

11-1973

Beacon Light: November 1973

St. Cloud Hospital

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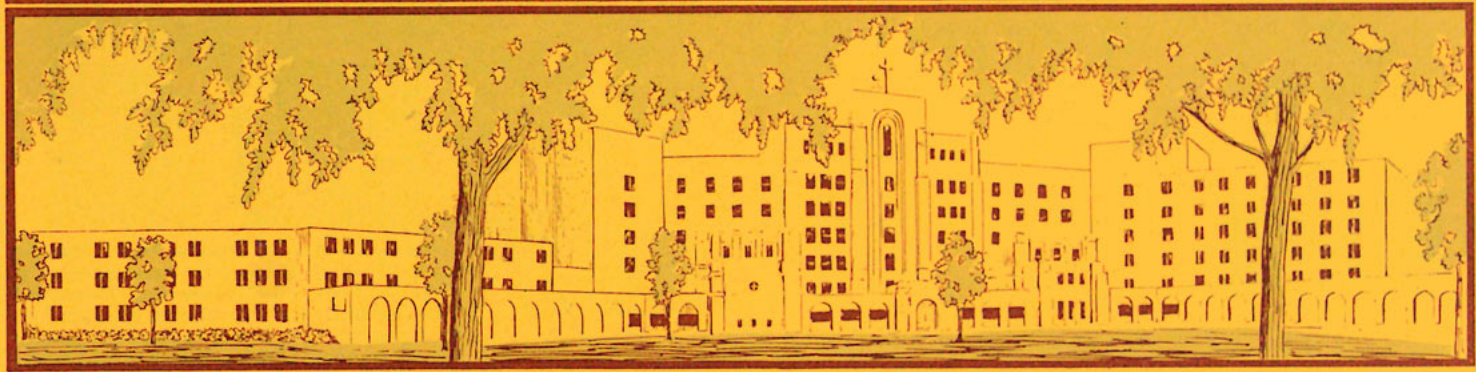
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The St. Cloud Hospital Beacon Light



Volume XXIII Number 3

November, 1973

Dr. Halenbeck Cited As Outstanding Alumni

Dr. P. L. Halenbeck, founder of the St. Cloud Medical Group, was recently cited for his outstanding service to his profession and his community by the University of Minnesota Medical School Alumni Association. In recognition of his service, Dr. Halenbeck was presented the Diehl Award at the Association's 36th annual meeting which was held in St. Paul, October 26. The Diehl Award is presented each year to outstanding alumni of the University's Medical School.

The following words are inscribed on the plaque Dr. Halenbeck received as a part of the award:

*Philip Luther Halenbeck, MD
Founder of the St. Cloud Medical Group, former Chief of Staff of the St. Cloud Hospital, organizer of the Central Minnesota Mental Health Association, who has given unstintingly of his skills and sympathies to Alcoholics Anonymous, to the blind, to the mentally ill, and to others in need, giver of funds and facilities to the University of Minnesota and St. Cloud State College, generous donor of scholarships to the University of Minnesota Medical School, St. John's University and others.*



Dr. Halenbeck

Dr. Halenbeck has also provided scholarships for the College of St. Benedict, and has been active in many, many community projects.

Clinical Psychologist Joins SCH Staff

Richard Enter, Ph.D. has joined the St. Cloud Hospital staff as a Clinical Psychologist according to Michael Becker, Director of the hospital's Rehabilitation Services Division.



Dr. Enter

Dr. Enter received his Ph.D. in clinical psychology from Ohio University in Athens, Ohio, in 1972 and served as a member of the Athens Mental Health Center before coming to St. Cloud. He was also an assistant professor of psychology at the University of Ohio and served an internship at the University of Minnesota Medical School.

Inside the Beacon . . .

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Nearly 1500 people participated in the WALK FOR LIFE which was held October 30, in observance of Respect Life Month. Above, signs and banners nearly filled the hospital's north parking lot where the group assembled for a brief ceremony consisting of songs, prayers, and an address by Mr. Bakke, Executive Vice President of the St. Cloud Hospital.

THE CHAPLAIN'S CORNER

By Father John McManus, O.M.I.



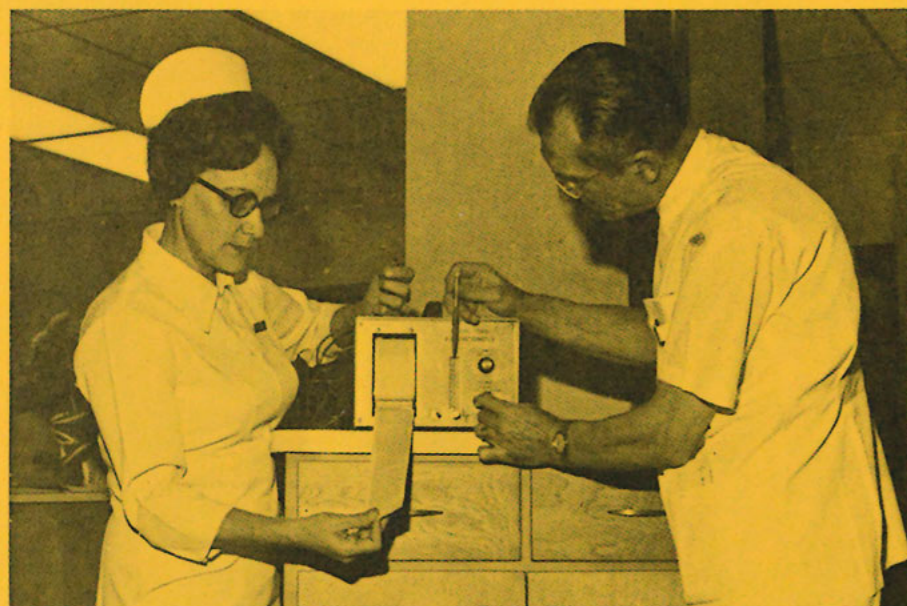
Fr. McManus

Looking back to January 22, 1973, when the Supreme Court handed down the decision which in effect permitted abortion on demand, we wondered if there would be any meaning to Thanksgiving, 1973. God in His providence gives us signs of hope that this horrendous decision might be turned around.

The Wall Street Journal in a front page article reports mounting evidence that the Supreme Court's decision on abortion will be a key issue in the 1974 Congressional campaign with public opinion moving the candidates to commit themselves to seeking a reversal of this decision.

Closer to home — we can be thankful for the large crowd that took part in the "WALK FOR LIFE." In particular we are grateful for the great number of school age children who participated. Youth learning the basic fundamental value of human life, rejecting the attitudinal package presented by contemporary culture which in addition to abortion, includes coerced sterilization and euthanasia.

Seeing the dedication of those who cry out for justice we look thankfully to the day when we can sing with the Jewish people who survived the concentration camps, "NEVER AGAIN."



A new Air Cystometer is now in use and available in the 5 North examining room thanks to the generosity of Dr. J.T. Harbaugh.

Picture above checking out the new machine are: Mrs. A. Goering, Head Nurse of 5 No. and Ozzie Brixius, Chief Orderly.

The new instrument is used to test the urinary bladder function. Until now, water cystometry was the only method available at SCH, however that method was cumbersome, inefficient and time consuming. The new portable unit, by comparison, is portable, rapid, accurate and safe. Additionally, it provides a graphic tape print-out of pertinent data which can be placed directly in the patient's chart.



Wayne Laueremann, Business Office Manager at the St. Cloud Hospital has been appointed to Mayor Al Loehr's Auditorium Study Committee. The Committee, made up of seven members from St. Cloud, has been formed to determine feasibility of developing a Civic Auditorium in St. Cloud.

P.A.C. Rap

By Mary Kamphake

Ballots are being distributed in paycheck envelopes this month to elect new representatives and alternates to Group A of the PAC. This area includes:

Anesthesia, PAR, Surgery & Respiratory Therapy
Laboratory
Central Service & Pharmacy
Laundry
Housekeeping
School of Nursing, Chaplains Aides & Continuing Education
2 South, 2 North & West
4 South & 4 North
5 South & 5 North

Preliminary meetings and nominations were held in each area earlier in the month to discuss the purpose of PAC and the by-law policies for the election. The representative must have been an employee for at least six months, either full or part-time, and must have not already served two terms on the PAC. Also, this individual must not be in a supervisory position.

Discussion is also being done by a sub-committee of the PAC to determine the possibility of a centrally located container and a standard form for all employees to communicate with their particular representative. This will insure privacy and be sure the message reaches the proper person.

Night and Relief employees will have more opportunity to contribute their thoughts and ideas for discussion at the PAC meetings. The communication form is not meant to be only a complaint form but a more accessible means of communication for the employee to his PAC representative.

COMMENT

by

Gene S. Bakke

Executive Vice President



MR. BAKKE

As a part of the RESPECT FOR LIFE observance in St. Cloud during the past six weeks a "WALK FOR LIFE" was held on October 24. A brief program at the hospital north parking lot at the mid-point of the "Walk" provided us with an opportunity to respond to the support of the hospital's pro-life position which the walk was organized to demonstrate. Following is the text of the response to the 1500 people of all ages that were gathered.

"On behalf of all of us who are associated with the Saint Cloud Hospital, I wish to extend a warm welcome to each and everyone of you who today have shown your concern for the cause of life. What I assume you are saying by taking part in this walk, is that you look upon life as a precious gift — something that you cherish most of all — knowing that without life, nothing else really matters, and during these gorgeous fall days we have had recently, we are reminded that life can be truly beautiful.

"As you walked from the Cathedral athletic field up here to the hospital, did you wonder why, in this beloved country of ours, it is necessary for us to publicly demonstrate our concern for such a basic value as human life? In a land that has held itself up to the world as a haven for the weak and the oppressed, isn't it reasonable to expect that the sacredness of life would be treasured and protected at all costs and above all things?

"The simple fact that it is necessary to give public witness to the sanctity of life is in itself, deeply distressing. It offers proof of the fact that, as a people, we have turned our scale of values upside down, to the point where comfort and convenience takes precedence over life itself. Rather than looking upon the unborn child, the retarded, the handicapped, the alcoholic, the mentally ill, the senile, and the old as human beings who need us, and who present us with an opportunity to serve them, out of love for them, there are those who have turned that around and regard our brothers and sisters as infringements on their personal rights, as interferences in the pursuit of their individual goals, and as objects that cause them personal embarrassment, anguish and suffering.

"The tragedy of it all is not that we are called upon to suffer and sacrifice for those people to whom we ought to be most sensitive and responsive out of concern for them as human persons with a dignity and worth at least equal to

our own. Rather, the terrible tragedy is that our country sanctions the killing of others simply to avoid any kind of suffering and sacrifice. Now it is the unborn. Soon it will be others — the retarded, the handicapped, the alcoholic, the mentally ill, the senile, the old — unless together we make a determined effort to purge this monstrous plague from within us.

"The responsibility for the situation in which we find ourselves — where human life has lost its sanctity and its sacred value — can be placed only upon those of us who are older. Certainly no one could reasonably say that those of you who are young are to blame. Yet, because you will be determining the values and making the decisions in the future, much depends on the stand you take either for or against life. And to those of us who are older, I would point out that we still have the time and the opportunity to reverse the kind of evil thinking and action that has grown upon us like a cancer. The cure for this sickness lies in a renewed commitment to the Gospel message that we, as Christians, profess to believe and to follow.

"As most of you know, I am sure, the Sisters of the Order of St. Benedict who sponsor the operation of Saint Cloud Hospital, the Board of Trustees who are responsible for its governance, and the rest of us who are associated with the hospital have always maintained a vigorous concern for human life, regarding it as our privilege and responsibility to protect and enhance life and restore health. This, after all, is what a hospital is supposed to be all about.

"The fact that your walk has focused here at the hospital suggests that you are supportive of our concern for human life in all its forms and at all its stages. We thank you most gratefully for this demonstration of support, and assure you of our continued commitment to that stand as long as the laws of our land will allow."

Our New Security Force

A "Changing of the Guard" took place at the Saint Cloud Hospital on August 22, 1973. That was the day the hospital's new Safety and Security force officially took over its new duties and became a fully staffed, functioning department replacing the Pinkerton Guards who had served as the hospital's security force for the past several years.

"The change", according to Mike Seitz, Director of the new Safety and Security Department, "represents more than just a change in personnel; it involves an expansion of the Security Officers' responsibilities." The duties of the new security force range from traffic control to handling a difficult patient and from assisting incoming patients to making regular fire and safety inspections as well as providing general hospital security.

Applicants for the security officer job were carefully screened by the hospital's employment office and were personally interviewed by Seitz. Of the five men chosen, four have had experience in security or law enforcement. The fifth man has worked in a hospital setting for three years and is familiar with hospital safety and security.

In preparation for this new responsibility, the members of the security force were given two full days of intensive orientation involving the identification of fire and safety hazards, handling a disturbed patient, and general public relations. "This department is responsible for the safety and security of the patients, employees, students, and visitors who are a part of the 20 acres of building and grounds surrounding the Saint Cloud Hospital," Seitz observed.

Seitz also emphasized the public relations challenge members of the security force face on a day to day basis. "Many times the security officer is the first contact patients and visitors have with the hospital," says Seitz, "and he has to know how to tactfully handle the variety of emotions and situations these people present."

Another key part of the new security system is good communication. So, each security officer carries a "walkie-talkie" with him during his hours of duty which keeps him in contact with the switchboard operator at all times. "This," says Seitz, "has proved to be a very effective and reliable means of communication in emergency situa-

tions."

The security officers are also responsible for daily logs on activities, such as closing and locking doors; checking employee identification, parking violations, and articles that are lost and found. The department has a master file of all parking permits available for use by the security officers. The men have also been trained to make complete investigations, including written documentation, of any incidents which occur on the hospital property.

"Preventive security is our main emphasis," says Seitz. "We have trained our officers to recognize potential safety and security hazards and to take action to effectively correct them. We have also recommended security measures in areas where security

is a problem," he said.

The officers are also willing to escort employees to their cars, especially after the hours of darkness. "This brings out another important point," says Seitz, "one of our main functions is to protect our employees and their property while they are on duty at the hospital." The security officers make regular patrols through employee parking lots, protecting employees' cars from vandalism, and, more frequently, noting vehicles with lights left on. By checking the parking sticker number, the officer can find the owner of the vehicle and notify him of any problem. The officers will also provide assistance in starting cars on cold winter days.

The Safety and Security Department is a part of the General Services Division under the Engineering Services Department.

RIGHT: Members of the new SCH Security Force include: (bottom to top) Jerry Rambler, Bill Becker, Chuck Burg, Bob Derry, Dan Barcus, and Randy Huckleby. Mike Seitz, director of the new Safety & Security Department is pictured on the right.

BELOW RIGHT: Security Officer Randy Huckleby secures entrance to building after visiting hours have ended.

BELOW: Huckleby returns from a patrol of hospital grounds. Security Officers use the motorized vehicle during their regular patrols of the hospital complex.

MEDICAL MEMO

By: Dr. K. L. Catton, D.D.S.



Dr. Catton

Hospital dentistry has been increasing in the last few years throughout the nation and the St. Cloud Hospital is no exception. This facet of dental practice will continue to expand and improve. This opinion is based on the following:

1. Many articles in periodicals describing hospital dentistry for mentally retarded, cerebral palsied victims, the aged and the very young, the chronically ill, the physically handicapped, those needing very extensive dental care, and those who are too apprehensive to have treatment in the office.

2. Increased population — increased life expectancy — more elderly people.

3. More insurance plans with benefits for dental services.

4. Increased demand for more complete dental service with the increase dental education level of the population.

5. Increasing number of hospitals providing for dental services.

The above evidence indicates that this expansion and improvement is directed primarily to provide better dental care for more people.

Most of the dental procedures accomplished in the St. Cloud Hospital had been primarily related to oral surgical procedures until the time of construction of the new surgical wing.

Since that construction phase, which included provision for dental equipment adaptable to operating room use, the scope of hospital dentistry has changed. The Department of Dentistry has evolved as a separate entity and has broadened its staff membership. It is felt that complete hospital dental treatment is available to the community. With the expansion of coverage and refinement of techniques, the dental community is hopeful of meeting the demands and needs for:

1. The complicated surgical or dental specialty case.

2. Complete dentistry for the difficult to handle mentally retarded, cerebral palsied victims, or physically handicapped patients.

3. Care of dental needs for the aged or the very young which cannot be met without general anesthesia.

4. Dentistry for chronically ill or those patients who require closer medical control coordinated with dental treatment.

5. A route to delivery of adequate dental care for those who are too apprehensive for office treatment.

Through continuing education programs and involvement in the Area Health Education Consortium, the Hospital's Dental Department hopes to make some contribution toward resolving problems in dental health needs in the area served by the St. Cloud Hospital.



OUR RECORD OF SERVICE

	ADMISSIONS	BIRTHS	OPERATIONS	X-RAYS	LABORATORY TESTS	EMERGENCY OUTPATIENT VISITS
September	1,296	155	501	3,630	20,973	1,041
January 1, 1973 through September 30, 1973	12,587	1,224	5,326	37,112	221,112	8,911

Credit Union News

When John Lindow left St. Cloud Hospital Pharmacy, necessitating, also, his resignation from the Credit Committee of our Credit Union, it started a long chain of events:

Maynard Lommel resigned from the Board of Directors and accepted appointment to fill John Lindow's unexpired term.

Dave Pflipsen resigned from the Supervisory Committee and then accepted an appointment to the Board, filling Mr. Lommel's unexpired term.

Dan Boom resigned from the Board, accepting an appointment to fill Dave Pflipsen's unexpired term on the Supervisory Committee.

And Jerry Kneusel accepted an appointment to the Board of Directors, filling Dan Boom's unexpired term.

So the list of Board and Committee members presently looks like this:

Board of Directors:

Claude Przybilla
Harold Affeldt
Harry Knevel
Mary Kamphake
Perky Burke
Jerry Kneusel

Credit Committee:

Mike Nierenhausen
Esther Merkling
Maynard Lommel
Earl Pedersen
Al Harlander

Supervisory Committee:

Ron Spanier
Jim Lange
Dan Boom

Legislation:

Chuck Rice

The Board meets at least once each month, reviews reports of the Manager and both committees. The Credit Committee meets once each week (at least) to act on loan applications; and the Supervisory Committee meets at least once a month to spot-check accounts as well as review all actions of the Board, the Credit Committee and the Managers.

We would like to report that savings are up, with the new Savings Certificates accounting for a good deal of this increase. Also, loans have been very active. That, of course, is due to the "good deal" available — low interest, free credit-life insurance, and now a new benefit — temporary disability insurance. This insurance goes into action to pay your installment if you are disabled for a period as short as 30 days. If you don't have it on your loan, ask about it.

Any other questions? Ask your Board or Committee Members. Or don't you even belong? Hurry — sign up — it's the smart thing to do. And remember our Annual Meeting — in February.

School of Nursing Student

Receives Scholarship



Barb Kunz

Barbara Kunz, a senior at the St. Cloud School of Nursing, received a \$250 scholarship award from the All-State Insurance Company at the annual meeting of the Minnesota League for Nursing, held in Bloomington, Minn., October 5.

Selected as an OUTSTANDING STUDENT by the School of Nursing faculty, Barbara was one of three students in the state to receive the award. Barbara's home is at 302 First Street Southeast, Madelia, Minnesota. She is the daughter of Mr. & Mrs. Robert Kunz.

When asked what she will be doing with the scholarship money, Barb said it would go toward her tuition costs as a nursing student.

From the St. Cloud Hospital Kitchens

Frost-on-the-pumpkin pie is a favorite here at SCH. It's not only a tasty way to dress up a pumpkin pie, but it also provides a fancy touch for your dinner table.

Frost-on-the-Pumpkin Pie

- | | |
|--|------------------------|
| 1 Tablespoon (1 envelope) unflavored gelatin | 3 egg whites |
| 1/2 cup cold water | 1/4 cup powdered sugar |
| 1-1/4 cups pumpkin | 1/2 cup sugar |
| 1/2 teaspoon salt | 1/2 cup milk |
| 1 teaspoon cinnamon | Cream Filling: |
| 1/4 teaspoon ginger | 1 cup whipping cream |
| 1/4 teaspoon allspice | 1/4 cup powdered sugar |
| 1/4 teaspoon nutmeg | 1/8 teaspoon cinnamon |
| 3 egg yolks | 1/2 teaspoon vanilla |
- Beat together until stiff.
1. Add gelatin to cold water.
 2. Beat egg yolks slightly. Add to pumpkin.
 3. Add sugar, spices and milk.
 4. Mix thoroughly and cook. Remove from heat. Add gelatin. Stir until dissolved. Cool.
 5. Beat egg whites until light and fluffy. Add 1/4 cup powdered sugar and beat until stiff.
 6. Fold egg whites into cooled pumpkin.
 7. Pour 1/2 pumpkin mixture into baked pie shell. Cover with layer of cream filling. Cover with blanc of pumpkin mixture.



Pictured above are the 1973-74 officers of the St. Cloud Hospital School of Nursing Alumni Association. From left to right they are: Joann Bautch, 4 No. President Elect; Jean Haley, 2 No. President; and Joann Thueringer, 2 N.W. Secretary.

GUESS WHO?



A free lunch in employee cafeteria is offered to the person who guesses the identity of the SCH employee pictured above. He always seems to have something new and different to do, and he more than likely knows you. Write your guess on a sheet of paper and drop it off at the Public Relations office before December 7. The first person to guess correctly will win.

WEDDINGS

Charles Burg, Security Officer married Carol Johnson on 9/15/73
Ruth Murray, LPN in Mental Health Unit married Dale Morrow on 10/10/73
John Korman married Linda Zakvajshek on 8/18/73 A&C Assistant
Shirley Miller, Dietary Aide married Leo Peka on 10/25/73

Staff Promotions

Reta Patri, Staff Nurse in ICU promoted to Head Nurse in ICU
Jean Brinkman, Clerk Typist in X-Ray promoted to Staff Technologist
Al Harlander, Boiler Operator promoted to Plant Manager in Engineering
Annette Stowe, ADL Nurse on 2 NW promoted to Nurse Clinician in Nursing Service
Katherine Josephs, Transcriber Trainee on 2 North, promoted to Transcriber
Doug Novak, Jr. Orderly in Physical Therapy promoted to Senior Orderly

New Chief of Pharmacy Appointed

Roger Buchholz has been appointed Chief of Pharmacy at the St. Cloud Hospital according to Dale Stein, Director of the Hospital's Professional Services Division. Buchholz, who is presently Assistant Director of Pharmacy at St. Mary's Hospital in Rochester, will assume his new duties on November 12. He is a graduate of the Creighton University College of Pharmacy in Omaha, Nebraska.



Buchholz

Buchholz is a member of the Minnesota Pharmaceutical Association, the American Pharmaceutical Association, the American Society of Hospital Pharmacists, and the National Association of Retail Druggists. He is married and has two children, ages 12 and 13.

Beacon Light

published by

The Public Relations Department
of
The Saint Cloud Hospital
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Sally Grabuski	Sam Wenstrom
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Dr. Lindquist Joins Medical Staff

Dr. W.L. Lindquist joined the SCH medical staff this past summer. Dr. Lindquist is an Internist and is associated with the St. Cloud Internists.

A graduate of the University of Minnesota Medical School, Dr. Lindquist did his special training in internal medicine at the U.S. Public Service Hospital in San Francisco, Calif. He also served as the physician at Reality House, a detoxification center and half-way house for drug detoxification.



Dr. Lindquist



15 retired employees were the special guests of SCH at the 2nd annual Retired Employee Banquet which was held September 9. Pictured above: Sr. Luke, a member of SCH's Board of Trustees, and Harry Knevel, administration, assist in distributing prizes to guests Mrs. Priscilla Moosbrugger, Lidwina Kray, while Banquet Chr. Esther Merkling gives a prize to Frances Schultenover. Standing next to Mrs. Merkling is Lee Hagen, Nurse Clinician line at SCH.

Kiwanis Club Donates \$1000 to SCH Patient Library



Nancy Campbell, Patient Librarian at SCH accepts a \$1000 check from John Henry, President of the St. Cloud Kiwanis Club.

The patient library at the St. Cloud Hospital received a check for \$1,000 September 10 from the St. Cloud Kiwanis Club. The check was presented to the Hospital's patient librarian, Mrs. Nancy Campbell, by John Henry, Club President.

The Library, which will be named the Kiwanis Patient Library, is a part of the Hospital's recreational therapy department. It is staffed by Mrs. Campbell, and provides an area where patients can relax, read, and browse through a variety of reading materials. Mrs. Campbell also delivers a selection of reading materials to patients who are not able to get to the library.

"This gift will greatly expand our present collection of books and periodicals," said Mrs. Campbell. "In addition, it will permit us to offer new and varied services to our patients," she said. Mrs. Campbell also thanked the members of the Kiwanis Club for their interest in the Patient Library and commended them for active service to their community.

According to Mrs. Campbell, the money, which was raised through the Kiwanis Clubs' sponsorship of a Circus this past summer, will be used to purchase books, periodicals, and some "badly needed reference materials".

MHA SPONSORS CARIBBEAN CRUISE

The Minnesota Hospital Association is sponsoring a 7 day trip through the Caribbean Feb. 23 - Mar. 2. The price, including transportation, room and meals, plus stops in San Juan, St. Croix, St. Thomas, and Nassau is \$399. Anyone interested in joining the trip is invited to attend a special slide presentation outlining the tour on November 27, beginning at 7:30 p.m. in the hospital's Garden room.

COMING PROGRAMS

EVENT	DATE	DETAILS
Pre-Surgical Party	7:00 p.m., Wednesday November 21, December 5, 13 and 19	Free programs—sometimes called "Happy the Clown Party"—sponsored by Pediatric Department. Open to parents and children who have been scheduled for surgery. One Hour. Includes tour of Pediatrics Unit and introduction to personnel and policies. Guests report at Information Desk. Children invited—refreshments served. Busch Room.
Natural Family Planning Group Instruction Meeting	7:00-9:00 p.m., Thursday, November 29, December 6, 20 and 27	For interested parents. Busch Room. Detailed information may be received by calling Natural Family Planning Office in the St. Cloud Hospital.
Sponsorship Workshop for Employees	1:30-3:30 p.m., Dec. 7, 12 and 14 7:00-9:00 p.m. December 13	For all employees of St. Cloud Hospital. Pre-register through your supervisor by November 26.
Calix Society	Holy Hour — Saturday December 8, 7:00 p.m. Meeting — Sunday, December 9	For Calix Society Members. Hospital Chapel. For Calix Society Members. Mass at 8:00 a.m. in Hospital Chapel followed by breakfast meeting in Busch Room.
Candy Striper Meeting	Monday, December 10, 7:00 p.m.	For all Candy Stripers. Pierz Room.
Medical Staff Meeting	Tuesday, December 11, 7:00 p.m.	For members of St. Cloud Hospital Medical Staff. Hoppe Auditorium.
Ostomy Club	Tuesday, December 18, 7:30 p.m.	Members of Ostomy Club. Busch Room



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