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7-2010

### Patient Care News: July 2010

St. Cloud Hospital

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# PATIENT CARE NEWS

July 2010

Volume 31, Issue 7

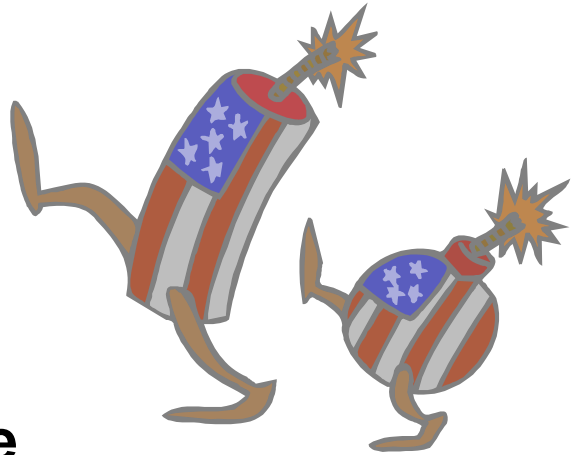
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## Making Safety Your Lifestyle

*Karen Witzman*  
*Director, Employee Health Service*

What does it mean to 'make safety your lifestyle'? It probably means something different to each of you. Wearing a seatbelt, obeying the rules of the road, and driving defensively are important safety choices we make every time we operate a motor vehicle. Choosing to contact the power company before planting trees in your yard is another safety lifestyle decision. Watching the news or reading the paper is more than enough to convince us that accidents happen every day, and making conscious choices to be safe is essential at home and at work. Work injuries happen because we are in a hurry or lack the tools or knowledge to do a job safely. These injuries can change your life, but the good news is that most of them can be prevented. The key is to consider your safety and the safety of others in everything you do.

Safety happens when you think about it. If you need help to move a patient or cart, get help. If the bed you are attempting to move is too heavy or the battery has failed, get help. Don't risk your safety. A back injury can cost you more than the few moments it takes to find help or switch beds. If you see someone who needs a hand, help them and make sure both of you are safe when you do. Remind each other to be safe. If you witness a risky behavior, make a point to tell your co-workers how important their safety is to you and to the team. Showing active concern and caring about your co-workers builds strong relationships as well as improving the safety of patients and staff every day.

Think it through:

- Pay attention to what's going on around you and be prepared to help. Ask for help! Don't use equipment if you aren't sure how. Know where safety equipment can be found and use it!
- Consider your options before jumping in. What are the risks of doing this task and how can you make sure you are safe?
- Always pay attention when working with needles and don't assume a safety is engaged. Always hold the device at the barrel end and, if necessary, remove the needle at the hub.
- Avoid falls! Watch for slippery or uneven surfaces (inside and outside). Report wet floors or icy walkways. Pay attention to Wet Floor signs. According to Housekeeping, the floor remains wet for approximately 5 minutes after mopping. Pay attention and slow down.

Patient Care News articles should be sent to Deb Kaufman in Patient Care Support by the 25<sup>th</sup> of each month.

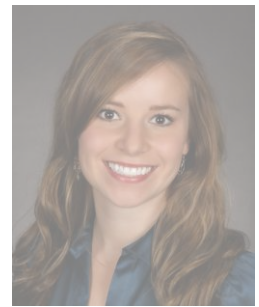
- When working at a computer or desk, adjust your chair to fit you. If you work in an office, you may still need to adjust your chair at least daily. Flatten the legs on the back of your keyboard. Use a mouse and wrist rest and keep your elbows close to your body. Avoid spending more than 2 hours at a computer without stepping away and stretching your arms and shoulders.
- Commend your co-workers when you see a safe work practice. For example, "Your use of the proper safe lifting device made that lift safe for all of us. Good work!" Use the Mission Matters resource as a way to encourage each other.
- Bring concerns such as a need for additional safe lifting equipment to department meetings for general discussion and brainstorming.

How often should you think about safety? Constantly! Is your personal safety of primary importance to you? Do you believe the safety of others is important too? If not, why not? Making safety part of your lifestyle is essential to making our workplace, and everywhere you go, safer for everyone.

## SCH Welcomes New Nurse Practitioner

Welcome to Kaylle Schmit, RN, FNP, who has joined the Hospitalist Program at St. Cloud Hospital as a nurse practitioner.

Schmit received her bachelor of science degree in nursing at the College of Saint Benedict in St. Joseph and a master's degree in nursing from University of Colorado Denver in Aurora, Co.



## Upcoming Developmental Programs: Educational and Professional

### JULY:

- |       |  |
|-------|--|
| 1     | EPIC Renew, 8:00am, 2:00pm, 4:15pm, or 8:00pm, Cedar Room  |
| 1/2   | Basic ECG, 8:00am-4:00pm, Heart Center Conference Room   |
| 7     | Helping Patients & Families make Informed Decisions about Antibiotics and Dementia (part 2) (Managing Advanced Disease & Palliative Care Series), 12:00pm-1:00pm, Hoppe Auditorium |
| 8     | EPIC Renew, 8:00am, 2:00pm, 4:15pm, or 8:00pm, Cedar Room  |
| 14    | NRP Online/Megacode Renewal Course, 9:00am-10:30am, Oak Room   |
| 15    | EPIC Reboot, 8:00am or 2:00pm, Cedar Room, St. Cloud Hospital  |
| 21    | Team Presentations about Progress Over the Entire Expedition-Next Steps (Managing Advanced Disease & Palliative Care Series), 12:00pm-1:00pm, Hoppe Auditorium                     |
| 21    | Stable Course, 7:30am-5:30pm, Hughes/Mathews, CentraCare Health Plaza  |
| 22    | EPIC Reboot, 8:00am or 2:00pm, Cedar Room  |
| 22/23 | Basic ECG, 8:00am-4:00 pm, Heart Center Conference Room  |
| 27    | NRP Renewal Course, 9:00am-12:00pm, Birch Room   |

# EduTrack Update

Jean Beckel, MPH, RN  
Performance Improvement Analyst  
Magnet Program Director



## What is EduTrack?

The system put into place in October 2009 that gathers data on RN education, certification, professional organization involvement, presentations, publications and community volunteerism. This information is needed for required external reporting and for requested internal reporting on nursing staff.

EduTrack is different from Pathlore. Pathlore is a software system used to track all staff participation in continuing education activities, contact hours and in some cases the reading of unit meeting minutes. These things are not entered into EduTrack.

## What do I need to know if I have already entered my data?

- A annual review and updating of your EduTrack data is being added to the annual mandatory computer-based education for RNs. Every person is asked to **review, update, save, and verify** their information.
- It is also important for RNs to **go into EduTrack as things change** throughout the year. This might be a new or expired certification, doing a poster or podium presentation at a conference, or enrolling in or completing a new degree. Please make these changes as they happen. We often report on certified nurses, nursing education and nurses enrolled in education programs so it helps to have updated information.

## How do I get to EduTrack to make my changes?

EduTrack is found on CentraNet. Go to the Education tab, the 4th line down (Education and Certification tracking – EduTrack), login, click the blue balloons to edit your information, SAVE, and logout.

Beginning July 1st: Go to the Education tab, the 4th line down (Education and Certification tracking – EduTrack), login, click the blue balloons to edit your information, SAVE, **click the verify button** (see below), and logout.

## What has changed in EduTrack for July 1, 2010?

You will notice several changes this year as the system is new and we are trying to make it easier to use.

- A new category has been added for **Clinical Ladder**. Every RN is asked to indicate either their Level (1, 2, 3, or 4) OR that their position is not eligible for the Clinical Ladder. If you are now a Level 1-4 a follow up questions asks you to indicate which level you are working to achieve or maintain (Level 2, 3 or 4).
- Some fields have been designated as **“Required Fields”**. For example, if you open the RN Nursing Education section, you will need to have selected answers for at least one degree: the type (Diploma, Associate, Bachelors, Masters or PhD), status of completed or enrolled, the year you received your RN degree and the school that you attended. This will help to eliminate partial answers and the follow up work that has been required to get all of the fields filled in so that we can “count” each RNs information.
- An easy one-click **“Remove”** button that will allow you to remove an expired or non-renewed certification.
- The **“Diploma Degree”** appears to be confusing for some staff. While all nursing schools give graduates a diploma, this refers to the official RN Diploma program. Since these programs were discontinued in the early 1990s, the “Year” selection will be limited to years prior to 1991. This will prevent our more recent Associate and Bachelor degree graduates from accidentally recording their degrees as Diploma degrees.
- The **“Verify” button** is new. It is found at the bottom of the EduTrack screen. RNs are asked to review their current data, make any changes, save the changes in each section, and then verify their update. This puts a date into our database which will be used to track who needs to complete their mandatory review.
- RNs with a Masters degree in nursing will now be asked to select either a **Master’s of Science (this is the default) or a Master of Arts**. We are asking all current RNs with a masters degree in nursing to update their information and will be sending out a reminder email in July. This will allow us to accurately reflect your education and nursing title.

For any EduTrack questions please contact Jean Beckel at extension 51756. Thank you!

# Clinical Ladder

Congratulations to the following individuals for achieving and/or maintaining their Level IV and Level III Clinical Ladder status!

## LEVEL IV:

Bobbie Bertram, RN      Emergency Trauma Ctr.

- Preceptor
- Masters Degree in Nursing
- ACLS Instructor
- ENA Member
- PALS Instructor

June Bohlig, RN      Surgery

- CNOR Certification
- PI Committee Member
- Code Orange Task Force
- Developed Module on Malignant Hyperthermia
- Preceptor

## LEVEL III:

Linda Bjork, RN      Children's Center

- AACN Member
- Teaches P.E.A.R.S. Class
- Arterial Catheter for Children's Center Policy
- Preceptor

Michael Johnson, RN      Children's Center

- CentraCare Foundation Ambassador
- Neonatal Intensive Care Nursing Certification
- NICU Core Committee
- Super User for Web Scheduler

Chuck Kalkman, RN      Adult Mental Health

- Psychiatric & Mental Health Nursing Certification
- Code Green PI Study and Recommendations
- Teaches Aggression Management and Prevention
- Health & Wellness Committee Member in His Parish

Jennifer Klick, RN      Children's Center

- NICU Core Committee
- Neonatal Intensive Care Nursing Certification
- Member of Academy of Neonatal Nursing
- CentraCare Foundation Ambassador

## LEVEL III continued:

Kelley Knickerbocker, RN      Ctr for Surgical Care

- Epic Super User Committee
- Employee Engagement Committee
- Pediatric OR Tours
- Clinical Expert Group Member

Karen Lashinski, RN      Ctr for Surgical Care

- CentraCare Foundation Ambassador
- ROE Committee Member
- Medical-Surgical Nurse Certification
- PI Committee Member

Jackie Reineke, RN      Ortho/Neuro

- D.A.R. Charting Unit Representative
- Medication Safety Workgroup
- Preceptor
- Noncompliant Brain Conference Planning Committee

Denise Scheid, RN      Surgical Care

- Core Group Leader, Tracer Audits
- Preceptor
- Taught EKG Class
- Patient Brochure: Preparing for Surgery, an Inpatient Guide

Christy Stevens, RN      Kidney Dialysis, Staples

- Fistula First Committee
- ANNA Member
- Epic Super User
- Understanding Dialysis Presentation



**Have a Safe and Happy  
Independence Day!**