Sustaining Pressure Ulcer Prevention: Implementing a Skin Champion Model

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Purpose Question
Will an evidence-based skin champion model in the ICU improve nursing knowledge and perceptions about pressure ulcer prevention and reduce hospital acquired pressure ulcers?

Synthesis of Evidence
• Skin Champion Outcomes:
  o Decrease pressure ulcers
  o Improves commitment to prevention
  o Improves knowledge and compliance
  o Engages employees
  o Increases accountability
  o Builds relationships and trust
• Defining the Role:
  o Introduce new policies and interventions
  o Serve as a resource and mentor
  o Liaison between WOC and staff
  o Data collection and PI processes
  o Receives additional education

Team Members
• Jennifer Burris, APRN, CNS
• Hannah Johanek, RN – ICU Skin Champion
• Aleen Roehl, BSN, RN – Director Intensive Care Unit
• Sue Omann, APRN, NP, CWOCN
• Amy Gorecki, BSN, RN, CWOCN
• Kim Schuster, BSN, RN, CWOCN

Pre/Post Measures
ICU RN Survey
Rate the priority of pressure ulcer prevention while caring for the critically ill patient.
How informed do you feel about skin care issues, concerns, and trends?
How informed do you feel about pressure ulcer prevention best practice interventions?
How accessible are resources when you have a question about skin care?
How committed is the ICU team in preventing pressure ulcers?

EBP Changes
• Dedicated 4 hours per week
  o Chart review
  o Variance report reviews
  o 1:1 education with nurses and PCAs
  o Skills station education
  o Change agent for the Skin Integrity Guidelines
• Resource when WOC is not available
• Improved accessibility of supplies

Results & Next Steps
• Results:
  o Increased awareness and reporting
  o Improved commitment
• Next Steps:
  o Revised Skin Wound Committee Charter for all members effective July 1, 2015
  o Dedicated 4 hours per month to educate, review literature, analyze trends, develop action plans, audits

References