

10-1973

## Beacon Light: October 1973

St. Cloud Hospital

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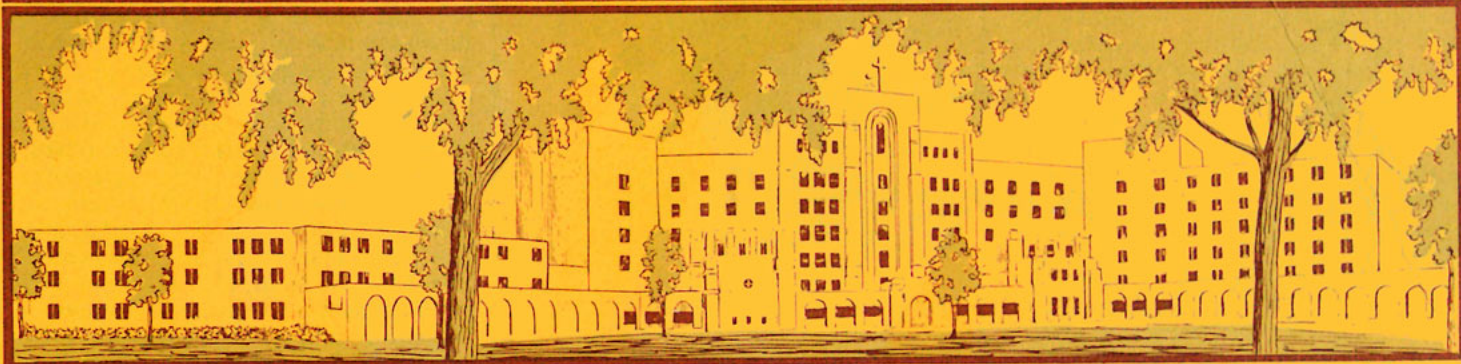
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# The St. Cloud Hospital Beacon Light



Volume XXIII Number 2

October, 1973

## United Way Goal - \$13,000

The employees of St. Cloud Hospital have begun a campaign to secure pledges of \$13,000 for the United Way of the St. Cloud area. This is the largest goal ever set by the Hospital, according to Chuck Rice, Director of Social Services and Chairman of the St. Cloud Hospital effort. The community goal is \$370,000, also the largest goal in the seven year history of the area fund.

The Hospital campaign was begun a week earlier than the official campaign kick-off for the community, according to Rice, "because we want to help set the pace for the entire community".

Donna Baas, Nursing Float Supervisor and assistant campaign chairman, said that in the first week of effort 25% of the goal was reached. "Last year Pauline Page was Chairman," said Mrs. Baas, "and she successfully organized a campaign that went over the \$12,000 mark by several hundred

dollars."

"This year", said Rice, "we have an enthusiastic and aggressive group of solicitors and our Blue Ribbon Committee is totally dedicated to surpassing our goal. More importantly, according to Rice, the Hospital employees are showing great pride in their hospital and their community by responding with generous pledges."

"The women are in the majority on the committee this year," said Rice, "because it will be the female employees in the hospital who will determine our success in the final analysis." Rice explained that female employees outnumber males by five to one.

Over 56,000 individuals benefited through the support of United Way agencies last year. Scores of hospital patients benefited directly from the campaign last year through the Red Cross, Cerebral Palsy, Caritas Family Service, and other agencies.

## Bakke Elected To MHA Post

Gene S. Bakke, Executive Vice President of the St. Cloud Hospital,



has been elected President-elect of the Minnesota Hospital Association (MHA). The announcement was made by MHA President Earl G. Dresser, following the association's annual meeting in Brainerd September 18-21. Bakke

will serve as President-elect for one year before becoming MHA President in 1974.

The MHA membership includes the state's 187 hospitals and 115 non-profit nursing homes. It was organized in 1917 to promote and insure the highest possible quality of health care in Minnesota hospitals and related institutions as well as to provide Minnesotans with an effective and efficient health care delivery system.

Bakke, who has served on the MHA's Board of Trustees since 1971 says he "considers it an honor and a privilege to be a part of an organization which takes a leadership role in maintaining the state's high standards of health care."

"And," says Bakke, "the Minnesota Hospital Association is constantly looking at new programs, new legislation, and new services to meet its goal of continually improving Minnesota's health care system."

In addition to serving as President-

*Cont. page 8*



ABOVE: Donna Baas, Assistant Chr. and Chuck Rice, Chairman of this year's SCH United Way Drive report the results of the third week of the campaign effort. At the end of the third week, 72% of the \$13,000 goal had been reached.



## THE CHAPLAIN'S CORNER

BY: CHAPLAIN R. D. TETZLOFF



### LOVING GOD

### BY LOVING OTHERS

On several occasions a person came up to Christ with a very searching question concerning their relationship to God. On one such occasion a man asked Christ what the greatest commandment was, hoping that he could thereby reduce the relationship between God and himself to a mere fulfilling of this one commandment. Christ's reply was, "You must love God with all your heart, mind, and soul!" Then Christ added, "The second is like the first: You must love your neighbor as yourself."

It seems to me that we would often like to reduce our religious concern to merely a "vertical relationship" to God, perhaps even at the expense of our relationships with another. It is interesting to observe that in Christ's reply He spoke of the second commandment as being comparable to the first. "Love your neighbor as yourself." Christ in essence said that only as we are able to love or accept ourselves, are we thereby able to show love towards others. Some theologians have added that only as you are able to love others do you understand what it means to love God and to have Him love you.

In the situation of the hospital we are constantly thrust into relationships with people. No one is exempt. These relationships with patients and one another are as much a part of our religious concern, or love towards God, as our daily or weekly worship at church. What this means in terms of our relationship to others is this: We can love or give help to others as we become aware of other's feelings. In the area of life, people wrestle with the basic issues of life and death, contradictions, meaninglessness, "internal warfare," guilt and estrangement, loneliness, anxiety, fear, despair and futility. These feelings are also essential components of religious concern. Who of us hasn't personally experienced these in some form? As we recognize these feelings in ourselves, then we can understand what others may be going through; and may by our relationship with them be of help to them. This is loving your neighbor as yourself and an expression of our love towards God.

## P.A.C. Rap

By Mary Kamphake

Special elections were held during the past month to up-date employee representation on the PAC. Twelve areas of the hospital were lacking either a representative, an alternate or both.

New members are: Rhonda Minke, EDP, Alternate; Karen Moscho, 6 No., alternate; Ken Gerads, CS, representative; Rita Decknatel, 2NW, alternate; Dorothy Loch, 4 No., alternate; Michelle Heurung, 4 So., representative; Marlene Hunt, OT, alternate. The other areas have a general election in November and will then become fully represented.

On October 11, the PAC sponsored a trip to the Chanhassen Dinner Theatre to see the play "Gypsy". Over forty hospital employees, volunteers, and their relatives attended. If there is any event you are interested in seeing, please notify your PAC representative and the committee will gladly investigate the possibility of sponsoring such an event.

### Beacon Light

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The Public Relations Department  
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Perinna Burke	Mary Kamphake
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Pictured on the left are the new Medical Technology students who will spend their year of internship in the Hospital's Laboratory. Left to right: LaMont Jeitz, Patricia Athman, Thomas King, Sue Henning, Jeffrey Schmidt, and David Ehresman. Not present for the picture was Nina Palubicki.

Three students, Patricia Athman (Wt. Park), Sue Henning (St. Cloud), and David Ehresman (Mottley), are St. Cloud State College students. Mr. Jeitz (Benson), is a Mankato State College Student, and Jeffrey Schmidt (Buckman) is enrolled at St. John's University. Dr. Thomas King, claiming Sioux Falls, South Dakota as his home, received his B.A. and M.A. Degrees from the University of South Dakota and his Ph.D. in Physiology at Purdue University.

Upon completion of their internship and upon passing the National Registry Examination of the College of American Pathologists, the students will receive their degree in Medical Technology in addition to their regular college degrees.



## COMMENT

by

Gene S. Bakke

Executive Vice President



MR. BAKKE

A major activity at this time of the year is the gathering of data, the writing of department reports, and the editing and assembling of an annual report for the fiscal year ended June 30. When it is finished, it provides a single source of detailed documentation of the activities carried on to serve patients at the hospital during the previous twelve months.

This year's annual report tells a story of continued growth in health services provided to the people of the community and area. For example, more people than ever before in the history of the hospital (68,645 in all) were cared for as inpatients and outpatients last year, an increase of better than 8% over the previous year. This means, of course, that almost every department of the hospital was challenged to serve more people, and to do it better than the year before.

To provide the health services people need requires many different resources, such as facilities, equipment and money. But, far and away, the most important resource needed to give compassionate, sensitive care to people who are sick and injured is the human resource of people who have dedicated their lives to the cause of life and relieving the pain and suffering of others. This is the real story that comes through in our annual report.

Behind the statistics are people like Frank Karn who retired at the end of September after serving the hospital, and through it, the people of the area for forty-five years. It includes people like those who responded above and beyond the call of duty when some twenty persons needed emergency care following the collapse of a bleacher section at the local speedway, or those who came back on duty to help move patients and clean up the mess when a water pipe broke.

Even in the best of circumstances, providing health care is a demanding occupation requiring a special dedication on the part of those who are involved. These days it requires even greater commitment to the life value of each and every patient in the face of the many challenges that confront us.

Our annual report attests to the tremendous contribution made by everyone associated with the hospital to the health and well being of the community and the area. I am privileged and honored to be associated with the Sisters of the Order of St. Benedict, the Board of Trustees, the Medical Staff, the management staff and all personnel, volunteers and all who contribute in any way to the care of people who come to us in need.



## My Job . . . And Why I Like It

Jim Borck has made a habit of bringing happiness to the nursing floors as he makes his deliveries each day. Jim delivers medications to the nursing stations as a part of his duties as a pharmacy clerk here at the hospital. He is also responsible for checking and pricing all incoming stock which pharmacy receives. "People, that's why I like my work," says Jim. "That's



Jim Borck

what it's all about." "I like nice people and those are the kind of people who work at the St. Cloud Hospital."

Jim is just about ready to begin his 13th year of employment here at the hospital. When he's not working, his hobbies include working in the yard, playing pool, and, when his wife lets him, girl watching.

## SUNDAY BRUNCH

Members of the Women's Auxiliary are planning a special Sunday Brunch for November 11. The brunch will be held in the hospital's Coffee Shop and is open to members of the Auxiliary, their family and friends, as well as the general public. Mrs. Pat Owen is heading-up the planning committee. Serving with her are: Mrs. Ann Dull, Mrs. Marion Bohmer, Mrs. Renee Richards, Mrs. Cynthia Remely, Mrs. Lil Hughes, and Mrs. Marlene Gambrino. Further details will be forwarded to members as they become available.

Eight students began classes in the Hospital's School of X-Ray Technology last month. Pictured from left to right are: (1st row) Shirley Westberg, Hoffman; Cathy Reff, Mankato; Bonnie Brand, Sauk Rapids; and Pam Hurd, Sartell. Back row: Cynthia Byer, Frazee; John Flolid, Alexandria; Kathy Dahl, Willmar; and Melissa McKnow, Buffalo. Upon completion of the 24 month course, the students will be eligible for certification as an X-Ray Technologist.



## ST. CLOUD SCHOOL OF NURSING

## Class of 1976

Alsleben, Kathy  
Green IsleBakke, Ann  
EvansvilleBecker, Jeanne  
WatkinsBecker, Rhonda  
WinthropBuchan, Joan  
St. CloudBurdick, David  
St. CloudCallen, Robin  
GlenwoodCavallin, Nancy  
Pine CityFeidt, Elaine  
Cannon FallsFirkus, Marie  
Eagle BendFrank Lydia  
Little FallsFrie, Elmer  
St. CloudGagnon, S. Germaine  
St. Benedict's Con.Gillitzer, Roxanne  
South HavenHammond, Patricia  
BrootenHansgen, Debra  
RichmondBenson, Cathy  
CrosbyBitzan, Jean  
BrandonBlissenbach, Rita  
Sauk RapidsBouso, Kimberly  
MenahgaClune, Timothy  
Little FallsCota, Roseann  
St. CloudDenne, Bonita  
Sauk RapidsEvans, Jean  
HendersonHanson, Marianne  
Redwood FallsHegstrom, Cheryl  
New LondonHiemenz, Joyce  
PierzHughes, Mary  
DuluthIsaacson, Regina  
LafayetteJackson, Alice  
Eagle BendJohnson, Reid  
KerkhovenJost, Norbert  
St. CloudKoplin, Kristi  
EvansvilleKrafnick, Edward  
Sauk RapidsKrengel, Jill  
Eden ValleyKuefler, Janice  
St. CloudKvern, Vicki  
Fergus FallsLayton, Theodore  
St. CloudLeMieur, Catherine  
Little FallsLiverseed, Robert  
MedfordMartinson, Sally  
CrosbyMattock, Raymond  
Little FallsMiers, Anna  
HillmanMiller, Ann (Mrs.)  
St. CloudMueller, Mary  
Cold SpringNeumann, June  
GlenwoodNeumann, Mary  
OsseoOpatz, Catherine  
SartellPallansch, Terri  
SartellPalmquist, Beth  
MelbyPeck, James  
St. CloudPfeffer, Diane  
Bird IslandPiasecki, Janice  
St. CloudRian, Mark  
BrainerdSandhoefner, Jill  
Sleepy EyeSandmann, Kathy  
Sleepy EyeSauer, Connie  
PierzSchmitt, Thomas  
St. CloudShosten, Bonita  
WillmarSjogren, John  
St. CloudSkeate, Gary  
St. CloudSlander, Sue  
New UlmStuber, Mary  
Sleepy EyeStueve, Judy  
FreeportSvenstad, Barbara  
Long PrairieTheis, Ann  
WatkinsTheisen, Gail  
Cold SpringThomes, Susan  
ArlingtonThommes, Patrick  
Sauk RapidsThyen, Mark  
Waite ParkUnderthun, Bonnie  
St. CloudWelch, Gary  
St. CloudWilds, Sandra  
TrimontWollum, Jacquelyn  
MilacaZempel, Keith  
MontevideoZwilling, Dennis  
Bowlus



## After 45 Years

## Frank Karn Retires

Frank Karn, who began his employment at the St. Cloud Hospital in 1928, the same year it opened, officially retired from the hospital staff on September 28. Frank was employed as an operating engineer in the hospital's power plant; he had been chief engineer for the past 12 years.

Prior to joining the hospital staff, Frank had spent six years working for the Order of St. Benedict at St. Joseph. His work has kept him associated with the Order for the past 51 years.

"I'm going to become a full-time



sports fan now," says Frank, who professes a strong attraction to all spectator sports. When he's not involved with sports contests, Frank plans to spend some time fishing with the new rod and reel he received as a gift from fellow employees and to work in his flower garden. Frank has been an almost life-long friend of Sr. Concillia, OSB, whose flower garden on the hospital grounds is known through the area. Sr. Concillia was a teacher of Frank's when he was an elementary school student in St. Joseph. She has also provided Frank with many helpful gardening hints.

However, most of Frank's time, at least for the next several months, will probably be spent refinishing the roll-top desk he was presented on his last day of employment at the hospital. The desk which is located in Frank's office, has also been at the hospital since 1928. It was purchased from the hospital by Frank's co-workers in the engineering and maintenance department and given to him. A plaque is mounted on the desk containing the following inscription:

*This desk is a gift to Frank Karn as a token of appreciation from the personnel of the Engineering and Maintenance Department of the*

*St. Cloud Hospital for Frank's dedicated service and friendship.*

*September 28, 1973*

When asked if he had any comments on his 45 years as an employee at St. Cloud Hospital, Frank would only say "I don't like to dwell on the past. I only think of tomorrow."

"I just took every day the way they came" he said. Fortunately for Frank, and the St. Cloud Hospital, that arrangement worked every day for 45 years.



ABOVE: Frank's pipe became his trade mark during his 45 years of service to the hospital. LEFT: John Seelhammer, Director of the hospital's Maintenance & Engineering Department presents Frank and his wife with the roll top desk his fellow employees in the department purchased for him. The desk, like Frank, has been a part of the hospital's power plant since 1928.

## CAKE SALE

Auxiliary members will be selling fruit cakes again this year. The sale will begin November 2 and continue through Christmas. The cakes, which are still only \$1.25 each will be available in the new hospital Gift Shop or from any member of the Auxiliary.

## FROM OUR KITCHEN...

October's recipe will provide a way to spice-up fall coffee parties and lunches. Add this to your recipe collection by clipping along the dotted lines and pasting it to a 3 x 5 card.

## From the St. Cloud Hospital Kitchens

## Pumpkin Bread

- |                            |                     |
|----------------------------|---------------------|
| 3 cups sugar               | 2 teaspoons soda    |
| 2/3 cup oil                | 1/2 teaspoon cloves |
| 2 cups pumpkin             | 1 teaspoon cinnamon |
| 4 eggs, beaten             | 1/2 teaspoon salt   |
| 1/2 teaspoon baking powder | 3-1/2 cups flour    |

1. Blend sugar, oil, and pumpkin.
2. Add beaten eggs to pumpkin mixture.
3. Sift flour, baking powder, soda, and spices. Add to above mixture.
4. Divide into four small loaf pans that are greased and floured.
5. Bake in 350 oven for 45-50 minutes. Turn out on board to cool.

## LOA: VIENTIANE, LAOS

One year ago this month, the Beacon Light reported that Sr. Rita Tobin, O.S.B., a Radiologic Technologist here at the St. Cloud Hospital was granted a special leave of absence to join the Tom Dooley volunteers in Vientiane, Laos. This month, thanks to the courtesy of the editors of *Missions*, a quarterly publication of the Sisters of the Order of St. Benedict, the Beacon Light is able to include excerpts from Sr. Rita's letter plus some photos that were published in the June issue of *Missions*.

Sr. Rita writes about the weather: "The heat has let up a little and I am able to think a bit. Now I know what is meant by tropical heat. For the past two weeks the heat has been almost unbearable. We had a high of 118 degrees. Now it is only '98' — a cold wave . . . It is almost impossible to sleep and eat . . . Enough . . ."

Re: Work: "My x-ray van is repaired and working. I had a delightful time testing it. I used our house boy as a patient. He was wide-eyed when I showed him his x-rays and he could see his bones."

Sr. Rita is a Project Coordinator for a mobile TB detection clinic in Laos. Her work involves traveling to jungle villages with her clinic and training x-ray technologists in Southern Laos.



Sister sent several pictures of children at an orphanage. Here she is with some of them. Of the orphanage she wrote:

*"The orphanage is run by Princess Manwahu, a beautiful Lao woman about 28 years old. There are about 96 children. Though funds are always short, she manages very well and the children get good care. Dooley volunteers go there as often as possible. They can always use the help."*



The Dooley Volunteers in Laos work wherever their medical help is needed. Accompanying this picture, Sr. Rita wrote:

*"This is the new medical clinic that the refugees built for us in one of the seven refugee villages that we go to. Need I say anything about the poverty over here? If you look hard you can see me sitting at a table — back view."*

## OUR RECORD OF SERVICE

	ADMISSIONS	BIRTHS	OPERATIONS	X-RAYS	LABORATORY TESTS	EMERGENCY OUTPATIENT VISITS
August	1,345	133	562	4,352	26,402	1,190
1973 to						
August 31	11,291	1,069	4,825	33,482	200,703	

## Staff Promotions

Donald Poepping, Transcriber Trainee in ICU, promoted to Transcriber  
 John Krauel, Transcriber Trainee in ICU, promoted to Transcriber  
 Richard Kramer, A&C Assistant on 2 South, promoted to Sr. A&C Assistant  
 Mary Ann Daniel, A&C Assistant on 2 South, promoted to Sr. A&C Assistant  
 Theresa Backes, Processing Aide in Central Service, promoted to Sr. Processor  
 Warren Luedtke, Rehab Assistant on 2 NW, promoted to Orderly in Nursing Service  
 Barbara Erickson, Staff Nurse on 2 NW, promoted to ADL Nurse  
 Judy Brannon, Supervisor in Nursing Service, promoted to Temporary Assistant Director in NS



## ... MHA cont.

elect of the MHA, Bakke is also a member of the Association's Legislative Advisory Committee, Budget and Audit Committee and its Joint Committee on Certificate of Need Legislation.

Other officers on the MHA's Board of Trustees include: President: Earl G. Dresser, Executive Vice President, Methodist Hospital, Minneapolis; and Treasurer: Frank S. Walter, President, Metropolitan Medical Center, Minneapolis.

## "MARCH FOR LIFE" TO DEMONSTRATE RESPECT FOR LIFE

Several thousand persons are expected to "March for Life" here on October 24.

The march, in observance of Respect Life Month, is being planned by a citywide committee of church and school representatives. Father Paul Folsom, St. Cloud, is chairman.

Marchers will gather at the athletic field of Cathedral High School at 4 p.m. and will proceed north on Sixth Avenue to the St. Cloud Hospital (north parking lot) where a ceremony of greetings, brief speeches and singing will take place. Arrangements for music are being made by the hospital's School of Nursing.

A police escort will lead and follow the marchers. Traffic on Sixth Avenue will remain open during the march, as the participants will file down only one lane of the street. Musicians of Cathedral High School will provide music during the march. Marchers will return to the athletic field following the ceremony at the hospital.

Respect Life Month was initiated by the Catholic bishops of the United States to give emphasis to the value and dignity of human life in all phases. It is being observed in all Catholic parishes of the country during the weeks of October and the first two weeks of November.

It is the hope of the committee that the entire St. Cloud community and the surrounding area will become involved in the "March for Life." Right-to-life groups on the college campuses of the area are also being invited to participate.

## COMING PROGRAMS

EVENT	DATE	DETAILS
Learning Principles Applied to Nursing	4:00-7:30 p.m. Tuesday, October 16, October 23, October 30, November 6, November 13	Twelve sessions of class on "Learning Principles Applied to Nursing for Faculty." Inservice Education Staff and interested nurses. Pierz Room
Pre-Surgical Party "Happy the Clown"	7:00 p.m. Wednesday, October 17, November 7	Free programs sponsored by Pediatric Department. Open to parents and children who have been scheduled for surgery. One hour. Includes tour of Pediatric Unit and introduction to personnel and policies. Guests report at Information Desk. Children invited. Busch Room.
Natural Family Planning Group Instruction Meeting	7:00-9:00 p.m. Thursday, October 18, October 25, November 1, November 8, November 15	For interested parents. Detailed information may be received by calling Natural Family Planning Office in the Saint Cloud Hospital. Busch Room.
Ostomy Club	7:30 p.m. Thursday, October 25	Sponsored by Saint Cloud Hospital for members of Ostomy Club and family, Busch Room.
Health Explorer Post	7:00 p.m. Thursday, November 1	Monthly meeting of Health Explorer Scouts. Pierz Room.
Minnesota Physical Therapy Association	Saturday, November 3	For members of Minnesota Physical Therapy Association. Pierz Room.
Epilepsy League Educational Meeting	Tuesday, November 6 7:00 p.m.	Sponsored by Epilepsy League for members and interested persons. Garden Room.
Calix Society Holy Hour	Saturday, November 10 7:00 p.m.	For Calix Society members. Hospital Chapel.
Calix Society Meeting	Sunday, November 11	For Calix Society members. Mass at 8 a.m. in Hospital Chapel followed by breakfast meeting in Busch Room.
Candy Stripper Meeting	Monday, November 12 7:00 p.m.	Monthly meeting. For all present and prospective Candy Strippers. Pierz Room.

### Beacon Light

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