

9-1975

## Beacon Light: September 1975

St. Cloud Hospital

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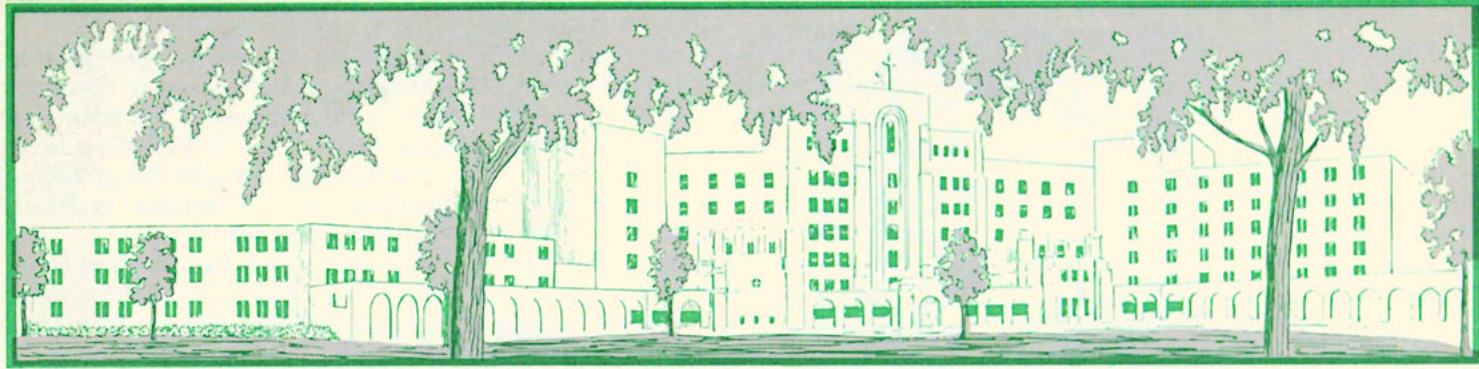
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# The St. Cloud Hospital **Beacon** **Light**



Volume XXV, Number 1

September, 1975

## **Planning Committee named for new nursing home**

A 15 member planning advisory committee has been appointed by the St. Cloud Hospital Board of Trustees to develop a facility for care of the elderly according to Dale J. Stein, Director of the hospital's newly created Shared Services Division. Stein said he hopes a site for the new facility can be named within the next six weeks and that construction can begin in the spring of 1976.

The Shared Services Division will be responsible for coordinating the planning and development of the project.

With the decision to phase out the skilled nursing and intermediate beds at St. Joseph's and St. Raphael's Homes and the hospital's desire to discontinue its convalescent and nursing care beds, it has become necessary to replace them with a new structure which will meet the

needs of the elderly in the St. Cloud area.

As a result, the Sisters of the Order of St. Benedict and the Diocese of St. Cloud have asked the hospital's Board of Trustees to assist in meeting this need. The Board has recommended that a subsidiary corporation to the St. Cloud Hospital be created to develop a facility for care of the elderly.

The Planning Advisory committee has been established to study and recommend the needs, services, operational program and design of the new institution. Members include Dale J. Stein, Ed Zapp Sr., Jerry Wantulok, Mrs. Ed Stockinger, Rev. Richard Leisen, Dr. James Kelly, Mrs. Herbert Jameson, Sr. Luke Hoshette, OSB, Dr. L. V. Dahlquist, Sr. Cathel Sefkow, OSB, Sr. Rita Budig, OSB, Louis Prebil, Sr. Monica Roy, OSB, and Gene Bakke.



The 1975 St. Cloud Hospital Picnic attracted a record number of participants this year. A total of 1,850 persons registered throughout the day. Lea Lore, above, daughter of Marguerite Lore, 2 North R.N., participates in the watermelon seed spitting contest — one of many games held for the children.

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From the Auxiliary . . .

## Auxiliary Ball to fund additional telemetry equipment

Plans for the first annual St. Cloud Hospital Winter Wonderland Ball are progressing well according to Mrs. Bernice Landy, SCH volunteer who is co-chairing the event's planning committee. The Ball is set for November 15 beginning at 9:00 p.m. and will be held at the Germain Hotel.

The Ball has been undertaken as a project of the SCH Auxiliary, the Stearns/Benton Medical Auxiliary, and the Stearns County Dental Auxiliary, in an effort to raise funds toward the purchase of additional equipment for the hospital's cardiac care program.

"The hospital, medical, and dental auxiliaries decided to do some thing especially significant for the hospital," Mrs. Landy said. "The proceeds will be used towards the purchase of new telemetry equipment for the cardiac care program on four south," she added.

Two orchestras have been booked for the event, according to Mrs. Don Bohmer, who has accepted the responsibility of lining up entertainment for the evening. They include a group called the Executives, an orchestra from the Twin City area made-up of business and profes-

sional people who are donating their services to the Ball, and the Fu Man Chu, a local group which is very popular in the area, Mrs. Bohmer noted.

"We are looking forward to a large turnout," says Mrs. Bob Cumming, who chairs the planning committee along with Mrs. Landy.

"We believe this will not only provide a notable service to the hospital, but it will also give us the chance to sponsor a social event where all members of the hospital family can get together with members of the community in a relaxed and festive atmosphere," Mrs. Cumming said.

Tickets will be available soon at

## Hospital plays major role in Administrative Residency program

The St. Cloud Hospital functions in many capacities. For Tom Prusak, Administrative Resident, it represents a tremendous learning experience.

"My residency with the St. Cloud Hospital is by far the most important aspect of my graduate training," Prusak said. "It is a challenging position and a tremendous learning experience."

Prusak is currently enrolled at the St. Louis University where he is studying for his Masters degree in Hospital Administration. Through his seven month residency at the St. Cloud Hospital which ends in January, he is gaining actual first hand experience in the day-to-day responsibilities of hospital administration by working directly with members of the hospital's administration.

Prusak also participates in the Administrative Council meetings, and attends the Board of Trustees meetings. His duties as an Administrative Resident at SCH cover three areas.

"My first assignment was to analyze the internal organization of the hospital," he said. "In order to perform this, I visited each depart-

\$12.50 per person which includes admission, a buffet and a donation toward the purchase of the telemetry equipment. They will be on sale at the hospital, through the auxiliary members, and at various locations throughout the area.

Also serving on the planning committee are: Mrs. Don Bitzan and Mrs. J. N. Olinger, Tickets; Mrs. Don Bohmer, Music; Mrs. Loren Timmers, Decorations; Mrs. Harry Knevel and Mrs. Jerry Weyrens, Food; Mrs. Stephen Sommers and Mrs. D. A. Ritchie, Hosts and Hostess; Mrs. Barbara Pappenfus, Treasurer; and Dorraine Tomczick, Earl Pederson and Jeff Blair, hospital representatives.

ment and observed their functions and communication links."

"My second phase included an analysis of the external relationships between the hospital and the total health care environment," Prusak said. "I satisfied these requirements by working with Sr. Paul Revier, OSB, and Dale Stein in completing an application for a certificate of need for the proposed health care facility for the elderly which will replace St. Raphael's and St. Joseph's homes."

Sr. Paul is the Associate Administrator for the Patient Care Services and Dale Stein is in charge of the Shared Services Division.

"I am currently involved with various general projects and studies which will be performed throughout the entire hospital," he added.

"I am glad to have the opportunity to work and learn in as fine an institution as the St. Cloud Hospital," Prusak said. "All of the people here are friendly, and I have been able to learn a great deal from the expertise of the administration," he noted.



Thomas Prusak, Administrative Resident

## COMMENT

by Gene S. Bakke  
Executive Vice President



## Minnesotans satisfied with quality of health care

Several month's ago, a public education task force of the Minnesota Hospital Association suggested that a survey be done to find out the attitude of the people of Minnesota toward the quality, accessibility and cost of their health care. With the cooperation of the Minnesota State Medical Association and Minnesota Blue Cross and Blue Shield, it was decided to engage the services of Mid-Continent Surveys, a Twin Cities based public attitude research firm, to do the study. Mid-Continent was selected because of its established credibility for accurately reflecting the attitudes of Minnesota citizens in previous surveys.

Last month, Mid-Continent released the results of that survey. Little, if anything, appeared in the communications media reporting the results, but to those of us who are directly and intimately involved in the delivery of health care to the people of the area and state, it was news as welcome as a fresh, cool breeze on a hot day.

Contrary to what one has been accustomed to reading or hearing for some time past, the vast majority of Minnesotans are presently satisfied with the health care they receive, according to the survey.

The survey questions covered health care quality, costs and accessibility as part of the Mid-Continent's quarterly interviews.

A cross section of 988 Minnesota adults, including 486 out-state residents were interviewed.

Seventy-six percent of the respondents felt the health care they receive is good or very good. Fifteen percent said it is all right, while 6% felt it is poor or very poor.

Only 5% of the people interviewed said they have problems getting health care. Two problems mentioned were long waiting periods before getting care and insufficient funds to pay for it.

When Minnesotans were asked about the cost of health care, "compared with other things you need like food, fuel and clothing," 34% said average, 15% said low or very low and 46% said the cost of health care is high or very high.

Those interviewed cited good doctors, hospitals, clinics, insurance coverage and the availability of physicians as good aspects of the health care they receive. When questioned about how their health care could be better, 30% answered that it did not need to be improved. Twelve percent said it could be cheaper, and 10% felt insurance should pay more. Eight percent cited a need for more doctors.

Generally, sex, age, income, education and residence did not make a significant difference in the responses.

It would be naive for those of us in the health care field to conclude from this survey that people are completely satisfied with the health care they are getting and that nothing needs to be done to improve it. On the contrary, most everyone here at Saint Cloud Hospital is doing everything they personally can to make it better.

But it's good to know that most people are satisfied with the health care they receive. As is true with any human being, that kind of encouragement spurs us on to try even harder.

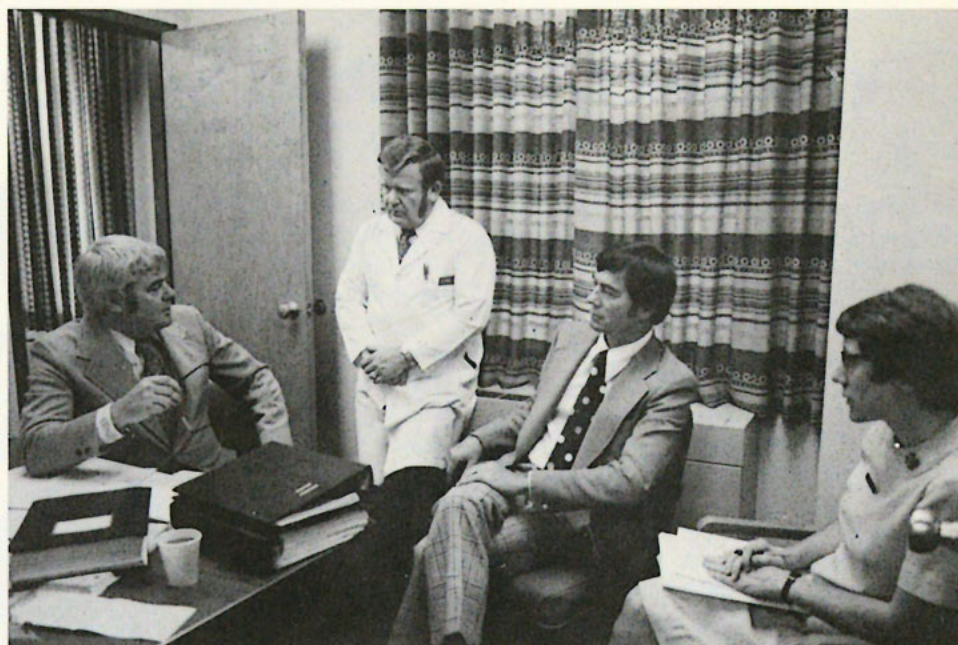


## Reaccreditation team surveys hospital

Representatives from the Joint Commission on Accreditation of Hospitals (JCAH) toured the St. Cloud Hospital during the first week in August. Their purpose was to conduct an on-site survey of the hospital and measure its performance and conformance to the high level of patient care necessary for accreditation by the JCAH.

The JCAH is a non-profit, non-governmental organization which is a joint effort of the American College of Physicians, the American College of Surgeons, the American Hospital Association and the American Medical Association. It is responsible for setting standards for the performance of health care facilities and to determine how well its member institutions are meeting those standards.

"These standards are continuously being updated and revised," according to Gene S. Bakke, SCH Executive Vice President. "In this way the accreditation process maintains its significance and serves as a sign of the facility's willingness to



Charles H. Jones, M.D., above left, discusses Medical Staff policies with Sr. Paul Revier, O.S.B., Associate Administrator,

improve itself and to strive for excellence in the delivery of health care," he said.

"One of the more unique features of the accreditation process," continued Bakke, "is the fact that it is voluntary."

"There is no law requiring any health care facility to become accredited," he said.

Bakke also noted that not all hospitals are accredited. "The standards

Dr. Stephen Sommers, past SCH Chief of Staff, and Dr. Robert Cumming, Director of Continuing Medical Education.

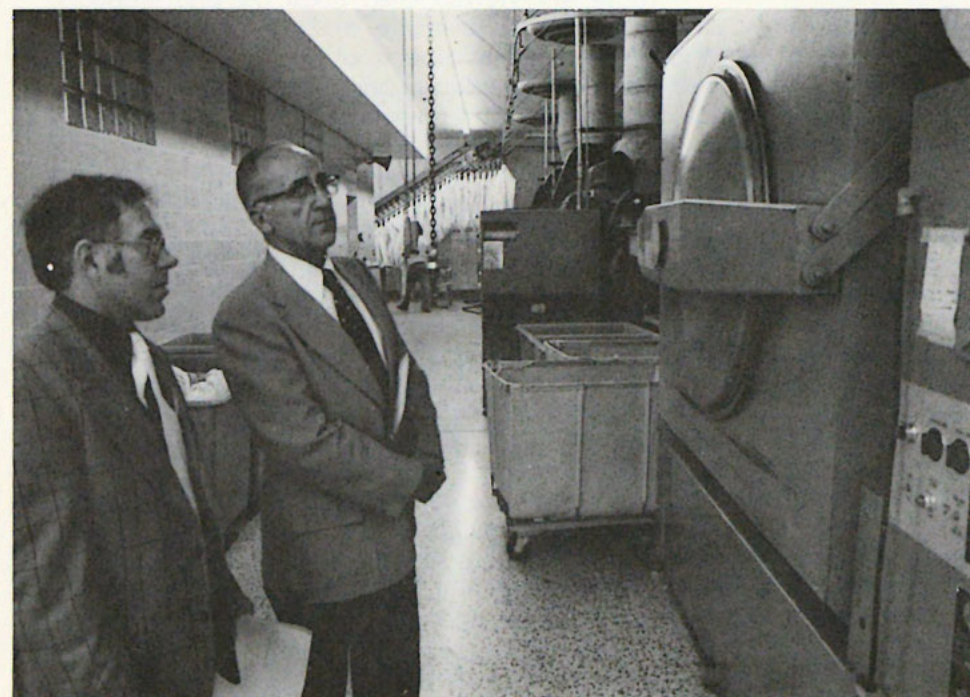
set by the Joint Commission are dedicated to an excellence of care and services representing a goal not attainable by all hospitals, he said.

The standards used to measure the hospital's performance include:

- the quality of the physical facility in which care is rendered (including fire-safety and construction requirements).
- the methods by which the delivery of health care are organized and administered.
- the services available for meeting patient needs such as nursing, dietetic, pharmaceutical, laboratory, radiology, emergency, and social services.

"The importance of gaining and maintaining accreditation cannot be over-emphasized," said Bakke. "In some cases it may even have an effect of qualifying the hospital as a provider for Medicare, Blue Cross, and commercial insurances," he noted.

Following the three day survey, the inspection team, made up of Charles H. Jones, M.D. and Herbert Rodde, Administrator, will be making a formal report to the Board of Commissioners on Accreditation of Hospitals. Upon receiving the report, the Commissioners decide if re-accreditation will be granted. The St. Cloud Hospital has maintained continuous accreditation since the program began in 1953.



Mr. Herbert Rodde, Administrator, above right, inspects the dryers in the Laundry Department with John Seelhammer, En-

gineering Department Director, during his tour of the Hospital's physical plant.

## Nurse Specialists: Newest addition to Quality Care Program

"I'm really excited about our new positions," Phyllis Burgmeier, Cardiovascular Nurse Clinician said. "We're starting from scratch and working to develop an entirely new program which will allow us to share specialized knowledge regarding our particular area of nursing with the patient as well as other members of the hospital staff."

Burgmeier is one of four Clinicians in the St. Cloud Hospital's newly developed Nurse Clinician program. Annette Stowe, Rehabilitation Nurse Clinician was the first in the program. The two newest Clinicians are Shirley Roth, Surgical Nurse Clinician, and Virginia Zenner, Medical Nurse Clinician.

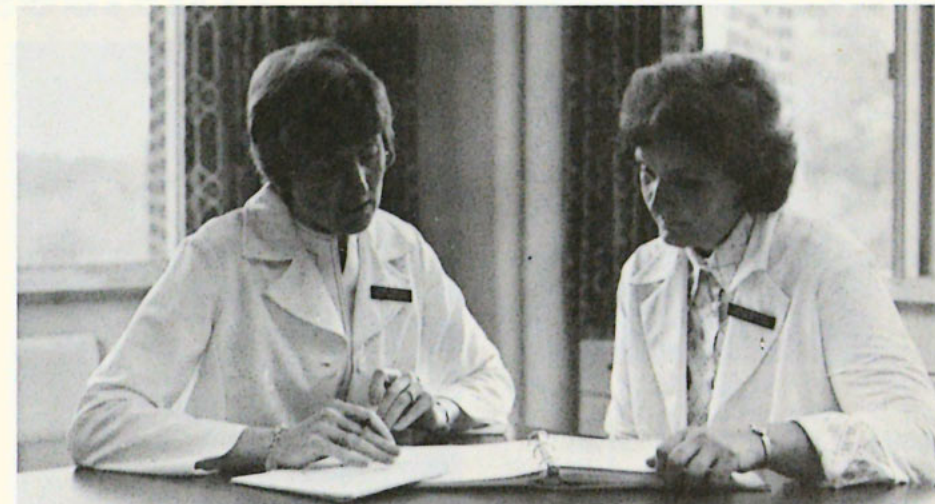
"New medical techniques are being introduced at an increasing rate, Connie Moline, Director of Nursing Service said, "and we need to be assured that our staff members who are responsible for delivering patient care are kept up to date with them."

Realizing the Head Nurse of each of the hospital's 16 Nursing Units is kept busy with the daily management functions involved in maintaining quality care on their individual units, Moline developed the Nurse Clinician Program.

"The Nurse Clinician's role is to work with the nursing staff to assure a high level of patient care," Moline said.



Annette Stowe, Rehabilitation Nurse Clinician, instructs an inservice on the proper method for moving a patient from a bed to a wheelchair.



Nurse Clinicians Shirley Roth and Virginia Zenner discuss standardized care plans which will benefit medical and surgical patients. Both Roth and Zenner agree that they enjoy the program because it gives them the time to do the things they really want to do — teaching others, planning instructional inservices, and working with staff personnel, patients and their families.

"They develop and instruct inservices for their specialty unit's personnel," she continued. "They also work with nurses on a one-to-one basis, lending their expertise when necessary."

According to Moline, the Clinicians have to be experts in their nursing specialties. They must be skilled in a wide variety of areas ranging from leadership and planning abilities to having a technical knowledge of all equipment unique to their specialty.

Burgmeier's specialty areas include the Cardiac Care Unit (CCU) and Four South, a Cardiac/Medical Unit. Six South (Orthopedics) and Two Northwest (Rehabilitation) are Stowe's responsibilities. Roth's areas cover Five South (Surgical) and Five North (Eyes, Ears, Nose, Throat) while Zenner's specialty Units include Six North and Two North, both Medical Units.

"We have to be highly motivated in order to keep ourselves up to date with the latest advancements in our nursing specialties," Stowe said. "We are continually learning new procedures and techniques through workshops, programs, classes and by reading and researching medical journals."

"We also learn a lot about the program through our own experiences," Stowe said. "We meet monthly as a group and share our ideas

and experiences — kind of like our own inservice."

"We are still fairly new, so all of our input helps to improve the entire program," she added.

The Nurse Clinicians agreed that the new positions are challenging and that staff development and patient teaching are their most important roles.



Phyllis Burgmeier, Cardiovascular Nurse Clinician, discusses some of Telemetry's more intricate details with Four South nurses on an individual basis.



## Dr. Robert Wick and Rev. Robert Harren join SCH Board of Trustees

Dr. Robert Wick and Father Robert Harren have been named as new members of the Saint Cloud Hospital's Board of Trustees.

Dr. Wick was elected to the Hospital's Governing Board to replace Ed Zapp Sr. whose term had expired. Zapp had served as a member of the Board for the past eight years. Father Harren has been appointed to serve as Bishop Speltz's designate on the Board; he will replace Sr. Luke Hoschette, OSB, who recently accepted a position as Director of Planning and Development at the Hospital.

Dr. Wick is a former president of St. Cloud State College and presently serves as Distinguished Service Professor there. He holds degrees from the Northern University of Iowa, the University of Southern California, and the University of Iowa. He serves as president of the Great River Regional Library System and the Minnesota Library Trustees Association. Dr. Wick is listed in "Who's Who in American Education" and "Who's Who In America" and is also a member of the St. Cloud Kiwanis Club and the Central Minnesota Health Education Consortium. He and his wife, Alice, have three children.

Father Harren completed his sem-



Dr. Robert Wick

inary training at St. John's University in Collegeville and was appointed to do graduate study in Rome where he received a degree in Judicial Canon Law. Father Harren was ordained in St. Mary's Cathedral in St. Cloud in 1966, and now serves as the Chancellor of the Diocese of St. Cloud. He is also the Vice Officialis of the Diocesan Tribunal and is a member of the Diocesan Pastoral Council. Father Harren is also pastor of St. Lawrence Church in Duellm.



Rev. Robert Harren

The Board of Trustees serves as the hospital's governing body and is responsible for developing programs, setting policy, and managing the resources of the institution. Other members of the 13 member Board are: Sr. Henrita Osendorf, OSB, Gene S. Bakke, Sr. Giovanni Bieniek, OSB, Dr. E. J. Schmitz, Jerry P. Weyrens, Sister Herena Mueller, Edward L. Stockinger, Sister Rita Budig, OSB, Dr. Paul T. Moran, Sister Miriam Ardolf, OSB and Cy Kuefler.

Martha Smith, former Head Nurse on Four North, has recently accepted an appointment as Assistant Director of Nursing Service, according to Connie Moline, Director.



Mrs. Smith will succeed Sr. Joanne Bavier, OSB, who has resigned her position at SCH to become Director of Nursing Service at St. Benedict's Hospital in Ogden, Utah.

"This position represents a new challenge as well as an opportunity for me to do more things as a part of my job," Mrs. Smith said. In her new position, Mrs. Smith is responsible for her assigned units by acting as a liaison between the director of Nursing Service and the unit's supervisory personnel.

on the island of Oahu.

If February is too early for your Winter vacation, then just wait until March 13, for the Caribbean Cruise. After a quick flight to Miami, you will board the luxurious TSS Mardi Gras for a seven day cruise — with visits to such famous port cities as San Juan, St. Thomas and Nassau.

More information regarding these vacations will be posted or made available through all departments in the near future. If you are at all interested, be sure to contact your PAC representative. Reservations must be confirmed early.

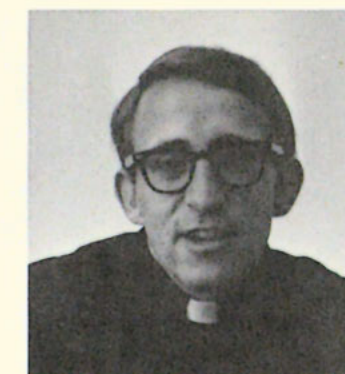
## PAC Plans for winter vacations announced

The PAC's R&R (Rest & Recreation) Committee is already thinking of your Fall and Winter vacations, and have planned a number of fun-filled travel ideas. November 6, 1975, for example, is the first day of a four day, three night weekend trip to the glamour city of Las Vegas!

If you are waiting for your Winter vacation, join the R&R Committee the week of February 16-25, 1976, in the island paradise of Hawaii! This Hawaiian Holiday is a two-island tour with travel via a Northwest 747 and deluxe accommodations for seven nights at the Princess Kaiulani Towers Hotel in Honolulu

## The Chaplain's Corner

by Fr. Al Stangl



Fr. Stangl

### REFLECTIONS ON AUTUMN IN MINNESOTA

Coolness returns to the hot, dry earth  
Freshness - Aliveness - Harvest

Summer is past with it's memories  
Vacations - Picnics - Outdoor Activities

Ahead lies different activities  
School - Meetings - Plannings

Summer is easing  
Autumn is a picking-up  
it's a change

Reminds us of Life  
a turning  
We work at our beliefs  
Deepen faith - Strengthen Hope - Grow in Love

We Reflect  
Where am I going? God in my Life in a  
deeper way? A broader Life

Autumn a time of Pondering  
God - Me - People  
Take Time to Ponder

## Eleven Receive Staff Promotions

Diane Dunn, Staff Nurse on 4 North, promoted to Head Nurse

Martha Smith, Head Nurse on 4 North promoted to Assistant Director of Nursing Services

Norma Dalton, Staff Nurse on 2 NW promoted to Head Nurse

Shannon Corrigan, Pharmacy Technician Trainee promoted to Pharmacy Technician

Dorothy Kippley, Housekeeping Supervisor Trainee promoted to Housekeeping Supervisor

Shirley Roth, Staff Nurse in ICU promoted to Nurse Clinician, Surgical

Beth Rademacher, Aide in Housekeeping, promoted to Staffing Secretary

Melinda McClung, Staff Nurse on 6 North promoted to Team Leader

Jean Pawlenty, Bakery Aide in Dietary promoted to Bakery Assistant

Marilee Affeldt, Lab Aide II promoted to Lab Aide I

Virginia Zenner, Staff Nurse in CCU promoted to Nurse Clinician—Medical

## FROM THE ST. CLOUD HOSPITAL KITCHENS

### STAINED GLASS DESSERT

This month's recipe from the St. Cloud Hospital Kitchens brings the beauty of Autumn's colors to your table.

- 1 Package each of Lime, Lemon and Red Jello
- 1 Cup Pineapple Juice
- 1/2 Cup Sugar
- 1 Envelope plain Gelatin
- 1/4 Cup Cold Water
- 2 Cups Whipping Cream
- 1 Tsp. Vanilla

1. Dissolve each package of jello in 1 1/2 cups hot water. Pour each into a refrigerator tray, let set and cut into squares.
2. Dissolve plain gelatin in 1/4 cup cold water. Add hot pineapple juice and mix well. Let cool until slightly thickened.
3. Whip cream until stiff. Add sugar and vanilla. Fold in thickened gelatin mixture. Lastly fold in jello squares.
4. Pour into a mold or bowl lined with graham crackers as for a pie crust. Chill 6 to 12 hours before using.

The St. Cloud Hospital  
**Beacon Light**

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**Medical Staff News...****Neurosurgeon, six more specialists join Medical Staff**

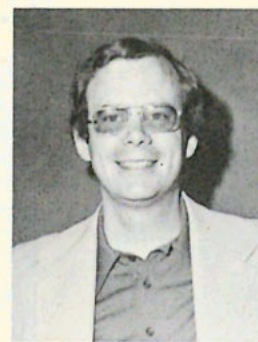
Dr. J. Brix



Dr. M. Stiles



Dr. D. Hanson



Dr. T. Wyne



Dr. P. Kavaney

Seven new physicians have joined the hospital's medical staff during the past few months bringing the total number of doctors on the active or associate medical staff to 84. They include a neurosurgeon, two internists, a family practitioner, a urologist, an ophthalmologist, and a gynecologist.

The physicians sighted an outstanding hospital, medical staff, and community as reasons for their decision to locate in St. Cloud. One physician, Dr. John F. Brix, a neurosurgeon, indicated that the hospital, its staff and equipment, plus the extremely high caliber medical staff put St. Cloud Hospital ahead of most others he had seen. He also noted the community and its people as additional reasons for choosing this area for his practice.

Dr. Brix is a graduate of St. John's University and the St. Louis University School of Medicine. He interned at the United States Air Force Medical Center, Lackland, Texas, and took his residency in general surgery at Hartford General Hospital in Hartford, Connecticut and then completed his residency in neurosurgery at the Yale University Hospital.

The two new internists are Dr. Mary Stiles and Dr. David Hanson. Dr. Stiles is a graduate of the University of Missouri School of Medicine at Columbia, Mo., and took her residency at Northwestern Hospital in Minneapolis. During her residency she took a liking to Minnesota and decided to stay in the state. Dr. Stiles' practice is located in Annandale.

Dr. David Hanson is a graduate of St. Cloud Technical High School and the University of Minnesota School of Medicine. He took his internship at the University of West Virginia Hospital, Morgantown, W. Va. and completed his residency in internal medicine at the University of Minnesota Hospital. Dr. Hanson and his

wife Patricia have one child; he is associated with the St. Cloud Medical Group.

Dr. Thomas Wyne completed his residency in family practice at the Creighton University Medical Center. He is a graduate of Millikin University which is located in his home town of Decatur, Ill., and the Creighton University School of Medicine. Dr. Wyne is associated with the St. Cloud Medical Group; he and his wife Judy have one child.

Dr. Patrick B. Kavaney, Urologist is in practice with Dr. Charles P. Ehlen. He graduated from Northwestern Medical School in Chicago and interned at Denver General Hospital in Denver, Colorado. Dr. Kavaney took his residency at Stanford University in Palo Alto, Ca. He and his wife Judi have three children.

Dr. James E. Heeter, Ophthalmologist, graduated from the University of Minnesota Medical School, and interned at Hennepin County General. Dr. Heeter took his residency at Wills Eye Hospital in Philadelphia. He and his wife Judy have two children, and



Dr. J. Heeter



Dr. M. Flanagan

his practice is located in the Physicians and Surgeons Building.

Dr. Michael C. Flanagan specializes in Obstetrics and Gynecology and is associated with the St. Cloud Medical Group. He graduated from the University of Minnesota School of Medicine and interned at St. Albans Naval Hospital in New York, and completed his residency at the Great Lakes Naval Medical Center in Illinois. He is married with two children and enjoys hunting, fishing and the outdoors.

**Beacon Light**

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