

10-1976

Beacon Light: October 1976

St. Cloud Hospital

Follow this and additional works at: https://digitalcommons.centracare.com/beacon_light



Part of the [Organizational Communication Commons](#)

Recommended Citation

St. Cloud Hospital, "Beacon Light: October 1976" (1976). *Beacon Light*. 206.
https://digitalcommons.centracare.com/beacon_light/206

This Newsletter is brought to you for free and open access by the CentraCare Health Publications (Newsletters, Annual Reports, Etc.) at DigitalCommons@CentraCare Health. It has been accepted for inclusion in Beacon Light by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact schlepers@centracare.com.

Swine flu immunization clinics set for October

This fall, Public Health officials will be conducting an immunization campaign against the A/Victoria and A/New Jersey (Swine) Flu strains throughout the nation.

"Anyone is susceptible to these strains of flu," Severin Koop, M.D., Chief of Staff said. "And, while it affects the respiratory system with swelling and inflammation, it usually weakens the rest of the body as well, making the body more vulnerable to other infections and diseases such as pneumonia and other more complicated respiratory problems." Consequently, Dr. Koop urges all hospital personnel, especially those with direct patient contact, to take advantage of the free immunization clinics which have been scheduled in the Tri-County area.

"The vaccine has been produced in two forms—a bivalent and a monovalent," Dr. Koop said. "The bivalent contains vaccine for both strains of flu and should be taken by the elderly (age 55 and over) and other high risk individuals (those with diabetes or other metabolic disorders or those afflicted with chronic lung, kidney or heart disease)." Dr. Koop suggests that hospital staff members, especially those with direct patient contact, should also receive the bivalent vaccination.

"The general population which can normally ward off other kinds of flu (including A/Victoria) will receive the monovalent vaccine which provides protection only against the Swine Flu strain," Dr. Koop said.

"Those persons who should not receive the vaccine are those with an egg allergy, those who have a fever on the day of the immunization, and those who have received other types of immunization within 14 days prior to the Swine Flu vaccination," Dr. Koop said. "Reactions to the immunization are minimal," Dr. Koop said. "With the type of vaccine being used, reactions are nearly unrecorded."

Special screening personnel will be available at the clinic sites to assure administration of the correct vaccine and to answer any questions. RN and LPN volunteers are needed to assist with the screening. Anyone interested should contact their local Public Health Nurse.

"The Swine Flu vaccine developed for all adults age 18 and over is extremely safe and effective," Dr. Koop said. "It will protect over 85% of all recipients against Swine Flu by building appropriate antibody strength."

Vaccination clinics for residents of the Tri-County area will be held according to the following schedule:

- October 23—Melrose
- October 24—Cold Spring
- October 25—Belgrade
- October 26—Kimball
- October 27—St. Joseph
- October 28—St. Cloud, St. Cloud Armory, 10 a.m.—8 p.m.
- October 29—Albany
- October 30—Paynesville
- October 31—St. Cloud, St. Cloud Armory, 10 a.m.—8 p.m.
- November 1—Holdingford, Foley, Becker
- November 2—Sauk Centre, Rice, Elk River
- November 3—Sauk Rapids

Inside The Beacon . . .

An answer to the Rand report	page 2
Comment	page 3
Centralized Purchasing and Materials Management	page 4-5
The Chiefs of Services	page 6
Chaplain's Corner	page 7



Construction of Saint Benedict's Center began almost immediately after its ground-breaking ceremonies held September 9, 1976. Dale Stein, Assistant Administrator for Shared Services, is pictured above right with Al Fischer, Project Architect, reviewing the progress made during the first few weeks of construction.

AN ANSWER TO THE RAND REPORT

By Paul S. Kurtz
Program Director
Alcohol & Chemical Addiction Center
St. Cloud Hospital

The prestigious Rand Corporation in California recently made the national press by announcing that they had been successful in training alcoholics to drink socially. This is not the first announcement of this kind. Some research group comes along with an announcement of this kind almost annually.

While such announcements always look good on paper, there is never any follow-up. The Rand Corporation failed to announce any particulars. They said *some* alcoholics had been trained to drink socially. They did not announce over what period of time, or for how long.

Announcements of this kind are harmful and dangerous to most alcoholic persons. The very nature of alcoholism is the fact that the individual is powerless over alcohol. One drink is opening

the door to the same old merry-go-round. Not only that, but the alcoholic person is not even interested in one or two drinks. When he begins experimenting as the result of reading reports like this, he is thinking of the alcohol effect. One or two drinks do nothing. The alcoholic person is only interested in drinking a lot.

Such reports as the Rand report do a disservice to those who are attempting to be rehabilitated from alcoholism. They raise false hopes and can only end in disappointment and despair.

Only those who are not alcoholic can be happy to drink socially. The answer for alcoholic persons is total abstinence. Those who think otherwise do not understand the nature of the disease.



About the Author...

Paul Kurtz has been the Program Director for the Hospital's Alcohol and Chemical Addiction Unit since May, 1971. He is a native of Creston, Iowa and a graduate of the University of New Hampshire. Kurtz was the Dean of the Seabury School of Psychology in Los Angeles and founded the Human Growth Institute in Redwood City, California in 1958. As a Methodist Minister, he had been active in Alcoholics Anonymous since 1942.



COMMENT

by Gene S. Bakke
Executive Vice President

"RESPECT LIFE"

October is "Respect Life" month by designation of the National Conference of Catholic Bishops. In addition, the national office of the Catholic Hospital Association has asked member hospitals throughout the country to conduct special programs during the week of October 3 to 10 to emphasize our commitment to human life in all of its dimensions.

The Saint Cloud Hospital has steadfastly maintained a strong pro-life position over the years. This is, of course, consistent with its purposes as a health care institution where all activity is directed toward the treatment and cure of injury and illness and the alleviation of pain and suffering. As a Catholic institution, its commitment extends even beyond treatment and cure to a proclaimed responsibility to "protect and enhance life" as stated in our hospital philosophy. Thus, we have held firmly to the prohibition of abortions and contraceptive sterilizations being performed in the Hospital, a position strongly held by the Hospital's Board of Trustees, its sponsors, the Sisters of the Order of St. Benedict and the Diocese of Saint Cloud, and the official national Catholic organizations of bishops and hospitals.

This traditional opposition of the Catholic Church to assaults upon human life goes back to its early days when abortion and infanticide were wide-spread practices in the Greco-Roman world. The teaching of the Church has been constant throughout its history, rooted in and consistent with the revelation of God in the scriptures. Interpreting the scriptures in more recent times, Vatican Council II in the "Pastoral Constitution of the Church in the Modern World" summed up the

Church's constant teachings thus: "For God, the Lord of life, has conferred on men the surpassing ministry of safeguarding life in a manner which is worthy of man. Therefore from the moment of its conception life must be guarded with the greatest care, while abortion and infanticide are unspeakable crimes."

Thanks to the freedoms we still enjoy in this country, the issue of abortion is being openly debated as a part of local, state and national political campaigns during this election year. Some syndicated writers in the public press, as well as some candidates for elective office at the highest level, are pleading that abortion is an emotional issue that must not be injected into the political debates. This seems to be a very strange and inconsistent position to take, particularly in our Bicentennial Year in which we have been appropriately reminded of the issues that stimulated the founding of our great country. If abortion can be characterized as an emotional issue not to be politically debated today, then freedom to pursue one's religion, as well as life, liberty and happiness could have been similarly characterized two hundred years ago. If that had been the case, the course of our nation's history would likely have been quite different.

Here at Saint Cloud Hospital it is our privilege and responsibility to serve the cause of human life. With God's help, we will continue to do so in a manner worthy of our identity as an instrument in the Church's ministry of healing.

Centralized Purchasing and Materials Management—a successful combination



Mike Poepping, Storeroom Clerk, checks in and stores some new stock items, above. The storeroom has five employees who are responsible for receiving and shipping about 350 pieces of freight each day, checking in and verifying all stock item shipments and storing all stock items.

Don Martins, Print Shop Manager, 1., and John Klein, Printer's Assistant, are pictured right, cleaning the Hospital's printing press before printing another order of Hospital forms. Together, they supply the Hospital with more than 80% (450 forms) of its printed stock forms.

The concept of centralized purchasing and materials management is not new to the St. Cloud Hospital. It first began in 1953 with Harry Knevel, then Purchasing Agent.

"In 1953, each department handled its own purchasing, inventory control and storing," Knevel said. "I helped to establish a central storeroom and Hospital-wide purchasing system which began coordinating these functions."

The concept continued to grow and has been refined to such a point where last year a separate department to coordinate and centralize all Hospital material procurement and distribution was established. It included the departments of Central Service, Purchasing, Laundry, Central Store-room and the Print Shop.

"The Department of Centralized Purchasing and Materials Management (CPMM) is responsible for the proper acquisition of all supplies and equipment used within the Hospital, controlling their inventory and coordinating their distribution," Maynard Lommel, CPMM Department Director, said. "Our objective is to save money by eliminating the duplication of departmental stock items, and by reducing the Hospital's amount of surplus stock."

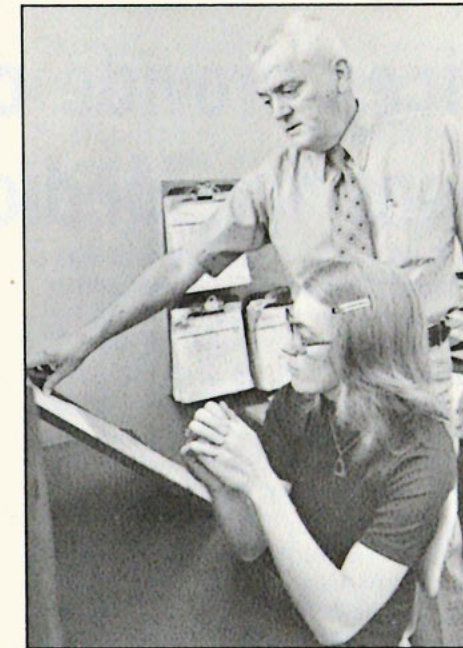
"Our first year has been spent planning for a more effective departmental organization, and gaining the understanding of the Hospital's personnel," Lommel said.

"Now that we have completed these objectives, we are ready to begin putting our plans into action."

According to Lommel, all units within the department will continue to function in their normal manner—with the exception of an entirely new area called Inventory Control.

"Inventory Control is managed by Mike Nierenhausen and became operational September 1, 1976," Lommel said. "It is responsible for itemizing the location, amount and kinds of supplies used throughout the entire Hospital."

"Inventory Control will be an on-going process designed to improve the Hospital's ability to provide current and modern supplies to all units and departments," Lommel added.



The Laundry employs 25 persons and is responsible for the collection of all soiled linen, processing and distribution to all Hospital Departments and Units. Jeanette Hennemann, Laundry Aide, is pictured, far left, folding and inspecting muslin wrappers used in the preparation and sterilization of special procedure trays.

Inventory Control Assistants, Geanne Lahr and Bob Fuller, left, review the card file of current inventory listings for all Hospital stock supplies and vendors. The cardex system will eventually be replaced with computer print outs.

"Their first task will be to determine the number of items each unit or department should have for any given product," he said.

"After this information has been established, the Inventory Control personnel will set up an Economic Order Quantity (EOQ) for the item," Lommel said. "The EOQ is the amount of surplus needed to insure safe delivery of health care without overstocking."

"At the same time, they will determine the item's Re-Order Point," Lommel said. "The Re-Order Point is calculated according to the order quantity of the item and the length of time needed to receive the shipment from the vendor."

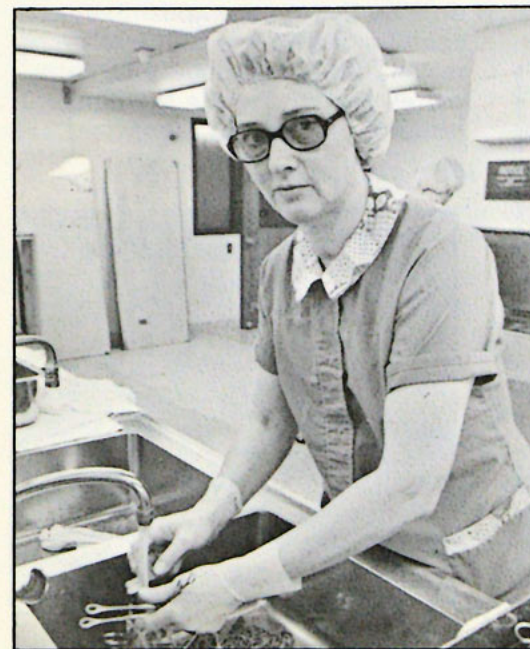
"As the inventory level of a stock item reaches

its Re-Order Point, the Hospital's computer will automatically print a purchase order for a new supply of the item," he added.

"An on-going evaluation of all stock items will be conducted as they are used by the patients and Hospital personnel," Lommel added. "This will help determine if they can be standardized, more efficiently distributed, or replaced if they become obsolete."

"Although the concept of centralized purchasing and materials management is not new to the Hospital, the application of inventory control will be unique because we are dealing with life and death supplies," Lommel said.

My job...and why I like it



"It's a challenging job with variety and responsibility—and that's why I like it," Delores Kleinschmitt said.

Delores is a Processing Aide in Central Service. She works in four of the 12 different areas of Central Service—the Equipment Area, where equipment such as humidifiers, Respiratory Therapy machines, and flotation pads are sanitized; the Instrument Area where all surgical instruments are processed for sterilization; the Utensil Area where all Hospital wash basins, bedpans, special trays and small items such as catheters and medication glasses are processed for sterilization; and the Assembly Area where special trays and kits with the necessary instruments for medical procedures are put together, packaged and sterilized.

"The Assembly Area is the most challenging," Delores said. "The trays and kits must be assembled according to the procedure for which they will be used, and if something is missing, it could mean a patient's life."

But the challenge isn't the only reason Delores likes Central Service. Her fellow employees have a lot to do with it.

"I really like the people I work with," Delores said. "They are nice and easy to get along with."

"In fact," she added, "I like the atmosphere of the entire Hospital—it's very friendly."

Chiefs of Services provide coordination, recommendations for Medical Staff

The Hospital's Medical Staff is organized into thirteen Clinical Departments and Services. This year's Clinical Departments and the respective Chiefs are:

- Anesthesia Dr. L. M. Espeland
- Dentistry Dr. T. H. Dedolph
- EENT Dr. G. J. Jurgens
- Family Practice Dr. T. L. Wyne
- Int. Medicine Dr. R. W. Burmaster
- OB-GYN Dr. E. H. Dziubinski
- Pathology Dr. M. S. Bozanich
- Pediatrics Dr. D. C. Heckman
- Psychiatry Dr. P. L. Warner
- Ortho. Surg. Dr. D. R. Gilchrist
- Radiology Dr. P. R. Berger
- Surgery Dr. B. R. Bancroft
- Urology Dr. P. B. Kavaney

Each Medical Department has a Clinical Department Chief who is a member of the Active Medical or Dental Staff. These Clinical Department Chiefs are elected annually, each June, by the members of their respective departments for a one year term which begins in July. The Department Chiefs are responsible for the overall supervision of clinical work within their departments. They function in cooperation with the hospital's Department Heads and Division Directors who are also involved with the clinical activities of the various departments throughout the hospital.

The Clinical Department Chiefs, along with the elected officers of the Medical Staff (Chief of Staff, Chief of Staff Elect, Secretary, Past Chief of Staff, and Representative at Large) form the Executive Committee of the Medical Staff. Recommendations from the Clinical Departments are considered by the Executive Committee and, upon approval, are communicated to the Hospital's Board of Trustees.

PAC Rap by Betty Stobel

John Seelhammer, Engineering Services Director, was a guest at the last PAC meeting and spoke about the lighting problem in the area along the front of the School of Nursing from the South Parking

Lot to the Emergency Ambulance entrance. He circulated photographs of the area and discussed the various types of lighting fixtures which were available. He will be meeting

in the area with some members of the PAC on a future evening to discuss where the lights should be placed.

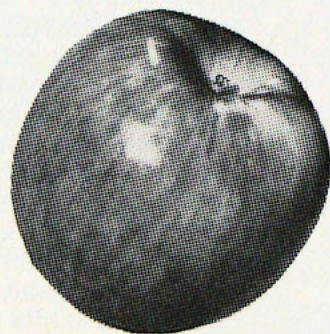
Members of the PAC also discussed the Hospital's picnic. Everyone said the picnic created a feeling of good will among employees and they voted to thank all those persons involved in organizing the event.

Work on the PAC's "Track Record" (a list of accomplishments completed over the past few years) is continuing and should be completed in time for the November issue of the *Beacon Light*.

FROM THE ST. CLOUD HOSPITAL KITCHENS

This month's recipe from the SCH Kitchen, served warm or cold, is a great way to conclude any Autumn dinner.

APPLE CRISP



- 4 cups apples, sliced
- 1/2 cup sugar
- 1/2 tsp. salt
- 1 Tablespoon water
- 2/3 cup brown sugar
- 3/4 cup quick oatmeal
- 1 tsp. Cinnamon
- 1/2 cup flour
- 1/2 cup butter or margarine
- 3 oz. shredded cheese

1. Mix apples, 1 Tablespoon flour, 1/2 cup sugar and water.
2. Put in greased 9" x 13" pan.
3. Combine oatmeal, brown sugar, flour, cinnamon, and salt. Crumble with margarine. Add cheese.
4. Sprinkle over apples.
5. Bake at 350 degrees for 35-40 minutes.
6. Serve warm or cold with or without topping.

Beacon Light
published by
The Public Relations Department
of
The Saint Cloud Hospital
— EDITORIAL STAFF —

Jeff Blair	Agnes Moeglein
Pernina Burke	Susan Nystrom
Jeanette Carlson	Sr. Boniface Salm, OSB
Barb Erickson	Donna Strack
Kay Klein	Mark Thompson
Bea Knuesel	Sam Wenstrom
Ann Lintgen	Robert Cumming, M.D.

Members of the Hospital Staff and the community are invited to attend a series of four programs which will highlight the St. Cloud Hospital's observance of Respect Life Week, October 3-10.

According to Father John McManus, O.M.I., Director of the Hospital's Spiritual Care Department, the Respect Life Programs will focus on how the Hospital provides scientific medical care, personally administered and socially conscious.

"We will be placing special emphasis on the dignity and sanctity of the individual person," Fr. McManus said, "the right to health care for all people and the perpetuation of the 'voluntary' health care system."

The Hospital's programs will be held on consecutive Thursdays throughout the month of October. They include:

Thursday, October 7—"Gift of Life." A 15 minute film which gives a general appreciation for

life. Thursday, October 14—"Everyone Rides a Carrousel." A 24 minute film dealing with behavior problems during the adolescent years.

Thursday, October 21—"Everyone Rides a Carrousel." A 24 minute sequel to the previous week's film dealing with mature life and the elderly.

Thursday, October 28—"Human Injustices." A panel discussion designed to explore violations of human rights.

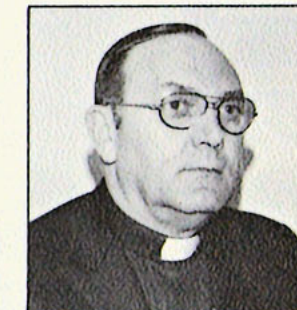
This will be the Hospital's third annual "Respect Life" program. The "Respect Life" observance was initiated by the Catholic Bishops of the United States to give emphasis to the value and dignity of human life in all phases. It is being observed in all Catholic parishes and institutions of the country during the month of October.

All programs will be held in the Hospital's Hoppe Auditorium at 1:30 p.m.

Individual dignity highlights Respect Life program

The Chaplain's Corner

By: Fr. John H. McManus, O.M.I.



Fr. McManus

Technology can devalue life and make it seem grotesque while the poet's view enriches life and gives it the highest value:

"Just to BE is a blessing
Just to LIVE is holy."
—A. Heschel

"Poverty is what happens
when people
give up caring for
one another."

"I shall die
but that is all that
I shall do for death...
Am I a spy in the land of the living
that I should deliver men to death?"
—Edna St. Vincent Millay

"Fear not that your life shall
END
but rather, that it shall have
NO BEGINNING."

"Your body is the temple
of the Holy Spirit."
—1 Cor. 6:19

"We were created for
LIFE
and LIFE must of its very nature
resist DEATH..."

LOOK at LIFE all the TIME
and see that it speaks of man
and of man's God.

"If anything is sacred,
the human body is sacred."
—W. Whitman

"Life irrepressibly seeks more life..."

"We must never undervalue any person.
The workman does not like to have his
work despised in his presence.
Now, God is present everywhere
and every person is his work."

—Francis De Sales

Life becomes a desperate experience
only when it is denied,
contained,
misrouted,
discounted."

Nonprofit Organization
U. S. POSTAGE
PAID
St. Cloud, Minn.
Permit No. 389

Beacon  **Light**

St. Cloud Hospital 1406-6th Ave. North St. Cloud, MN 56301

From the Auxiliary



“Reach to Recovery” Program Chairman, Pat Bitzan, is pictured above left with Jeanette Carlson, Education Coordinator for Patient Education. All education activities conducted by the “Reach to Recovery” volunteers are coordinated through the Patient Education Coordinator.

Rehabilitation aided through “Reach to Recovery” efforts

Is the great breakthrough known as Mammography the answer for everyone? According to Pat Bitzan, an Auxiliary Volunteer, who works with the Reach to Recovery program “Mammography or an X-ray of the breast tissues is a very valuable tool for early detection of cancerous growths.” However, she added that “the National Cancer Institute guidelines for use of mammography have recommended that it not be used for routine screening for women under 50 years of age. It is a very important examining procedure for women who are over 50 years or who are “high risk”. High risk refers to a family history that seems to suggest an increased incidence of breast cancer.

The 13 dedicated volunteers who work in the Reach to Recovery program at Saint Cloud Hospital are always quick to share some very good advice:

- Learn how to do a self-examination.
- See a doctor right away if you find a lump or note a change in the breast or nipple.

The local chapter of Reach to Recovery was initiated in 1972. It is still a relatively new venture in post operative care of the mastectomy patient. One of the first volunteers who helped start our group was Marie Brown. “The name ‘Reach to Recovery’ is very descriptive since we know that exercise is the key to a successful recovery. A positive attitude and large amounts of determination are other important ingredients,” she added.

The Reach to Recovery volunteers, with the cooperation of attending physicians who must sign a request form for this service, have done a very effective job for our patients. Instead of the shrinking and secrecy with which the patient usually surrounds herself, these women have faced their problem fearlessly and openly and have resolved to help others to attain a maximum rehabilitation physically, mentally and emotionally.

The Saint Cloud Hospital Auxiliary is proud of their determined and dedicated Reach to Recovery Volunteers who are passing along the proven results of their own experiences.