from Boston College in 1966, and was in various supervisory positions here and in Ogden before becoming

Division Director. Announcements regarding replacements will be made later.

## Jeanne Huls New At CU

Hospital employees calling at the downtown office of the Credit Union will see a "new" face, still somewhat familiar. Jeanne Huls, formerly employed in the hospital dietary department, is now a Teller-Bookkeeper in that office. Training for six weeks under "Toni" James, who has handled the hospital's Credit Union account. Jeanne will be familiar with our operation by that time.

Toni is retiring to spend more time with her family.

Many changes are taking place in our Credit Union affairs--changes of personnel, bigger dividends, growing membership.

Are YOU a member? And are you remembering that immediate members of your family, living at home, are also eligible for membership.



SR. BERNADINE



SR. PAUL



CAPE, CAP AND CANDLE--64 FRESHMENS AT THE SCHOOL OF NURSING, AMONG THEM GAIL PECKSKAMP, DAUGHTER OF MR. AND MRS. ALBERT PECKSKAMP, ST. CLOUD, RECEIVED CAPE, CAP AND CANDLE DURING TRADITIONAL CEREMONIES SUNDAY, APRIL 24, AT ST. PAUL'S CHURCH. THE PROGRAM MARKS THE THIRD QUARTER OF STUDY FOR THE STUDENTS. REV. RICHARD TETZLOFF, PROTESTANT CHAPLAIN IS AT THE LEFT. PRESENTING THE CAPE IS INSTRUCTOR BETTY LEVSTIK.

# National Hospital Week



A LARGE BANNER ANNOUNCED NATIONAL HOSPITAL WEEK FROM ABOVE THE MAIN ENTRANCE TO ST. CLOUD HOSPITAL.

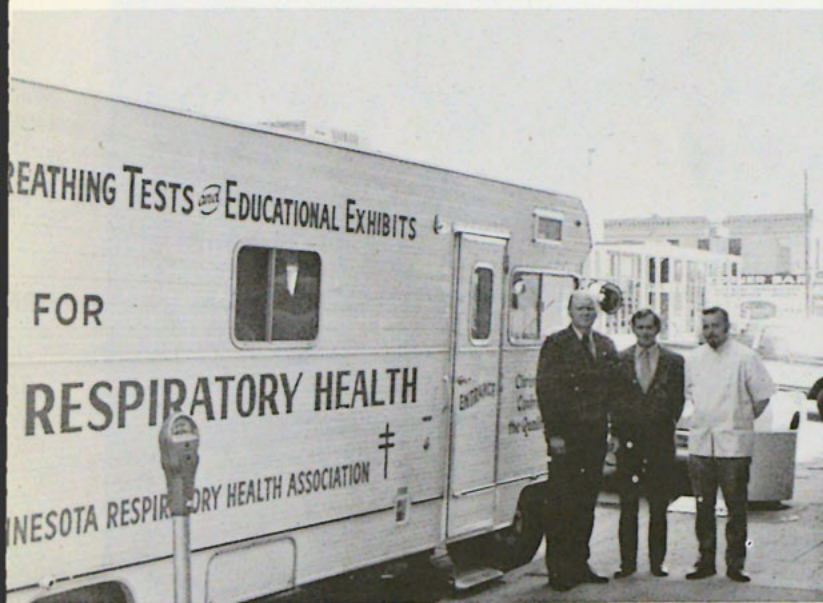


MAYOR AL LOEHR ISSUED A FORMAL PROCLAMATION DESIGNATING MAY 7-13 NATIONAL HOSPITAL WEEK, AND CONGRATULATING THE CITY'S HOSPITALS FOR THEIR HEALTH CARE WORK. ABOVE, LEFT TO RIGHT, ARE

SANDY BANKER, CHAIRMAN OF THE OBSERVANCE FOR THE VETERANS ADMINISTRATION HOSPITAL, MAYOR LOEHR, AND EARL PEDERSON, SCH CHAIRMAN.



THIS LARGE WINDOW WAS PROVIDED BY FANDEL'S FOR A DISPLAY OF SURGICAL INSTRUMENTS AND A TYPICAL OPERATION SCENE WITH PATIENT, DOCTORS AND NURSES. CENTRAL SERVICE AND SURGERY PROVIDED THE DISPLAY EQUIPMENT.



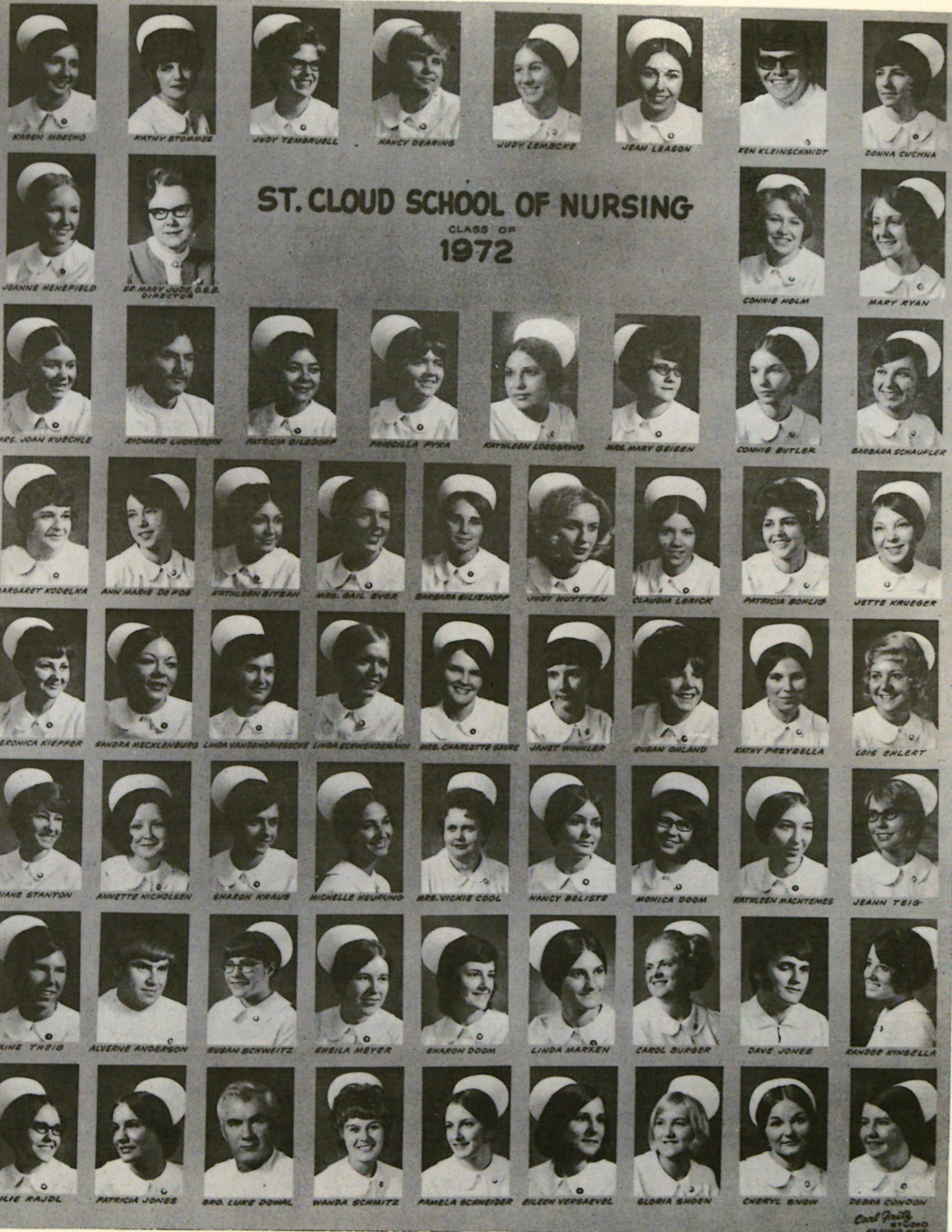
THE MOBILE RESPIRATORY UNIT PROVIDED BREATHING TESTS FOR 200 PERSONS DURING ITS THREE-DAY STAY IN ST. CLOUD DURING HOSPITAL WEEK. PICTURED ABOVE WITH THE UNIT ARE PAUL MUNSON, PROGRAM DIRECTOR FOR THE MINNESOTA RESPIRATORY HEALTH ASSOCIATION, NHW CHAIRMAN EARL PEDERSON, AND TECHNOLOGIST, FLORIAN SHUMA. AT THE RIGHT, ONE OF THE TESTS IS UNDERWAY, WITH THE PERSON AT THE RIGHT BLOWING INTO A MACHINE WHICH REGISTERS VITAL CAPACITY.



HEAD TABLE AT THE EMPLOYEE RECOGNITION DINNER WHICH HONORED 101 EMPLOYEES INCLUDED, LEFT TO RIGHT, MR. AND MRS. GENE BAKKE, BOARD OF TRUSTEE MEMBER SR. LUKE, BOARD CHAIRMAN MOTHER HENRITA, CHIEF OF STAFF DR. J. W. SMITH, MRS. SMITH, SR. VIRGINIA, AND HOSPITAL WEEK CHAIRMAN EARL PEDERSON.



THESE PEOPLE MANNED THE MOBILE X-RAY UNIT WHICH PROVIDED 150 CHEST X-RAYS ON FRIDAY OF HOSPITAL WEEK. THEY ARE DENNIS MURPHY, X-RAY TECHNOLOGIST, MRS. A. J. LENARZ, MRS. STEVE KRUZICH AND MRS. WILLIAM JOHNSON. THE UNIT WAS LOCATED AT CROSSROADS CENTER.



**ST. CLOUD SCHOOL OF NURSING**  
CLASS OF  
**1972**

## Promotion Congratulations...

DELORES KIRCHNER, Supervisor Trainee in Housekeeping, was promoted to Supervisor. Delores works on First Floor.

RUTH MUELLER, Inventory Clerk in Purchasing was promoted to Secretary in the same department, filling the vacancy left by Joyce Waldoch.

MILDRED POEPPING, Transcriber Trainee on 3 South, was promoted to Transcriber.

JOHN JANSON, Orderly in Physical Therapy was promoted to Chief Orderly.

ANNSCHWICKERATH, Physical Therapy Aide was promoted to Sr. Physical Therapy Orderly.

JOAN MC DONALD, Physical Therapy Aide was promoted to Sr. Physical Therapy Orderly.

RITA GILL, Housekeeping Aide, was promoted to Supervisor Trainee.

JUDY BRANNAN, Staff Nurse in Nursing Service was promoted to Supervisor Trainee.

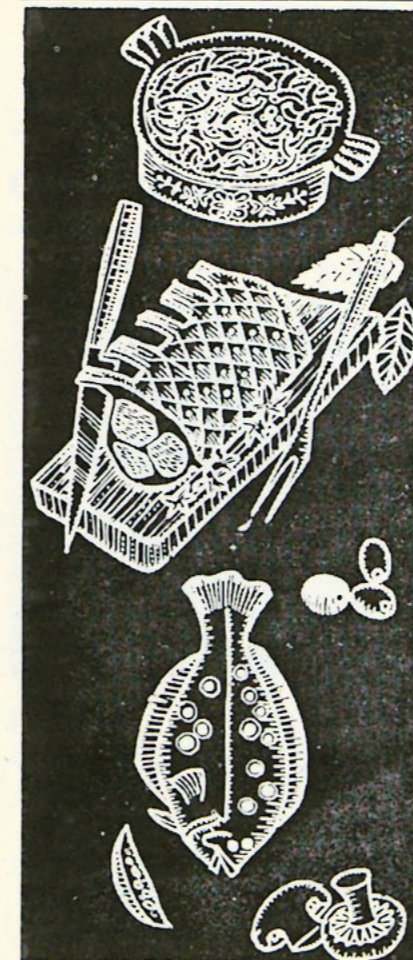
DONNA THEISEN, Jr. Medical Clerk was promoted to Senior Medical Records Clerk.



KEN KLEINSCHMIDT, NURSING SENIOR FROM ST. CLOUD, RECEIVED THE SR. ELIZABETH SCHOLARSHIP FOR PROFESSIONAL AND SCHOLASTIC EXCELLENCE, PRESENTED BY MRS. LADDIE KRAY, PRESIDENT, SCHOOL OF NURSING ALUMNAE ASSOCIATION AT A RECEPTION MAY 9. THE ALUMNAE ALSO GAVE \$200 TO THE SCHOOL'S LEARNING CENTER. ENTERTAINMENT WAS PROVIDED BY THE REVELATION SINGERS.

ELLEN VOIGT, Staff Nurse on 3 North was promoted to Supervisor Trainee in Nursing Service.

RITA CONDON, Assistant Head Nurse on 4 South was promoted to Head Nurse on the same floor.



## From Our Kitchen...

Members of the Beacon Light Staff knew that spinach au gratin had to be the recipe of the month after this dish was served in the employee cafeteria one day in March. It was delicious, and resulted in many requests on how to make it. So, below is a dish Popeye wouldn't recognize, but everyone else loved. As they say "try it, you'll like it!"

### From The St. Cloud Hospital Kitchens SPINACH AU GRATIN

- |                          |                               |
|--------------------------|-------------------------------|
| 2 TPSP. MARGARINE        | 1 PKG. FROZEN, COOKED SPINACH |
| 2 TPSP. FLOUR            | 1/4 CUP BUTTERED BREAD CRUMBS |
| 1 CUP MILK               | 1/8 TSP. PEPPER               |
| 1/2 CUP CHEESE, SHREDDED | 1/4 TSP. SALT.                |
1. MELT MARGARINE OVER LOW HEAT. BLEND IN FLOUR AND SEASONINGS. STIR UNTIL MIXTURE IS SMOOTH.
  2. REMOVE FROM HEAT. STIR IN MILK. BRING TO BOILING STIRRING CONSTANTLY. BOIL 1 MINUTE.
  3. ADD CHEESE. STIR UNTIL MELTED.
  4. FOLD CHEESE SAUCE INTO COOKED, WELL-DRAINED SPINACH.
  5. PUT INTO CASSEROLE. SPRINKLE WITH BREAD CRUMBS.
  6. BAKE AT 350 DEGREES JUST UNTIL BREAD CRUMBS ARE GOLDEN BROWN.

## Six Win Suggestion Awards

Five cash awards and one merit certificate were awarded in March for ideas submitted to the Employee Suggestion System.

KEN GERADS of CENTRAL SERVICE got \$15 for his idea to keep a receptacle for specimens in the soiled utility room on each floor.

KATHERINE HIBBISON, RN, received \$15 for her suggestion to provide a table, not a cart for use in the C.S. Freight elevator room.

LA VERNE KRAEMER of FOOD SERVICE got a Merit certificate for her proposal to provide cocoa packets in the cafeteria for employees and visitors.

ESTHER MERKLING of EMPLOYMENT won the top prize of the month of \$50.70, (which is 15% of the estimated first year's savings) for her idea to have the computer report vacation hours on paychecks, thereby relieving Employment employees of this task.

DAVE SZAFRANSKI of DATA PROCESSING received \$26.93 for his idea to use a rubber stamp for health service notices on pay envelopes when employees must have lab and Mantoux work done annually. His award was also 15% of the estimated first year's savings.

And, MILDRED VARNER of ICU got \$15 for suggesting that doctors use the same laboratory report lists at their offices as the hospital uses, thereby reducing chances of error.

The awards were presented by Gene Bakke, Executive Vice President.



LOUIS AND PAT (MEDICAL RECORDS) WALKER AND HANK AND SALLY (CONTINUING EDUCATION) GRABUSKI, SPENT A WEEK SNOWMOBILING IN SWITZERLAND ALPS IN MARCH. THEY ARE PICTURED IN LUZERN, WITH THE MOUNTAINS IN THE BACKGROUND. PAT AND SALLY SAID IT WAS VERY WARM IN THE CITY, BUT COOL, PLEASANT AND SNOWY IN THE ALPS.

## Take a Guess...



THE PHOTO IN LAST MONTH'S BEACON LIGHT FOOLED EVERYONE, BUT YOU ARE INVITED TO TRY AGAIN. ABOVE IS THE BABY PICTURE OF A MAN WHO HAS WORKED HERE FOR FIVE YEARS IN ONE DEPARTMENT, WAS BORN AND RAISED IN THIS AREA, IS MARRIED AND HAS FOUR CHILDREN. HIS HOBBIES ARE FISHING, BASEBALL, AND HORSESHOE. MOST STAFF MEMBERS SEE HIM DAILY, OFTEN THROUGH SQUARE HOLES IN A WALL. IDENTIFY HIM, WRITE YOUR GUESS WITH YOUR NAME ON A SLIP OF PAPER AND SUBMIT IT TO THE PUBLIC RELATIONS OFFICE BY JUNE 1. YOU MAY WIN A CAFETERIA LUNCHEON TICKET. LAST MONTH'S PHOTO WAS OF TECKLA JAGELSKI OF DIETARY WHICH NOBODY GUESSED.

## Intern Takes Green Giant Job

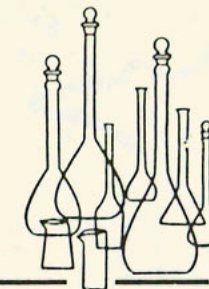
Pat Evans, 21, a graduating senior at St. John's University and for the past year an intern in Personnel, will start June 1 as Assistant Personnel Supervisor for the Green Giant Company plant in his home town of LeSueur.

A psychology major, Pat was president of the Psychology Club at SJU, served on the University Building Committee, the All-College Board, and was student manager of the Varsity Basketball team for three years. As a student intern at SCH, Pat participated in all aspects of personnel administration, and since December, administered the Employee Suggestion Program.



PAT EVANS

# Medical Memo



THE ST. CLOUD MEDICAL SOCIETY

BY: DR. H. M. BROKER

IN THE PAST FIVE YEARS, IT HAS BECOME NECESSARY TO FORM A LOCAL ASSOCIATION OF PHYSICIANS. WHILE THERE ARE FEDERAL, STATE AND COUNTY MEDICAL SOCIETIES IN EXISTENCE, THEY DO NOT SOLVE THE MEDICAL PROBLEMS OF OUR COMMUNITY. IT WAS, THEREFORE, NECESSARY IN 1970 TO INCORPORATE THE ST. CLOUD MEDICAL SOCIETY.

THE SOCIETY WAS INCORPORATED AS A BENEVOLENT, CHARITABLE AND EDUCATIONAL ORGANIZATION. IT IS DEDICATED TO GUARD THE INTEREST OF THE PUBLIC IN ITS RELATIONSHIP WITH THE PROFESSION IN GENERAL. IT IS ALSO DESIGNED TO DEVELOP AND MAINTAIN A SOCIAL AND FRIENDLY RELATIONSHIP AMONG ITS MEMBERS. WHILE WE WILL GUARD THE PUBLIC INTEREST, WE WILL BE SENSITIVE TO THE PROFESSIONAL INTERESTS OF OUR MEMBERS, THE MEDICAL PROFESSION IN GENERAL AND OUR COMMUNITY.

DURING THE FIRST TWO YEARS OF ITS EXISTENCE, OUR SOCIETY HAS A GOOD RECORD OF ACCOMPLISHMENTS. THE ST. CLOUD MEDICAL SOCIETY STIMULATED INTEREST IN THE BROAD SCOPE OF MEDICINE WITH ELEVEN PHYSI-

CIAN MEMBERS OF THIS COMMUNITY APPOINTED TO COMMITTEES OF THE STATE MEDICAL SOCIETY. WE HAVE ALSO BEEN MORE ACTIVE IN OUR COUNTY MEDICAL SOCIETY AND HAVE HELPED IN INCORPORATING THAT SOCIETY IN THE PAST YEAR.

IN OUR INCEPTION, WE HAVE RECEIVED HELP FROM OTHER MEDICAL SOCIETIES. ALREADY, OUR EXPERIENCE HAS BEEN USED TO HELP OTHER MEDICAL COMMUNITIES. THE IMMEDIATE AND MOST NOTICEABLE AFFECT OF OUR SOCIETY IS ON THE PHYSICIANS OF OUR COMMUNITY. THEY HAVE DEVELOPED A NEW AWARENESS OF THE CURRENT LOCAL MEDICAL PROBLEMS. A COOPERATIVE EFFORT TO OBTAIN ANSWERS TO THE COMMUNITY HEALTH CRISIS HAS BEEN THE GOAL OF THE SOCIETY.

WE DO NOT MAINTAIN THAT THE ST. CLOUD MEDICAL SOCIETY HAS ALL THE MEDICAL ANSWERS FOR THE COMMUNITY OF ST. CLOUD. WE DO MAINTAIN THAT WE HAVE SOME VERY KNOWLEDGEABLE MEMBERS WHO WILL DO THE BEST JOB POSSIBLE TO PROVIDE THE BEST MEDICAL CARE FOR THIS COMMUNITY.

## Remembrance Fund Gifts

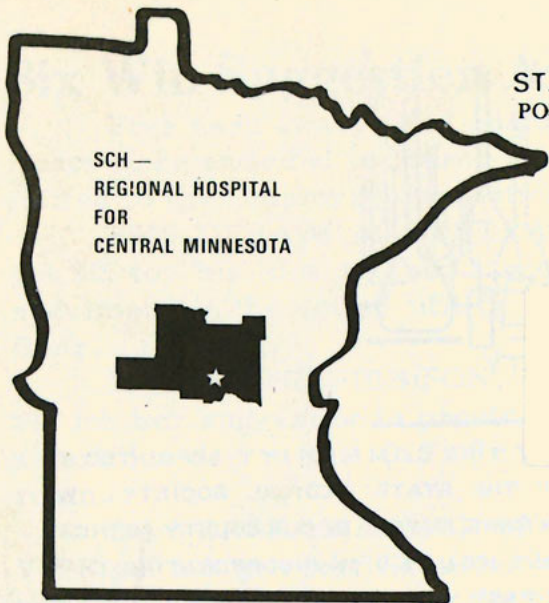
Five cash donations were made to the St. Cloud Hospital Remembrance Fund during the past month, according to Mrs. Catherine Strack, Volunteer chairman. Contributions were made by Mrs. Jerome Weber, Mr. and Mrs. Donald Strack, Mr. and Mrs. Willard Nierengarten, Mr. and Mrs. Rudy Pelzer, and Mrs. Joseph Strack.

The fund is used to purchase equipment for the Coffee-Shop Gift Shop which will be built in the present Medical Records area, just off the main lobby.

Gifts to the Remembrance Fund may be in any amount, and should be deposited at the Information Desk. Families of those in whose name the donations are made are notified of the gift, but not the amount of the contribution.



HOT WHEELS FOR PEDIATRICS—A MEMBER OF THE FIRST PRESBYTERIAN CHURCH PROVIDED 200 "HOT WHEELS" PLAY CAR SETS FOR USE BY THE KIDS ON PEDIATRICS. REV. C.F. STEVENS, RIGHT, PRESENTED THEM TO BETTY BOWMAN, R.N. THANK YOU!



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 ST. CLOUD, MINNESOTA 56301

ADDRESS CORRECTION REQUESTED

# 1,600,000 Americans don't know they have diabetes.

Do any of these refer to you? You may have some of these signs occasionally—and may even have a history of diabetes in the family. But this does not necessarily mean diabetes. However, if some of these signs do occur together—and they persist—be sure to consult your doctor.

**a history of diabetes in your family**



(Heredity has been shown to be an important factor in diabetic tendency.)

**visual blurring and other disturbances of sight**

**frequent and copious urination**

**undue fatigue and drowsiness**



**rapid weight loss—no matter what you eat**

**abnormal thirst**



**recurring boils, carbuncles and other infections**

**persistent hunger**



**persistent itching**

**cuts, scratches and burns that heal slowly**